Medway Parks & Recreation

in Summer

155 Village Street, Medway, MA 02053

www.MedwayParksRec.com 508-321-4740

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PARKS & RECREATION STAFF

Julie Harrington, Director of Parks &	Jharrington@townofmedway.org
Recreation	
Marissa Hartman, Asst. Director of Parks & Recreation	Mhartman@townofmedway.org
Peter Pelletier, DPW Director	Ppelletier@townofmedway.org

Steve Carew, Parks Superintendent

DEPARTMENT INFORMATION

OFFICE HOURS

Monday: 7:30am-5:30pm

Tuesday: 7:30am-4:30pm

Thursday: 7:30am-4:30pm

Friday: 7:30am-12:30pm

Wednesday: 7:30am-4:30pm

Website:

Field Closings:

508-321-4740 MedwayParksRec.com

Website/Facebook will be updated with closures



Scarew@townofmedway.org

@MedwayParksandRec



@MedwayParksandRec

PARK & RECREATION COMMISSION

Debi Rossi (Chairperson) Lyle Core Richard D'innocenzo John Farrell Sean Murphy

REGISTRATION INFORMATION

Online Registration is <u>STRONGLY RECOMMENDED</u> at MedwayParksRec.com and is the <u>PREFERRED METHOD.</u> We accept Walk-in Registration, as long as space is available. We accept Cash, Check, & Credit Card. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. PLEASE NOTE: Registration for all programs ends 3 days before the program start date, unless otherwise noted.

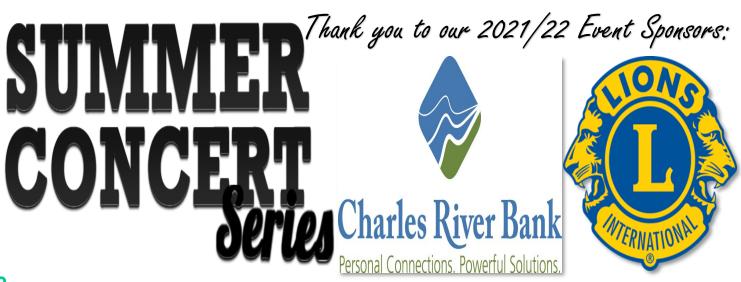
MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

158 Main Street Medway, MA 02053

Spring and Summer Recreation Registration For Medway Residents: Spring and Summer Recreation Registration For Non-Residents: Monday, February 27 at 9:00am Monday, March 6 at 9:00am



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

MEDWAY PARKS AND RECREATION& MEDWAY HIGH FISHING CLUB PRESENTS

FISHING DERBY SATURDAY, JUNE 3TH, 2023 7-10AM CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM

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MORE! Oakland Park, 76 Oakland Street Pre-registration is required, visit: www.medwayparksrec.com

THE TOWN OF MEDWAY PRESENTS

MEDWAY CLEAN SWEEP

April 29, 2023 | 8-11 AM



FOR MORE INFORMATION, PLEASE EMAIL CLEANSWEEP@TOWNOFMEDWAY.ORG



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SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer agespecific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. Class will be held on Upper Memorial Fields ***No class: 5/28**, **Rain Date: 6/25.***

Age	DAY	Тіме	DATES		Fee
3-4	SU	9:15 - 10:00am	Apr. 23 - Jun. 18	Up. Memorial	\$220
2-3	SU	10:10 - 10:50am	Apr. 23 - Jun. 18	Up. Memorial	\$220
4-5	SU	11:00 - 11:50am	Apr. 23 - Jun. 18	Up. Memorial	\$220

PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums!

Age	DAY	Тіме	DATES	LOCATION	FEE
3-5	М	10:00 - 10:50am	May 1 - May. 22	Choate Park	\$40

TEDDY BEAR PARTY

Instructed by Medway Parks and Recreation

We are pleased to invite you and your furry friend to a Teddy Bear Picnic. This adorable affair will include picnic style refreshments, a sing along, a story time, playground time, crafts, games, making your own teddy bear and more, pre-registration is required. We can BEARLY wait!

Age	DAY	Тіме	DATES		FEE
2-5	W	10:00 - 11:30am	May 10	Choate Park	\$20
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BASEBALL/TBALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. ***No class 5/27** (SA), 5/28 (SU) Rain Date: 6/17 (SA), 6/18 (SU).

Age	DAY	Тіме	DATES	LOCATION	Fee
3-5	SA	10:00 - 10:50am	Apr. 29 - Jun. 10	Up. Memorial	\$110
3-5	SU	10:00 - 10:50am	Apr. 30 - Jun. 11	Cassidy Field 4	\$110

TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

Age	DAY	Тіме	DATES		FEE
2-5	TH	10:00 - 10:45am	May 4 - Jun. 8	Choate Park	\$40

PRESCHOOL BASKETBALL

Instructed by Viking Sports

Minihoops, miniballs and a ton of fun! This class is created for 3-5 year olds and will work on having fun while learning some fundamentals of basketball. There will be lots of team games, as well as parental participation to encourage the children! Dribbling, passing, and shooting will be the three main fundamental focuses throughout this program. ***Rain Date: 6/22**

Age	DAY	Тіме	Dates	LOCATION	FEE
3-5	TH	3:00 - 3:45pm	May 4 - Jun. 15	Oakland	\$120

CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme. Grab your shovel and get ready to get dirty. ***Class will be held at Choate Park.**

Age	DAY	Тіме	DATES	Тнеме	FEE
2-5	F	10:00 - 10:50am	May 12	Dinosaurs	\$10
2-5	F	10:00 - 10:50am	Jun. 9	Buried Treasure	\$10

LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately or the whole session. Be sure to dress for a creative mess! All classes will be held in Choate Park.

Age	DAY	Тіме	DATE	Тнеме	FEE
1-5	F	11:00 - 12:00pm	Apr. 7	Gardening	\$25
1-5	F	11:00 - 12:00pm	Apr. 14	Construction	\$25
1-5	F	11:00 - 12:00pm	Apr. 21	Reduce, Reuse, Recycle	\$25
1-5	F	11:00 - 12:00pm	Apr. 28	Colors & Creations	\$25
1-5	F	11:00 - 12:00pm	May 5	Mud Kitchen	\$25
1-5	F	11:00 - 12:00pm	May 12	Music & Movement	\$25



GOLF FOR TODDLERS

Instructed by Maplegate Country Club

Fun based program targeted at new Golfers aged 1-4. Program will consist of two 60 min sessions covering basic rules & swing fundamentals. Plastic Clubs & balls will be used which students can keep. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 5/23**.

Age	DAY	Тіме	DATES	LOCATION	FEE
1-4	М	10:00 -11:00am	Jun. 5 & Jun. 12	Maplegate	\$60

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***No Class 5/29**.

