

Medway Parks and Recreation

2023

Winter Brochure

155 Village Street Medway, MA 02053

www.medwayparksrec.com - 508-321-4740

TABLE OF CONTENTS

DEPARTMENT INFORMATION	2	WINTER YOUTH PROGRAMS	8-9
REGISTRATION INFORMATION	2	WINTER HS/MIDDLE SCHOOL PROGRAMS	10
GENERAL INFORMATION	3	WINTER ADULT PROGRAMS	11-12
2023 COMMUNITY EVENTS	4	WINTER FAMILY PROGRAMS	13
NORFOLK ICE ARENA PROGRAMS	5	MONTHLY CALENDARS	14-15
WINTER PRESCHOOL PROGRAMS	6-7	CHOATE SUMMER	16

PARKS & RECREATION STAFF

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PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)
Lyle Core
Richard D'Innocenzo
John Farrell
Sean Murphy

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740
Website: [MedwayParksRec.com](https://www.MedwayParksRec.com)
General Parks Email: parksandrec@townofmedway.org

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at [MedwayParksRec.com](https://www.MedwayParksRec.com) and is the **PREFERRED METHOD**. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

OFFICE HOURS

Monday: 7:30am—5:30pm
Tuesday: 7:30am—4:30pm
Wednesday: 7:30am—4:30pm
Thursday: 7:30am—4:30pm
Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

MAILING ADDRESS

155 Village Street, Medway, MA 02053

OFFICE LOCATION

158 Main Street, Medway, MA 02053

WINTER RECREATION REGISTRATION FOR MEDWAY RESIDENTS:

MONDAY, NOVEMBER 28, AT 9:00AM

WINTER RECREATION REGISTRATION FOR NON-RESIDENTS:

FRIDAY, DECEMBER 2, AT 9:00AM

SUMMER CONCERT Series

Thank you to our 2021/2022 Event Sponsors:



Charles River Bank
Personal Connections. Powerful Solutions.



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

SPRING EGG HUNT

8 APRIL 2023 | SATURDAY, FREE ENTRY
STARTS AT 9:00 AM

EGG HUNT, MEET EASTER BUNNY & MUCH MORE!

Oakland Park, 76 Oakland Street
Pre-registration is required, visit: www.medwayparksrec.com

4th Annual

SNOW SCULPTURE

Contest

LET IT SNOW!

For more information visit www.MedwayParksRec.com

MEDWAY PARKS AND RECREATION & MEDWAY HIGH FISHING CLUB PRESENTS

FISHING DERBY

SATURDAY, JUNE 3TH, 2023
7-10AM CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM

SUMMER CAMP

OPEN HOUSE

January
22rd
1-2pm

Looking for the perfect summer camp? Come see what options are out there.

For more details visit www.medwayparksrec.com

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Jan. 3 - Feb. 21	Norfolk	\$145
II	6-12	TU	5:00 - 5:50pm	Feb. 28 - Apr. 18	Norfolk	\$145

INTRO TO THEATRE ON ICE

Facilitated by Norfolk Ice Arena

Our Junior Limelights program consists of 25 minutes of skills as well as 25 minutes of Theater on Ice class. The core components of Theater on Ice include choreography, skating movements, and the camaraderie shared between skaters at the introductory level. Skaters will perform their "Performance" at the end of the session for their Parents and Learn to Skate participants. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	5+	SA	12:00 - 12:50pm	Jan. 7 - Feb. 25	Norfolk	\$250
II	5+	SA	12:00 - 12:50pm	Mar. 4 - Apr. 22	Norfolk	\$250

SYNCHRONIZED SKATING

Facilitated by Norfolk Ice Arena

This program is a fantastic way to introduce the team sport of synchronized skating to anyone participating in group lessons or at the beginner levels. Block, circle, line, wheel and intersection are the five elements, and each are performed with prescribed handholds. As skaters advance through the various levels, they will learn how to transition properly between elements using multiple holds. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	5+	SU	11:00 - 1:00pm	Jan. 8 - Feb. 26	Norfolk	\$250
II	5+	SU	11:00 - 1:00pm	Mar. 5 - Apr. 23	Norfolk	\$225

***No Apr. 9**

BRIDGE CLASS

Facilitated by Norfolk Ice Arena

The Bridge Class at Norfolk Arena will focus on basic skating skills. We will be focusing on stroking, forward crossovers, backward crossovers, turns, posture, and speed. We will be using full ice! Participants must be Basic 4 and higher. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	7+	SA	12:00 - 12:50pm	Jan. 7 - Feb. 25	Norfolk	\$250
II	7+	SA	12:00 - 12:50pm	Mar. 4 - Apr. 22	Norfolk	\$250

LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time.

Program Objectives

- Provide an engaging and safe skating experience for the beginner
- Teach correct technique of the simple basic elements
- Promote health and physical fitness
- Enable all participants to achieve the skills necessary to either skate for fun the rest of their lives or to move competently into the U.S. Figure Skating advanced test and/or competitive structure

All skaters require the following equipment:

- Skates
- Helmet
- Gloves
- Snow Pants

Norfolk Ice Arena is located at 1 Dean Street Norfolk.

