

# Medway Parks & Recreation



## 2023 Fall Brochure

155 Village Street, Medway, MA 02053

[www.MedwayParksRec.com](http://www.MedwayParksRec.com) 508-321-4740



## TABLE OF CONTENTS

DEPARTMENT INFORMATION	2	FALL ADULT PROGRAMS	11-12
REGISTRATION INFORMATION	2	FALL PROGRAMS FOR ALL AGES	13
GENERAL INFORMATION	3	MONTHLY CALENDARS	14-15
FALL COMMUNITY EVENTS	4	2023 PUMPKIN WALK	16
FALL PRESCHOOL PROGRAMS	5-6		
FALL YOUTH PROGRAMS	7-9		
FALL HS/MIDDLE SCHOOL PROGRAMS	10		



### PARKS & RECREATION STAFF

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Daryl Blethen, Parks Department	Dblethen@townofmedway.org

### PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)
Lyle Core
Richard D'Innocenzo
John Farrell
Sean Murphy

### DEPARTMENT INFORMATION

Park & Recreation Number:	508-321-4740
Website:	<a href="http://MedwayParksRec.com">MedwayParksRec.com</a>
General Parks Email;	<a href="mailto:parksandrec@townofmedway.org">parksandrec@townofmedway.org</a>

### OFFICE HOURS

<b>Monday:</b>	7:30am—5:30pm
<b>Tuesday:</b>	7:30am—4:30pm
<b>Wednesday:</b>	7:30am—4:30pm
<b>Thursday:</b>	7:30am—4:30pm
<b>Friday:</b>	7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

### REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at [MedwayParksRec.com](http://MedwayParksRec.com) and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

### MAILING ADDRESS

155 Village Street Medway, MA 02053

### OFFICE LOCATION

158 Main Street Medway, MA 02053

**FALL RECREATION REGISTRATION FOR MEDWAY RESIDENTS:**  
**FALL RECREATION REGISTRATION FOR NON-RESIDENTS:**

WEDNESDAY, AUGUST 16 AT 9:00AM  
 WEDNESDAY, AUGUST 23 AT 9:00AM

# SUMMER CONCERT Series

*Thank you to our 2023 Event Sponsors:*



**Charles River Bank**  
 Personal Connections. Powerful Solutions.



# GENERAL INFORMATION

## GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

## LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

## TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

## DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

## MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

## PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

## FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

## AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

## RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

## CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

## INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

## INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email [Jharrington@townofmedway.org](mailto:Jharrington@townofmedway.org). If necessary, parents or aides are welcome to attend with participants.

## FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact [Jharrington@townofmedway.org](mailto:Jharrington@townofmedway.org).





4TH ANNUAL

# TRUNK OR TREAT

## SATURDAY, OCTOBER 7TH

FROM 10:00AM TO 12:00PM AT OAKLAND PARK  
Pre-register at [www.medwayparksrec.com](http://www.medwayparksrec.com)



MEDWAY PARKS AND RECREATION PRESENTS:

# HOLIDAY LIGHT FIGHT

Do you like to deck the halls?

Register your house at [www.medwayparksrec.com](http://www.medwayparksrec.com)

# HOWL-O-WEEN Doggie Parade



Saturday, October 7th  
Oakland Park  
1-2pm

Vendors, pictures, and costume contest  
Register your dog at [www.medwayparksrec.com](http://www.medwayparksrec.com)

TOWN OF MEDWAY AND CHRISTMAS PARADE COMMITTEE PRESENTS

# CHRISTMAS PARADE

FIREWORKS



# 25 NOVEMBER

CHOATE PARK & THAYER HOUSE

[WWW.TOWNOFMEDWAY.ORG](http://WWW.TOWNOFMEDWAY.ORG)

## SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. **\*No class: 10/8, Rain Date: 11/12.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:15 - 10:00am	Sep. 10 - Nov. 5	Up. Memorial	\$225
2-3	SU	10:10 - 10:50am	Sep. 10 - Nov. 5	Up. Memorial	\$225
4-5	SU	11:00 - 11:50am	Sep. 10 - Nov. 5	Up. Memorial	\$225



## PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! **Class will be held in the Choate Park Snack Shack. No class 10/9 (Session 1).**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	1:00 - 1:45pm	Oct. 2 - Oct. 30	Choate Park	\$40
3-5	M	1:00 - 1:45pm	Nov. 13 - Dec. 4	Choate Park	\$40



## CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme, be sure to bring your shovel, get ready to get dirty and have some fun. **\*Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	Sep. 8	Cowboy Dig	\$10
2-5	F	10:00 - 10:50am	Oct. 20	Spooky Surprises	\$10

## TODDLER TIME

Facilitated by Step by Step Dance Studio

Toddler Time (Ages 18 months - 3 years) A class where smiles and giggles are a must and dance fundamentals are started. Jumping, galloping, kicking and toe pointing are some things you will see your little one achieving! **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18m - 3	SA	9:00 - 9:45am	Sep. 23 - Oct. 21	Step by Step	\$80



## TEDDY BEAR PARTY

Instructed by Medway Parks and Recreation

We are pleased to invite you and your furry friend to a Teddy Bear Picnic. This adorable affair will include picnic style refreshments, a sing along, a story time, playground time, crafts, games, making your own teddy bear and more, pre-registration is required. We can BEARLY wait!