Age	DAY	Тіме	DATES		FEE
2-5	М	9:00 - 9:50am	May 1 - Jun. 5	Cassidy Field 4	\$110

MICRO T-BALL

Instructed by Knucklebones

Knucklebones' Micro T-Ball engages both children and parent/guardian in learning to play like a Pro. Starting with tees, and progressing to underhand pitching, we'll focus on basic rules, batting technique, running the bases and fielding, all while using outside the box equipment and activities to practice. Participants will gain the essence of the game and have fun while playing. ***No Class 5/29.**

Age	DAY	TIME	DATES		FEE
3-5	М	10:00 - 10:50am	May 1 - Jun. 5	Cassidy Field 4	\$110

SOCCER 3-5 YRS

Instructed by Medway Parks and Recreation

Soccer 3-5 year old's will provide children with a variety of different games, while introducing the basics of soccer. Each week your child will play different games and soccer activities that focus on developing motor skills, coordination, and social skills. In this class there will be lots of running, dribbling, and scoring goals!

Age	DAY	Тіме	DATES		FEE
3-5	W	10:30 - 11:15am	Apr. 26 - May 31	Cassidy Field 4	\$50

TINY TOT OLYMPICS

Instructed by Medway Parks and Recreation

Little Olympians ages 3-5 are invited to participate in a wide variety of fun and silly games. The cost includes mock Olympic torches, super stickers after each event and a yummy treat to conclude an amazing Olympiad, don't forget the camera for this event. Get in the Olympic spirit and join the fun!

Age	DAY	TIME	DATES		FEE
3-5	W	1:00 - 2:00pm	May 17	Cassidy Field 4	\$10

PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. ***No class 5/27. Rain Date: 6/17.***

Age	DAY	Тіме	Dates		FEE
3-5	SA	9:00 - 9:50am	Apr. 29 - Jun. 10	Up. Memorial	\$110

PRESCHOOL MULTISPORT

Instructed by Viking Sports

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. Viking Sports campers receive a Viking T-shirt. ***No class 5/28, Rain Date: 6/18.***

Age	DAY	Тіме	DATES	LOCATION	FEE
3-5	SU	9:00 - 9:50am	Apr. 30 - Jun. 11	Cassidy Field 4	\$110

ALL SPORTS 2-3 YRS

Instructed by Medway Parks and Recreation Our parent-child all sports 2-3 yr. old class will focus on

developing both fine and gross motor skills, lots of running around, following directions, and game play. Activities will include games, basic sports, obstacle courses, and tag games. Get ready to SCORE GOALS, HIT HOME RUNS, and HAVE FUN!!

Age	DAY	Тіме	DATES		FEE
2-3	W	9:30 - 10:15am	Apr. 26 - May 31	Cassidy Field 4	\$50

PLAYGROUND PALS

Instructed by Medway Parks and Recreation

Looking to meet some new friends? Join us on Tuesdays for a morning of FUN! Each session will have a theme, we will read books, do crafts, and then enjoy playground time with our new friends.

AGE	DAY	Тіме	DATES	Тнеме	LOCATION	FEE
1-5	TU	10:00 - 11:00am	Apr. 25	Dinosaurs	Oakland	\$10
1-5	TU	10:00 - 11:00am	May 9	Animals	Oakland	\$10
1-5	TU	10:00 - 11:00am	Jun. 13	Summer!	Oakland	\$10



THAT'S GROSS!

Instructed by Little Scholars

Get your hands dirty and hold your nose! This hands-on class will combine anatomy, physiology, and chemistry to help better understand the way your body works. Make fake blood, discover how sugar causes cavities, and find out why we burp. You'll have your grown-ups saying-YUCK! *Class will be held in the Choate Park Snack Shack.

GR.	DAY	Тіме	DATES	LOCATION	Fee
3-5	W	4:00 - 5:00pm	May 3 - Jun. 21	Snack Shack	\$130

WOW LAB

Instructed by Little Scholars

Hypothesize, observe, and watch in wonder over the crazy science reactions in our WOW Lab. Each lesson will focus on a scientific experiment and the science behind the experiment. Grow your science knowledge and have a few wow moments along the way. Come join us for this exciting journey into the world of science experiments! ***Class will be held in the Choate Park Snack Shack**.

GR.	DAY	Тіме	DATES	LOCATION	FEE
3-5	W	5:15 - 6:15pm	May 3 - Jun. 21	Snack Shack	\$130

POKEMON BATTLE CLUB

Instructed by Sports Zone 101

Gather up your Poke balls, muster your courage, and prepare your mind for the ultimate test of your Pokemon trainer abilities. Throughout this class, you will go head to head with other Pokemon trainers to determine who will become the Lynnfield Middle School Gym Master and take home the Grand Prize of 10 Pokemon booster packs. We will cover some basic Pokemon Trading Card Game strategy, but this class is intended for participants who have a basic knowledge of Pokemon the Trading Card Game. Trainers do not need to bring their own battle decks, but it is suggested. In class trading will also be allowed with direct approval of class teachers to ensure fair trade practices. ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	Тіме	DATES		Fee
2-5	TH	4:00 - 5:00pm	May 4 - Jun. 8	Snack Shack	\$119

KIDS CHARCUTERIE FUN!

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a charcuterie board! It will be a great time with food, friends, and fun! Class will take place at the Choate Park Snack Shack.

Age	DAY	Тіме	DATES		FEE
6-14	W	4:00 - 5:00pm	Apr. 26	Snack Shack	\$10

SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your child's wildest sweetest dreams come true in these decorating adventure workshops. Each participant will have a baked dessert provided for them and be led through instructions in how to decorate it to take home to share with their family. **Class will take place at the Choate Park Snack Shack.**

Age	DAY	Тіме	DATE	Тнеме	FEE
7-13	TU	4:00 - 5:00pm	May 9	Rainbow Fish Cake	\$20
7-13	TU	4:00 - 5:00pm	May 23	Cheeseburger Cupcakes	\$20
7-13	TU	4:00 - 5:00pm	Jun. 13	Summer Dirt Cups	\$20

SPORTS ZONE BATTLEGROUNDS – NERF EDITION

Instructed by Sports Zone 101

Come join the Sports Zone Lieutenants as we test our individual and team effectiveness in battle! This awesome program puts a fresh spin on traditional games like capture the flag, while also allowing children to get great exercise, learn some strategic planning skills, and make new friends. Each week will feature different games with individual and team-based challenges, so the students always have something new to strive for. We will also have all sorts of obstacles for the students to interact with, so they never know what to expect! There will be no shortage of fun in this program, and we provide all the necessary supplies, so join the excitement today! ***Rain date 6/13.**

GR.	DAY	Тіме	DATES		Fee			
2-5	TU	4:00 - 5:00pm	May 2 - Jun. 6	Cassidy Field 4	\$119			
TOURNAMENT OF CHAMPIONS								

Instructed by Sports Zone 101

In this action packed program, children will participate in a variety of games, such as street hockey, soccer, football, dodgeball, basketball, wiffle ball, and many others! In addition to learning the fundamentals of these sports, we will have exciting discussions about current events in sports, learn the importance of maintaining a healthy active lifestyle, and reinforce in-class learning using sports cards and prizes. Each participant will receive a daily sports prize. ***Rain date 6/15.**

GR.	DAY	Тіме	DATES		FEE			
2-5	TH	4:00 - 5:00pm	May 4 - Jun. 8	Cassidy Field 4	\$119			
	KIDS TEST KITCHEN (VIRTUAL)							

Instructed by Kids Test Kitchen

Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual, via zoom, experience gives students the unique opportunity to gain comfort and independence within their own kitchen and then immediately share their work with family! Please visit the website to see the menus for each season.

