

Medway Parks & Recreation



2024 FALL BROCHURE

155 Village Street, Medway, MA 02053

www.MedwayParksRec.com 508-321-4740

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PARKS & RECREATION STAFF

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PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)

Lyle Core

Richard D'Innocenzo

John Farrell

Sean Murphy

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740

Website: MedwayParksRec.com

General Parks Email: parksandrec@townofmedway.org

OFFICE HOURS

Monday: 7:30am—5:30pm

Tuesday: 7:30am—4:30pm

Wednesday: 7:30am—4:30pm

Thursday: 7:30am—4:30pm

Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at MedwayParksRec.com and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

120 Main Street Medway, MA 02053



COVER PHOTO BY TIM RICE

FALL RECREATION REGISTRATION FOR MEDWAY RESIDENTS:

MONDAY, AUGUST 12 AT 9:00AM

FALL RECREATION REGISTRATION FOR NON-RESIDENTS:

MONDAY, AUGUST 19 AT 9:00AM

SUMMER CONCERT

Series

Thank you to our Sponsors:



Charles River Bank

Personal Connections. Powerful Solutions.



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

TRUNK OR TREAT

12 OCT 2024 | **SATURDAY** 10-12pm

Preregistration is required. visit www.medwayparksrec.com

Oakland Spooky Park - 76 Oakland Street

TOWN OF MEDWAY AND CHRISTMAS PARADE COMMITTEE PRESENTS

CHRISTMAS PARADE

30 NOVEMBER

CHOATE PARK & THAYER HOUSE

WWW.TOWNOFMEDWAY.ORG

MEDWAY PARKS AND RECREATION PRESENTS:

HOLIDAY LIGHT FIGHT

Do you like to deck the halls?
Register your house at www.medwayparksrec.com

HOWL-O-WEEN DOG PARADE

12 OCTOBER 1pm

Oakland Park

www.medwayparksrec.com

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. ***No class: 10/13. Rain Date: 11/10.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-3	SU	8:30 - 9:10am	Sep. 22 - Nov. 3	Up. Memorial	\$180
3-4	SU	9:15 - 10:00am	Sep. 22 - Nov. 3	Up. Memorial	\$180
2-3	SU	10:10 - 10:50am	Sep. 22 - Nov. 3	Up. Memorial	\$180
4-5	SU	11:00 - 11:50am	Sep. 22 - Nov. 3	Up. Memorial	\$180

PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! **Class will be held in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	1:00 - 1:45pm	Sep. 16 - Oct. 7	Choate Park	\$45
3-5	M	1:00 - 1:45pm	Nov. 18 - Dec. 9	Choate Park	\$45

TINY TUNES

Instructed by Go Go Allegro

Come expose your baby to music! We will be playing songs, interacting with instruments, and teaching parents fun games for musical development. Learn how to expose your child to cultures from all around the world, just through rhythm and melody. We will also discuss how to listen to music with your baby, and give you learning resources from around the world. Come discover the wonderful world of music with your baby. **Attendance of one adult per child is required for this class. *No class 9/25, 10/23.**

AGE	DAY	TIME	DATES	LOCATION	FEE
Birth-2	W	9:00 - 9:45am	Sep. 18 - Nov. 13	VFW	\$150



TURTLE PARTY

Instructed by Medway Parks and Recreation

We are pleased to invite you and your furry stuffed friend to a Turtle Picnic at Choate Park. This adorable affair will include picnic style refreshments, crafts, games, making your own stuffed turtle and more. **Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	10:00 - 11:00am	Oct. 2	Choate Park	\$20



PIRATE PARTY

Instructed by Medway Parks and Recreation

Ahoy Matey! Climb aboard and give us your best ARGGG while we have some fun playing pirate games. It is no coincidence our Pirate Party is on National Talk like a Pirate Day! ***Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	TH	10:00 - 11:00am	Sep. 19	Choate Park	\$10



TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer! ***No class: 10/3.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	10:00 - 10:45am	Sep. 26 - Oct. 24	Choate Park	\$40



CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme, be sure to bring your shovel, get ready to get dirty and have some fun. ***Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	Sep. 27	Surprise Dig	\$10
2-5	F	10:00 - 10:50am	Oct. 18	Haunted Dig	\$10

MINI MUSICIANS

Instructed by Go Go Allegro

Join us with your little ones for an introduction to music exploring rhythm and pitch in a fun setting! We believe children can be introduced to the joy of music and in the process develop valuable skills. A comprehensive music program will aid in the educational, physical and social development of the child. Our primary objective is to encourage and develop children's natural creativity and interest in music. We use musical concepts and movement to help young children engage with one another and gain skills they can use throughout their school years and beyond. Our programs teach active listening, vocabulary, phonological awareness, and print awareness all through developmentally-appropriate musical activities including exploration of rhythm, pitch, keeping time, and making music together. **Attendance of one adult per child is required for this class. *No class 9/25, 10/23.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2.4-4.5	W	10:00 - 10:45am	Sep. 18 - Nov. 13	VFW	\$150



VISIT MEDWAYPARKSREC.COM FOR UPDATES AND TO REGISTER

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***No class 10/14, Rain Date 11/11.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	M	9:30 - 10:20am	Sep. 23 - Nov. 4	Cassidy Field 4	\$125

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	TU	4:15 - 5:00pm	Sep. 17 - Oct. 15	Step by Step	\$80

COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4	TH	4:00 - 5:00pm	Sep. 19 - Oct. 17	Step by Step	\$90

LITTLE BIG LEAGUERS

Facilitated by Sports Zone 101

Come join the Sports Zone 101 coaches as we teach the basic skills and movements needed to play baseball. This is a great program to help prepare your child for their upcoming T-Ball season! We will instruct students how to hold the bat correctly, hit the ball off a tee, field a ball, throw a ball, and learn how to become an awesome teammate!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	10:30 - 11:15am	Sep. 17 - Oct. 22	Cassidy Field 4	\$120