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Jan. 3 - Feb. 21	Norfolk	\$145
I	3+	W	1:00 - 1:50pm	Jan. 4 - Feb. 22	Norfolk	\$145
I	3+	SA	11:00 - 11:50am	Jan. 7 - Feb. 25	Norfolk	\$145
I	3+	SU	10:00 - 10:50am	Jan. 8 - Feb. 26	Norfolk	\$145
II	3+	TU	5:00 - 5:50pm	Feb. 28 - Apr. 18	Norfolk	\$145
II	3+	W	1:00 - 1:50pm	Mar. 1 - Apr. 19	Norfolk	\$145
II	3+	SA	11:00 - 11:50am	Mar. 4 - Apr. 22	Norfolk	\$145
II	3+	SU	10:00 - 10:50am	Mar. 5 - Apr. 23	Norfolk	\$130

***No Apr. 9**



PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! ***Class will be held in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	10:00 - 10:50am	Jan. 23 - Feb. 13	Choate Park	\$40

CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme, be sure to bring your shovel, get ready to get dirty and have some fun. ***Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	Jan. 13	Winter Wonderland	\$10
2-5	F	10:00 - 10:50am	Mar. 10	Find the pot of gold	\$10

TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer! ***Make up weather dates: 4/6, 4/13**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	11:00 - 11:45am	Mar. 2 - Mar. 30	Choate Park	\$30

SNOW SENSORY EXPERIENCE

Instructed by Medway Park Recreation

It's snow, snow and more snow! How does it work? How does it melt? So many questions and many more fun answers and experiments to learn more! Fun for all ages. ***Class will be held in the Choate Park Snack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	W	12:30 - 1:30pm	Jan. 18	Snack Shack	\$10

BE MY VALENTINE

Instructed by Medway Park Recreation

Do you have a special valentine this year? Join us for Valentines crafts, books and dancing for preschoolers that will make your heart skip a beat. Caretakers are encouraged to stay and join in the fun. ***Class will be held in the Choate Park Snack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	10:00 - 11:00am	Feb. 14	Choate Park	\$10

BUNNY BRUNCH

Facilitated by Medway Park Recreation

Join us for a morning of brunch, books, bubbles, coloring, playground fun and a visit from some bunny special. You won't want to miss the hop-tastic time!

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	W	10:00 - 11:30am	Apr. 5	Oakland Park	Free

LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! **All classes will be held at the Choate Park Snack Shack.** Sign up for one class or the whole session.

AGE	DAY	TIME	DATE	THEME	FEE
1-5	F	11:00 - 12:00pm	Jan. 6	Winter Wonderland	\$25
1-5	F	11:00 - 12:00pm	Jan. 13	Creative "Cooking"	\$25
1-5	F	11:00 - 12:00pm	Jan. 20	Sensory Science	\$25
1-5	F	11:00 - 12:00pm	Jan. 27	Colors and Creations	\$25
1-5	F	11:00 - 12:00pm	Feb. 3	Based on Books	\$25
1-5	F	11:00 - 12:00pm	Feb. 10	Imagination Stations	\$25

LITTLE TIGERS TAEKWONDO

Facilitated by Karen Galligan

This Taekwondo program, through Mu Han Martial Arts in Franklin, is a fun way to introduce your young child to sport and exercise through martial arts. Classes combine exercise, games and the basics of taekwondo to help children gain confidence and develop healthy habits. Some time in each class is dedicated to understanding and practicing the 5 tenets of taekwondo: respect, humility, perseverance, self-control and honesty. Each session is 6 weeks and builds off of previous sessions. Testing will be conducted at the end of each session to advance children to the next belt level. Uniforms will be provided on the first day of Session 1. Session 1 - Beginner (white belt), Session 2 - Intermediate beginner (yellow stripe) - Session 3 - Advanced Beginner (green stripe) **Mu Han Martial Arts is located at 456 W. Central Street in Franklin.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	4-5	TU, TH	9:30 - 10:15am	Jan. 10 - Feb. 16	Mu Han	\$235
II	4-5	TU, TH	9:30 - 10:15am	Mar. 7 - Apr. 13	Mu Han	\$235
III	4-5	TU, TH	9:30 - 10:15am	Apr. 25 - Jun. 1	Mu Han	\$235



LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***No Class 2/20**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	M	9:30 - 10:20am	Jan. 23 - Mar. 6	Medway VFW	\$125

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	TU	4:15 - 5:00pm	Jan. 10 - Feb. 7	Step by Step	\$80
3	SA	9:45 - 10:30am	Jan. 14 - Feb. 11	Step by Step	\$80

COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4	TH	4:15 - 5:15pm	Jan. 12 - Feb. 9	Step by Step	\$90
4	SA	10:30 - 11:30am	Jan. 14 - Feb. 11	Step by Step	\$90

ADVANCED COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5	W	4:00 - 5:00pm	Jan. 11 - Feb. 8	Step by Step	\$90
5	SA	11:45 - 12:45pm	Jan. 14 - Feb. 11	Step by Step	\$90