Age	DAY	Тіме	DATES		FEE
5-18	TU	5:30 - 6:30pm	May 2 - Jun. 6	Online	\$85

JR. PARTY PLANNING

Instructed by Medway Parks and Recreation

Love to plan parties? Grab your friends and work together and plan a party for your fellow community preschool aged members. You plan the party, make decorations, games, food, and you run the show. **Class will take place** at the Choate Park Snack Shack.

Age	DAY	Тіме	DATES	LOCATION	FEE		
6-14	TU	5:00 - 6:00pm	May 2 - May 30	Snack Shack	\$20		
KIDS GAME NICHT							

KIDS GAME NIGHT

Instructed by Medway Parks and Recreation

Grab some friends and join us for a night of games such as minute to win it. Pizza will be served for dinner! **Class will take place at the Choate Park Snack Shack.**

GR. DAY	Тіме	Dates		FEE
K-5 TH	6:00 - 7:30pm	May 11	Snack Shack	\$10

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CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

GR.	DAY	Тіме	Dates	LOCATION	FEE
K-4	м	4:15 - 5:30pm	May 1 - May 22	Choate	\$30

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/27, Rain Date: 6/17***

GR.	DAY	Тіме	DATES		FEE
1-2	SA	9:45 - 10:45am	Apr. 29 - Jun. 10	HS Tennis Court	\$65
3-5	SA	11:00 - 12:00pm	Apr. 29 - Jun. 10	HS Tennis Court	\$65

LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. Norfolk Ice Arena is located at 1 Dean Street Norfolk.

S	Age	DAY	Тіме	DATES	LOCATION	FEE
T	3+	TU	5:00 - 5:50pm	Apr. 25 - Jun. 13	Norfolk	\$145
Ш	3+	SU	10:00 - 10:50am	Apr. 30 - Jun. 17	Norfolk	\$145
				*No 5/28		

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. Skaters must possess level 1 U. S. Figure Skating Basic proficiency in order to participate. Norfolk Ice Arena is located at 1 Dean Street Norfolk.

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. ***Rain Date: 6/22**

Gr.	DAY	Тіме	DATES		Fee
K-4	TH	4:00 - 5:00pm	May 4 - Jun. 15	Oakland Court	\$120

BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Beginner Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play!

Age	DAY	Тіме	DATES		FEE
7-14	SU	9:00 - 12:00pm	May 21	HS Parking Lot	\$55

INTRO TO FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Learn the basics of field hockey! All skill levels are welcome. We will explore the basic rules of the game, proper grips & posture, ball and stick control, tackling, receiving/trapping, passing and go through fun drills.

GR.	DAY	Тіме	DATES		FEE
2-5	TU	5:00 - 6:00pm	May 2 - May 30	Up. Memorial	\$30
		A			

ADVENTURE HIKES

Instructed by Medway Parks and Recreation Get out and enjoy spring at Choate Park. Each week will have a new puzzle to solve and adventure to have. The best part? There is a prize or treasure to find. Grab your friends and come have some fun.

Age	DAY	Тіме	DATES		FEE
6-12	TH	4:00 - 4:45pm	May 4 - May 25	Choate Park	\$30

LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Preregistration is required. Please note: This family friendly program is intended for beginners.

Age	DAY	Тіме	DATES		FEE	Age	DAY	Тіме	DATES	LOCATION	FEE
6-12	TU	5:00 - 5:50pm	Apr. 25 - Jun. 13	Norfolk	\$145	7+	TH	4:30 - 6:30pm	May. 18	Choate Park	\$5

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YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades K to 6 (for next school year starting in Sep. 2023). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration opens Wednesday, June 1 at 9am.**

GR.	DAY	Тіме	DATES	LOCATION	FEE
K-2	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 5	HS fields	\$130
3-4	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 5	HS fields	\$130
5-6	M, W, SA	6:00 - 7:00pm	Aug. 28 - Nov. 5	HS fields	\$130

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR. DAY TIME DATES		FEE
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5-8 TU 4:30 - 7:30pm May 16 Choate Park Snack Shack \$90

PHOTOGRAPHY FOR KIDS

Instructed by Lovely Pictures Studio

Photography for Kids is a course that inspires those between 8 and 16 years old to learn the basic elements of photography in an experience-based group environment from a professional photographer. During the course, students will learn how to use their own camera and how to create impactful images and tell stories through their camera lens. These courses allow students to photograph in real-life situations and practice their learned skills in natural environments in order to become better photographers. *Class will take place in Choate Park/the snack shack.

AGES	DAY	Тіме	Dates	LOCATION	FEE
8-16	М	3:45 - 5:00pm	May 1 - May 22	Choate Park	\$130
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CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

GR.	DAY	Тіме	DATES	LOCATION	FEE
5-8	М	3:30 - 4:15pm	May 1 - May 22	Choate	\$30

AFTER SCHOOL SPORTS

Instructed by Medway Parks and Recreation

Join us for some after school fun! All players will gain the necessary skills and instruction during this time frame as well as competing weekly. Check out the games we will playing: Dodge ball, Flag football, Kickball, Parachute, Team handball, Ultimate Frisbee, Wiffle ball, and World Cup Soccer. This will serve as a solid stepping stone for the kids to further their participation in their sport of choice. Please bring athletic attire including footwear.

GR.	DAY	Тіме	DATES		FEE
5-8	W	2:15 - 3:15pm	May 3 - Jun. 7	MS Fields	\$50

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. All Viking Sports participants receive a Viking Tshirt. ***Rain Date: 6/22**

GR.	DAY	Тіме	DATES		FEE
5-8	тн	5.00 - 6.00pm	May 4 - lun 15	Oakland Court	\$120

MIDDLE SCHOOL ADVENTURE - BOUNDLESS ADVENTURES

Instructed by Medway Parks and Recreation Early release day on a Friday = FUN! Kick your weekend off with some adventure. Grab your friends, and hop on the bus. We will leave from and return to the Medway Middle School.

