

2025 Winter Brochure



Medway Parks and Recreation

155 Village Street Medway, MA 02053

www.medwayparksrec.com - 508-321-4740

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PARKS & RECREATION STAFF

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PARKS & RECREATION COMMISSION

Debi Rossi (Chairperson)
Lyle Core
Richard D'Innocenzo
John Farrell
Sean Murphy

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740
Website: MedwayParksRec.com
General Parks Email: parksandrec@townofmedway.org

OFFICE HOURS

Monday: 7:30am—5:30pm
Tuesday: 7:30am—4:30pm
Wednesday: 7:30am—4:30pm
Thursday: 7:30am—4:30pm
Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at MedwayParksRec.com and is the **PREFERRED METHOD.** We accept **Cash, Check, & Credit Card.** Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

MAILING ADDRESS

155 Village Street, Medway, MA 02053

OFFICE LOCATION

123 Holliston Street, Medway, MA 02053

WINTER RECREATION REGISTRATION FOR MEDWAY RESIDENTS:

MONDAY, NOVEMBER 18, AT 9:00AM

WINTER RECREATION REGISTRATION FOR NON-RESIDENTS:

MONDAY, NOVEMBER 25, AT 9:00AM

Thank you to our Parks and Recreation Event Sponsors:

**SUMMER
CONCERT
Series**



Charles River Bank

Personal Connections. Powerful Solutions.



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION



We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

Welcome to our new
**PARKS AND
RECREATION
BUILDING**

WE'RE THRILLED TO INTRODUCE OUR NEW PARKS AND RECREATION BUILDING! STARTING IN THE NEW YEAR, WE'LL BE OFFERING OUR WONDERFUL PROGRAMS AND EVENTS IN THIS UPDATED, INVITING SPACE. WE HOPE YOU'LL STOP BY, EXPLORE THE FACILITIES, AND SEE ALL THAT WE HAVE TO OFFER. JOIN US IN MAKING GREAT MEMORIES IN THIS EXCITING SPACE!

123 Holliston Street

SPRING EGG HUNT

19 APRIL 2025 | SATURDAY, FREE ENTRY
STARTS AT 9:00 AM

EGG HUNT, MEET EASTER BUNNY & MUCH MORE!

Oakland Park, 76 Oakland Street
Pre-registration is required, visit: www.medwayparksrec.com

MEDWAY PARKS AND RECREATION & MEDWAY HIGH FISHING CLUB PRESENTS

FISHING DERBY

SATURDAY, JUNE 7, 2025
7-10AM CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM

MEDWAY PARKS AND RECREATION

WINTER Wonderland

AT THE MEDWAY VFW

Saturday, February 1
12PM - 2PM

EVENTS INCLUDE:
sensory play
surprise princess visit
crafts
snow games
and much more

Pre-registration required

For more information: (508) 321-4740 OR parksandrec@townofmedway.org
www.medwayparksrec.com

FLASHLIGHT EGG HUNT

18 APRIL | CHOATE PARK
TEEN: 7-7:30PM
ADULT: 7:45-8:15PM

FOR MORE INFORMATION AND TO REGISTER
WWW.MEDWAYPARKSREC.COM
508-321-4740

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***No Class 2/17.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	M	9:30 - 10:20am	Jan. 13 - Mar. 3	P&R Building	\$125

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	TU	4:00 - 4:45pm	Jan. 7 - Feb. 4	Step by Step	\$80

COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4	TH	4:00- 5:00pm	Jan. 9 - Feb. 6	Step by Step	\$90

ADVANCED COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5	SA	11:45 - 12:45pm	Jan. 11 - Feb. 8	Step by Step	\$90



FIND THAT POT OF GOLD

Instructed by Medway Park Recreation

We are on a hunt for that pot of gold at the end of the rainbow. First we need to make binoculars to help in our search for the gold. We will also need the help of a lucky leprechaun. What kind of treasure will be found? Join us and find out. Caretakers are encouraged to stay and join in on the hunt.

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	F	10:00 - 11:00am	Mar. 14	Choate Park	\$10

PRESCHOOL BASKETBALL

Instructed by Viking Sports

Minihoops, miniballs and a ton of fun! This class is created for 3-5 year olds and will work on having fun while learning some fundamentals of basketball. There will be lots of team games, as well as parental participation to encourage the children! Dribbling, passing, and shooting will be the three main fundamental focuses throughout this program. **Class will be held in the Medway High School Gym. *No class 2/16.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	9:00 - 9:50am	Jan. 26 - Mar. 2	MHS Gym	\$120

PRESCHOOL MULTISPORT

Instructed by Viking Sports

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. **Class will be held in the Medway High School Gym. *No class 2/16.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	10:00 - 10:50am	Jan. 26 - Mar. 2	MHS Gym	\$120

PLAY SPACE

Instructed by Knucklebones

Knucklebones is thrilled to transform the Parks and Recreation building into our very own portable play space. Come and experience an array of high quality, unique athletic games and activities that promote gross motor development, physical activity and fun. We have everything from a ball pit, climbing structure, giant tubes, Rodys, noodles, parachute and more, for age 1 through 5 to enjoy (toddlers & preschoolers).

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	M	9:30 - 10:20am	Mar. 17 - Apr. 7	P&R Building	\$110



BUILD A BEAR WORKSHOP

Instructed by Medway Parks and Recreation

Join us for a beary fun-filled event where participants will build their very own teddy bear from scratch! Each child will bring their stuffed friend to life and even create a personalized birth certificate. We'll enjoy snacks, play games with our new furry pals, and make unforgettable memories together. Don't miss this paws-itively wonderful time!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	F	10:00 - 11:00am	Apr. 4	Choate Park	\$20

ROCK AND ROLL CLUB

Instructed by Little Scholars

We are looking for the next rock-n-roll star! We will jam out with handmade instruments, learn hip songs, and rock the day away. Your rocking scholar will show off their social, gross, and fine motor skills at our final performance. Show us your rock star side! ***No class 2/18.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	9:30 - 10:30am	Jan. 21 - Mar. 18	P&R Building	\$175



CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme. Be sure to bring your shovel, get ready to get dirty and have some fun. ***Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	Mar. 7	Find the pot of gold	\$10
2-5	F	10:00 - 10:50am	Apr. 11	Egg hunt	\$10



TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	10:00 - 10:45am	Mar. 27 - Apr. 17	Choate Park	\$45



PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! ***No Class 2/17 (session I).**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	1:00 - 1:45pm	Jan. 27 - Feb. 24	P&R Building	\$50
3-5	M	1:00 - 1:45pm	Mar. 10 - Mar. 31	P&R Building	\$50