BIRDIE PUTT & CHIP: INTRO TO GOLF

Facilitated by Sports Zone 101

Golf is a lifelong sport. But what makes golf even better is playing with friends and loved ones. We can't promise that we will produce the next pro golfer in our program, but we can guarantee that your children will have lots of fun, be introduced to traditional golf grips and hitting stances, and get a little practice with putting and chipping.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	9:30 - 10:15am	Sep. 17 - Oct. 22	Cassidy Field 4	\$120

PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. ***No class 10/12. Rain Date: 11/2.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Sep. 14 - Oct. 26	Up. Memorial	\$125

ADVANCED COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5	SA	11:45 - 12:45pm	Sep. 21 - Oct. 19	Step by Step	\$90

BASEBALL/T-BALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. ***No 10/12. Rain Date: 11/2.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 10:50am	Sep. 14 - Oct. 26	Up. Memorial	\$125

PLAY SPACE

Facilitated by Knucklebones

Knucklebones is thrilled to transform the VFW into our very own portable play space. Come and experience an array of high quality, unique athletic games and activities that promote gross motor development, physical activity and fun. We have everything from a ball pit, climbing structure, giant tubes, Rodys, noodles, parachute and more, for age 1 through 5 to enjoy (toddlers & preschoolers). ***No class 11/28.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	TH	10:00 - 11:00am	Nov. 14 - Dec. 12	VFW	\$110

SOCCER TOTS

Facilitated by Skyhawks

Soccer Tots is our flagship program! These soccer-themed motor skill classes are very easy for youngsters to get into. Younger age groups focus on developing motor skills and self-confidence; older classes focus more on developing core soccer skills and personal focus, and introduce an element of light competition. Above all else we promote fun, fun, fun! ***No class 10/23, Rain Date: 11/4.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-3	W	3:00 - 3:35pm	Sep. 18 - Oct. 30	MS Fields	\$110
3-4	W	3:45 - 4:30pm	Sep. 18 - Oct. 30	MS Fields	\$110

SCAVENGER HUNT HIKES

Instructed by Medway Parks and Recreation

Get out and enjoy fall at Choate Park. Each meeting will have a new puzzle to solve and adventure to have. The best part? There is a prize or treasure to find. Grab your friends and come have some fun.

AGE	DAY	TIME	DATES	THEME	FEE
6-12	W	4:00 - 4:45pm	Oct. 30	Halloween	\$10
6-12	TH	4:00 - 4:45pm	Nov. 21	Buried Treasure	\$10

MUSICAL THEATRE JAZZ DANCE

Facilitated by Step by Step Dance Studio

A fun and uplifting class combining aspects of jazz with stage presentation and facial expressions. The dancers not only dance, they get the opportunity to do some non-vocalized acting. The style commonly seen in Broadway productions and will have you snapping and jumping. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
9-12	TU	5:00 - 6:00pm	Sep. 17 - Oct. 15	Step by Step	\$90



CREEPY CHARCUTERIE

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a creepy charcuterie board for Halloween! It is sure to be spooooooktacular! Class will be held at the Choate Park Snack Shack.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	TH	4:00 - 5:00pm	Oct. 17	Snack Shack	\$20



OCEAN STONE JEWELRY CREATIONS

Instructed by Medway Parks and Recreation

Join Miss Ali for a unique jewelry making experience! Each participant will receive materials to make their own Ocean Stone piece of jewelry, a necklace, earrings or a ring!

AGE	DAY	TIME	DATES	LOCATION	FEE
7-15	F	5:00 - 6:00pm	Oct. 25	Snack Shack	\$20



SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your child's wildest sweetest dreams come true in these decorating adventure workshops. Each person will have a baked dessert for that class and be led step by step with instructions in how to decorate the dessert to take home to share with their family. **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TU	4:00 - 5:00pm	Sep. 24	Scarecrow Cupcakes	\$25
7-13	TU	4:00 - 5:00pm	Oct. 8	Monster Cupcakes	\$25
7-13	TU	4:00 - 5:00pm	Dec. 10	Holiday Cake	\$25



FALL CENTERPIECES

Instructed by Medway Parks and Recreation

Create a unique centerpiece for your holiday gatherings using a variety of materials. Perfect for all skill levels!

AGE	DAY	TIME	DATES	LOCATION	FEE
7-15	M	5:00 - 6:00pm	Nov. 25	Snack Shack	\$25



KIDS TEST KITCHEN

Instructed by Kids Test Kitchen

We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with the opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is **always** one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes.

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	5:30 - 6:30pm	Nov. 5 - Dec. 10	Snack Shack	\$185

BEGINNER TEEN JAZZ

Facilitated by Step by Step Dance Studio

A Jazz class for an older beginner who wants to learn the fundamentals with fellow teens. The class consists of warm ups, stretching, floor progressions and dance combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
11+	TH	8:00 - 9:00pm	Sep. 19 - Oct. 17	Step by Step	\$90

BEGINNER TEEN TAP

Facilitated by Step by Step Dance Studio

A Tap class for an older beginner who wants to learn the fundamentals with fellow teens. The class consists of warm ups, stretching, floor progressions and dance combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
12+	TU	4:00 - 5:00pm	Sep. 17 - Oct. 15	Step by Step	\$90



FALL WREATH CREATIONS

Instructed by Medway Parks and Recreation

Join Miss Ali for a fun, hands-on Fall Wreath Creation Workshop! Participants will use a variety of fall-inspired materials to craft a beautiful wreath, perfect for enhancing their seasonal decorations.

AGE	DAY	TIME	DATES	LOCATION	FEE
5-15	SU	5:00 - 6:00pm	Nov. 3	Snack Shack	\$20



PAINT NIGHT

Instructed by Medway Parks and Recreation

Join Letiana from Let's Paint Club for a Fall paint night. Participants will listen to music, be creative, and have fun. At the end of the session, each painter will have their own 11" x14" painting to keep. All art supplies and instruction are provided to let yourself enjoy a night away from screens!