ELF PUPPET MAKING & SNOWFLAKE ART

Instructed by Medway Park Recreation

It's that time of year! Our homes are looking for Elf's and snowflakes. Join Miss Ali for a puppet and snowflake making experience! ***Class will be held in the Choate Park Snack**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	F	10:00 - 12:00pm	Dec. 16	Snack Shack	\$10

PRESCHOOL BASKETBALL

Instructed by FAST Athletics

Minihoops, miniballs and a ton of fun! This class is created for 3-6 year olds and will work on having fun while learning some fundamentals of basketball. There will be lots of team games, as well as parental participation to encourage the children! Dribbling, passing, and shooting will be the three main fundamental focuses throughout this program. Class will be held in the Medway High School Gym. ***No class 2/5, 2/19.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	SU	9:00 - 9:45am	Jan. 22 - Mar. 12	MHS Gym	\$110

PRESCHOOL MINI SPORTS

Instructed by FAST Athletics

This program is a combination of warm-up games and sports such as soccer, kickball, and tball. It will ease children into learning the basics of all these great games as well as teaching them the importance of team work! Each class F.A.S.T. Athletics will have new and exciting games planned for the students. Class will be held in the Medway High School Gym. ***No class 2/5, 2/19.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	SU	10:00 - 10:45am	Jan. 22 - Mar. 12	MHS Gym	\$110

HABLO ESPANOL

Instructed by Little Scholars

Ever wondered how to say your favorite words in Spanish? Join us as we learn the basics of the second most spoken language in the world through an innovative, dual language, thematic approach with games, stories, songs, and art. Our Little Scholars will be exposed to colors, body parts, numbers, family members, and common phrases. ***No class 2/22***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	W	2:30 - 3:30pm	Jan. 18 - Mar. 15	Snack Shack	\$130

DRIVE IN MOVIE

Facilitated by Medway Park Recreation and Library

Join us for a "drive-in" movie featuring a surprise movie and cardboard box cars created by you! Design and decorate your cardboard box car at home or come early starting at 9:00am to put the final touches on your car with us! The movie will start at 9:30am. Pre-registration is required.

AGE	DAY	TIME	DATES	LOCATION	FEE
1-6	F	9:00 - 11:30am	Dec. 9	Medway Library	Free

FIND THAT POT OF GOLD

Instructed by Medway Park Recreation

We are on a hunt for that pot of gold at the end of the rainbow. First we need to make binoculars to help in our search for the gold. We will also need the help of a lucky leprechaun. What kind of treasure will be found? Join us and find out. Caretakers are encouraged to stay and join in on the hunt.

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TU	10:00 - 11:00am	Mar. 14	Choate Park	\$10

THAT'S GROSS

Instructed by Little Scholars

Get your hands dirty and hold your nose! This hands-on class will combine anatomy, physiology, and chemistry to help better understand the way your body works. Make fake blood, discover how sugar causes cavities, and find out why we burp. You'll have your grown-ups saying-YUCK! ***No class 2/23. Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	3:45 - 4:45pm	Jan. 19 - Mar. 16	Snack Shack	\$130

SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your child's wildest sweetest dreams come true in these decorating adventure workshops. Each participant will have a baked dessert for that class and be led through instructions in how to decorate it to take home to share with their family. **Class will take place at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATE	THEME	FEE
7-14	TU	4:00 - 5:00pm	Jan. 10	Polar Bear Cake	\$20
7-14	TU	4:00 - 5:00pm	Feb. 7	Conversation Hearts	\$20
7-14	TU	4:00 - 5:00pm	Apr. 4	Bunny Cake	\$20

KIDS TEST KITCHEN (VIRTUAL)

Instructed by Kids Test Kitchen

We are redefining kid food – via Zoom! Each class presents students with an opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual, via Zoom, experience gives students the unique opportunity to gain comfort and independence within their own kitchen and then immediately share their work with family! Parents love having the night off from planning and preparation – and agree that coming together as a family to enjoy the product of their kid's labor is absolutely priceless.

AGE	DAY	TIME	DATES	LOCATION	FEE
5-18	TU	5:30 - 6:30pm	Jan. 10 - Feb. 14	Online	\$85/house
5-18	TH	5:30 - 6:30pm	Jan. 12 - Feb. 16	Online	\$85/house
5-18	TU	5:30 - 6:30pm	Mar. 7 - Apr. 11	Online	\$85/house
5-18	TH	5:30 - 6:30pm	Mar. 9 - Apr. 13	Online	\$85/house

LEARN TO SEW - PLUSH NARWHAL

Instructed by Medway Parks and Recreation

No School? Come try your hand at sewing and make a one of a kind creation! In this class, you can choose your fleece color to sew your own Plush Narwhal. He makes an adorable friend with his big eyes and sparkly horn! In this class, you will learn the basics of the sewing machine (including safety) as well as some hand stitching. No experience necessary. **Class will take place at the Choate Park Snack Shack.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
2-12	F	9:30 - 12:00pm	Mar. 17	Snack Shack	\$70

MINECRAFT EXPLORATION

Instructed by Empow Studios

Minecraft isn't just for video gamers – it's for designers, artists, and engineers! Students can explore the basics of art, architecture, animation, and even the basics of electrical engineering with the patented Redstone circuitry. They will build their own Minecraft world or collaborate with a group on a shared world. Every student can take home digital files so that they can keep exploring their world after class has ended. Learn to play and play to learn with our exciting Minecraft classes. ***Class will be held at Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	W	5:00 - 7:00pm	Mar. 15	Snack Shack	\$45