Gr.	DAY	Тіме	DATES	LOCATION	FEE
5-8	TU	4:30 - 7:30pm	May 16	Boundless Adventures	\$60

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/27, Rain Date: 6/17**

GR.	DAY	Тіме	DATES	FEE

9

AFTER WORK ADULT GROUP LESSON

Instructed by Maplegate

This program is targeted for adult women and men golfers of all ability levels and will consist of five 90-minute group lessons Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. Maplegate Country Club is located at 160 Maple Street in Bellingham *No class 5/31, Rain Date: 6/12

Age	DAY	Тіме	DATES	LOCATION	FEE
18+	м	6:00 - 7:30pm	May 1 - Jun. 5	Maplegate	\$160

WOMEN'S ONLY AFTER WORK GOLF

Instructed by Maplegate

Program is targeted for adult women golfers of all ability levels and will consist of five 90-minute group lessons Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 6/6**

Age	DAY	Тіме	DATES	LOCATION	Fee
18+	TU	6:00 - 7:30pm	May 2 - May 30	Maplegate	\$170

METRO WEST PICKLEBALL LEAGUE

Facilitated by USTA

Medway Parks and Recreation is partnering with USTA New England to run a new pickleball league. This league is for intermediate players with intermediate level being defined as having dependable shot control and serves, sustaining medium-length rallies, starting to understand variations of pace and depth of shots. Medway's team will be part of a four team division and games will be played against the other teams in the division over the course of a 6 week season. Each week, players will play four 15 minute games against the opposing team. Games will rotate each week between Millis and Medway pickleball courts. You may sign up as an individual or request to be with a partner. Each team will have a captain that sets the lineup each week. Players will provide their paddles and USTA will provide the balls and a player gift. Advanced **Division**: Players have a high level of consistency, use pace and depth to generate opponents' error or set up next shot. Players can effectively direct the ball with varying depth and paces with good consistency. Players serve with power, accuracy, and depth and can also vary the speed and spin of the serve. This is equivalent to a 4.0-4.5 rating. Intermediate Division: Players have dependable shot control and serves, increased consistency with some ability to control height/depth. Players can sustain short to medium length rallies and are starting to understand variations of pace and depth of shots. This is equivalent to a 3.0-3.5 rating. *No play 5/29; Rain dates 6/18 & 6/25.

LEV.	Age	DAY	Тіме	DATES	LOCATION	FEE
Adv.	16+	SU	9:00 - 10:30am	Apr. 30 - Jun. 11	HS Courts	\$70
Int.	16+	SU	10:15 - 11:30am	Apr. 30 - Jun. 11	HS Courts	\$70

TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/27* Rain Date: 6/17***

Age	Age Day Time		DATES		FEE
16+	SA	8:00 - 9:30am	Apr. 29 - Jun. 10	HS Tennis Court	\$75

GOLF FOR MOM'S

Instructed by Maplegate

Put the kids on the bus, drop them off at daycare, grab a cup of coffee and head over to Maplegate to learn the game of golf with Medway's own PGA Professional. Program covers basic rules and etiquette along with the fundamentals of the pre shot routine, full swing and short game. Program includes use of practice facilities, range balls and equipment. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date 6/5**

Age	DAY	Тіме	DATES	LOCATION	FEE
18+	М	10:00 - 11:30am	May 1 - May 22	Maplegate	\$140

LOW/BEYOND BEGINNERS PICKLEBALL CLINIC

Instructed by Debbie Chan

Players looking to learn and improve serving (classic and new styles), Learn proper volleys, serves & return of Serve. We will break them down into easy to learn steps for you to grasp them. 15-30 minutes of each session you will have match play and critiqued, helpful suggestions will be given to improve your game. Preferably for people that have played more then 2x-5x, (1.5/2.0 Level).

AGES	DAY	Тіме	DATES	LOCATION	FEE
16+	TU	2:00 - 3:00pm	Mar. 14 - Mar. 28	HS Courts	\$60
16+	W	6:00 - 7:00pm	Mar. 15 - Mar. 29	HS Courts	\$60

MID INTERMEDIATE PICKLEBALL CLINIC

Facilitated by USTA

You will practice your Shots & Strokes. Drill Stations will be set up to practice & improve these Shots. You will get drills on offensive and defensive Volleys as well as Serve & Return. Softer Shots (short & long Dink Shots & 3rd Shot Drop) as we will break them down into easy to learn steps for you to grasp them. 15-30 minutes of each session you will have match play and critiqued, helpful suggestions will be given to improve your game and strategize play.(2.5/3.0 Level).

AGES	DAY	Тіме	DATES	LOCATION	FEE
16+	TU	2:00 - 3:00pm	Mar. 14 - Mar. 28	HS Courts	\$60
16+	W	6:00 - 7:00pm	Mar. 15 - Mar. 29	HS Courts	\$60

We are always looking for new ways to serve you. If you have an idea for a new program, questions or concerns about programs or want to let us know how we are doing, contact our office at 508-321-4740. We would love to hear from you!

DECLUTTER WORKSHOP

Facilitated by Salera Home Solutions

Join us as we discuss clutter! It can be overwhelming and debilitating to deal with the stuff that surrounds us. Most of us want our spaces to feel calm and function in an organized way but getting started can be challenging. Learn what clutter is and strategies to deal with it. Brainstorm system ideas specific to your needs with organizational professionals. Everyone leaves with resources and inspiration!

Age	DAY	Тіме	DATES		FEE
18+	TH	6:00 - 8:00pm	Apr. 13	Thaver House	\$45

SOCIAL TENNIS LEAGUE

Facilitated by USTA

The USTA New England Social Tennis League offers the opportunity for adults throughout New England to meet new people through the game of tennis. This league is a great way to improve your skills or get back into tennis in a fun, social environment. Our league runs from 6-8pm every Thursday night. Our first night is a fun hit around night open to anyone who is interested in the league. You'll get to meet everyone and get some practice in before matches start in week two. After that first night, we assign you to a team based on playing level and availability. Our teams and matches are co-ed and all levels are welcome as long as you can serve, rally and know the rules. Each team will have a captain who sets the weekly lineups, which will consist of two hour-long doubles matches. The winner of each match and the overall season is based on total games won, so every game counts! *Rain date: 6/22.

AGES	DAY	Тіме	DATES	LOCATION	FEE
21+	TH	6:00 - 8:00pm	May 11 - Jun. 15	HS Courts	\$65

ADULT BASKETBALL LEAGUE

Facilitated by Medway Parks and Recreation

Our Adult Basketball League gives our community an opportunity to play with their friends and colleagues in a controlled, outdoor under the lights atmosphere. Each week teams will switch off wearing dark and light colored shirts. The program is a "pick up" league structure with no referees. Grab some friends and sign up today!

AGES	DAY	Тіме	Dates	LOCATION	FEE
16+	TH	6:00 - 8:00pm	May 4 - Jun. 15	Oakland	\$10

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Come see why pickleball is such a big DILL. Each week, two to four courts will be reserved for those who have registered. Teams will be formed from those who are in attendance, and games will then be played. Please note: there is no formal instruction and participants must bring their own equipment.

AGES	DAY	Тіме	DATES	LOCATION	FEE
16+	TU	6:00 - 7:30pm	Apr. 25 - Jun. 20	HS Courts	\$30
16+	TH	6:00 - 7:30pm	Apr. 27 - Jun. 22	HS Courts	\$30

HATHA YOGA

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***In the case of rain, class will be held at Medway Senior Center***

AGES	DAY	Тіме	DATES		FEE
16+	TU	6:00- 7:00pm	May 9 - Jun. 27	Oakland Park	\$80

FIERCE FUNK

Instructed by Rebecca Tre

Fierce Funk is a new, exciting dance-fitness program founded by Pepper Von, one of the most respected and creative dance-fitness practitioners. Pepper's creation combines a street style funk movement with a contemporary hip-hop feel, for an inspiring, fun and complete workout. His vision is for instructors to bring a sense of fun, empowerment, passion, energy and a philosophy of love towards others to their classes through dance and fitness movements to energizing music.