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TH	5:30 - 7:00pm	Oct. 10	Medway VFW	\$40
6-12	TH	5:30 - 7:00pm	Nov. 14	Medway VFW	\$40
6-12	TH	5:30 - 7:00pm	Dec. 12	Medway VFW	\$40



LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TH	4:30 - 6:30pm	Sep. 26	Choate Park	\$5



LEGO BRICK BUILDERS

Instructed by Sports Zone 101

Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We also will have special themed kits to build that include Star Wars, Pokemon, Movie Makers, and other fun surprises! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. **Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TH	5:45 - 6:45pm	Sep. 19 - Oct. 24	Snack Shack	\$125

JEWELRY MAKING

Instructed by Corner Teng Studio

Do you like to be creative? In this workshop, you will be learning about what it means to run a small business and think about small business ideas you can pursue. You will design and make a two-strand leather bracelet, earrings, and a necklace. One of these pieces of jewelry you make will become a gift for a loved one. Paulina from Comer Teng Studio loves giving back and being creative so this will be a great way to experience both! **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	4:30 - 6:00pm	Sep. 12	Snack Shack	\$45



PERSONALIZED ROOM DECOR

Instructed by Corner Teng Studio

This workshop is geared to children who enjoy being creative, love to craft and are looking for something personalized to add a little something special to their room. This personalized name wooden sign is a unique way to celebrate who they are as a person and what they love. You will be using paint pens and yard to add the finishing details. **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	W	4:30 - 6:00pm	Oct. 2	Snack Shack	\$45

KIDS GAME NIGHT

Instructed by Medway Parks and Recreation

Grab some friends and join us for a night of games such as minute to win it. Pizza will be served for dinner!

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	M	4:30 - 6:00pm	Nov. 25	Medway VFW	\$15

TOURNAMENT OF CHAMPIONS

Instructed by Sports Zone 101

In all our action-packed weeks, kids will participate in a variety of games, such as street hockey, soccer, football, battleship, four corners, dodgeball, basketball and many others. In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, good sportsmanship and understanding the cool statistics on sports cards. Come and play like a champion! ***Rain Date: 11/5.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TH	4:30 - 5:30pm	Sep. 19 - Oct. 24	Cassidy Field 4	\$125



CHESS WIZARDS

Instructed by Chess Wizards

Chess Wizards is so popular with kids because of our unique structure. First, we let kids get the wiggles and giggles out with 10 minutes of free play and review of past taught topics. We then go right into the week's lessons. We separate students based on skill levels and teach different lessons best suited to their individual needs. Chess has been taught for thousands of years because of its emphasis on logic, tactics and sportsmanship. Let us coach your kids to a higher level of education! ***Class will be held in the Choate Park Snack Shack. No class 10/14 (Session I), 11/11 (Session II).**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	M	5:30 - 6:30pm	Sep. 16 - Oct. 28	Snack Shack	\$140
1-5	M	5:30 - 6:30pm	Nov. 4 - Dec. 16	Snack Shack	\$140

CREATE A THANKFUL TREE

Instructed by Comer Teng Studio

Create your own wooden thankful tree with Paulina from Comer Teng Studio. You will design your tree with paint, paint pens and wooden accent leaves. You will also make a necklace with a charm of your choice! Create this piece that you can use year after year and get into the spirit of giving. **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	TH	4:30 - 6:00pm	Nov. 7	Snack Shack	\$45



BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play! **Class will be held on the Memorial Basketball Court.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	SU	1:00 - 4:00pm	Oct. 20	Memorial School	\$65

INTRO TO TRACK AND FIELD

Facilitated by Skyhawks

The fundamentals of body positioning, stride, proper stretching and cool-down techniques are taught. Track and field events include javelin, discus, shot put, hurdles, long jump and various running and relay events (activities may vary by age). Participants also learn positive life skills such as teamwork and sportsmanship. ***No class 10/23.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-8	W	4:45 - 5:45pm	Sep. 18 - Oct. 30	MS Fields	\$130

YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades K to 8 (for next school year starting in Sep. 2024). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration is OPEN!**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS Fields	\$130
3-4	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS Fields	\$130

NERF BATTLEFIELDS

Instructed by Sports Zone 101

Come join the Sports Zone Lieutenants as we test our individual and team effectiveness in battle! This awesome program puts a fresh spin on traditional games like capture the flag, while also allowing children to get great exercise, learn some strategic planning skills, and make new friends. There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today! Pizza is served for dinner!

GR.	DAY	TIME	DATES	LOCATION	FEE
2-6	W	5:00 - 7:00pm	Sep. 25	Cassidy Field 4	\$25
2-6	W	5:00 - 7:00pm	Oct. 30	Cassidy Field 4	\$25
2-6	W	5:00 - 7:00pm	Nov. 13	Cassidy Field 4	\$25

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! ***No class 10/14.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:45 - 5:30pm	Sep. 23 - Oct. 21	Choate Park	\$35

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No class: 10/12, Rain Date: 10/26.**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	10:00 - 11:00am	Sep. 7 - Oct. 19	HS Tennis Court	\$65
3-5	SA	11:00 - 12:00pm	Sep. 7 - Oct. 19	HS Tennis Court	\$65

FIELD HOCKEY PRE SEASON CLINIC

Facilitated by Medway Parks and Recreation

Join Coach Ali and crew for a week long field hockey program! Great for returning players and new players. Each day will include fun high energy skill drills, game development activities, scrimmages, and field hockey inspired games. No experience needed.

AGE	DAY	TIME	DATES	LOCATION	FEE
8-12	M-F	9:00 - 12:00pm	Aug. 26 - Aug. 30	Oakland	\$50

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of supervised practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Sep. 3 - Oct. 22	Norfolk	\$150
I	6-12	SA	11:00 - 11:50am	Sep. 7 - Oct. 26	Norfolk	\$150
II	6-12	TU	5:00 - 5:50pm	Oct. 29 - Dec. 17	Norfolk	\$150
II	6-12	SA	11:00 - 11:50am	Nov. 2 - Dec. 21	Norfolk	\$150

HOLIDAY Party

MUSIC
FOOD & DRINKS
PIZZA

6 COOKIE DECORATING
& HOLIDAY FUN

DECEMBER
6PM - 8PM

MEDWAY VFW
123 HOLLISTON STREET

FOR MORE INFORMATION VISIT WWW.MEDWAYPARKSREC.COM

ELEMENTARY EARLY RELEASE ADVENTURES

Instructed by Medway Parks and Recreation

Looking for something to do on an early release day? We have you covered, hop on the bus and go on an adventure! Each early release day, we will go on a new and exciting trip. Bus will leave from Burke/Memorial School and travel over to McGovern to pick up kids from both locations. Pick up after the trip will be at Choate Park. ***Trips are subject to change.**

GR	DAY	TIME	DATE	LOCATION	FEE
K-4	W	11:30 - 4:00pm	Nov. 20	Pinz	\$50
K-4	W	11:30 - 4:00pm	Dec. 11	Xtreme Craze	\$50



NO SCHOOL FUN!