TASTES AROUND THE WORLD

Instructed by Little Scholars

Explore the tastes of the world by visiting Italy to make tiramisu, sailing to Mexico to create salsa, and cruising to France to bake crepes. Pack your bags because this is an adventure that you do not want to miss! Our chefs will mix, chop, and craft the classes away! ***No class 2/22* Class will be held in the Choate Park Snack Shack**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	W	3:45 - 4:45pm	Jan. 18 - Mar. 15	Snack Shack	\$170

AFTER SCHOOL SPORTS

Instructed by MA Sports League

Don't hibernate this winter, get out and enjoy it! Join us for some after school fun! All players will gain the necessary skills and instruction during this time frame as well as competing weekly. Check out the games we will playing: Dodge ball, Flag football, Kickball, Parachute, Team handball. Ultimate Frisbee, Wiffle ball, and World cup soccer. All participants will receive a MASL tee shirt. ***No class 2/21. Weather make up dates: 3/14, 3/21.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	TU	3:30 - 4:30pm	Jan. 24 - Mar. 7	Cassidy #4	\$150

SWIMMING CLINICS

Instructed by Medway Parks and Recreation

Dive right in and get ready for summer swim team with stroke and turn clinics. Each clinic will have a stroke of the day. We will incorporate starts and turns for that particular stroke. Participants need to be able to complete 25 yards unassisted. **The clinic will be held at Milford High School Pool.**

AGE	DAY	TIME	DATE	STROKE	FEE
5-10	SA	9:00 - 10:00am	Mar. 4	Freestyle	\$35
11-18	SA	10:00 - 11:00am	Mar. 4	Freestyle	\$35
5-18	SA	9:00 - 10:00am	Mar. 11	Backstroke	\$35
11-18	SA	10:00 - 11:00am	Mar. 11	Backstroke	\$35
5-18	SA	9:00 - 10:00am	Mar. 18	Breastroke	\$35
11-18	SA	10:00 - 11:00am	Mar. 18	Breastroke	\$35
5-18	SA	9:00 - 10:00am	Mar. 25	Butterfly	\$35
11-18	SA	10:00 - 11:00am	Mar. 25	Butterfly	\$35

PHOTOGRAPHY FOR KIDS

Instructed by Lovely Pictures Studio

Photography for Kids is a course that inspires those between 8 and 16 years old to learn the basic elements of photography in an experience-based group environment from a professional photographer. During the course, students will learn how to use their own camera and how to create impactful images and tell stories through their camera lens. These courses allow students to photograph in real-life situations and practice their learned skills in natural environments in order to become better photographers. ***Class will take place in Choate Park/the snack shack.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	8-16	M	3:45 - 5:00pm	Jan. 23 - Feb. 13	Choate Park	\$130
II	8-16	M	3:45 - 5:00pm	Mar. 6 - Mar. 27	Choate Park	\$130

MUSICAL THEATRE JAZZ DANCE CLASS

Facilitated by Step by Step Dance Studio

A fun and uplifting class combining aspects of jazz with stage presentation and facial expressions. This style is commonly seen in Broadway productions. We'll have you snapping, jumping and turning to some favorite musicals. **Step by Step Studio of Dance is located at 9 Lincoln Street**

AGE	DAY	TIME	DATES	LOCATION	FEE
9+	TH	7:15 - 8:15pm	Jan. 12 - Feb. 9	Step by Step	\$90

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:15 - 5:00pm	Mar. 20 - Apr. 3	Choate Park	\$30

WINTER WONDERLAND

Instructed by Little Scholars

Walk (or RUN!) to our Winter Wonderland program. Our journey will include a stop to make gingerbread houses, a sled full of reindeer games, and a workshop of activities to keep any elf busy and happy. ***Class will take place in Choate Park/the snack shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	M-F	9:00 - 12:00pm	Dec. 26 - Dec. 30	Choate Park	\$165

PHOTOGRAPHY FOR KIDS (FEBRUARY VACATION)

Instructed by Lovely Pictures Studio

Come spend February vacation learning about photography. During the week, students will learn how to use their own camera and how to create impactful images and tell stories through their camera lens. There is no better place than Choate Park to learn photography. ***Class will take place in Choate Park/the snack shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
8-16	TU-F	1:00 - 3:00pm	Feb. 21 - Feb. 24	Choate Park	\$130

JR. PARTY PLANNING

Instructed by Medway Parks and Recreation

Love to plan parties? Grab your friends and work together and plan a party for your fellow community preschool aged members. You plan the party, make decorations, games, food and you run the show. Class will be held in the Choate Park Snack Shack ***No Class 2/7, 2/21.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	TU	4:00 - 5:00pm	Jan. 17 - Feb. 28	Choate Park	\$20

THEATRE ARTS - KIDS AND TEENS

Facilitated by Step by Step Dance Studio

Using the World of Theatre as a foundation, this class will incorporate exercises and activities geared toward the development and nurturing of essential qualities of each student: Confidence, Creative Thinking, Public Speaking, Teamwork and Leadership. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
10-18	TU	6:00 - 7:00pm	Jan. 10 - Feb. 7	Step by Step	\$90

ADVENTURE HIKES

Instructed by Medway Parks and Recreation

Get out and enjoy winter at Choate Park. Each week will have a new puzzle to solve and adventure to have. The best part? There is a prize or treasure to find. Grab your friends and come have some fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TH	4:00 - 4:45pm	Mar. 2 - Mar. 30	Choate Park	\$30

KIDS CHARCUTERIE FUN!