MULTISPORT TOTS

Instructed by Skyhawks

Give your little superstar an awesome first step into sports in our most popular program, Multisport Tots! This Soccer, Baseball, Basketball class uses age-appropriate games and activities to explore balance, hand/eye coordination, fitness, sport skills and child development. Each week will focus on 1 sport with all 3 sports being highlighted across this 6-week program. ***No class 2/17.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	M	3:30 - 4:05pm	Jan. 27 - Mar. 10	P&R Building	\$125
4	M	4:15 - 5:00pm	Jan. 27 - Mar. 10	P&R Building	\$125
4-5	M	5:15 - 6:00pm	Jan. 27 - Mar. 10	P&R Building	\$125



PENGUIN ANIMAL PARTY

Instructed by Medway Parks and Recreation

Waddle into fun at our Penguin Animal Party! Kids will create their own adorable penguins, dance like penguins, enjoy a snack, and have a fantastic time. This fun-filled class is perfect for little ones who love animals, crafts, and playful activities. Join us for a memorable, penguin-themed adventure!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	F	10:00 - 11:00am	Feb. 28	P&R Building	\$20



BE MY VALENTINE

Instructed by Medway Park Recreation

Do you have a special valentine this year? Join us for Valentines crafts, books and dancing for preschoolers that will make your heart skip a beat. Caretakers are encouraged to stay and join in the fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	F	10:00 - 11:00am	Feb. 14	P&R Building	\$10

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. ***No class: 2/22.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-3	SA	8:30 - 9:10am	Jan. 25 - Mar. 22	P&R Building	\$230
3-4	SA	9:15 - 10:00am	Jan. 25 - Mar. 22	P&R Building	\$230
2-3	SA	10:10 - 10:50am	Jan. 25 - Mar. 22	P&R Building	\$230
4-5	SA	11:00 - 11:50am	Jan. 25 - Mar. 22	P&R Building	\$230



WINTER PLAYTIME FUN

Facilitated by Medway Parks and Recreation

Grab your friends and head to the Park & Rec Center for a weekly drop-in playtime! We'll have the space set up for all kinds of fun, including sensory activities, building blocks, and plenty of room to burn off some energy during the winter months. It's the perfect way to stay active, socialize, and get out your sillies in a warm, welcoming environment! Please note, there is no formal instruction. ***Drop in weekly, except school holidays and early release.**

AGE	DAY	TIME	DATES	LOCATION	FEE
0-5	W	10:00 - 12:00pm	Jan. 15 - Mar. 26	P&R Building	\$5

Medway Parks and Recreation Presents

Bunny Brunch

Brunch, Books, Coloring, Games, and a visit from somebunny special!

Wednesday, April 16th
10-11am
Parks and Recreation Center
123 Holliston Street

VISIT MEDWAYPARKSREC.COM FOR UPDATES AND TO REGISTER

AI SMART CORE 4 ROBOT

Instructed by Minds in Motion

Dive into the exciting universe of robotics by building and taking home your very own AI SmartCore 4 Robot! This remarkable kit features 4 separate modular smart vehicles that are powered by cutting-edge AI SmartCore technology! It allows All-Terrain Cube to navigate directions with balance and predictability; Enables Super Snake to entertain the most curious of four and two-legged friends; Empowers Turbo Trike to cruise at high speeds while maintaining control; and transforms Titan Tank into a roving explorer. Whether navigating tricky terrain, zooming at top speeds, or exploring new territories, every day promises hands-on fun and learning! With 42 easy-to-snap-together parts, a remote control, and a rechargeable LiPO battery, it's perfect for new robot builders eager to master robotic engineering! Ready to build the future? Join us and let your imagination take flight!

AGE	DAY	TIME	DATE	LOCATION	FEE
6-11	TU-F	9:00 - 12:00pm	Feb. 18 - Feb. 21	Thayer House	\$170

SLIME DAY

Instructed by Fun4All

Get ready for a gooey, hands-on experience with slime-making fun! Students will create stretchy monster slime and vibrant bubblegum slime, exploring different textures and letting their creativity run wild. This one-day program is perfect for a day of messy, hands-on excitement! ***Class will take place in Choate Park the snack shack.**

AGE	DAY	TIME	DATE	LOCATION	FEE
6-12	M	9:00 - 3:00pm	Dec. 23	Snack Shack	\$65
6-12	F	9:00 - 3:00pm	Feb. 21	Snack Shack	\$65

ELEMENTARY EARLY RELEASE ADVENTURES!

Facilitated by Medway Parks and Recreation

Looking for something to do on an early release day? We have you covered. Hop on the bus and go on an adventure! Each early release day, we will go on a new and exciting trip. Bus will leave from Burke/Memorial School and travel over to McGovern to pick up kids from both locations. Pick up after the trip will be at Choate Park. ***Trips are subject to change.**

GR	DAY	TIME	DATE	LOCATION	FEE
K-4	W	12:00 - 4:00pm	Dec. 11	Xtreme Craze	\$50
K-4	W	12:00 - 4:00pm	Mar. 19	Altitude	\$50



CHEMICAL CREATIONS

Instructed by Minds in Motion

Come experience a hands-on world of fun as you conduct a variety of scientific experiments! You will work on and take home your very own Chemistry Lab Kit complete with test tubes, safety goggles, and more! Learn and discover many different scientific concepts in an entertaining and innovative approach. You will be trained to work like a real scientist in the lab. You will also make and take home some really cool chemical creations! Learn all about energy and molecules, create a crazy bouncy glob from glue, and some scary green slime! Make your very own UV bracelet and watch it react to the sun. You will also get to witness some amazing scientific demonstrations from your Instructor. Watch snow being created and feel how cold it is! Experience a really powerful magnet, magic sand, and many other exciting experiments in this fascinating and educational program!

AGE	DAY	TIME	DATE	LOCATION	FEE
6-11	TU-F	12:30 - 3:30pm	Feb. 18 - Feb. 21	Thayer House	\$170

AI SMART CORE 4 ROBOT & CHEMICAL CREATIONS

Instructed by Minds in Motion

Join us for a full day of fun. Register for both programs and make a day of it.

AGE	DAY	TIME	DATE	LOCATION	FEE
6-11	TU-F	9:00 - 3:30pm	Feb. 18 - Feb. 21	Thayer House	\$340

MIDDLE SCHOOL EARLY RELEASE ADVENTURES!

Instructed by Medway Parks and Recreation

Early release day = FUN! Kick off your early release day with some adventures. Grab your friends, and hop on the bus. We will leave from and return to the Medway Middle School. ***Trips are subject to change.**

GR	DAY	TIME	DATE	LOCATION	FEE
5-8	W	11:00 - 5:00pm	Jan. 29	Nashoba Tubing	\$75
5-8	F	11:00 - 5:00pm	May 16	Level 99	\$75



NO SCHOOL FUN!