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	W	10:00 - 11:30am	Nov. 8	Choate Park	\$20



## LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for the whole session or for each class separately and dress for a creative mess! **All classes will be held in Choate Park.**

AGE	DAY	TIME	DATE	THEME	FEE
1-5	F	11:00 - 12:00pm	Oct. 6	Fall Fun	\$25
1-5	F	11:00 - 12:00pm	Oct. 13	Colors and Shapes	\$25
1-5	F	11:00 - 12:00pm	Oct. 20	On the Farm	\$25
1-5	F	11:00 - 12:00pm	Oct. 27	Halloween	\$25
1-5	F	11:00 - 12:00pm	Nov. 3	Weather	\$25
1-5	F	11:00 - 12:00pm	Nov. 10	Creative Cooking	\$25

## TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	11:00 - 11:45am	Sep. 21 - Oct. 26	Choate Park	\$40
2-5	TH	11:00 - 11:45am	Nov. 9 - Dec. 7	Choate Park	\$30

**\*No 11/23**



## PIRATE PARTY

Instructed by Medway Parks and Recreation

Ahoy Matey! Climb aboard and give us your best ARGGG while we have some fun playing pirate games. It is no coincidence our Pirate Party is on National Talk like a Pirate Day! **\*Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	10:00 - 11:00am	Sept. 19	Choate Park	\$5



## FOREST GNOMES & FAIRIES

Instructed by Medway Parks and Recreation

Join our forest (Choate Park) exploration group for three sessions! Session # 1 Stories, myths and art of Gnomes and Fairies Session # 2 Fairy Houses, Gnome scavenger hunt & field games Session # 3 Paint and take your own Gnome and Fairy House.

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3-5	W	10:00 - 11:30am	Sep. 20	Choate Park	\$10
II	3-5	W	10:00 - 11:30am	Sep. 27	Choate Park	\$10
III	3-5	W	10:00 - 11:30am	Nov. 1	Choate Park	\$10



## AUTUMN LEAF ARTS AND CRAFTS

Instructed by Medway Parks and Recreation

Fall gives us the best tools for art. Come join us and see what we can creation.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	10:00 - 11:30am	Oct. 12	Choate Park	\$15

VISIT [MEDWAYPARKSREC.COM](http://MEDWAYPARKSREC.COM) FOR UPDATES AND TO REGISTER



### LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. **\*No Class 10/9, Rain Date 10/30.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	M	9:30 - 10:20am	Sep. 11 - Oct. 23	Cassidy Field 4	\$125

### MICRO T-BALL

Instructed by Knucklebones

Knucklebones' Micro T-Ball engages both children and parent/guardian in learning to play like a Pro. Starting with tees, and progressing to underhand pitching, we'll focus on basic rules, batting technique, running the bases and fielding, all while using outside the box equipment and activities to practice. **\*No Class 10/9, Rain Date 10/30.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	M	10:30 - 11:20am	Sep. 11 - Oct. 23	Cassidy Field 4	\$125

### PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	TU	4:15 - 5:00pm	Sep. 19 - Oct. 17	Step by Step	\$80
3	SA	9:45 - 10:30am	Sep. 23 - Oct. 21	Step by Step	\$80

### COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4	W	10:00 - 11:00am	Sep. 20 - Oct. 18	Step by Step	\$90
4	TH	4:00 - 5:00pm	Sep. 21 - Oct. 19	Step by Step	\$90
4	SA	10:30 - 11:30am	Sep. 23 - Oct. 21	Step by Step	\$90

### BASEBALL/TBALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. **\*No class 10/7. Rain Date: 11/4.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 10:50am	Sep. 16 - Oct. 28	Up. Memorial	\$120

### PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. **\*No class 10/7. Rain Date: 11/4.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Sep. 16 - Oct. 28	Up. Memorial	\$120



### ALL SPORTS (AGES 2-3, 3-4)

Instructed by Medway Parks and Recreation

Our parent-child all sports 2-3 and 3-4 yr. old classes will focus on developing both fine and gross motor skills, lots of running around, following directions, and game play. Activities will include games, basic sports, obstacle courses, and tag games. Get ready to SCORE GOALS, HIT HOME RUNS, and HAVE FUN!! **\*Rain Date 11/1.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	1:30 - 2:15pm	Sep. 26 - Oct. 24	Cassidy Field 4	\$50
2-3	W	9:30 - 10:15am	Sep. 27 - Oct. 25	Cassidy Field 4	\$50