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a charcuterie board! It will be a great time with food, friends and fun! Class will be held at the Choate Park Snack Shack.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	W	4:00 - 5:00pm	Mar. 15	Snack Shack	\$10

NO SCHOOL FUN!

Instructed by Medway Parks and Recreation

School is out, join us for fun! We spend the week playing games, enjoying the playground, going on scavenger hunts, having special visitors and wicked cool events. Sign up for the day or the whole break.

GR	DAY	TIME	DATE	LOCATION	FEE
K-5	TU	9:00 - 3:00pm	Dec. 27	Choate Park	\$35
K-5	W	9:00 - 3:00pm	Dec. 28	Choate Park	\$35
K-5	TH	9:00 - 3:00pm	Dec. 29	Choate Park	\$35
K-5	TU	9:00 - 3:00pm	Feb. 21	Choate Park	\$35
K-5	W	9:00 - 3:00pm	Feb. 22	Choate Park	\$35
K-5	TH	9:00 - 3:00pm	Feb. 23	Choate Park	\$35
K-5	TU	9:00 - 3:00pm	Apr. 18	Choate Park	\$35
K-5	W	9:00 - 3:00pm	Apr. 19	Choate Park	\$35
K-5	TH	9:00 - 3:00pm	Apr. 20	Choate Park	\$35

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business. ***Class will be held in the Choate Park Snack Shack**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TU	3:30 - 6:30pm	Feb. 28	Snack Shack	\$90
5-8	M	3:30 - 6:30pm	Apr. 10	Snack Shack	\$90

PHOTOGRAPHY FOR KIDS

Instructed by Lovely Pictures Studio

Photography for Kids is a course that inspires those between 8 and 16 years old to learn the basic elements of photography in an experience-based group environment from a professional photographer. During the course, students will learn how to use their camera and how to create impactful images and tell stories through their camera lens. These courses allow students to photograph in real-life situations and practice their learned skills in natural environments in order to become better photographers. ***Class will take place in Choate Park/the snack shack.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	8-16	M	3:45 - 5:00pm	Jan. 23 - Feb. 13	Choate Park	\$130
II	8-16	M	3:45 - 5:00pm	Mar. 6 - Mar. 27	Choate Park	\$130

SENIOR TECH AND TEENS

Facilitated by Medway Parks and Recreation

Social media whiz? Come teach your community members. Senior Tech and Teen sessions are an easy and casual way for older adults to learn about their technology. Teens will come to the Medway Senior Center to teach participants by demonstrating features of their smartphones, tablets and social media.

AGE	DAY	TIME	DATES	LOCATION	FEE
13-18	TU	10:00 - 11:30am	Feb. 21	Senior Center	Free

BACKYARD GAMES

Instructed by Medway Parks and Recreation

Love the games Gaga ball, Kan Jam, Corn hole, Giant Jenga? Grab your friends and head to the park to play a different game each week.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	2:45 - 3:45pm	Mar. 15 - Apr. 5	Cassidy #4	\$30

LEARN TO SEW - SLOUCHY BACKPACK

Instructed by Medway Parks and Recreation

Come try your hand at sewing and make a one of a kind creation! Choose from lots of fun fabrics to sew a Slouchy Backpack. Use it for an everyday bag or for your next overnight! In this class, you will learn the basics of the sewing machine (including safety) as well as some hand stitching. No experience necessary. Pizza will be served for lunch. **Class will take place at the Choate Park Snack Shack.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	W	11:30 - 2:30pm	Feb. 1	Snack Shack	\$70

2D VIDEO GAME DESIGN

Instructed by Empow Studios

Students will build simple video games step-by-step, experimenting with specific tasks and movements, and sharing gameplay with their peers, while learning introductory coding concepts. They will learn to use game design program Flowlab, a platform used by professional game designers to prototype their creations using accessible drag-and-drop coding. All games will be stored online, so students can gain access after class ends, and, if their game is approved, upload it to Google Play or the Apple Store! ***Class will be held at Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	W	5:00 - 7:00pm	Mar. 22	Snack Shack	\$45

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:00 - 4:00pm	Mar. 20 - Apr. 3	Choate Park	\$30

SUPPER CLUB

Instructed by Medway Parks and Recreation

Love to play games? Monopoly, card games, apples to apples? If so, we have the perfect program for you! Grab your friends and head to the park for dinner and games. Each week we will play different games to go along with a delicious dinner. When registering please note any food allergies. Pass go collect \$200, and sign up for this program! ***Class will be held in the Choate Park Snack Shack.**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	5:00 - 6:00pm	Jan. 18 - Feb. 15	Snack Shack	\$30