Facilitated by Medway Parks and Recreation

School is out, join us for fun! We spend the week playing games, enjoying the playground, going on scavenger hunts, having special visitors and wicked cool events. Sign up for the day or the whole break.

GR	DAY	TIME	DATE	LOCATION	FEE
K-5	TH	9:00 - 3:00pm	Dec. 26	P&R Building	\$45
K-5	F	9:00 - 3:00pm	Dec. 27	P&R Building	\$45
K-5	M	9:00 - 3:00pm	Dec. 30	P&R Building	\$45
K-5	TU	9:00 - 3:00pm	Feb. 18	P&R Building	\$45
K-5	W	9:00 - 3:00pm	Feb. 19	P&R Building	\$45
K-5	TH	9:00 - 3:00pm	Feb. 20	P&R Building	\$45
K-5	TU	9:00 - 3:00pm	Apr. 22	P&R Building	\$45
K-5	W	9:00 - 3:00pm	Apr. 23	P&R Building	\$45
K-5	TH	9:00 - 3:00pm	Apr. 24	P&R Building	\$45

BATTLE ROBOTS TANKS WORKSHOP

Instructed by RoboThink

We're back again for round two! This battle-themed workshop has students building a tank, completing different challenges and doing a bunch of robot battling! This program is designed for seasoned RoboThinkers, but newbies are always welcome— just prepare for a challenge! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	LOCATION	FEE
7-13	TU	4:00 - 5:30pm	Dec. 3	Snack Shack	\$40

GO KARTS ROBOTICS WORKSHOP

Instructed by RoboThink

Rev up your engines and join us for an adrenaline-fueled workshop at the Go Kart Races Workshop! Students will experience the thrill of a lifetime as they build, customize, and race their very own Go Karts against their classmates. With gears, motors, axles, RoboThink's exclusive hardware, and a variety of builds and competitions, they'll be in for the ride of their lives! No experience necessary— just bring your competitive spirit and get ready to speed towards the title of Ultimate RoboThink Racer!

AGE	DAY	TIME	DATE	LOCATION	FEE
7-13	F	4:00 - 5:30pm	Feb. 7	P&R Building	\$40



CHESS WIZARDS

Instructed by Chess Wizards

Chess Wizards is so popular with kids because of our unique structure. First, we let kids get the wiggles and giggles out with 10 minutes of free play and review of past taught topics. We then go right into the week's lessons. We separate students based on skill levels and teach different lessons best suited to their individual needs. Chess has been taught for thousands of years because of its emphasis on logic, tactics and sportsmanship. Let us coach your kids to a higher level of education! ***No class 2/17.**

GR.	DAY	TIME	DATE	LOCATION	FEE
1-5	M	5:30 - 6:30pm	Jan. 27 - Mar. 10	P&R Building	\$140



ANIMATION & DEVELOP GAMES - LEVEL 1&2

Instructed by Escout Academy

Dive into the world of digital creativity with our Animation and Game Development course, designed specifically for young learners in grades 2 and 3. In this interactive course, students are introduced to code puzzles, express and apply computing steps, Build and play with code blocks (Animation, music/sound blocks). Build fun games and animations using Events, Conditional and Repetition concepts. As students progress, they will delve into more advanced game design, constructing platform and multiplayer games, as well as memory-based games. Class will take place online. **No class 2/18 (Tuesday), 2/19 (Wednesday).**

AGE	DAY	TIME	DATE	LOCATION	FEE
8-11	TU	5:30 - 6:30pm	Jan. 14 - Mar. 11	Online	\$145
8-11	W	5:30 - 6:30pm	Jan. 15 - Mar. 12	Online	\$145

HOLIDAY STEM ROBOTICS WORKSHOP

Instructed by RoboThink

'Tis the season to get robotic! Join us for a festive celebration at the Holiday STEM Robotics Workshop. Students will have the joyous opportunity to select from a delightful assortment of holiday-themed robots and machines. With gears, motors, axles, and batteries in hand, they'll bring their own creations to life, capturing the magic of the holiday season. No experience necessary— just leave the snowballs at home and get ready for a joyful, hands-on experience that will make your holidays even brighter! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	LOCATION	FEE
7-13	W	4:00 - 5:30pm	Dec. 18	Snack Shack	\$45

INTERGALACTIC SPACE BATTLES WORKSHOP

Instructed by RoboThink

Blast off into a universe of creativity and engineering at our Galactic Robotics Workshop! Young engineers aged 6 to 12 are invited to join us for an exhilarating adventure where they will design, build, and pilot robots inspired by iconic spacecraft from beloved sci-fi movies. Utilizing axles, gears, motors, and mainboards, participants will learn the fundamentals of robotics and mechanical engineering in a fun, interactive environment. Once the build is complete, the young pilots will test their skills, navigating their robots through exciting challenges and missions designed to mimic epic galactic battles and explorations. Join us for this interstellar journey to inspire the next generation of inventors and adventurers!

AGE	DAY	TIME	DATE	LOCATION	FEE
7-13	F	4:00 - 5:30pm	Mar. 14	P&R Building	\$40

KINDERBOTS ROBOTICS

Instructed by Snapology

Children will begin to explore the world of robotics as they build simple models that teach the fundamentals of robotic design. Students will learn about sensors while building drills and magic wands and discover ways that gears and pulleys create movement while building helicopters and robotic dogs. When it all comes to life with picture-block coding, kids have so much fun they don't realize they're learning! ***No class 2/22.**

GR.	DAY	TIME	DATE	LOCATION	FEE
K-1	SA	9:30 - 10:30am	Jan. 18 - Mar. 1	P&R Building	\$140

CREATURE CREATOR ROBOTICS

Instructed by Snapology

Animal lovers will create their own creature inspired robotic models. Students will build complex machines, learning about gear ratio, sensors, and how combining different simple machines accomplishes different goals. Using Bluetooth technology and picture-block programming, the creations come to life! With a new build each week, students are sure to have a wild time building insects, dolphins, gorillas, and much more. ***No class 2/20.**

GR.	DAY	TIME	DATE	LOCATION	FEE
1-5	TH	5:00 - 6:00pm	Jan. 16 - Feb. 27	P&R Building	\$140



KIDS TEST KITCHEN (VIRTUAL)

Instructed by Kids Test Kitchen

We are redefining kid food – via Zoom! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual, via Zoom, experience gives students the unique opportunity to gain comfort and independence within their own kitchen and then immediately share their work with family! Fee includes everyone in the household.