Instructed by Medway Parks and Recreation

Join us for No School Fun! When school is out, the fun begins. Enjoy playground activities, exciting games, scavenger hunts, and special guests. Sign up for one or all the days and make the most of your time off!

GR	DAY	TIME	DATE	LOCATION	FEE
K-5	TH	9:00 - 3:00pm	Oct. 3	Choate Park	\$45
K-5	TU	9:00 - 3:00pm	Nov. 5	Choate Park	\$45
K-5	TH	9:00 - 3:00pm	Dec. 26	Choate Park	\$45
K-5	F	9:00 - 3:00pm	Dec. 27	Choate Park	\$45
K-5	M	9:00 - 3:00pm	Dec. 30	Choate Park	\$45



LEGO BUILD OFF

Instructed by Medway Parks and Recreation

Grab your friends and join us for an epic LEGO Build-Off! Each meeting will have a fun new theme to challenge your creativity. We'll provide the LEGO bricks, but feel free to bring your own stash. Let the building battles begin! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-13	TU	5:00 - 6:00pm	Sep. 24	Snack Shack	\$10
6-13	TU	5:00 - 6:00pm	Nov. 5	Snack Shack	\$10
6-13	TH	5:00 - 6:00pm	Dec. 5	Snack Shack	\$10

TAKE A HIKE FOR KIDS!

Instructed by Medway Park and Recreation

Fall is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. Scavenger hunts and eye spies will fill the time.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	M	4:00 - 5:00pm	Sep. 23	Trails of Medway	Free



KIDS PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your friends together and come to the Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 300-piece puzzle in the shortest amount of time! Puzzle is provided. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 4:00pm	Nov. 24	Medway VFW	\$15/team

PUMPKIN CARVING
in the park

OCTOBER 22 4PM - 6PM
CHOATE PARK
WWW.MEDWAYPARKSREC.COM

AI ACADEMY

Instructed by Minds in Motion

Come and learn how to create a fun business at light speed with the help of AI Technology! This course offers a blend of technology, business knowledge, and creative thinking. Come get in early on the AI revolution, specifically ChatGPT, and be some of the first students to learn how to use these amazing tools! Learn what Artificial Intelligence is, and how to use it responsibly and ethically. You will engage in fun and confidence-building activities as you brainstorm and refine business ideas. Join us and find out what happens when you combine AI technology with your awesome creativity! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
9-13	W	5:00 - 6:00pm	Oct. 30 - Dec. 11	Snack Shack	\$130

BATTLE ROBOTS WORKSHOP

Instructed by RoboThink

It's time to duel! In this exciting workshop, students will get a taste test of what to expect in the RoboThink Battle Robots program as they build and customize their own battle bot, then duke it out to see who's the Battle Robot Workshop Champion! Using motors, gears, axles and RoboThink's own proprietary hardware, students will have an experience that will leave them yearning for even more battles! Everyone welcome, especially first-timers! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-13	F	4:00 - 5:30pm	Nov. 15	Snack Shack	\$40

BATTLE ROBOTS TANKS WORKSHOP

Instructed by RoboThink

We're back again for round two! This battle-themed workshop has students building a tank, completing different challenges and doing a bunch of robot battling! This program is designed for seasoned RoboThinkers, but newbies are always welcome— just prepare for a challenge! **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-13	TU	4:00 - 5:30pm	Dec. 3	Snack Shack	\$40

DEVELOP GAMES USING "PYTHON"

Instructed by Escout Academy

This course introduces foundational computing skills and provides a smooth transition from block coding to text-based programming. Participants will learn Python basics, including variables, loops, and functions. Using these skills, they will create visuals, artwork, simulations, and interactive games like Bounce!, Race, and more, using loops, conditionals, and functions. This comprehensive introduction sets the stage for more complex programming tasks and project-based learning, complemented by a lot of unplugged activities each week. **Class will take place online. No 10/14 (Monday Class).**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	5:30 - 6:30pm	Sep. 9 - Nov. 4	Online	\$165
5-8	W	5:30 - 6:30pm	Sep. 11 - Oct. 30	Online	\$165

TWO WHEELED CAR WORKSHOP

Instructed by RoboThink

Calling all future STEM enthusiasts! Join us at the STEM Robotics Workshop for an incredible exploration into the world of science, technology, engineering, and mathematics. Through engaging hands-on activities, students will unlock the secrets of robotics as they construct their own simple machines. With the help of gears, motors, axles, and batteries, their creations will come alive, showcasing the magic of STEM. No experience required— just bring your curiosity and get ready to embark on a journey of discovery and excitement! **Class will take place in the Choate Park Snack Shack.**