Age	DAY	Тіме	DATES		FEE
18+	TU	5:15 - 6:00pm	May 2 - Jun. 20	Senior Center	\$80

WALK THIS WAY!

Instructed by Medway Park and Recreation

Spring has sprung! Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

Age	DAY	Тіме	DATES		FEE
All	F	8:00 - 9:00am	May 5 - May 26	Trails of Medway	Free

FIRST AID/CPR CERTIFICATION

Instructed by Juanita Allen Kingsley

The ASHI Pediatric CPR, AED, and First Aid training program provide an ideal training solution for schools, Scout Leaders, childcare providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children and infants. Topics covered include: First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult and Pediatric CPR & AED 2-year certification upon completion.

Age	DAY	Тіме	DATES	LOCATION	FEE
15+	TU	6:00 - 9:00pm	Jun. 20	Choate Park Snack Shack	\$80

VINYASA YOGA

Instructed by JodiRene Miller

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have therapeutic approach amid focus on bringing harmony between mind and body. Linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease.

A	GES	DAY	Тіме	DATES	LOCATION	FEE
16	5+	TH	6:30- 7:30pm	May 4 - Jun. 1	Senior Center	\$80

GARDEN CLUB

Instructed by Medway Parks and Recreation

Join us as we reclaim an antique garden space at Choate Park! We will plant and design a spring garden for the children at Choate Park to enjoy all season long. Two sessions a month!

Age	DAY	Тіме	DATES	ТНеме	FEE
5+	TH	3:30-5:00pm	Apr. 6 & 27	Spring Bulbs	\$15
5+	TH	3:30-5:00pm	May 4 & 25	Leafy Greens	\$15
5+	TH	3:30-5:30pm	Jun. 1 & 15	Edible Beauty	\$15

APRIL FOOLS DAY CRAFTS AND GAMES

Instructed by Medway Parks and Recreation

This is not a joke! Join us for a super fun afternoon of jokes, silly facts, and DIY surprise crafts. ***Class will be held in the Choate Park Snack Shack.**

Age	DAY	Тіме	DATES	LOCATION	FEE
4+	SA	10:00 - 11:00am	Apr. 1	Snack Shack	\$15

BUNNY BLOOM CENTERPIECES

Instructed by Medway Parks and Recreation

Join us for a handcrafted centerpiece class before Easter. Participants will create their own unique centerpiece to share with family and friends! *Class will be held in the Choate Park Snack Shack.

Age	DAY	Тіме	DATES		FEE
6+	W	4:00 - 5:00pm	Apr. 5	Snack Shack	\$20

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

Age	DAY	Тіме	DATES		FEE
All	SU	3:00 - 5:00pm	May 14	Senior Center	\$10/team

FAMILY BINGO NIGHT

Facilitated by Medway Parks and Recreation Unplug and tune in to old-fashioned family fun! Join us for a fun-filled monthly BINGO night with your family and friends.

Age	DAY	Тіме	DATES		FEE
All	SU	4:00 - 5:00pm	May 14	Senior Center	Free

TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES		FEE
All	SU	10:00 - 11:00am	Apr. 9	Trails of Medway	Free
All	SU	10:00 - 11:00am	May 7	Trails of Medway	Free
All	SU	10:00 - 11:00am	Jun. 11	Trails of Medway	Free

SPRING BLOOM JARS

Instructed by Medway Parks and Recreation

Join us for a special celebration of spring craft experience! Participants will make their own spring flower bulb craft jar to take home. The group will explore different varieties and techniques for planting and gifting spring flowers! *Class will be held in the Choate Park Snack Shack.

AGE	DAY	Тіме	DATES		FEE
4+	М	3:30 - 5:00pm	Mar. 20	Snack Shack	\$15

MINI SEED GREENHOUSES

Instructed by Medway Parks and Recreation

Growing your own veggies and fruits starts with a seed and plan! To help your curious growers start early and be successful we will create mini seed greenhouses for everyone to take home, with starter seeds and instructions. *Class will be held in the Choate Park Snack Shack.

Age	DAY	Тіме	DATES		FEE
6+	TH	4:00 - 5:00pm	Mar. 23	Snack Shack	\$10

FAIRY HOUSES

Instructed by Medway Parks and Recreation

Come make a whimsical handcrafted Fairy House to add to your outdoor wonderland! All materials will be provided! *Class will be held in the Choate Park Snack Shack.

Age	DAY	Тіме	DATES		FEE
5+	TU	4:00 - 5:30pm	May 30	Snack Shack	\$20

BUILD MEDWAY

Facilitated by Medway Parks and Recreation This fun family activity will recreate many of Medway's iconic buildings in miniature! Participants will select from historic town buildings/structures and build them from 60,000 LEGO bricks. When Registering, ONLY Register 1 ADULT. There can be up to 4 participants per group. Come build the Medway that we know and love.



GOLF FOR TODDLERS

Instructed by Maplegate Country Club

Fun based program targeted at new Golfers aged 1-4. Program will consist of two 60 min sessions covering basic rules & swing fundamentals. Plastic Clubs & balls will be used which students can keep. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 6/19**

Age	DAY	Тіме	DATES		FEE
1-4	М	10:00 -11:00am	Jul. 10 & Jul. 17	Maplegate	\$60

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

Age	DAY	Тіме	DATES		FEE
2-4	TU	4:15 - 5:00pm	Jul. 11 - Aug. 8	Step by Step	\$70

TODDLER TIME

Facilitated by Step by Step Dance Studio

A class where smiles and giggles are a must and dance fundamentals are started. Jumping, galloping, kicking and toe pointing are some things you will see your little one achieving! Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.

Age	DAY	Тіме	DATES		FEE
18m - 3	TH	4:15 - 5:00pm	Jul. 13 - Aug. 10	Step by Step	\$70



SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

Age	DAY	Тіме	DATES		FEE
3-4	SU	9:15 - 10:00am	Jul. 9 - Aug. 13	Oakland	\$175
2-3	SU	10:10 - 10:50am	Jul. 9 - Aug. 13	Oakland	\$175
4-5	SU	11:00 - 11:50am	Jul. 9 - Aug. 13	Oakland	\$175

TINYTYKES SOCCER

Instructed by Challenger Soccer

A fun introduction to soccer influenced by the very popular year-round TinyTykes curriculum. Includes games, activities, and adventures to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

Age	DAY	Тіме	DATES		FEE
3-5	M-F	8:00 - 8:45am	Aug. 7 - Aug. 11	Lamson	\$115

FABULOUS FROZEN FUN

Instructed by Step by Step Dance Studio

A day themed with "frozen" activities. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in a winter wonderland with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway**.