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	5-18	TU	5:30 - 6:30pm	Jan. 7 - Feb. 11	Online	\$90
II	5-18	TU	5:30 - 6:30pm	Mar. 11 - Apr. 15	Online	\$90



OUTER SPACE & PHYSICS FUN

Instructed by Minds in Motion

Come join an exciting world of space exploration as you build and take home your very own Orbiting Solar System Kit! You will assemble your own model, learn all about our planetary neighborhood, and watch the planets move around the sun with a wind-up motor inside. Set the planets in motion with a flick of your wrist! Take part in other exciting activities involving physics, air pressure, and density. Check out our real meteorite fragment sample! Watch a cosmic rocket shoot up fifty feet into the air! Be mesmerized as you assemble and take home your own stunt plane and learn about the four major forces of flight. You will also witness some neat demonstrations from your instructor. Watch as an egg is magically sucked into a bottle, behold a tornado being created, and much more in this fun and exciting program! ***No class 2/19.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-11	W	5:00 - 6:00pm	Jan. 22 - Mar. 5	P&R Building	\$150

MARBLE FUN RUN

Instructed by Sports Zone 101

A Marble Machine is a creative ball-run contraption, made from familiar materials, designed to send a rolling marble through tubes and funnels, across tracks and bumpers, and into a catch at the end! Sure, Marble Runs are a ton of fun to make and to use, but they also make great engineering challenges for kids, they can be a fantastic tool for teaching children how to work collaboratively with their classmates and peers, and they allow children to explore problem solving in a fun and interactive way. We will supply all Marble Run sets for classes, but there will also be some time for free building during our classes if your child wants to bring in their own Marble Run set. We will also have some creative building challenges using household items, so your child may ask for extra materials like toilet paper rolls, pool noodles, or cardboard. We accept most material donations for class, but do not feel obligated to contribute! **Make it a night with pizza and two workshops (register online).**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	SU	3:00 - 4:00pm	Jan. 26	P&R Building	\$30

POKEMON BATTLEGROUND WORKSHOP

Instructed by Sports Zone 101

Gather up your Poke balls, muster your courage, and prepare your mind for the ultimate test of your Pokemon trainer abilities. Throughout this class, you will go head to head with other Pokemon trainers to determine who will become the Medway Parks and Recreation Master and take home the Grand Prize of 10 Pokemon booster packs. We will cover some basic Pokemon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokemon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested. **Make it a night with pizza and two workshops (register online).**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	TH	4:30 - 5:30pm	Feb. 27	P&R Building	\$30

LEGO BRICK BUILDERS WORKSHOP

Instructed by Sports Zone 101

Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We also will have special themed kits to build that include Star Wars, Pokemon, Movie Makers, and other fun surprises! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our workshop if your child wants to bring in their own project. **Make it a night with pizza and two workshops (register online).**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	TH	4:30 - 5:30pm	Mar. 20	P&R Building	\$30

NERF BATTLEGROUND

Instructed by Sports Zone 101

Come join the Sports Zone Lieutenants as we test our individual and team effectiveness in battle! This awesome program puts a fresh spin on traditional games like capture the flag, while also allowing children to get great exercise, learn some strategic planning skills, and make new friends. There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today! **Make it a night with pizza and two workshops (register online).**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	SU	4:30 - 5:30pm	Jan. 26	P&R Building	\$30
1-5	TH	6:00 - 7:00pm	Mar. 20	P&R Building	\$30

DODGEBALL

Instructed by Sports Zone 101

This program will introduce children to the nearly endless different styles of dodgeball. We will be teaching Dr. Dodgeball, Prize Ball, Elimination, Army, Ring of Fire, and many more... Each week will be a new adventure of team, individual, or tournament dodgeball. Sports cards will also be given out at the end of each program, with the opportunity to earn special prizes for play and behavior. Time to find the next Ultimate Dodgeball Player! **Make it a night with pizza and two workshops (register online).**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	TH	6:00 - 7:00pm	Feb. 27	P&R Building	\$30

MINI GOLF - DESIGN, BUILD, PLAY

Instructed by Skyhawks

In this exciting and hands-on program kids aged 5-12 will dive into the fun world of mini golf! This unique program is designed to blend creativity, teamwork, and fundamental golf skills into an engaging experience. Children will learn putting technique through fun drills and games working to improve accuracy, control, and mastering the basics. As the program progresses, we will work in teams to design and build new holes every week with fun themes to jump start children's creativity and imagination. Teamwork, creative problem solving, and hands on learning and play all rolled into one. Whether your child is a budding golf pro or just looking for a creative adventure, this program is sure to be a hole in one! ***No class 2/20.**

Gr.	DAY	TIME	DATES	LOCATION	FEE
K-2	TH	4:00 - 5:00pm	Jan. 23 - Mar. 6	P&R Building	\$150
3-5	TH	5:15 - 6:15pm	Jan. 23 - Mar. 6	P&R Building	\$150

CHILDREN SOCIAL SKILL WORKSHOP

Instructed by New England School of Protocol

Our Children's Social Skills workshop goes beyond the surface, focusing on the development of effective communication, interpersonal, and social skills. In today's fast-paced, high-tech society, teaching children manners is more crucial than ever. As parents and educators, one of our most important roles is to equip children with the social skills needed to navigate the world with kindness and respect.

Gr.	DAY	TIME	DATES	LOCATION	FEE
2-7	TU	4:30 - 6:00pm	Jan. 21	P&R Building	\$70
2-7	W	3:00 - 4:30pm	Feb. 19	P&R Building	\$70
2-7	SA	10:00 - 11:30am	Mar. 22	P&R Building	\$70

CHILDREN CONVERSATION SKILLS WORKSHOP

Instructed by New England School of Protocol

For many children, striking up a conversation or joining one in progress may come naturally, but for others, it can be a challenging endeavor. Our Children's Conversation Skills workshop address these nuances, teaching children not only how to engage in small talk, but also how to confidently initiate and sustain meaningful conversations.

Gr.	DAY	TIME	DATES	LOCATION	FEE
2-7	W	4:30 - 6:00pm	Feb. 19	P&R Building	\$70
2-7	SA	11:30 - 1:00pm	Mar. 22	P&R Building	\$70

SWIMMING CLINICS

Instructed by Medway Parks and Recreation

Dive right in and get ready for summer swim team with stroke and turn clinics. Each clinic will have a stroke of the day. We will incorporate starts and turns for that particular stroke. Participants need to be able to complete 25 yards unassisted. **The clinic will be held at Milford High School Pool.**

AGE	DAY	TIME	DATE	STROKE	FEE
5-18	SA	9:00 - 10:00am	Mar. 8	Freestyle	\$40
5-18	SA	9:00 - 10:00am	Mar. 15	Backstroke	\$40
5-18	SA	9:00 - 10:00am	Mar. 22	Breastroke	\$40
5-18	SA	9:00 - 10:00am	Mar. 29	Butterfly	\$40

SCAVENGER HUNT HIKES

Instructed by Medway Parks and Recreation

Get out and enjoy winter at Choate Park. Each meeting will have a new puzzle to solve and adventure to have. The best part? There is a prize or treasure to find. Grab your friends and come have some fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TH	4:30 - 5:30pm	Mar. 6	Choate Park	\$10
6-12	TH	4:30 - 5:30pm	Apr. 10	Choate Park	\$10



ST. PATRICK'S CHARCUTERIE

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to celebrate St. Patrick's Day with a festive charcuterie board-making experience! Join us for a fun-filled time creating colorful boards with delicious, kid-friendly treats. It's the perfect mix of food, friends, and fun—don't miss out!