FLASHLIGHT EGG HUNT

7 APRIL

CHOATE PARK
 TEEN: 7-7:30PM
 ADULT: 7:45-8:15PM

FOR MORE INFORMATION AND TO REGISTER
WWW.MEDWAYPARKSREC.COM
 508-321-4740

BARRE

Instructed by Rebecca Tredeau

What is "barre"? While many interpret barre workouts differently, most barre workouts are a fusion of yoga, Pilates, strength training, and ballet. Barre classes incorporate specific sequencing patterns and isometric movements that target specific muscle groups. This pattern of exercise helps to improve strength, balance, flexibility and posture. What are the health and fitness benefits of barre workouts? Barre workouts are perfect for all fitness levels. You'll see improvement in your posture, balance, strength, and flexibility. ***No class 2/23.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	5:00 - 5:45pm	Jan. 19 - Mar. 16	Senior Center	\$80

POUND

Instructed by Rebecca Tredeau

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities. ***No class 2/22.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	6:00 - 6:45pm	Jan. 18 - Mar. 15	Senior Center	\$80

HOPFIT

Instructed by Rebecca Tredeau

SIT & GET FIT! The only exercise that blasts calories while you sit, bounce & have fun! BURN MORE CALORIES! Burn up to 900 cal/hr* - plus HOPfit engages your quads, inner thighs, glutes, calves, back & abs! For all over body toning! LOW IMPACT! HOPfit is designed to burn calories even while just bouncing! A perfect solution to those with knee/joint issues. GET STRONG, LEAN ARMS! Use the bonus weighted gloves while bouncing to tone your arms, shoulders, chest & more! *** No class 2/22.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	5:00 - 5:45pm	Jan. 18 - Mar. 15	Senior Center	\$80

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, two courts will be reserved, teams will be formed from those who are in attendance, and games will then be played.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	6:00 - 7:30pm	Mar. 14 - Apr. 18	HS Courts	\$25
All	TH	6:00 - 7:30pm	Mar. 16 - Apr. 20	HS Courts	\$25

HOLIDAY LIGHTS FUN RUN!

Facilitated by Medway Parks and Recreation

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route! Feel free to dress up! ***Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	5:30 - 6:30pm	Dec. 20	Choate Park	Free

YOGA TO STRETCH AND STRENGTHEN

Instructed by Sheila Hassan

This is a blend of Hatha yoga postures, Traditional Chinese Medicine and elements of Ayurveda. It is a slower paced class, incorporating breath work, postures, mudras and self-massage to develop strength and flexibility in the body and mind. Classes are adjusted seasonally to cultivate balance within ourselves and in nature. Postures may be seated, kneeling, standing and reclined. Leave class feeling more refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis.

S	AGES	DAY	TIME	DATES	LOCATION	FEE
I	16+	TU	6:00 - 7:00pm	Jan. 10 - Feb. 28	Senior Center	\$80
II	16+	TU	6:00 - 7:00pm	Mar. 14 - Apr. 25	Senior Center	\$70

FOAM ROLLING AND FLEXIBILITY

Instructed by Rebecca Tredeau

What are the benefits of foam rolling? Reduces injury and speeds up recovery. Improve flexibility without impairing strength. Faster fitness results simple self-massage. Improves posture. ...Why is stretching so important? There are tons of benefits of stretching. For one, stretching boosts flexibility, which can improve both your short-term and your long-term range of motion. (That's important, since a better range of motion can mean better muscle recruitment during your workouts. For example, greater range of motion in your hips and knees will allow you to sink deeper into a squat. Ultimately, having a greater ROM will make it so you're able to do more exercises—and do them properly.) ***No class 2/21.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	5:00 - 5:45pm	Jan. 17 - Mar. 14	Senior Center	\$80

FIERCE FUNK

Instructed by Rebecca Tredeau

Fierce Funk is a new, exciting dance-fitness program founded by Pepper Von, one of the most respected and creative dance-fitness practitioners. Pepper's creation combines a street style funk movement with a contemporary hip-hop feel, for an inspiring, fun and complete workout. His vision is for instructors to bring a sense of fun, empowerment, passion, energy and a philosophy of love towards others to their classes through dance and fitness movements to energizing music. ***No class 2/20.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	5:30 - 6:15pm	Jan. 23 - Mar. 20	Senior Center	\$80



BEGINNER ADULT TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals and basics including rhythm, timing, and precision. The class consists of foot and ankle warm-ups, floor progressions, and combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:00 - 8:00pm	Jan. 11 - Feb. 8	Step by Step	\$90

PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M-TU	6:00 - 9:00pm	Feb. 20 - Feb. 21	Senior Center	\$95
18+	M-TU	6:00 - 9:00pm	Mar. 13 - Mar. 14	Senior Center	\$95
18+	TU-W	6:00 - 9:00pm	Apr. 11 - Apr. 12	Senior Center	\$95

SIX WEEK CHALLENGES

Instructed by Knuckle Bump Fitness

You can do anything for six weeks! Start the new year working toward healthy habits. HIIT classes with home challenges to keep you active on non-class days. Great for people working from home and looking for a social exercise environment. ***Classes will be held at Mu Han Martial Arts located at 456 W. Central Street in Franklin.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU, TH	10:30 - 11:30am	Jan. 10 - Feb. 16	Mu Han	\$160
18+	TU, TH	10:30 - 11:30am	Mar. 7 - Apr. 13	Mu Han	\$160
18+	TU, TH	10:30 - 11:30am	Apr. 25 - Jun. 1	Mu Han	\$160

SENIOR TECH AND TEENS

Facilitated by Medway Parks and Recreation/Medway Senior Center

Ever wanted to learn more about your phone? Social media? Senior Tech and Teen sessions are an easy and casual way for older adults to learn about their technology. Teens will come to the Medway Senior Center and teach whoever by demonstrating features of your smartphones, tablets and social media.