Age	DAY	Тіме	DATES		FEE
3-6	TU	9:30 - 12:00pm	Aug. 1	Step by Step	\$35

LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! All classes will be held in Choate Park. Sign up for one or join us for the whole session.

Age	DAY	Тіме	DATE	Тнеме	FEE
1-5	F	11:00 - 12:00pm	Jul. 7	Under the Sea	\$25
1-5	F	11:00 - 12:00pm	Jul. 14	Bubbles	\$25
1-5	F	11:00 - 12:00pm	Jul. 21	Dinosaurs	\$25
1-5	F	11:00 - 12:00pm	Jul. 28	Creative Cooking	\$25
1-5	F	11:00 - 12:00pm	Aug. 4	Process Art	\$25
1-5	F	11:00 - 12:00pm	Aug. 11	Rainbow Water Tables	\$25

ENCHANTED FOREST DAY

Instructed by Step by Step Dance Studio

A day themed with Enchanting activities for Prince and Princesses. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in an enchanted forest with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway**.

Age	DAY	Тіме	DATES	LOCATION	FEE
3-6	W	9:30 - 12:00pm	Aug. 9	Step by Step	\$35

CREATIVE BUILDERS

Instructed by Little Scholars

Bang, Bang, Build, Build...is building things your jam? Construct some awesome creations with us using interlocking building blocks and many other interesting items. Learn the importance of communication, problem-solving, creativity, and teamwork, just like real engineers.

4-6 M-F 9:00 - 12:00pm Aug. 21 - Aug. 25 Choate Park \$175

FAIRY TALES AND FRIENDS

Instructed by Little Scholars

Twirl and whirl as we ignite your imagination through enchanted stories and classic tales about regal characters, mythical creatures, and heroes big and small. With energetic games, cooperative play, art, and activities to bring sparkle to your day, we will capture the essence of once upon a time.

Age	DAY	Тіме	DATI	ES		Loc	ATION	Fee

4-6 M-F 9:00 - 12:00pm Aug. 14 - Aug. 18 Choate Park \$175

Medway Parks and Recreation's 05 JUL FIFTH OF JULY PARTY CHOATE PARK | 1:00 PM 12 JUL HIGH FLYING DOG SHOW CHOATE PARK | 1:00 PM

CHOATE PARK OLYMPICS

ED THE WIZARD CHOATE PARK | 1:00 PM

19

JUL

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ILLUSIONIST DAVID GARRITY CHOATE PARK | 1:00 PM

DINOMAN! CHOATE PARK | 1:00 PM

CHOATE PARK SCAVENGER HUNT

END OF SUMMER FOAM PARTY CHOATE PARK | 1:00 PM

VISIT WWW.MEDWAYPARKSREC.COM FOR DETAILS

MAGICAL ME—ENCANTO INSPIRED

Instructed by Step by Step Dance Studio

A day themed with "Encanto" inspired activities. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in an enchanted forest with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

Age	DAY	Тіме	DATES		FEE	
3-6	W	9:30 - 12:00pm	Jul. 19	Step by Step	\$35	

PRINCESS IN TRAINING

Instructed by Medway Parks and Recreation

Get your little ones ready to use their imagination and live in a fairy tale all week at Princess in Training. Put on your favorite princess dress and join us for crafts, games, dancing, and so much more - even a tea party! A fun and magical week will all lead up to a coronation ceremony that you won't want to miss. Princess attire is welcome, but if your royal dress is at the cleaners, athletic clothes work just fine. Let's have some royal fun!

Age	DAY	Тіме	DATES	LOCATION	FEE
4-8	M-F	9:00 - 12:00pm	Jun. 26 - Jun. 30	Choate Park	\$60

SUPERHERO TRAINING CAMP

Instructed by Little Scholars

Do you have what it takes to save the earth? Do you have the sparkle to rule the world? Train to be the superhero you were meant to be! Save the world from evil-doers everywhere in this interactive and high-energy program. The training combines cooperative games, team-building activities, literature, educational enrichment activities, and craft projects to ensure your powers will be supreme. ***No 7/4**

Age	DAY	Тіме	DATES		FEE
4-6	M-F	9:00 - 12:00pm	Jul. 3 - Jul. 7	Choate Park	\$140

CHOATE BUDDIES

Instructed by Medway Parks and Recreation

At Choate Buddies your child will have an unforgettable experience and make memories that will last a lifetime. This program for kids ages 3-5, is jam-packed with great outdoor summertime activities such as arts & crafts, theme weeks, games, scavenger hunts, special events, guest presenters, field game days, and much more! The program will not be held in the event of rain, an email will be sent out the night before or the morning of before 8am. Sign up early, space is limited. Join us for the fun and make it a summer to remember!

S	Age	DAY	Тіме	DATES		FEE
1	3-5	M-F	9:15 - 12:15pm	Jul. 10 - Jul. 14	Choate Park	\$95
2	3-5	M-F	9:15 - 12:15pm	Jul. 17 - Jul. 21	Choate Park	\$95
3	3-5	M-F	9:15 - 12:15pm	Jul. 24 - Jul. 28	Choate Park	\$95
4	3-5	M-F	9:15 - 12:15pm	Jul. 31 - Aug. 4	Choate Park	\$95
5	3-5	M-F	9:15 - 12:15pm	Aug. 7 - Aug, 11	Choate Park	\$95

FIELD HOCKEY PRE SEASON CLINIC

Facilitated by Medway Parks and Recreation

Join Coach Ali and crew for a week long field hockey program! Great for returning players and new players. Each day will include fun high energy skill drills, game development activities, scrimmages, and field hockey inspired games. No experience needed.

Age	DAY	Тіме	DATES		FEE
8-12	M-F	9:00 – 12:00pm	Aug. 21 - 25	Oakland	\$40

LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. Norfolk Ice Arena is located at 1 Dean Street Norfolk.

S	Age	DAY	Time	DATES	LOCATION	Fee
I	3+	TU	5:00 - 5:50pm	Jun. 20 - Jul. 25	Norfolk	\$100
Ш	3+	TU	5:00 - 5:50pm	Aug. 1 - Aug. 29	Norfolk	\$100

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. Skaters must possess level 1 U. S. Figure Skating Basic proficiency in order to participate. Norfolk Ice Arena is located at 1 Dean Street Norfolk.

Age	DAY	Тіме	Dates	LOCATION	Fee
6-12	TU	5:00 - 5:50pm	Jun. 20 - Jul. 25	Norfolk	\$100
6-12	TU	5:00 - 5:50pm	Aug. 1 - Aug. 29	Norfolk	\$100

KIDS TEST KITCHEN (VIRTUAL)

Instructed by Kids Test Kitchen

We are redefining kid food – via Zoom! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual, via zoom, experience gives students the unique opportunity to gain comfort and independence within their own kitchen and then immediately share their work with family! Parents love having the night off from planning and preparation – and agree that coming together as a family to enjoy the product of their kid's labor is absolutely priceless. Please visit the website to see the menus for each season.