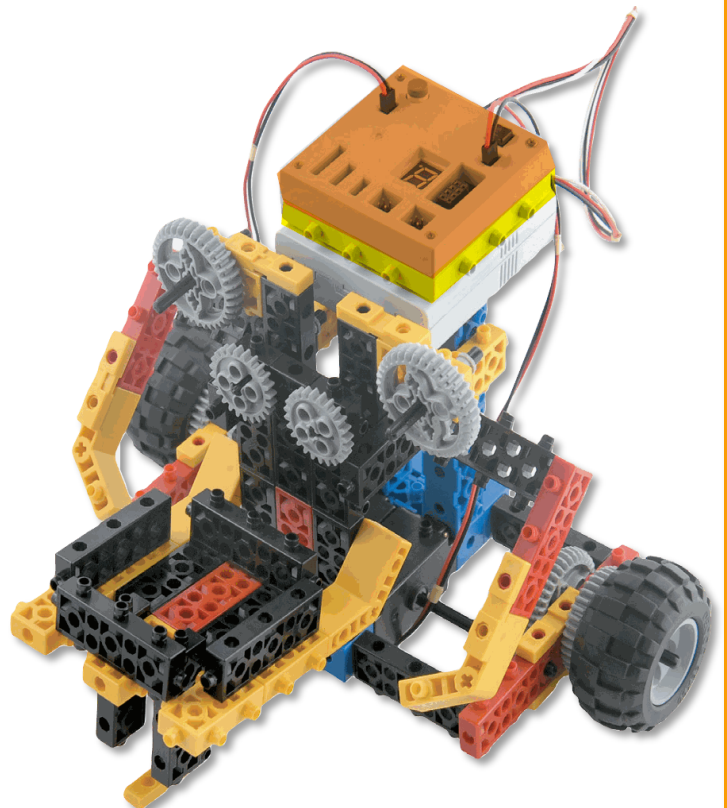
AGE	DAY	TIME	DATES	LOCATION	FEE
7-13	W	4:30 - 6:00pm	Oct. 16	Snack Shack	Free

ANIMATION & DEVELOP GAMES - LEVEL 1&2

Instructed by Escout Academy

Dive into the world of digital creativity with our Animation and Game Development course, designed specifically for young learners in grades 2 and 3. In this interactive course, students are introduced to code puzzles, express and apply computing steps, Build and play with code blocks (Animation, music/sound blocks). Build fun games and animations using Events, Conditional and Repetition concepts. As students progress, they will delve into more advanced game design, constructing platform and multiplayer games, as well as memory-based games. **Class will take place online. No class 10/14 (Monday).**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-4	M	5:30 - 6:30pm	Sep. 9 - Nov. 4	Online	\$145
2-4	TU	5:30 - 6:30pm	Sep. 10 - Oct. 29	Online	\$145



TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 10/12, Rain Date: 10/26.**

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	SA	12:00 - 1:00pm	Sep. 7 - Oct. 19	HS Tennis Court	\$65

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	3:30 - 6:30pm	Oct. 3	Snack Shack	\$90

PHOTOGRAPHY FOR KIDS

Instructed by Lovely Pictures Studio

Kids will learn basic elements of photography in an experience-based group environment from a professional photographer to create impactful images and tell stories through their camera lens. Basic lessons: how to use their camera, lighting directions, and creative compositions. Students will photograph in real-life situations and practice their new skills in natural environments in order to become better photographers. The course requires a camera (phone, compact camera or DSLR). ***No 10/14 (Session I).**

AGES	DAY	TIME	DATES	LOCATION	FEE
8-16	M	4:00 - 5:00pm	Sep. 16 - Oct. 28	Choate Park	\$215
8-16	M	4:00 - 5:00pm	Nov. 11 - Dec. 16	Choate Park	\$215

YOUTH TRAVEL FIELD HOCKEY

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GR.	DAY	TIME	DATES	LOCATION	FEE
5-6	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS fields	\$130
7-8	M, W, SA	6:00 - 7:00pm	Aug. 26 - Nov. 2	HS fields	\$130

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! ***No class 10/14.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:30 - 4:30pm	Sep. 23 - Oct. 21	Choate Park	\$30

JEWELRY MAKING

Instructed by Comer Teng Studio

Do you like to be creative? In this workshop, you will be learning about what it means to run a small business and think about small business ideas you can pursue. You will design and make a two-strand leather bracelet, earrings, and a necklace. One of these pieces of jewelry you make will become a gift for a loved one. Paulina from Comer Teng Studio loves giving back and being creative so this will be a great way to experience both! **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	4:30 - 6:00pm	Sep. 12	Snack Shack	\$45

PERSONALIZED ROOM DECOR

Instructed by Comer Teng Studio

This workshop is geared to children who enjoy being creative, love to craft and are looking for something personalized to add a little something special to their room. This personalized name wooden sign is a unique way to celebrate who they are as a person and what they love. You will be using paint pens and yarn to add the finishing details. **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	W	4:30 - 6:00pm	Oct. 2	Snack Shack	\$45

MIDDLE SCHOOL ADVENTURE - BOUNDLESS ADVENTURE

Facilitated by Medway Parks and Recreation

Early release day on a Wednesday = FUN! Kick off your early release day with some adventures. Grab your friends, and hop on the bus. We will leave from and return to the Medway Middle School.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	11:00 - 5:00pm	Oct. 23	Boundless Adventures	\$75



BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play! **Class will be held on the Memorial Basketball Court.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	SU	1:00 - 4:00pm	Oct. 20	Memorial School	\$65

TEEN TRIVIA NIGHT

Instructed by Medway Parks and Recreation

Test your knowledge and challenge your friends at our Teen Trivia Night! Join us for a fun-filled evening of brain-busting questions, exciting prizes, and lots of laughs. Show off your smarts and see who will be crowned the ultimate trivia champion!

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	5:30 - 7:00pm	Nov. 21	Medway VFW	\$10



TEEN ANIME NIGHT

Instructed by Medway Parks and Recreation

Calling all anime fans! Join us for Teen Anime Night, where you can watch your favorite shows, discover new series, and share your passion with fellow fans. Enjoy snacks, games, and lively discussions. Don't miss out on this epic anime adventure!

GR.	DAY	TIME	DATES	LOCATION	FEE
6-14	TH	6:00 - 7:30pm	Dec.12	Medway VFW	\$10



SUPPER CLUB

Instructed by Medway Parks and Recreation

Love to play games? Monopoly, card games, apples to apples? If so, we have the perfect program for you! Grab your friends and head to the park for dinner and games. Each week we will play different games to go along with a delicious dinner. When registering please note any food allergies. Pass go, collect \$200, and sign up for this program! ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	6:00 - 7:30pm	Nov. 14	Snack Shack	\$10

ULTIMATE FRISBEE LEAGUE

Instructed by Medway Parks and Recreation

Join our Teen Ultimate Frisbee League and dive into the fast-paced world of ultimate frisbee! Whether you're a seasoned player or a newcomer, this is the perfect way to stay active, meet new friends, and have a blast. Sign up today and get ready to unleash your ultimate skills!