### SOCCER (AGES 3-5)

Instructed by Medway Parks and Recreation

Soccer 3-5 year olds will provide children with a variety of different games, while introducing the basics of soccer. Each week your child will play different games and soccer activities that focus on developing motor skills, coordination, and social skills. In this class there will be lots of running, dribbling, and scoring goals!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-3	W	10:30 - 11:15am	Sep. 27 - Oct. 25	Cassidy Field 4	\$50

### ADVANCED COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5	W	4:00 - 5:00pm	Sep. 20 - Oct. 18	Step by Step	\$90
5	SA	11:45 - 12:45pm	Sep. 23 - Oct. 21	Step by Step	\$90

### BIRDIE PUTT & CHIP: INTRO TO GOLF

Facilitated by Sports Zone 101

Golf is a lifelong sport. But what makes golf even better is playing with friends and loved ones. We can't promise that we will produce the next pro golfer in our program, but we can guarantee that your children will have lots of fun, be introduced to traditional golf grips and hitting stances, and get a little practice with putting and chipping. **No class 10/7.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 11:00am	Sep. 23 - Nov. 4	Cassidy Field 4	\$160



### CREATE A CUSTOM NAME SIGN!

Instructed by PT Color Market

This particular workshop is geared to children who enjoy being creative, love to craft and are looking for something personalized to add a little something special to their room. This name sign is a unique way to celebrate who they are as a person and what they love. **Class will take place at the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2+	TH	4:30 - 6:00pm	Nov. 16	Snack Shack	\$70

### ADVENTURE HIKES

Instructed by Medway Parks and Recreation

Get out and enjoy fall at Choate Park. Each week will have a new puzzle to solve and adventure to have. The best part? There is a prize or treasure to find. Grab your friends and come have some fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TH	4:00 - 4:45pm	Oct. 5 - Oct. 26	Choate Park	\$30

### THEATRE ARTS - KIDS AND TEENS

Facilitated by Step by Step Dance Studio

Using the world of Theatre as a foundation, this class will incorporate exercises and activities geared toward the development and nurturing of essential qualities of each student: Confidence, Creative Thinking, Public Speaking, Teamwork and Leadership. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
10-18	TU	5:00 - 6:00pm	Sep. 19 - Oct. 17	Step by Step	\$90



### CREEPY CHARCUTERIE

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a creepy charcuterie board for Halloween! It is sure to be spooooooktacular! Class will be held at the Choate Park Snack Shack.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	W	4:00 - 5:00pm	Oct. 25	Snack Shack	\$10



### AFTER SCHOOL SCIENCE CLUB

Instructed by Medway Parks and Recreation

Join us for a fun afternoon of science experiments and projects!

AGE	DAY	TIME	DATES	LOCATION	FEE
5-12	TH	3:30 - 5:00pm	Sep. 21	Snack Shack	\$15



### SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your you or your child's wildest sweetest dreams come true in these decorating adventure workshops. Each person will have a baked dessert for that class and be led step by step with instructions in how to decorate the dessert to take home to share with their family. **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TU	4:00 - 5:00pm	Sep. 26	Spider Cupcakes	\$20
7-13	TU	4:00 - 5:00pm	Oct. 17	Jack-o-lantern Cake	\$20
7-13	TU	4:00 - 5:00pm	Dec. 12	Snowman Cake	\$20

### KIDS TEST KITCHEN

Instructed by Kids Test Kitchen

We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is **always** one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes. This October & November, we're getting up close and personal with Brussels sprouts, sweet potato, onion, carrot, kale, lettuce, and more!

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	W	5:30 - 6:30pm	Nov. 1 - Dec. 13	Snack Shack	\$155

### BALLET, TAP & JAZZ

Facilitated by Step by Step Dance Studio

A combination class of the basic dance subjects: Ballet, Tap & Jazz. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-8	SA	12:45 - 2:15pm	Sep. 23 - Oct. 21	Step by Step	\$110

### ROBOTICS EXTRAVAGANZA (MASTER)

Instructed by Snapology of Hopedale

Students will build a variety of our most popular robots from our various programs using LEGO® Spike Prime bricks and technology. Working in partners, students will be taught how different pieces come together to create movement, to effectively utilize several types of sensors, and how to program software that will allow their robot creations to respond to their commands!

GR.	DAY	TIME	DATES	LOCATION	FEE
4-5	W	4:30 - 5:30pm	Sep. 27 - Nov. 8	Snack Shack	\$150

**PUMPKIN CARVING**  
@ Choate

**24**  
OCTOBER

Choate Park  
**4-6PM**

REGISTER AT [WWW.MEDWAYPARKSREC.COM](http://WWW.MEDWAYPARKSREC.COM)



## LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TH	4:30 - 6:30pm	Sep. 21	Choate Park	\$5

## LEGO BRICK BUILDERS

Instructed by Sports Zone 101

Come join us as we explore and create our wildest imaginations. We will also re-create some real-world buildings, landscapes, feats of engineering, and Wonders of the World! We also will have special themed kits to build that include Star Wars, Pokemon, Movie Makers, and other fun surprises! We supply all Lego blocks and building guides for classes, but there will also be some time for free building during our classes if your child wants to bring in their own project. **Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	SA	9:00 - 10:00am	Sep. 23 - Nov. 4	Snack Shack	\$160