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	W	4:00 - 5:00pm	Mar. 12	P&R Building	\$10

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

Gr.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:30 - 5:15pm	Mar. 17 - Apr. 7	Choate Park	\$40

SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your child's wildest sweetest dreams come true in these decorating adventure workshops. Each person will have a baked dessert for that class and be led step by step with instructions in how to decorate the dessert to take home to share with their family. ***Class will be held in the P&R Building.**

AGE	DAY	TIME	DATE	THEME	FEE
7-10	TU	4:00 - 5:00pm	Feb. 11	Red, White & PINK Cake	\$25
7-10	TU	4:00 - 5:00pm	Mar. 11	Lucky Charms Cake	\$25
7-10	TU	4:00 - 5:00pm	Apr. 15	Peeps & Bunny Cake	\$25

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Jan. 7 - Feb. 25	Norfolk	\$150
I	6-12	SA	11:00 - 11:50am	Jan. 4 - Feb. 22	Norfolk	\$150
II	6-12	TU	5:00 - 5:50pm	Mar. 4 - Apr. 22	Norfolk	\$150
II	6-12	SA	11:00 - 11:50am	Mar. 1 - Apr. 19	Norfolk	\$150

VISIT MEDWAYPARKSREC.COM FOR UPDATES AND TO REGISTER



ELF PUPPET MAKING

Instructed by Medway Parks and Recreation

It's that time of year! Our homes are calling for elves and snowflakes! Join Miss Ali for a creative workshop where kids will make their own festive elf puppets and beautiful snowflakes. It's a fun-filled, hands-on holiday crafting experience you won't want to miss! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4-8	M	3:30 - 5:30pm	Dec. 16	Snack Shack	\$15

WINTER FAIRY CASTLE CREATIONS

Instructed by Medway Parks and Recreation

Join Miss Ali to create your very own Winter Fairy Castle just in time for the holiday break! All magical materials will be provided, so bring your imagination and get ready for some winter wonderland crafting fun! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4-12	TU	10:00 - 12:00pm	Dec. 17	Snack Shack	\$15
4-12	TU	4:00 - 6:00pm	Dec. 17	Snack Shack	\$15



KIDS GAME NIGHT

Facilitated by Medway Parks and Recreation

Grab your friends and get ready for a fun-filled Kids Game Night! Join us for exciting games like Minute to Win It challenges and more. Pizza will be served for dinner, so bring your energy and appetite for a night of games, laughs, and good food!

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	M	5:00 - 6:00pm	Jan. 13	P&R Building	\$10

KIDS PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your friends together and come to the Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 100-piece puzzle in the shortest amount of time! Puzzle is provided. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	SU	3:00 - 4:30pm	Jan. 12	P&R Building	\$15/team



LEGO BUILD OFF

Facilitated by Medway Parks and Recreation

Grab your friends and join us for an epic LEGO Build-Off! Each meeting will have a fun new theme to challenge your creativity. We'll provide the LEGO bricks, but feel free to bring your own stash. Let the building battles begin!

AGE	DAY	TIME	DATES	LOCATION	FEE
5-13	W	4:30 - 5:30pm	Jan. 8	P&R Building	\$10
5-13	SU	3:00 - 4:00pm	Feb. 23	P&R Building	\$10
5-13	TU	4:30 - 5:30pm	Mar. 25	P&R Building	\$10

PAINT NIGHT

Instructed by Let's Paint Club

Join Letiana from Let's Paint Club for a winter paint nights. Participants will listen to music, have pizza, be creative, and have fun. At the end of the session, each painter will have their own 11" x14" painting to keep. All art supplies and instruction are provided to let yourself enjoy a night away from screens!

AGE	DAY	TIME	DATE	LOCATION	FEE
6-12	TH	6:00 - 7:30pm	Jan. 9	P&R Building	\$40
6-12	TH	6:00 - 7:30pm	Feb. 6	P&R Building	\$40
6-12	TH	6:00 - 7:30pm	Mar. 13	P&R Building	\$40
6-12	TH	6:00 - 7:30pm	Apr. 10	P&R Building	\$40



HOT COCOA BOMBS & CAKE POPS CLUB

Instructed by Medway Parks and Recreation

Get ready to create (and taste!) some delicious treats at our Hot Cocoa Bombs and Cake Pops Club! Join us to make your own cocoa bombs filled with marshmallows and toppings, plus decorate cake pops with all the fixings. Perfect for young chefs who love sweets and creativity!

AGE	DAY	TIME	DATES	LOCATION	FEE
4-14	TU	4:00 - 5:00pm	Jan. 7	P&R Building	\$15

FIRE FITS

Instructed by Little Scholars

Is your fit fire? From trendy pieces to statement accessories, students will unleash their imagination and bring their unique fits to life. Get ready to set the runway on fire with your one-of-a-kind designs. ***No class 2/19.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	W	5:30 - 6:30pm	Jan. 22 - Mar. 19	P&R Building	\$175

Swiftly Galentines Party

February 13
Thursday

5-7 PM
123 Holliston Street

Register here:
www.MedwayParksRec.Com

SPORTS STATS

Instructed by Little Scholars

BUYAH...this is for all you sports fanatics! Join our team for action-packed sessions where we'll explore the world of sports analysis and strategy. We will examine the power of statistics, science, and math behind sports, delving into concepts like probability, statistics, graphing, and data analysis. Who knew that sports was a thrilling blend of athleticism and mathematics? ***No class 2/19.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	6:30 - 7:30pm	Jan. 22 - Mar. 19	P&R Building	\$175



DEVELOP GAMES USING "PYTHON"

Instructed by Escout Academy

This course introduces foundational computing skills and provides a smooth transition from block coding to text-based programming. Participants will learn Python basics, including variables, loops, and functions. Using these skills, they will create visuals, artwork, simulations, and interactive games like Bounce!, Race, and more, using loops, conditionals, and functions. This comprehensive introduction sets the stage for more complex programming tasks and project-based learning, complemented by a lot of unplugged activities each week. ***No class 1/20, 2/17 (Monday), 2/19 (Wednesday).**