Age	DAY	TIME	DATES	LOCATION	FEE
5-18	TU	5:30 - 6:30pm	Jul 11 - Aug. 15	Online	\$85

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***Rain Date: 7/31 & 8/2.**

GR.	DAY	TIME	DATES		FEE
1-2	M,W,F	1:00 - 2:00pm	Jul. 17 - Jul. 28	HS Tennis Courts	\$65
3-5	M,W,F	2:15 - 3:15pm	Jul. 17 - Jul. 28	HS Tennis Courts	\$65

MINECRAFT - CREATIVE MODE

Instructed by Sports Zone 101

Minecraft is a massively popular game where players nd resources, craft, build, explore, and defend themselves against monsters like Creepers and Zombies. In our Creative Mode program, we will be focusing on the building aspect of Minecraft. We will be showing students how to build many things from buildings and skyscrapers to massive statues of their favorite characters or animals. Through this program we'll be mastering creative mode and promoting creativity. There will also be opportunities for students to choose their own designs to build!

GR.	DAY	Тіме	DATES		FEE
K-5	M-F	9:00 – 12:00pm	Aug. 14 - 18	Snack Shack	\$195
		Stre	ET HOCKEY		

Facilitated by Medway Parks and Recreation

Love street Hockey? Grab some friends and head to Oakland Park for weekly pick up games. Fee includes a t-shirt.

Age	DAY	Тіме	DATES	LOCATION	FEE
7-12	W	5:30 - 6:30pm	Jun. 28 - Aug. 2	Oakland	\$10

For all of our Summer Camp Options check out the 2023 Summer Camps and Clinics Brochure Online



TEENVENTURE

Facilitated by Medway Parks and Recreation

TeenVenture Medway is our newest program for Summer 2023. The program is an everyday field trip experience for middle school students entering 5th - 8th grade. This fun and exciting weekly journey is set up for middle schoolers to build memories through amazing experiences. These experiences include a wide selection of field trips that would appeal to all types of teens. We hope to build their critical thinking, social & emotional enrichment all while developing independence. Let's Venture! Pick up and drop off will be at Cassidy Fields.

GR.	DAYS	Тіме	DATES	LOCATION	FEE
5-8	M-F	9:00 - 3:00pm	Jul. 17 - Jul. 21	Cassidy	\$225
		F			

FILMMAKING

Facilitated by Medway Parks and Recreation

Ready, Set.. Action! In this program students will bring creativity to life in a fun, collaborative and exciting environment. They will learn skills in scriptwriting, storyboard sketching, improvisation and camera skills. Together they will write, shoot and edit a film in a genre of their choosing and edit their project together using the professional editing software Adobe Premiere. *All films are eligible for submission to the 10th annual Boston International Kids Film Festival that will take place in November 2023.

GR.	DAYS	Тіме	DATES		FEE
5-10	M-F	9:00 - 3:00pm	Jul. 10 - Jul. 14	Thayer House	\$330

FROZEN ROPES BASEBALL CAMP

Facilitated by Frozen Ropes

Frozen Ropes is excited to be back in Medway with our award winning Summer programs. Frozen Ropes has been operating Summer Camps in Metrowest for over 30 years! Experience top-notch instruction this summer with the only nationally recognized full-time baseball and softball training centers. The Frozen Ropes summer programs feature full-time professional instructors, structured curriculums and drills, controlled scrimmages to improve game skills, and low player to instructor ratio. All players received a Frozen Ropes T-shirt.

Age	DAY	Тіме	DATES	LOCATION	Fee
13+	TU-TH	10:00 - 1:00pm	Aug. 1 - Aug. 3	HS Baseball	\$168

BOATING IS FUN!

Facilitated by Boating in Boston

These week-long sessions are filled with lots of time on the water learning paddling strokes, sailing terms and independence on the water. Choose sailing or kayaking (full days can include either or both!) and watch your little skipper transform into a commander of the seas. There are half day, full day and summer long options. Check out prices and dates on www.medwayparksrec.com. Boating in Boston is held at Hopkinton State Park which is located at 286 Cedar St, Hopkinton, MA 01748.

Age	DAYS	Тіме	DATES (WEEKLY)	LOCATION	FEE
8-15	M-F	9:00 - 12:00pm	Jun. 19 - Aug. 18	Hopkinton	\$340
8-15	M-F	1:00 - 4:00pm	Jun. 19 - Aug. 18	Hopkinton	\$340
8-15	M-F	9:00 - 4:00pm	Jun. 19 - Aug. 18	Hopkinton	\$535

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TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! *Rain Date: 7/31 & 8/2.

GR.	DAY	Тіме	DATES		FEE
6-8	M,W,F	3:30 - 4:30pm	Jul. 17 - Jul. 28	HS Tennis Courts	\$65

CHOATE SUMMER C.I.T.

Facilitated by Medway Parks and Recreation

Why Be a Counselor In Training? The Choate Summer environment provides a unique opportunity for youth to build leadership skills, particularly in assisting staff with younger campers. The goal of the training program is to develop general skills of leadership that you can use throughout life at school, home, and community (not just at camp). The training received and talents of CIT's. are put into action. Being a counselor-in-training is an important role at Choate Summer in which leadership skills, good character, integrity, patience, and self-control are nurtured and developed. By participating in the CIT program, you will have the opportunity to give back and help create lasting memories. The CIT program serves as a possible stepping stone to future employment with Choate Summer. For more details visit the Parks and Recreation website.

S	AGES	DAY	Тіме	DATES	
1	13-15	M-F	9:00 - 3:00pm	Jul. 10 - Jul. 14	Choate Park
2	13-15	M-F	9:00 - 3:00pm	Jul. 17 - Jul. 21	Choate Park
3	13-15	M-F	9:00 - 3:00pm	Jul. 24 - Jul. 28	Choate Park
4	13-15	M-F	9:00 - 3:00pm	Jul. 31 - Aug. 4	Choate Park
5	13-15	M-F	9:00 - 3:00pm	Aug. 7- Aug. 11	Choate Park
6	13-15	M-F	9:00 - 3:00pm	Aug. 14 - Aug. 18	Choate Park
7	13-15	M-F	9:00 - 3:00pm	Aug. 21 - Aug. 25	Choate Park



AFTER WORK ADULT GROUP LESSON

Instructed by Maplegate

This program is targeted for adult women and men golfers of all ability levels and will consist of five 90-minute group lessons Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. Maplegate Country Club is located at 160 Maple Street in Bellingham Rain Date: 8/14

Age	DAY	TIME	DATES	LOCATION	Fee
18+	М	6:00 - 7:30pm	Jul. 10 - Aug. 7	Maplegate	\$160

WOMEN'S ONLY AFTER WORK GOLF

Instructed by Maplegate

Program is targeted for adult women golfers of all ability levels and will consist of five 90-minute group lessons Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 8/15**

Age	DAY	Тіме	DATES		FEE
18+	TU	6:00 - 7:30pm	Jul. 11 - Aug. 8	Maplegate	\$170
		ADU	lt Fitness Fun		

Facilitated by Step by Step Dance Studio

This energizing class is a mixture of Zumba and Boot Camp combined for all-around workout that is also fun! Zumba fuses hypnotic Latin rhythms with easy to follow moves created a one of a kind fitness program. Fast and slow rhythm and resistance training are combined to tone and sculpt your body while burning fat. The boot camp side includes exercises and repetition and also uses light weights to help strengthen and tone the body. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway**.