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	3:30 - 4:30pm	Sep. 26 - Oct. 24	Cassidy #4	\$30

ZOMBIES VS. HUMANS CAPTURE THE FLAG

Instructed by Medway Parks and Recreation

Get ready for an adrenaline-pumping adventure with Human vs. Zombie Teen Capture the Flag! Choose your side and strategize to outwit your opponents in this thrilling game. Will the humans survive or will the zombies prevail? Join us for an unforgettable night of fun and excitement!

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	TH	5:00 - 6:00pm	Oct. 10	Medway VFW	\$10



CREEPY CHARCUTERIE

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a creepy charcuterie board for Halloween! It is sure to be spooooktacular! **Class will be held at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	TH	4:00 - 5:00pm	Oct. 17	Snack Shack	\$20



SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your you or your child's wildest sweetest dreams come true in these decorating adventure workshops. Each person will have a baked dessert for that class and be led step by step with instructions in how to decorate the dessert to take home to share with their family. **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TU	4:00 - 5:00pm	Sep. 24	Scarecrow Cupcakes	\$25
7-13	TU	4:00 - 5:00pm	Oct. 8	Monster Cupcakes	\$25
7-13	TU	4:00 - 5:00pm	Dec. 10	Holiday Cake	\$25

TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket. ***No Class: 10/12, Rain Date: 10/26.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	9:00 - 10:00am	Sep. 7 - Oct. 19	HS Tennis Court	\$65

BEGINNER ADULT TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals and basics including rhythm, timing, and precision. The class consists of foot and ankle warm-ups, floor progressions, and combinations will be learned. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	7:00 - 8:00pm	Sep. 19 - Oct. 17	Step by Step	\$90

LEARN TO PLAY: BEGINNER PICKLEBALL CLINIC

Instructed by Terri Attinello

Participants will learn the fundamentals of pickleball: basic strokes, serves, scoring, rules and game strategies. By the end of this clinic, participants will be able to play games on their own. Pickleball equipment, etiquette, and safety will also be covered.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:00 - 8:00pm	Aug. 12	HS Courts	\$60
16+	SU	8:00 - 10:00am	Sep. 8	HS Courts	\$60

LEARN TO PLAY: ADVANCED BEGINNER PICKLEBALL CLINIC

Instructed by Terri Attinello

This clinic is for players who have taken the Beginner's Clinic and/or have previously played pickleball and understand the basic rules and fundamental pickleball skills. The focus will be on continued skill development as well as strategies for winning pickleball. The clinic will include a mix of drills and game play.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SU	10:00 - 12:00pm	Sep. 8	HS Courts	\$60

ADULT FITNESS FUN

Facilitated by Step by Step Dance Studio

Strengthen and tone the body while burning fat. This class incorporates cardio with strengthen exercise and repetition and the use of 'light' weights to help strength and tone the body. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	8:00 - 9:00pm	Sep. 16 - Oct. 21	Step by Step	\$90

ADULT BALLET

Facilitated by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	8:00 - 9:00pm	Sep. 18 - Oct. 16	Step by Step	\$90

ADULT JAZZ

Facilitated by Step by Step Dance Studio

This class helps to develop a sense of rhythm and style. It consists of isolation warm-ups, major muscle warm ups, stretch, floor progressions and combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	8:00 - 9:00pm	Sep. 17 - Oct. 15	Step by Step	\$90

ADULT PRACTICE AND PLAY TENNIS

Instructed by USTA

Calling all beginner to intermediate tennis players! Join our Adult Tennis Practice and Play program designed for those who want to practice, improve their game, and most importantly, have FUN! Our program is led by a SafeSport-approved and background-checked coach who will provide instruction and pair players up for exciting match play. Come ready to enhance your skills and enjoy the game in a supportive and friendly environment. ***No Class: 10/21, Rain Date: 11/4.**

AGE	DAY	TIME	DATES	LOCATION	FEE
21+	M	6:00 - 7:30pm	Sep. 16 - Oct. 28	HS Tennis Court	\$75

PICKLEBALL CLINIC: DRILL AND PLAY CLINIC

Instructed by Terri Attinello

Need to work on your shot technique, consistency, and court positioning? Join us for our Drill and Play Clinic! Clinic will consist of 1 hour of drills and drill games to practice specific shots/game play scenarios, then 1 hour of timed game play with feedback. We will focus on a different skill each week. Continue to play games on your own until the lights go off! Suggested level of play is Advanced Beginner to Intermediate level.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:00 - 8:00pm	Sep. 9 - Sep. 30	HS Courts	\$90

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Join us for our Open Play Pickleball Program, where all four courts are dedicated exclusively to fun and competitive games! Whether you're a seasoned player or just looking to enjoy the game, this is the perfect opportunity to engage in friendly matches and meet fellow pickleball enthusiasts. Please note, there will be no formal instruction provided. Come ready to play, have fun, and improve your skills through game play!

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:00 - 8:00pm	Sep. 12 - Nov. 7	HS Courts	\$30
16+	SU	5:00 - 7:00pm	Sep. 15 - Nov. 10	HS Courts	\$30

YOGA IN THE PARK & HATHA YOGA

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***In the case of rain, class will be held at Medway Senior Center***

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:00pm	Sep. 3 - Sep. 24	Oakland Park	\$40
16+	TU	6:00 - 7:00pm	Oct. 1 - Nov. 5	Senior Center	\$60
16+	TU	6:00 - 7:00pm	Nov. 19 - Dec. 17	Senior Center	\$40

OVER 30 PICK-UP BASKETBALL

Facilitated by Medway Parks and Recreation

Our over 30 pick-up basketball gives our community an opportunity to play with their friends and colleagues in a controlled atmosphere. Each week teams will switch off wearing dark and light colored shirts. The program is a "pick up" league structure with no referees. Grab some friends and sign up today! ***Rain date: 10/30.**

AGE	DAY	TIME	DATES	LOCATION	FEE
30+	W	6:00 - 8:00pm	Sep. 18 - Oct. 23	Oakland Park	\$15

SOCIAL PICKLEBALL LEAGUE

Facilitated by USTA

Join the Town of Medway and USTA New England for their Intermediate Social Pickleball League for Adults 19+! Bring your own paddle; balls and nets will be provided. Players must know the rules of Pickleball, how to keep score, and be able to serve and rally. Intermediate level description: Dependable shot control and serves, increased consistency with some ability to control height/depth. Sustains short to medium length rallies with the understanding of variations of pace and depth of shots. This is equivalent to a 3.0 to 4.0 DUPR rating.