AGE	DAY	TIME	DATE	LOCATION	FEE
12-16	M	5:30 - 6:30pm	Jan. 13 - Mar. 17	Online	\$165
12-16	W	5:30 - 6:30pm	Jan. 15 - Mar. 12	Online	\$165

PRE-TEEN TEXTING, EMAIL AND SOCIAL MEDIA ETIQUETTE

Instructed by New England School of Protocol

Master the Art of Digital Etiquette with Our Netiquette Workshop! In today's digital age, being equipped with the knowledge and skills to communicate effectively and respectfully is paramount. Whether for academic, professional, or personal purposes, understanding and practicing proper netiquette can be a game-changer, leading to more positive and productive online interactions.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TU	6:00 - 7:00pm	Jan. 21	P&R Building	\$65
5-8	W	6:00 - 7:00pm	Feb. 19	P&R Building	\$65

TEEN INTERVIEW PREP WORKSHOP

Instructed by New England School of Protocol

Preparing your teen for interviews is a pivotal step in their journey toward success. As parents, we can vividly recall our own initial interviews and the uncertainties we may have encountered. It's not just about landing a job or internship—it's about instilling confidence, effective communication skills, and the ability to make a lasting impression. Our Teen Interview Prep Workshop is tailored to provide participants with the confidence, knowledge, and skills needed to excel in any interview scenario.

GR.	DAY	TIME	DATES	LOCATION	FEE
8-12	TU	3:00 - 4:30pm	Jan. 21	P&R Building	\$70
8-12	SA	1:00 - 2:30pm	Mar. 22	P&R Building	\$70

TEEN VENTURES calling...

Best Summer Teen Program ?



Adventure with us

More weeks this summer means more fun! Registration opens in February



Decline



Accept

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	2:45 - 5:30pm	Mar. 3	P&R Building	\$90
5-8	M	2:45 - 5:30pm	May 5	P&R Building	\$90

GLOW IN THE DARK CAPTURE THE FLAG

Instructed by Medway Parks and Recreation

Get ready for an epic night of strategy, speed, and glowing fun! Join us for Teen Glow in the Dark Capture the Flag, where teams will face off under neon lights and glowing gear. This high-energy game will keep you on your toes as you work with your team to capture the other side's flag—all in the dark! Grab your friends, bring your game face, and let the adventure begin! Pizza is served for dinner.

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	6:00 - 7:30pm	Mar. 27	P&R Building	\$10

TEEN KARAOKE NIGHT

Instructed by Medway Parks and Recreation

Ready to belt out your favorite tunes? Join us for Teen Karaoke Night! Bring your friends and sing your heart out to the latest hits or classic jams in a fun, relaxed atmosphere. No singing experience needed—just bring your enthusiasm and enjoy an evening full of music, laughter, and unforgettable performances. Let's make it a night to remember! Pizza is served for dinner.

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	6:00 - 7:30pm	Jan. 16	P&R Building	\$10



TEEN TRIVIA NIGHT

Instructed by Medway Parks and Recreation

Test your knowledge and challenge your friends at our Teen Trivia Night! Join us for a fun-filled evening of brain-busting questions, exciting prizes, and lots of laughs. Show off your smarts and see who will be crowned the ultimate trivia champion! Pizza is served for dinner.

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	6:00 - 7:30pm	Jan. 30	P&R Building	\$10

MIDDLE SCHOOL EARLY RELEASE ADVENTURES!

Facilitated by Medway Parks and Recreation

Early release day = FUN! Kick off your early release day with some adventures. Grab your friends, and hop on the bus. We will leave from and return to the Medway Middle School. ***Trips are subject to change.**

GR	DAY	TIME	DATE	LOCATION	FEE
5-8	W	11:00 - 5:00pm	Jan. 29	Nashoba Tubing	\$75
5-8	F	11:00 - 5:00pm	May 16	Level 99	\$75

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:30 - 4:30pm	Mar. 17 - Apr. 7	Choate Park	\$40

ESCAPE ROOM CHALLENGE

Instructed by Medway Parks and Recreation

Think you have what it takes to escape? Join us for the Teen Escape Room Challenge! Work with friends to solve puzzles, find clues, and beat the clock. It's a thrilling race against time that will test your teamwork and problem-solving skills. Are you up for the challenge?

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	6:00 - 7:00pm	Apr. 3	P&R Building	\$10

TEEN "TOP CHEF" CAKE DECORATING CHALLENGE

Instructed by Medway Parks and Recreation

Calling all creative chefs! Join us for a "Top Chef" style cake decorating event where you'll turn cupcakes, frosting, and cakes into edible masterpieces. Each meeting will feature a fun theme to inspire your creations. Bring your imagination, decorate your heart out, and see what delicious designs you can dream up! ***Class will be held in the P&R Building.**

AGE	DAY	TIME	DATE	THEME	FEE
11-18	TU	5:15 - 6:15pm	Feb. 11	Winter Wonderland	\$25
11-18	TU	5:15 - 6:15pm	Mar. 11	Emoji Explosion	\$25
11-18	TU	5:15 - 6:15pm	Apr. 15	Candyland	\$25



YOGA TO STRETCH AND STRENGTHEN

Instructed by Sheila Hassan

This is a blend of Hatha yoga postures, Traditional Chinese Medicine and elements of Ayurveda. It is a slower paced class, incorporating breath work, postures, mudras and self-massage to develop strength and flexibility in the body and mind. Classes are adjusted seasonally to cultivate balance within ourselves and in nature. Postures may be seated, kneeling, standing and reclined. Leave class feeling more refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***Class will be held over zoom if the in person class is cancelled due to snow.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	16+	TU	5:30 - 6:30pm	Jan. 7 - Feb. 1	Senior Center	\$50
II	16+	TU	5:30 - 6:30pm	Feb. 18 - Mar. 18	Senior Center	\$50

SNOWSHOE THE TRAILS

Facilitated by Medway Parks and Recreation

Get out and enjoy the winter! Participants must provide their own snowshoes. Registration is required. There will be an email sent out prior to the date indicating what trail to meet at. There is snow doubt that we will have fun! ***In the event of no snow, we will go on a hike instead.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SU	8:00 - 9:00am	Jan. 26	Trails of Medway	Free

VINAYSA YOGA

Instructed by JodiRene Harrington

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have therapeutic approach amid focus on bringing harmony between mind and body. Linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease. ***No class 1/20, 2/17 (Monday), 2/20 (Thursday).**

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:30 - 7:30pm	Jan. 13 - Mar. 31	Senior Center	\$100
16+	TH	6:30 - 7:30pm	Jan. 16 - Mar. 27	Senior Center	\$100

HIP HOP

Facilitated by Step by Step Dance Studio

Dance inspired by today's hit songs and hip hop music. Its style is commonly seen in music videos. Stretching, isolations, floor progressions and combinations will get you moving in this energetic class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	8:00 - 9:00pm	Jan. 6 - Feb. 3	Step by Step	\$90

HOLIDAY LIGHTS FUN RUN!