## ULTIMATE NERF SHOWDOWN

Instructed by Sports Zone 101

Come test your individual and team effectiveness as a participant in our Nerf program! This awesome program puts a fresh spin on traditional games like Capture the Flag, King of the Hill, and Zone Wars, while also allowing participants to get great exercise, learn strategic planning skills, and make new battle-tested friends. We use Nerf X-Shot and Nerf Dart style equipment. Participants will play different games throughout the day, with individual and team-based challenges, so there is always something new and exciting to strive for. We will also have all sorts of inflatable bunkers and other fun objects for the students to strategize their missions.

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TH	5:30 - 6:30pm	Sep. 21 - Oct. 26	Cassidy Field 4	\$160

## STYLING INTO FALL - JEWELRY MAKING

Instructed by PT Color Market

Do you like to be creative? You will design and make a two-strand leather bracelet, earrings and a necklace. One of these pieces of jewelry you make will become a gift for a loved one. PT Color Market loves giving back and being creative so this will be a great way to experience both!

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	4:30 - 6:00pm	Oct. 3	Snack Shack	\$55

NO SCHOOL? NO PROBLEM!

Visit [www.medwayparksrec.com](http://www.medwayparksrec.com) for early release and no school options.



## POKEMON BATTLEFIELDS

Instructed by Sports Zone 101

Gather up your Poke balls, muster your courage, and prepare your mind for the ultimate test of your Pokemon trainer abilities. Throughout this class, you will go head to head with other Pokemon trainers to determine who will become the Medway Parks and Recreation Master and take home the Grand Prize of 10 Pokemon booster packs. We will cover some basic Pokemon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokemon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested. In class trading will also be allowed with direct approval of class teachers to ensure fair trade practices. **Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	TH	4:30 - 5:30pm	Sep. 21 - Oct. 26	Snack Shack	\$160



## HALLOWEEN MASKS & DECORATIONS

Instructed by Medway Parks and Recreation

Make and create unique Halloween masks and decorations before Halloween. Each participant will make a mask and two Halloween decorations to bring home.

AGE	DAY	TIME	DATES	LOCATION	FEE
5-12	TH	3:30 - 5:00pm	Oct. 19	Choate Park	\$20



## THANKSGIVING CENTERPIECES

Instructed by Medway Parks and Recreation

Join us for a fun hands on centerpiece workshop! Participants will use a variety of materials to create a one of a kind centerpiece for holiday. **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	TU	4:00 - 5:00pm	Nov. 21	Snack Shack	\$20

## DELICIOUS DESIGNS

Instructed by Little Scholars

What happens when art and food collide? Come find out in our new D-I-Y program that will excite artsy Little Scholars who love to create and make! Children will construct masterpieces using traditional art materials as well as items usually designed for snacking. Find your inner artist and nibble a little along the way. **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	W	3:45 - 4:45pm	Sep. 27 - Nov. 1	Snack Shack	\$170

## COMIC CREATIONS

Instructed by Little Scholars

What happens when drawing and creative writing collide? COMIC CREATIONS! Delve into the world of comics as you explore different comic styles, create a signature character, design a comic book, and build a portfolio of comics. Sharpen your pencil and ignite your creative juices with us! **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	W	5:00 - 6:00pm	Sep. 27 - Nov. 1	Snack Shack	\$130



## BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance of sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. **\*Rain Date: 11/2.**

GR.	DAY	TIME	DATES	LOCATION	FEE
PreK	TH	3:00 - 3:50pm	Sep. 21 - Oct. 26	Oakland	\$120
K-4	TH	4:00 - 5:00pm	Sep. 21 - Oct. 26	Oakland	\$120

## BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play! **Class will be held on the Middle School Outdoor Basketball Court.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	SU	9:00 - 12:00pm	Oct. 15	Middle School	\$60

## YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades K to 8 (for next school year starting in Sep. 2023). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration is OPEN!**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 4	HS Fields	\$130
3-4	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 4	HS Fields	\$130



## CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! **\*No class 10/9.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:30 - 4:30pm	Oct. 2 - Oct. 30	Choate Park	\$30
K-4	M	4:45 - 5:30pm	Oct. 2 - Oct. 30	Choate Park	\$30

## TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! **\*No Class: 10/7, Rain Date: 10/28.**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	9:45 - 10:45am	Sep. 9 - Oct. 21	HS Tennis Court	\$65
3-5	SA	11:00 - 12:00pm	Sep. 9 - Oct. 21	HS Tennis Court	\$65

## FIELD HOCKEY PRE SEASON CLINIC

Facilitated by Medway Parks and Recreation

Join Coach Ali and crew for a week long field hockey program! Great for returning players and new players. Each day will include fun high energy skill drills, game development activities, scrimmages, and field hockey inspired games. No experience needed.