AGE	DAY	TIME	DATES	LOCATION	FEE
13-18	TU	10:00 - 11:30am	Feb. 21	Senior Center	Free

We are always looking for new ways to serve you. If you have an idea for a new program, questions or concerns about programs or want to let us know how we are doing, contact our office at 508-321-4740. We would love to hear from you!

MUSICAL THEATRE JAZZ DANCE CLASS

Facilitated by Step by Step Dance Studio

A fun and uplifting class combining aspects of jazz with stage presentation and facial expressions. This style is commonly seen in Broadway productions. We'll have you snapping, jumping and turning to some favorite musicals. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
9+	TH	7:15 - 8:15pm	Jan. 12 - Feb. 9	Step by Step	\$90

SNOWSHOE THE TRAILS

Facilitated by Medway Parks and Recreation

Get out and enjoy the winter! Participants must provide their own snowshoes. Registration is required. There will be an email sent out prior to the date indicating what trail to meet at. There is snow doubt that we will have fun! *In the event of no snow, we will go on a hike instead.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SU	10:00 - 11:00am	Jan. 8	Trails of Medway	Free
16+	SU	10:00 - 11:00am	Feb. 5	Trails of Medway	Free

FOOD ALLERGY FRIENDS

Facilitated by Medway Parks and Recreation

In this group we are not allergic to FUN. Parents and Children with food allergies can come play and make new friends while enjoying a non- food based craft or activity. Parents of children with food allergies can bring their child(ren) to play while they talk about specific food allergies and how it affects their family & hopefully we can all share helpful advice we've learned for coping and managing. ***Class will be held in the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	10:30 - 11:30am	Jan. 17 - Feb. 14	Snack Shack	Free

PUZZLE MANIA!

Facilitated by Medway Parks and Recreation

Puzzlers, get ready to see who is the ULTIMATE PUZZLER! Individuals will compete to finish a 300-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 participants, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
14+	SU	3:00 - 5:00pm	Jan. 8	Senior Center	\$5



FIRST DAY HIKE

Facilitated by Medway Parks and Recreation

Looking forward to a fresh start in 2023? Why not plan for something fun on New Year's Day! Celebrate the new year in the outdoors with a First Day Hike with a hike through Medway. Many of us thrive in winter and are eager for falling temperatures and consistent snowfalls. To these hardy adventurers, a few extra layers of gear combined with the snowy terrain of parklands is a winning recipe for fitness, togetherness and outdoor fun. If you've never been on a First Day Hike, save the date and get out there!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	10:00 - 11:00am	Jan. 1	Choate Park	Free

FAMILY SNOWSHOE

Facilitated by Medway Parks and Recreation

Get out and enjoy the winter! There are so many reasons to snowshoe! It's easy to learn, fun for any age and ability, and virtually inexpensive (compared to other sports). Additionally, snowshoeing has physical and mental health benefits and is a great way to exert energy during the cold winter months and explore your surroundings. Snowshoes are so versatile and can be fun exploring snowy in-town attractions and parks, or far-away trails and adventures! Participants must provide their own snowshoes. Grab the family and join us! Registration is required. There will be an email sent out prior to the date indicating what trail to meet at.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	10:00 - 11:00am	Feb. 26	Trails of Medway	Free

SWEET CHOCOLATE TREATS

Facilitated by Medway Parks and Recreation

Sweets are here and hearts cheer, we want more chocolate! Join us for a fun afternoon of chocolates treat creations. Chocolate strawberries and almond bark! Please let us know if you have any dietary restrictions. Fun for all ages (under age 5 with caregiver). ***This program will be held at the Choate Park Snack Shack**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	M	4:00 - 5:00pm	Feb. 13	Snack Shack	\$15

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	4:00 - 5:30pm	Mar. 12	Senior Center	\$10/team

TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	SU	10:00 - 11:00am	Jan. 22	Trails of Medway	Free
All	SU	10:00 - 11:00am	Mar. 26	Trails of Medway	Free

LEARN TO ICE FISH

Instructed by MassWildlife's Angler

Don't let winter keep you indoors! Ice fishing provides anglers with the unique opportunity to fish on a lake or pond without a boat during the cold winter months. If you're looking to learn how to ice fish, join MassWildlife's Angler Education Program at an upcoming event this winter. Whether you're an expert ice angler or just getting started, make sure you review the safety tips below for a fun, safe experience on the ice. ***Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TH	4:00 - 5:30pm	Feb. 16	Choate Pond	Free