Age	DAY	Тіме	DATES	LOCATION	FEE
18+	W	8:00 - 9:30pm	Jul. 12 - Aug. 9	Step by Step	\$110

ADULT JAZZ

Facilitated by Step by Step Dance Studio

This class helps develop a sense of rhythm & style. It consists of isolation warm-ups, major muscle warm-ups, stretch, floor progressions & combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE DAY	Тіме	DATES		FEE
18+ TU	7:00 - 8:00pm	Jul. 11 - Aug. 8	Step by Step	\$80

ADULT BASKETBALL LEAGUE

Facilitated by Medway Parks and Recreation

Our Adult Basketball League gives our community an opportunity to play with their friends and colleagues in a controlled, indoor atmosphere. Each week teams will switch off wearing dark and light colored shirts. The program is a "pick up" league structure with no referees. Grab some friends and sign up today!

AGES	DAY	Тіме	DATES		Fee
16+	TH	6:00 - 8:00pm	Jul. 13 - Aug. 17	Oakland	\$10

HATHA YOGA

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis.

Age	DAY	Тіме	DATES		FEE
16+	TU	6:00- 7:00pm	Jul. 11 - Aug. 29	Oakland Park	\$80

ADULT TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals & basics including rhythm, timing & precision. The class consists of foot & ankle warm-ups, floor progressions & combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

Age	DAY	Тіме	DATES		FEE
18+	TU	7:00 - 8:00pm	Jul. 11 - Aug. 8	Step by Step	\$80

ADULT BALLET

Facilitated by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.

Age	DAY	Тіме	DATES	LOCATION	FEE
18+	W	7:00 - 8:00pm	Jul. 12 - Aug. 9	Step by Step	\$80

VINYASA YOGA

Instructed by JodiRene Miller

A one-hour vinyasa yoga class accessible for all levels from beginners to advanced yogis. The class will have therapeutic approach amid focus on bringing harmony between mind and body. Linking breath to gentle movement sequences helping to improve mobility at a lower intensity all while allowing your heart rate to increase. Each class is different in sequence with offerings of yogic breath techniques and guided relaxation allowing for a deep sense of mindfulness, self-connection and ease.

Age	DAY	Тіме	DATES		FEE
16+	TH	6:30 - 7:30pm	Jun. 15 - Jul. 13	Senior Center	\$60
16+	TH	6:30 - 7:30pm	Jul. 20 - Aug. 17	Senior Center	\$60

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation Each week, two courts will be set up, teams will be formed from those who are in attendance, and games will then be played.

AGES	DAY	Тіме	Dates	LOCATION	FEE
16+	TU	6:00 - 7:30pm	Jun. 27 - Jul. 25 *No 7/4	HS Courts	\$20
16+	TH	6:00 - 7:30pm	Jul. 6 - Jul. 28 7	HS Courts	\$20
16+	TU	6:00 - 7:30pm	Aug. 1 - Aug. 29	HS Courts	\$25
16+	TH	6:00 - 7:30pm	Aug. 3 - Aug. 31	HS Courts	\$25



MAY/JUNE

Sun	ΜοΝ	TUE	WED	Тни	Fri	SAT
	1 Golf for Moms Lil Ninjas Micro T-ball Pint Sized Picassos Cross Country Photography	2 Sports Zone - Nerf Kids Test Kitchen JR Party Planning Fierce Funk Walk this Way	3 That's Gross! WoW Lab Afterschool Sports	4 May Garden Club Treasure Hikes Preschool Basketball Basketball Pokemon Battle Club Tournament of Champions Adventure Hikes	5 Little Earthlings	6
7 Take a Hike	8	9 Sugar Club Playground Pals Hatha Yoga	10 Teddy Bear Party	11 Kids Game Night Social Tennis League	12 Can you dig it? Little Earthlings	13
14 Puzzlepalooza Family Bingo	15	16 BLAST Babysitting	17 Tiny Tot Olympics	18 Learn to Fish	19 Early Release Trip— Boundless Adventures	20 Medway Pride Day
21 Intro to Skateboarding	22	23 Sugar Club	24	25 May Garden Club	26	27
28	29	30 Fairy Houses	31			
Sun	Мон	TUE	WED	Тни	Fri	SAT
				1 Field Hockey Registration June Garden Club	2	3 Fishing Derby
4 Graduation	5 Golf For Toddlers	6	7	8	9 Can you dig it?	10
11	12	13 Sugar Club Playground Pals	14	15 June Garden Club Vinyasa Yoga	16	17
18	19	20 First Aid/CPR Learn to Skate Learn to Play Hockey	21 Swim Team Starts	22	23	24
25	26	27 Outdoor Pickleball	28 Street Hockey	29 Outdoor Pickleball	30	



JULY/AUGUST

Sun	Мон	TUE	WED	Тни	Fri	SAT
						1
2	3 Superhero Training		5	6	7 Little Earthlings	8
9 Super Soccer Stars	10 Summer Concert Golf for Toddlers Choate Buddles Filmmaking Group Lesson	11 Preschool Dance Kids Test Kitchen Hatha Yoga Women's only after work Tap Jazz	12 Ballet Adult Fitness Fun	13 Toddle Time Adult Basketball League	14 Little Earthlings	15 Celebrate Medway Day
16	17 Summer Concert Choate Buddies Tennis in the Parks	18	19 Magical Me	20 Vinyasa Yoga	21 Little Earthlings	22
23	24 Summer Concert Choate Buddies	25		27	28 Little Earthlings	29 Pixie Festival
Sun	Mon	TUE	WED	Тни	Fri	Sat
30	31 Summer Concert Choate Buddies Frozen Ropes	1 Fabulous Frozen Fun Learn to Skate Learn to Play Hockey Outdoor Pickleball		3 Outdoor Pickleball	4 Little Earthlings	5
6	7 Summer Concert Tiny Tykes Choate Buddies	8	9 Enchanted Forest Day	10	11 Little Earthlings	12
13	14 Summer Concert Fairy Tales and Friends Minecraft	15	16	17	18	19
20	21 Summer Concert Creative Builder Field Hockey Preseason Fall Registration opens	22	23	24	25	26
27	28	29	30	31		

Town of Medway

Parks & Recreation 155 Village Street Medway, MA 02053 PRST STD AUTO U.S. POSTAGE PAID

Medway Parks and Recreation presents: July 1785 O The Pub Kings 7 AK Cody 24 The Peacheaters Lake Shore Drive Band August ein Larceny Homlays at Vakland Northeast Groove 1 1-Burning Paper Mountains 8-8pm