AGE	DAY	TIME	DATES	LOCATION	FEE
8-12	M-F	9:00 - 12:00pm	Aug. 21 - 25	Oakland	\$40

## LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of supervised practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Sep. 5 - Oct. 24	Norfolk	\$150
I	6-12	SA	11:00 - 11:50am	Sep. 9 - Oct. 28	Norfolk	\$150
II	6-12	TU	5:00 - 5:50pm	Nov. 7 - Dec. 19	Norfolk	\$140
II	6-12	SA	11:00 - 11:50am	Nov. 4 - Dec. 16	Norfolk	\$140

## TENNIS

*Instructed by USTA*

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! **\*No Class: 10/7, Rain Date: 10/28.**

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	SA	12:15 - 1:15pm	Sep. 9 - Oct. 21	HS Tennis Court	\$65

## BLAST BABYSITTING

*Instructed by Juanita Kingsley Allen*

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	3:30 - 6:30pm	Nov. 2	Snack Shack	\$90

## PHOTOGRAPHY FOR KIDS

*Instructed by Lovely Pictures Studio*

Photography for Kids is a course that inspire youth between 8 and 16 years old to learn the basic elements of photography in an experience-based group environment from a professional photographer. During the course, students will learn how to use their camera and how to create impactful images and tell stories through their camera lens. These courses allow students to photograph in real-life situations and practice their learned skills in natural environments in order to become better photographers. **\*No Class 10/9.**

AGES	DAY	TIME	DATES	LOCATION	FEE
8-16	M	3:45 - 5:00pm	Oct. 2 - Oct. 30	Choate Park	\$130
8-16	M	3:45 - 5:00pm	Nov. 13 - Dec. 4	Choate Park	\$130

## YOUTH TRAVEL FIELD HOCKEY

*Facilitated by Medway Parks and Recreation*

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 6 (for next school year starting in Sep. 2023). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration is OPEN!**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-6	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 4	HS fields	\$130
7-8	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 4	HS fields	\$130

## CROSS COUNTRY CLUB

*Instructed by Medway Parks and Recreation*

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! **\*No class 10/9.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:30 - 4:30pm	Oct. 2 - Oct. 30	Choate Park	\$30

## AFTER SCHOOL SPORTS

*Instructed by MA Sports League*

Join us for some after school fun! All players will gain the necessary skills and instruction during this time frame as well as competing weekly. Check out the games we will playing: Dodge ball, Flag football, Kickball, Parachute, Team handball. Ultimate Frisbee, Wiffle ball, and World cup soccer. This will serve as a solid stepping stone for the kids to further their participation in their sport of choice. Please bring athletic attire including footwear. All participants will receive a MASL tee shirt. **\*No 10/15.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	2:15 - 3:15pm	Sep. 20 - Nov. 8	MS Fields	\$160

## BASKETBALL LEAGUE

*Instructed by Viking Sports*

Viking Sports offers a fun and exciting learn and play youth Basketball League. The focus of Viking's Basketball League is fun and non-stop playing in a structured environment. Kids of all abilities are welcome to register. Each class will feature a short practice where kids will learn a skill, which will then be followed by a game. Members of the Viking staff will coach and officiate. All players receive a Viking Sports T-shirt. **\*Rain Date: 11/2.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	5:00 - 6:00pm	Sep. 21 - Oct. 26	Oakland	\$120

## CREATE A CUSTOM NAME SIGN!

*Instructed by PT Color Market*

This particular workshop is geared to children who enjoy being creative, love to craft and are looking for something personalized to add a little something special to their room. This name sign is a unique way to celebrate who they are as a person and what they love. **Class will take place in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2+	TH	4:30 - 6:00pm	Nov. 16	Snack Shack	\$70

## MIDDLE SCHOOL ADVENTURE - BOUNDLESS ADVENTURE

*Facilitated by Medway Parks and Recreation*

Early release day on a Wednesday = FUN! Kick off your early release day with some adventures. Grab your friends, and hop on the bus. We will leave from and return to the Medway Middle School.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TU	11:00 - 5:00pm	Oct. 18	Boundless Adventures	\$70



## YOGA IN THE PARK & HATHA YOGA

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. **\*In the case of rain, class will be held at Medway Senior Center\***

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:00pm	Sep. 5 - Oct. 3	Oakland Park	\$50
16+	TU	6:00 - 7:00pm	Oct. 10 - Nov. 28	Senior Center	\$80

## OVER 30 PICK-UP BASKETBALL

Facilitated by Medway Parks and Recreation

Our over 30 pick-up basketball gives our community an opportunity to play with their friends and colleagues in a controlled atmosphere. Each week teams will switch off wearing dark and light colored shirts. The program is a "pick up" league structure with no referees. Grab some friends and sign up today! **\*Rain date: 11/1.**

AGE	DAY	TIME	DATES	LOCATION	FEE
30+	W	6:00 - 8:00pm	Sep. 20 - Oct. 25	Oakland Park	\$10