AGE	DAY	TIME	DATES	LOCATION	FEE
19+	W	6:00 - 8:00pm	Sep. 11 - Oct. 16	HS Courts	\$65

PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached. Join us for a hybrid Pet First Aid & CPR class hosted by our partners, Medway Parks and Recreation Department. **This two day class takes place on Day 1 over Zoom from 6:00pm to 9:00pm followed by a 3 hour in person hands on workshop at the Medway Senior Center from 6:00pm to 9:00pm.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU-W	6:00 - 9:00pm	Sep. 24 - Sep. 25	Senior Center	\$85
16+	TU-W	6:00 - 9:00pm	Nov. 19 - Nov. 20	Senior Center	\$85

VINAYSA YOGA

Instructed by JodiRene Harrington

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have a therapeutic approach amid focus on bringing harmony between mind and body. A linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease. ***No class 10/14, 10/28, 11/11 (Monday), 10/31, 11/28 (Thursday).**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:30 - 7:30pm	Sep. 23 - Dec. 16	Senior Center	\$100
16+	TH	6:30 - 7:30pm	Sep. 26 - Dec. 12	Senior Center	\$100

**Medway Town Wide
YARD SALE**

**SATURDAY, SEPTEMBER 28
8AM - 2PM**

APPLICATIONS are available at www.townofmedway.org or by emailing CHRISTMASParade@TOWNOFMEDWAY.ORG.

ALL DONATIONS SUPPORT THE annual CHRISTMAS parade and FIREWORKS.

SOUND HEALING AND REIKI

Instructed by Amanda Johnson of Heartspark

This is a sound healing experience combined with mini reiki sessions. As crystal singing bowls are played, Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, will offer reiki energy healing to participants. Part guided meditation, part energy balancing and part sound bath, this deeply supportive session will offer a space to experience healing, relaxation and a sense of calm.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	7:00 - 8:00pm	Nov. 13	Senior Center	\$55

7 LEVELS OF ENERGY

Instructed by Amanda Johnson of Heartspark

A 1 hour workshop to explore energy through the lens of emotions. Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, will introduce the 7 Levels of Energy concept, and review each level - ranging from level 1 emotions like sadness and anxiety all the way up to level 7 emotions like bliss and openness. Through group discussion and live coaching, participants will explore how the energy levels apply to their current life experience and walk away with new awareness. Attendees will also receive a journal workbook to support continued exploration of their energy levels once they leave the workshop. **Heartspark is located at 165 Main Street, Suite 213.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	7:00 - 8:00pm	Sep. 24	Heartspark	\$35

INTRO TO CARD READINGS

Instructed by Amanda Johnson of Heartspark

A 1 hour workshop to explore tarot and oracle cards! Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, will share an overview of the power of your own intuition, and also explain how using tarot and oracle cards can help you connect with yourself better. Then, attendees can explore different card decks, pull cards and read explanations, and even practice on one another. It will be an interactive, open play type of session, so come ready to try something new! **Class will be held in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	7:00 - 8:00pm	Oct. 15	Snack Shack	\$35

NERVOUS SYSTEM MAPPING

Instructed by Amanda Johnson of Heartspark

A 2 hour workshop to learn about the nervous system and then explore your own nervous system patterns! Join Certified Life Coach and Reiki Master, Amanda Johnson of Heartspark, as she guides you in creating a personalized map of your fight, flight and freeze stress response states to gain awareness around what nervous system dysregulation feels like for you. Then, explore your regulated states, creating an outline of the unique strategies that help you to feel safe and connected to others. Walk away with a new understanding of what your nervous system is, why it's so important, and how to befriend it so you can feel more safe, calm and regulated as you navigate your life.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TH	6:30 - 8:30pm	Oct. 10	Senior Center	\$70

PEBBLE ART

Instructed by The Orange Jellyfish

During this two-hour class, we will each create our own custom pebble heart or couples picture using various styles of beach stones, driftwood and shells directly hand picked off local New England beaches. This class is truly a wonderful opportunity to grab a couple friends for an evening or create a sentimental piece for your loved one.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	6:00 - 8:00pm	Oct. 16	Thayer House	\$60

CHARCUTERIE BOARDS

Instructed by Red Apron Charcuterie

Join us for a charcuterie workshop with Red Apron Charcuterie. This interactive event will show you how to create a charcuterie board from start to finish. Along with learning how to make charcuterie boards that your friends and family will rave about, Ana from Red Apron will answer your questions while you enjoy a grazing table prepared for all attendees, so make sure you come early! Each ticket includes a 1.5-hour interactive workshop on creating a charcuterie board, a take-home cheat sheet with tips and tricks on arranging, styling, and pairing meats and cheeses, and all ingredients needed to make your board, including four assorted cheeses, three cured meats, fruits, crackers, nuts, jam, and more. You'll also receive a 10" Palm Leaf Platter to take home and boxes for transporting your charcuterie board. Enjoy a grazing board featuring the finest New England products, such as cheeses from Smith's Country Cheese and honey from Top Sun Farm. Bring your friends and join us for a night of charcuterie and FUN!