Facilitated by Medway Parks and Recreation

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route! Feel free to dress up! ***Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	5:00 - 6:00pm	Dec. 9	Choate Park	Free

TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals and basics including rhythm, timing, and precision. The class consists of foot and ankle warm-ups, floor progressions, and combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	7:00 - 8:00pm	Jan. 9 - Feb. 6	Step by Step	\$90

ADULT FITNESS

Facilitated by Step by Step Dance Studio

Strengthen and tone the body while burning fat. This class incorporates cardio with strengthen exercise and repetition and the use of 'light' weights to help strength and tone the body. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	8:00 - 9:00pm	Jan. 6 - Feb. 3	Step by Step	\$90

NEW YEAR INTENTION SETTING

Instructed by Amanda Johnson of Heartspark.

Kick off 2025 with clarity and purpose! Join Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, as she takes you through a guided meditation to connect with your inner self, releasing past energy and creating space for new possibilities. Then, through group reflection and mindful journaling, you'll solidify your intentions into meaningful, actionable goals. Whether you're seeking personal growth, career breakthroughs, or emotional balance, this workshop will provide the tools and space you need to begin to create an aligned and expansive year.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:00 - 8:15pm	Jan. 8	P&R Building	\$35

SOUND HEALING AND REIKI

Instructed by Amanda Johnson of Heartspark.

A 1 hour sound healing experience combined with mini reiki sessions. As crystal singing bowls are played, Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, will offer reiki energy healing to participants. Part guided meditation, part energy balancing and part sound bath, this deeply supportive session will offer a space to experience healing, relaxation and a sense of calm.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:00 - 8:00pm	Feb. 5	Senior Center	\$55

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, two courts will be reserved, teams will be formed from those who are in attendance, and games will then be played.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	Mar. 13 - Apr. 10	HS Courts	\$25
All	SU	6:00 - 8:00pm	Mar. 16 - Apr. 13	HS Courts	\$25

PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached. **This two day class takes place on Day 1 over Zoom from 6:00pm to 9:00pm followed by a 3 hour in person hands on workshop at the Medway Senior Center from 6:00pm to 9:00pm.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU-W	6:00 - 9:00pm	Feb. 18 - Feb. 19	Senior Center	\$95
18+	TU-W	6:00 - 9:00pm	Apr. 15 - Apr. 16	Senior Center	\$95

CHUNKY KNIT BLANKET

Instructed by South Shore Blankets

When the winter weather arrives, a cozy throw helps to balance the temperature extremes. In this fun and easy workshop, our instructor will show you how to design and make your very own Chunky Knit Throw Blanket that will look and feel amazing on your couch and lap! Learn the lifelong skill of hand knitting - that's right, knitting with JUST your hands, no tools! The hand knitting technique is therapeutic, meditative and fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TH	7:00 - 9:00pm	Jan. 30	P&R Building	\$90

PEBBLE ART

Instructed by The Orange Jellyfish

During this two-hour class, we will each create our own custom pebble heart or couples picture using various styles of beach stones, driftwood and shells directly hand picked off local New England beaches. This class is truly a wonderful opportunity to grab a couple friends for a galantines evening or create a sentimental piece for your loved one.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	6:30 - 8:00pm	Jan. 29	P&R Building	\$60

INTRO TO CARD READING

Instructed by Amanda Johnson of Heartspark.

A 1 hour workshop to explore tarot and oracle cards! Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, will share an overview of the power of your own intuition, and also explain how using tarot and oracle cards can help you connect with yourself better. Then, attendees can explore different card decks, pull cards and read explanations, and even practice on one another. It will be an interactive, open play type of session, so come ready to try something new! **Heartspark is located at 165 Main Street, Suite 213.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:30 - 7:30pm	Jan. 16	Heartspark	\$35

CHARCUTERIE BOARDS

Instructed by Red Apron Charcuterie

Join us for a charcuterie workshop with Red Apron Charcuterie. This interactive event will show you how to create a charcuterie board from start to finish. Along with learning how to make charcuterie boards that your friends and family will rave about, Ana from Red Apron will answer your questions while you enjoy a grazing table prepared for all attendees, so make sure you come early! Each ticket includes a 1.5-hour interactive workshop on creating a charcuterie board, a take-home cheat sheet with tips and tricks on arranging, styling, and pairing meats and cheeses, and all ingredients needed to make your board, including four assorted cheeses, three cured meats, fruits, crackers, nuts, jam, and more. You'll also receive a 10" Palm Leaf Platter to take home and boxes for transporting your charcuterie board. Enjoy a grazing board featuring the finest New England products, such as cheeses from Smith's Country Cheese and honey from Top Sun Farm. Bring your friends and join us for a night of charcuterie and FUN! ***Our Valentines Charcuterie is for couples, please register one person.**

AGE	DAY	TIME	DATES	THEME	LOCATION	FEE
21+	TU	6:00 - 8:00pm	Feb. 11	Valentines	P&R Building	\$130
21+	TH	6:00 - 8:00pm	Apr. 17	Easter	P&R Building	\$70

WALK THIS WAY

Facilitated by Medway Parks and Recreation

Bring on winter! There is no need to hibernate. Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	8:00 - 9:00am	Mar. 18 - Apr. 8	Trails of Medway	\$10

PUZZLE MANIA!

Facilitated by Medway Parks and Recreation

Puzzlers, get ready to see who is the ULTIMATE PUZZLER! Individuals will compete to finish a 300-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 participants, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SU	3:00 - 4:30pm	Feb. 23	P&R Building	\$10



FIRST DAY HIKE

Facilitated by Medway Parks and Recreation

Looking forward to a fresh start in 2025? Why not plan for something fun on New Year's Day! Celebrate the new year in the outdoors with a First Day Hike with a hike through Medway. If you've never been on a First Day Hike, save the date and get out there!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	W	9:00 - 10:00am	Jan. 1	Choate Park	Free

SWEET CHOCOLATE TREATS

Facilitated by Medway Parks and Recreation

Sweets are here and hearts cheer, we want more chocolate! Join us for a fun afternoon of chocolates treat creations. Chocolate strawberries and almond bark! Please let us know if you have any dietary restrictions.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TH	4:00 - 5:00pm	Feb. 13	P&R Building	\$15

HOT COCOA BOMBS & CAKE POP TREATS

Facilitated by Medway Parks and Recreation

Warm up and indulge with our Hot Cocoa Bombs & Cake Pop Club! Join us for a cozy, hands-on experience where you'll create delicious hot cocoa bombs and perfect cake pops. Sip, dip, and decorate your way to sweet treats that are as fun to make as they are to eat!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	4:00 - 5:00pm	Jan. 7	P&R Building	\$10

WINTER GLOBE TERRARIUMS

Facilitated by Medway Parks and Recreation

It may be cold and gray outside but we have a green thumb awaiting spring! Join us to make your own Winter globe terrarium. Watch your globe grow and spread. All materials will be provided!