## VINAYSA YOGA

Instructed by JodiRene Miller

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have therapeutic approach amid focus on bringing harmony between mind and body. Linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease. **\*No class 10/9 (Monday), 11/23 (Thursday).**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:30 - 7:30pm	Sep. 18 - Dec. 4	Senior Center	\$80
16+	TH	6:30 - 7:30pm	Sep. 21 - Dec. 7	Senior Center	\$80

## SOCIAL TENNIS LEAGUE

Facilitated by USTA

The USTA New England Social Tennis League offers the opportunity for adults throughout New England to meet new people through the game of tennis. This league is a great way to improve your skills or get back into tennis in a fun, social environment. Our league runs from 6-8pm every Thursday night. Our first night is a fun hit around night open to anyone who is interested in the league. You'll get to meet everyone and get some practice in before matches start in week two. After that first night, we assign you to a team based on playing level and availability. Our teams and matches are co-ed and all levels are welcome as long as you can serve, rally and know the rules. Each team will have a captain who sets the weekly lineups, which will consist of two hour-long doubles matches. The winner of each match and the overall season is based on total games won, so every game counts! **\*Rain date: 10/26.**

AGE	DAY	TIME	DATES	LOCATION	FEE
21+	TH	6:00 - 8:00pm	Sep. 14 - Oct. 19	HS Courts	\$65

## PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached. Join us for a hybrid Pet First Aid & CPR class hosted by our partners, Medway Parks and Recreation Department. **This two day class takes place on Day 1 over Zoom from 6:00pm to 9:00pm followed by a 3 hour in person hands on workshop at the Medway Senior Center from 6:00pm to 9:00pm.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W-TH	6:00 - 9:00pm	Oct. 25 - Oct. 26	Senior Center	\$90
16+	M-TU	6:00 - 9:00pm	Nov. 20 - Nov. 21	Senior Center	\$90
16+	W-TH	6:00 - 9:00pm	Dec. 6 - Dec. 7	Senior Center	\$90

## ORGANIZING YOUR HOME FOR THE HOLIDAYS

Instructed by Salera Home Solutions

Join the Salera Home Solutions team as we help get your home organized before you have all that company for the holidays!

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	6:30 - 8:00pm	Nov. 8	Senior Center	\$45

## BREAKING DOWN BARRIERS TO WEIGHT LOSS

Instructed by Coleen Greco

I'm here to simply tell you the truth from one human being to another. I'm here to tell you exactly why diets fail, why the health and wellbeing industry lacks trust at every turn and how you can architect the life you want, hit your goals and keep the weight off for good. Come join us for this great workshop.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	7:00 - 8:00pm	Sep. 20	Senior Center	\$45

## METRO WEST PICKLEBALL LEAGUE

Facilitated by USTA

Medway Parks and Recreation is partnering with USTA New England to run a new pickleball league. This league is for intermediate players with intermediate level being defined as having dependable shot control and serves, sustaining medium-length rallies, starting to understand variations of pace and depth of shots. Medway's team will be part of a four team division and games will be played against the other teams in the division over the course of a 6 week season. Each week, players will play four 15 minute games against the opposing team. Games will rotate each week between Millis and Medway pickleball courts. **Please see the website for intermediate and advanced play requirements. \*No play 10/8; Rain date: 10/29.**

LEV.	AGE	DAY	TIME	DATES	LOCATION	FEE
Adv	16+	SU	9:00 - 10:15am	Sep. 10 - Oct. 22	HS Courts	\$70
Int	16+	SU	10:15 - 11:30am	Sep. 10 - Oct. 22	HS Courts	\$70

### TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! **\*No Class: 10/7\* Rain Date: 10/28.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:00 - 9:30am	Sep. 9 - Oct. 21	HS Tennis Court	\$75

### BEGINNER ADULT TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals and basics including rhythm, timing, and precision. The class consists of foot and ankle warm-ups, floor progressions, and combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	7:00 - 8:00pm	Sep. 21 - Oct. 19	Step by Step	\$90

### LEARN TO PLAY: BEGINNER PICKLEBALL CLINIC

Instructed by Jim Acton

Participants will learn the fundamentals of pickleball: basic strokes, serves, scoring, rules and game strategies. By the end of this clinic, participants will be able to play games on their own. Pickleball equipment, etiquette, and safety will also be covered.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:30 - 10:00am	Sep. 16	HS Courts	\$60
16+	SA	8:30 - 10:00am	Oct. 21	HS Courts	\$60

### LEARN TO PLAY: ADVANCED BEGINNER PICKLEBALL CLINIC

Instructed by Jim Acton

This clinic is for players who have taken the Beginner's Clinic and/or have previously played pickleball and understand the basic rules and fundamental pickleball skills. The focus will be on continued skill development as well as strategies for playing winning pickleball. The clinic will include a mix of drills and game play.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:30 - 10:00am	Sep. 30	HS Courts	\$60
16+	SA	10:15 - 11:45am	Oct. 21	HS Courts	\$60