HOT COCOA BOMBS & CAKE POPS CLUB

Facilitated by Medway Parks and Recreation

Nothing is better than chocolate and cake to get through winter. Make and take home a sweet treat. ***This program will be held at the Choate Park Snack Shack**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	W	4:00 - 5:00pm	Jan. 4	Snack Shack	\$15

WINTER GLOBE TERRARIUMS

Facilitated by Medway Parks and Recreation

It may be cold and gray outside but we have a green thumb awaiting spring! Join us to make your own Winter globe terrarium. Watch your globe grow and spread. All materials will be provided! ***This program will be held at the Choate Park Snack Shack**

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	W	5:00 - 6:00pm	Jan. 18	Snack Shack	\$30

SNOWBALL & SNOWPERSON CHALLENGE







Facilitated by Medway Parks and Recreation

Join us for a snowtastic afternoon of snowballs and snow people creating! Games, challenges and prizes for everyone! We will hope for real snow but will have a back up plan just in case. There is snow doubt that this program is fun for all ages!



AGE	DAY	TIME	DATES	LOCATION	FEE
All	F	4:00 - 6:00pm	Feb. 24	Choate Park	\$10



JANUARY/FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
1 First Day Hike 	2	3 Learn to Play Hockey Learn to Skate	4 Learn to Skate Hot Cocoa Bombs	5	6 Little Earthing Sensory	7 Learn to Skate Intro to Theater on Ice Bridge Skating
8 Learn to Skate Synchro Skating Snowshoe the Trails Puzzle Mania Family Bingo Night	9	10 Little Tiger Taekwondo Preschool Dance Kids Test Kitchen Sugar Club Yoga to Stretch Six Week Challenges	11 Beginner Adult Tap	12 Combo Dance Kids Test Kitchen Musical Theater Jazz	13 Can you dig it? Little Earthing Sensory	14 Preschool Dance Combo Dance
15	16 	17 Jr Party Planning Foam Rolling Food Allergy Friends	18 Snow Sensory Hablo Espanol Tastes Around the World Supper Club Pound Winter Globe	19 That's Gross Barre	20 Little Earthing Sensory	21
22 Preschool Basketball Preschool Mini Sport Take a Hike Summer Camp Open House 	23 Pint Sized Picassos Lil Ninja Warrior Kids Photography Fierce Fun	24 Stuffed Animal Party After School Sports	25	26	27 Little Earthing Sensory	28
29	30	31				
SUN	MON	TUE	WED	THU	FRI	SAT
			1	2	3 Little Earthing Sensory	4
5 Snowshoe the Trails	6 Summer Camp registration opens 	7 Sugar Club	8	9	10 Little Earthing Sensory	11
12	13 Sweet Chocolate Treats	14 Be my Valentine 	15	16 Learn to Ice Fish	17	18
19	20 Pet First Aid 	21 No School Fun Photography Senior Tech and Teens	22 No School Fun Photography	23 No School Fun Photography	24 Photography Snowball Challenge	25
26 Family Snowshoe	27	28 Learn to Skate Learn to Play Hockey BLAST Babysitting				

MARCH/APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Learn to Skate Learn to Sew	2 Treasure Hikes Adventure Hikes	3	4 Learn to Skate Intro to Theater on Ice Bridge Skating Swim Clinic
5 Learn to Skate Synchro Skating	6 Kids Photography	7 Kids Test Kitchen Six Week Challenges	8	9 Kids Test Kitchen	10 Can you dig it?	11 Swim Clinic
12 Puzzlepalooza	13 Snow Sculpture contest ends Pet First Aid 	14 Find that Pot of Gold Outdoor Pickleball	15 Minecraft Exploration Kids Charcuterie Backyard Games	16 Outdoor Pickleball	17 Learn to Sew 	18 Swim Clinic
19	20 Cross Country Club	21	22 2D Video Game Design	23	24	25 Swim Clinic
26 Take a Hike	27	28	29	30	31	

SUN	MON	TUE	WED	THU	FRI	SAT
						1 April fool! 
2	3	4 Sugar Club	5 Bunny Brunch	6	7 Flashlight Egg Hunt 	8 Egg Hunt 
9 Easter 	10 BLAST Babysitting	11 Pet First Aid	12	13	14	15
16	17 Marathon Monday 	18 No School Fun!	19 No School Fun!	20 No School Fun!	21	22
23	24 Spring Programs 	25 Six Week Challenges	26	27	28	29 30

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053

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CHOATE SUMMMER

JULY 10 - AUGUST 25, 2023

SPEND THE SUMMER AT CHOATE PARK!

Choate Summer will be an unforgettable experience and make memories that will last a lifetime. This program for kids entering grades K through 5, is jam-packed with great outdoor summertime activities such as arts & crafts, hiking, theme weeks, games, scavenger hunts, tie-dye, trivia games, boating, archery, fishing, special events, guest presenters, field game days and much more!

SUMMER FUN IS WAITING FOR YOU!

-BOATING - ARCHERY -THEME WEEKS -SCAVENGER HUNTS

**FOR INFO CALL 508-321-4740
WWW.MEDWAYPARKSREC.COM**