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	F	5:00 - 6:00pm	Jan. 17	P&R Building	\$30

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 4:30pm	Jan.12	P&R Building	\$15/team

TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	SA	8:00 - 9:00am	Jan. 18	Trails of Medway	Free
All	SA	8:00 - 9:00am	Feb. 15	Trails of Medway	Free

ARCHERY

Facilitated by On the Mark Archery

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors. **Elmwood School gym address: 14 Elm Street, Hopkinton.**

AGE	DAY	TIME	DATES	LOCATION	FEE
9+	TU	6:30 - 7:30pm	Feb. 25 - Mar. 25	Elmwood	\$205

FAMILY BINGO NIGHT

Facilitated by Medway Parks and Recreation

Unplug and tune in to old-fashioned family fun! Join us for a fun-filled BINGO night with your family and friends. We play three to four games with the opportunity to win fun prizes. You wont want to miss bingo night!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:30 - 4:30pm	Jan. 26	P&R Building	Free

FAMILY TRIVIA NIGHT

Facilitated by Medway Parks and Recreation

Gather the family and test your knowledge at Family Trivia Night! Enjoy an evening of friendly competition with questions for all ages, covering a variety of fun topics. Prizes, snacks, and lots of fun await!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:30 - 4:30pm	Feb. 9	P&R Building	Free

SNOW SENSORY EXPERIENCE

Facilitated by Medway Parks and Recreation

Snow, snow and more snow! How does it work? How does it melt? So many questions and many more fun answers and experiments to learn more! Fun for all ages.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	F	12:30 - 1:30pm	Jan. 17	P&R Building	\$10






LEARN TO SKATE

Facilitated by Norfolk Ice Arena


The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Jan. 7 - Feb. 25	Norfolk	\$150
I	3+	SA	11:00 - 11:50am	Jan. 4 - Feb. 22	Norfolk	\$150
I	3+	SU	10:00 - 10:50am	Jan. 5 - Feb. 23	Norfolk	\$150
II	3+	TU	5:00 - 5:50pm	Mar. 4 - Apr. 22	Norfolk	\$150
II	3+	SA	11:00 - 11:50am	Mar. 1 - Apr. 19	Norfolk	\$150
II	3+	SU	10:00 - 10:50am	Mar. 2 - Apr. 13	Norfolk	\$130

JANUARY/FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
			1 First Day Hike 	2	3	4 Learn to Skate Learn to Play Hockey
5 Learn to Skate	6 Hip Hop Adult Fitness	7 Preschool Dance Kids Test Kitchen Yoga Hot Cocoa & Cake Pop Learn to Skate Learn to Play Hockey	8 New Year Intention Lego Build off	9 Combo dance Paint Night	10	11 Advance Combo Dance
12 Kids Puzzlepalozza Puzzlepalozza	13 Lil Ninja Warrior Escout Python Kids Game night Vinyasa Yoga	14 Animation and Develop games	15 Winter Playtime Fun! Python Animation and Develop games	16 Creature Creator Robot- ics Teen Karaoke Night Vinyasa Yoga Intro to Card Reading	17 Winter Globe Terrarium Snow Sensory	18 Kinderbots Robotics Take a Hike
19	20 MLK Day 	21 Rock and Roll Club Teen Interview Pre Teen Social Skills Social Skill workshop	22 Sports Stats Outer Space & Physics	23 Mini Golf Design Chunky Knit Blanket	24	25 Super Soccer Stars
26 Preschool Basketball Preschool Multisport Marble Nerf Battlegrounds Bingo	27 Pint Sized Picassos Multisport Tots Chess Wizards	28	29 Middle School Early Release—Nashoba Tubing Pebble Art	30 Chunky Knit Blanket Teen Trivia	31	
SUN	MON	TUE	WED	THU	FRI	SAT
						1 Winter Wonderland 
2	3 Summer Camp Registration (Medway Residents)	4	5 Sound Healing and Reiki	6 Paint night	7 Go Karts Robotics	8
9 Family Trivia Night	10 Summer Camp Registration (Non- Medway Residents)	11 Sugar Club Teen Top Chef Couples Charcuterie	12	13 Sweet chocolate treats Swiftly Galentines Party	14 Be my Valentine! 	15 Take a Hike
16	17 President's Day 	18 No School Fun Chemical Creation/Al Smart Core Pet First Aid Stretch and Strength Yoga	19 No School Fun Kids Conversation Social Skills workshop Pre Teen Social Skills	20 No School Fun	21 Slime Day	22
23 Lego Build off Puzzle Mania	24	25 Archery	26	27 Pokemon Dodgeball	28 Penguin Animal Party	

MARCH/APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
						1 Learn to Play Hockey Learn to Skate
2 Learn to Skate	3 BLAST Babysitting	4 Learn to Play Hockey Learn to Skate	5	6 Scavenger Hunt Hikes	7 Can you Dig it?	8 Swim Clinic
9	10 Pint Sized Picassos	11 Sugar Club Top Chef Kids Test Kitchen	12 St. Patricks Charcuterie	13 Paint Night Outdoor Pickleball	14 Find that Pot of Gold Intergalactic Space Battles	15 Swim Clinic
16 Outdoor Pickleball	17 St. Patrick's Day! Play Space Cross Country 	18 Walk this way Yoga	19 Xtreme Trip - Early Re- lease	20 Nerf Battleground Lego Brick Builders	21	22 Swim Clinic Teen Interview Social Skills Conversation Skills
23	24	25 Lego Build off	26	27 Treasure Hikes Glow in the Dark Cap- ture the flag	28	29 Swim Clinic

SUN	MON	TUE	WED	THU	FRI	SAT
30	31	1 	2	3 Teen Escape Room	4 Build a Teddy Bear	5
6	7	8	9	10 Scavenger Hunt Hikes Paint Night	11 Can you dig it?	12
13	14	15 Sugar Club Top Chef Pet First Aid	16 Bunny Brunch	17 Charcuterie Boards	18 Flashlight Egg Hunt 	19 Spring Egg Hunt 
20 Easter 	21 Patriots Day 	22 No School Fun!	23 No School Fun!	24 No School Fun!	25	26
27	28	29	30			

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**AGES
3-18**

**2025
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**Registration opens February 3 (Medway)
February 10 (Non-Medway) residents**

REGISTER WWW.MEDWAYPARKSREC.COM OR CALL ☀️ 508-321-4740