### PICKLEBALL CLINIC: THIRD SHOTS - DROPS AND DIVES

Instructed by Jim Acton

This clinic will focus on one of the most important shots - the third shot. Technique for both drives and drops will be taught and practiced through a series of drills and games.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	11:30 - 12:30pm	Sep. 16	HS Courts	\$25

### ADULT BALLET

Facilitated by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	8:00 - 9:00pm	Sep. 20 - Oct. 18	Step by Step	\$90

### ADULT JAZZ

Facilitated by Step by Step Dance Studio

This class helps to develop a sense of rhythm and style. It consists of isolation warm-ups, major muscle warm ups, stretch, floor progressions and combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	8:00 - 9:00pm	Sep. 19 - Oct. 17	Step by Step	\$90

### ADULT FITNESS FUN

Facilitated by Step by Step Dance Studio

Strengthen and tone the body while burning fat. This class incorporates cardio with strengthen exercise and repetition and the use of 'light' weights to help strength and tone the body. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	7:00 - 8:00pm	Sep. 18 - Oct. 23	Step by Step	\$90

### PICKLEBALL CLINIC: DINKS

Instructed by Jim Acton

This clinic will focus on shots at the non-volley zone (kitchen). Dinking technique and strategy will be taught and practiced through a series of drills. The clinic will end with full games.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	10:15 - 11:15am	Sep. 16	HS Courts	\$25

### PICKLEBALL CLINIC: UP/DOWN RIVER PLAYING CLINIC

Instructed by Jim Acton

A playing clinic which provides a competitive game format, Up/Down River is a combination of games with different players and skill development game - all in a fun atmosphere. Participants play games in 12-minute increments. At the end of the game, the winning team on each court moves up, and the other team moves down. Participants must have either taken a beginner/advanced beginner lesson and/or have pickleball playing experience and know the basic rules/scoring.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	10:15 - 12:15pm	Sep. 30	HS Courts	\$25

### OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, two courts will be reserved, teams will be formed from those who are in attendance, and games will then be played.

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:30pm	Sep. 12 - Nov. 7	HS Courts	\$30
16+	TH	6:00 - 7:30pm	Sep. 14 - Nov. 9	HS Courts	\$30



## LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Sep. 5 - Oct. 24	Norfolk	\$150
I	3+	SA	11:00 - 11:50am	Sep. 9 - Oct. 28	Norfolk	\$150
I	3+	SU	10:00 - 10:50am	Sep. 10 - Oct. 29	Norfolk	\$150
II	3+	TU	5:00 - 5:50pm	Nov. 7 - Dec. 19	Norfolk	\$130
II	3+	SA	11:00 - 11:50am	Nov. 4 - Dec. 16	Norfolk	\$130
II	3+	SU	10:00 - 10:50am	Nov. 5 - Dec. 17	Norfolk	\$130

## PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 4:00pm	Nov. 19	Senior Center	\$10/team

## HOLIDAY LIGHTS FUN RUN!

Facilitated by Medway Parks and Recreation

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route. Feel free to dress up!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	5:00 - 6:00pm	Dec. 19	Choate Park	Free

## WALK THIS WAY

Instructed by Medway Parks and Recreation

Bring on fall! Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	8:00 - 9:00am	Sep. 26 - Oct. 24	Trails of Medway	\$5



## HOMEMADE CINNAMON HOLIDAY ORNAMENTS

Instructed by Medway Parks and Recreation

Join us to learn how to make and bake your own holiday ornaments! Cinnamon ornaments are a simple and aromatic way to spice up your holiday home and make as gifts. Each participant will make their own ornaments to take home, along with instructions to make more. **Class will take place in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 7:00pm	Nov. 30	Snack Shack	\$15



## FAMILY BINGO NIGHT

Facilitated by Medway Parks and Recreation

Unplug and tune in to old-fashioned family fun! Join us for a fun-filled BINGO night with your family and friends.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	4:00 - 5:00pm	Nov. 12	Senior Center	Free

## ARCHERY FOR ALL

Facilitated by On the Mark Archery

Join On the Mark Archery and learn the martial art of archery using beautiful wooden recurve bows to focus more on the form and technique rather than just the aiming. Build character, self-esteem and confidence with each triumph and tribulation on the range as you work hard to achieve consistent success! Unique lesson plans implement skill building drills with unique games that include prizes to keep students engaged throughout the program. All equipment provided and class is led by teams of certified USA Archery instructors. **Patoma Park address: Norfolk Street, Holliston. Cassidy Field address: 13 Winthrop Street, Medway.**

GR.	DAY	TIME	DATES	LOCATION	FEE
4+	W	4:30 - 5:30pm	Sep. 13 - Oct. 4	Patoma Park	\$175
4+	W	4:30 - 5:30pm	Oct. 11 - Nov. 1	Patoma Park	\$175
4+	W	4:30 - 5:30pm	Nov. 8 - Dec. 13	Cassidy Field	\$175