AGE	DAY	TIME	DATES	THEME	LOCATION	FEE
21+	TH	6:00 - 8:00pm	Oct. 17	Halloween	Thayer	\$70
21+	TU	6:00 - 8:00pm	Nov. 26	Thanksgiving	Thayer	\$70
21+	F	6:00 - 8:00pm	Dec. 6	Holidays	Senior Center	\$70



LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Sep. 3 - Oct. 22	Norfolk	\$150
I	3+	SA	11:00 - 11:50am	Sep. 7 - Oct. 26	Norfolk	\$150
I	3+	SU	10:00 - 10:50am	Sep. 8 - Oct. 27	Norfolk	\$150
II	3+	TU	5:00 - 5:50pm	Oct. 29 - Dec. 17	Norfolk	\$150
II	3+	SA	11:00 - 11:50am	Nov. 2 - Dec. 21	Norfolk	\$150
II	3+	SU	10:00 - 10:50am	Nov. 3 - Dec. 22	Norfolk	\$150

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 4:00pm	Nov. 24	Medway VFW	\$15/team

HOLIDAY LIGHTS FUN RUN!

Facilitated by Medway Parks and Recreation

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route. Feel free to dress up!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	5:00 - 6:00pm	Dec. 9	Choate Park	Free

WALK THIS WAY

Instructed by Medway Parks and Recreation

Bring on fall! Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout. ***No 10/22.**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	8:00 - 9:00am	Oct. 1 - Oct. 29	Trails of Medway	\$10

TAKE A HIKE!

Instructed by Medway Park and Recreation

Take a hike with us as we explore the trails of Medway! Join us for these free walks and discover the beauty and history of Medway's scenic trails. Come along, enjoy the fresh air, and learn more about our local paths.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	8:00 - 9:00am	Sep. 28	Trails of Medway	Free
All	SU	8:00 - 9:00am	Oct. 20	Trails of Medway	Free
All	SU	8:00 - 9:00am	Dec. 1	Trails of Medway	Free

FAMILY BINGO NIGHT

Facilitated by Medway Parks and Recreation

Unplug and tune in to old-fashioned family fun! Join us for a fun-filled BINGO night with your family and friends.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	4:00 - 5:00pm	Nov. 17	Senior Center	Free

ARCHERY FOR ALL

Facilitated by On the Mark Archery

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors. **Reed Park, Hopkinton. VFW Field address: 123 Holliston Street, Medway.**

GR.	DAY	TIME	DATES	LOCATION	FEE
4+	W	4:30 - 5:30pm	Sep. 25 - Oct. 16	Reed Park	\$175
4+	F	4:30 - 5:30pm	Oct. 18 - Nov. 8	VFW Field	\$175

PUZZLE MANIA!

Facilitated by Medway Parks and Recreation

Puzzlers, get ready to see who is the ULTIMATE PUZZLER! Individuals will compete to finish a 300-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 participants, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 4:00pm	Dec. 8	Medway VFW	\$10



SEPTEMBER / OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 	3 Happy First Day of School Learn to Skate Learn to Play Hockey Yoga in the Park 	4	5	6	7 Tennis in the Parks Learn to Skate Learn to Play Hockey
8 Learn to Play Pickleball	9 Develop Games Animation Pickleball Clinic	10	11 Develop Games Animation Social Pickleball League	12 Outdoor Pickleball Jewelry Making	13	14 Preschool Soccer Baseball/T-Ball
15 Outdoor Pickleball	16 Chess Wizards Kids Photography Adult Fitness	17 Outdoor Pickleball Preschool Dance & Putt Little Big Leaguers Teen Tap Jazz	18 Mini Musicians Tiny Tunes Soccer Tots Intro to Track Ballet Adult Basketball	19 Pirate Party Combo Dance Teen Jazz Lego Brick Builders Tap Vinyasa Yoga	20	21 Preschool Soccer Tball/Baseball Pickleball Clinics
22 Super Soccer Stars	23 Lil Ninjas Cross Country Take a Hike Kids Vinyasa Yoga	24 Sugar Club Lego Build Off Pet First Aid 7 Levels of Energy	25 Nerf Battlegrounds Archery	26 Treasure Hikes Learn to Fish Ultimate Frisbee	27 Can you dig it?	28 Town Wide Yard Sale Medway Police Chase
29 Take a Hike	30					
SUN	MON	TUE	WED	THU	FRI	SAT
		1 Hatha Yoga Walk this Way	2 Turtle Party Personalized	3 No School Fun BLAST Babysitting	4	5
6	7	8 Sugar Club	9	10 Paint Night Zombies vs. Humans Nervous System	11	12 Trunk or Treat Howl-o-ween 
13	14 Indigenous Peoples' Day 	15 Intro to Card Readings	16 Two Wheeled Car Pebble Art	17 Creepy Charcuterie Charcuterie 	18 Can you dig it? Archery	19
20 Beginner Skateboard	21	22 Pumpkin Carving 	23 Middle School Adventure	24	25 Pumpkin Walk Ocean Stone Jewelry 	26
27	28	29 Learn to Skate Learn to Play Hockey	30 Scavenger Hunt Hikes Nerf Battlegrounds AI Academy	31 		

NOVEMBER / DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2 Learn to Skate Learn to Play Hockey
3 Fall Wreath Creations	4 Chess Wizards	5 No School Fun Kids Test Kitchen Lego Build Off	6	7 Create a Thankful Tree	8	9
10 Take a Hike	11 Kids Photography	12	13 Nerf Battlegrounds Sound Healing	14 Play space Paint Night Supper Club	15 Battle Robots	16
17 Family Bingo	18	19 Hatha Yoga Pet First Aid	20 Elementary Early Release	21 Scavenger Hunt Hikes Teen Trivia Night	22	23
24 Puzzlepalooza Puzzlepalooza Kids	25 Fall Centerpieces Kids Game Night	26 Charcuterie	27	28 Thanksgiving 	29	30 Christmas Parade 

SUN	MON	TUE	WED	THU	FRI	SAT
1 Take a Hike	2	3 Battle Tanks	4	5 Lego Build Off	6 Charcuterie Holiday Party	7
8 Puzzlemania	9 Holiday Lights Fun Run	10 Sugar Club	11 Elementary Early Re- lease	12 Paint Night Teen Anime Night	13	14
15	16	17	18	19	20	21
22	23	24 Christmas Eve 	25 	26 No School Fun 	27 No School Fun	28
29	30 No School Fun	31 New Years Eve 	1 Happy 2025! New Years Hike 	2	3	4

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053



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2024 Pumpkin Walk



October 25th 7-9pm
Choate Park
For details Visit:
www.MedwayParksRec.com