## TERRARIUM WORKSHOP

Instructed by SaraBeth Vintage Home and Garden

Looking for a fun and interactive way to get creative? Anyone will have a blast using their imagination to design their very own little world in a cute decorated jar! Choose your container and all of the accessories to make your own unique scene. You will learn how to create a stunning layered terrarium made with air plants, as well as a lesson on how to care for and grow air plants yourselves!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	6:30 - 8:00pm	Sep. 26	Senior Center	\$60



## TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	8:00 - 9:00am	Sep. 24	Trails of Medway	Free
All	SU	8:00 - 9:00am	Oct. 29	Trails of Medway	Free
All	SU	8:00 - 9:00am	Dec. 3	Trails of Medway	Free

VISIT [MEDWAYPARKSREC.COM](http://MEDWAYPARKSREC.COM) FOR UPDATES AND TO REGISTER

# SEPTEMBER / OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
27	28 Travel Field Hockey	29	30 Happy First Day of School 	31	1	2
3	4	5 Learn to Play Hockey Learn to Skate Yoga	6	7	8 Can you dig it?	9 Learn to Play Hockey Learn to Skate Tennis in the Parks
10 Super Soccer Stars Learn to Skate Pickleball League	11 Lil Ninjas Micro T-Ball	12 Outdoor Pickleball	13 Autumn Leaf Arts Archery	14 Social Tennis League Outdoor Pickleball	15	16 Preschool Soccer Tball/Baseball Pickleball Clinics
17	18	19 Pirate Party Preschool Dance Theatre Arts 	20 Forest Gnomes & Fairies Combo Dance Advance Combo Dance Over 30 Basketball	21 Treasure Hikes Combo Dance After school science Learn to Fish Nerf Showdown Pokémon Battlegrounds Basketball	22	23 <a href="#">Town Wide Yard Sale</a> Toddler Time Preschool Dance Combo Dance Birdie Putt Ballet, Tap & Jazz Lego Brick Builders
24 Take a Hike	25	26 All Sports Sugar club Walk this Way Terrarium Workshop Creative Builders	27 Forest Gnomes & Fairies All Sports Soccer Robotics Delicious Designs Comic Creations	28	29	30 <a href="#">Police Chase</a> Pickleball Clinics

SUN	MON	TUE	WED	THU	FRI	SAT
1	2 Pint Sized Picasso's Photography Cross Country	3 Styling into fall	4 Forest Gnomes & Fairies	5 Adventure Hikes	6 Little Earthlings Learning	7 <a href="#">Trunk or Treat</a> <a href="#">Howl-o-ween</a> 
8	9 Indigenous Peoples' Day 	10 Yoga	11 Archery	12	13 Little Earthlings Learning	14
15 Beginner Skateboard	16	17 Sugar club	18 Middle School Adventure	19 Halloween Masks & Decorations 	20 Can you dig it? Little Earthlings Learning	21 Pickleball Clinics
22	23	24 Pumpkin Carving 	25 Creepy Charcuterie Pet First Aid and CPR 	26	27 <a href="#">Pumpkin Walk</a> Little Earthlings Learning 	28
29 Take a Hike	30	31 				



# NOVEMBER / DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b> Kids Test Kitchen	<b>2</b> BLAST Babysitting	<b>3</b> Little Earthlings Learning	<b>4</b> Learn to Play Hockey Learn to Skate
<b>5</b> Learn to Skate	<b>6</b>	<b>7</b> Learn to Play Hockey Learn to Skate	<b>8</b> Teady Bear Party Archery	<b>9</b> Treasure Hikes	<b>10</b> Little Earthlings Learning	<b>11</b>
<b>12</b> Family Bingo Night	<b>13</b> Pint Sized Picassos Photography	<b>14</b>	<b>15</b> Elementary Early Re- lease Trip - Allitude	<b>16</b> Custom Sign	<b>17</b>	<b>18</b>
<b>19</b> Puzzlepalooza	<b>20</b> Pet First Aid and CPR	<b>21</b> Thanksgiving Centerpieces	<b>22</b>	<b>23</b> Thanksgiving 	<b>24</b>	<b>25</b> Christmas Parade 
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> Homemade Ornaments		
SUN	MON	TUE	WED	THU	FRI	SAT
					<b>1</b>	<b>2</b>
<b>3</b> Take a Hike	<b>4</b>	<b>5</b>	<b>6</b> Pet First Aid and CPR Light Fight Judging	<b>7</b> Happy Hanukkah 	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b> Sugar club	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>
<b>17</b>	<b>18</b>	<b>19</b> Holiday Lights Fun Run 	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>
<b>24</b>	<b>25</b> Merry Christmas 	<b>26</b> Happy Kwanzaa No School Fun 	<b>27</b> No School Fun	<b>28</b> No School Fun	<b>29</b>	<b>30</b>
						<b>31</b> 

Town of Medway

Parks & Recreation  
155 Village Street  
Medway, MA 02053



Postal Customer

Medway, MA 02053

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2023  
Pumpkin Walk  
October 27, 7-9pm