

Medway Parks & Recreation

A night photograph of a park. In the foreground, a red fire pit contains a bright fire. A wooden bench is partially visible in the bottom right corner. In the middle ground, a dark pond reflects the lights from the background. In the background, a large white building with a gabled roof is illuminated, and many people are gathered around it. Trees with autumn foliage are scattered throughout the scene, and several streetlights provide illumination.

2022 Fall Brochure

155 Village Street, Medway, MA 02053

www.MedwayParksRec.com 508-321-4740

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PARKS & RECREATION STAFF

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PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)
Lyle Core
Richard D'Innocenzo
John Farrell
Sean Murphy

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740
Website: MedwayParksRec.com
General Parks Email: parksandrec@townofmedway.org

OFFICE HOURS

Monday: 7:30am—5:30pm
Tuesday: 7:30am—4:30pm
Wednesday: 7:30am—4:30pm
Thursday: 7:30am—4:30pm
Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at MedwayParksRec.com and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

158 Main Street Medway, MA 02053

FALL RECREATION REGISTRATION FOR MEDWAY RESIDENTS:
FALL RECREATION REGISTRATION FOR NON-RESIDENTS:

WEDNESDAY, AUGUST 10 AT 9:00AM
WEDNESDAY, AUGUST 17 AT 9:00AM

SUMMER CONCERT Series

Thank you to our 2021/2022 Event Sponsors:



Charles River Bank
Personal Connections. Powerful Solutions.



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.



3RD ANNUAL

TRUNK OR TREAT

SATURDAY, OCTOBER 8TH
 FROM 10:00AM TO 12:00PM AT OAKLAND PARK
 Pre-register at www.medwayparksrec.com

TOWN OF MEDWAY AND CHRISTMAS PARADE COMMITTEE PRESENTS


CHRISTMAS PARADE

FIREWORKS

26
 NOVEMBER

CHOATE PARK & THAYER HOUSE

WWW.TOWNOFMEDWAY.ORG



MEDWAY PARKS AND RECREATION PRESENTS:

HOLIDAY LIGHT FIGHT

Do you like to deck the halls?
 Register your house at www.medwayparksrec.com

HOWL-O-WEEN

Doggie Parade



Saturday, October 8th
 Oakland Park
 1-2pm
 Vendors, pictures, and costume contest
 Register your dog at www.medwayparksrec.com

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. ***No class: 10/9, Rain Date: 11/13.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:15 - 10:00am	Sep. 11 - Nov. 6	Up. Memorial	\$220
2-3	SU	10:10 - 10:50am	Sep. 11 - Nov. 6	Up. Memorial	\$220
4-5	SU	11:00 - 11:50am	Sep. 11 - Nov. 6	Up. Memorial	\$220

PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! Class will be held in the Choate Park Snack Shack. ***No class 10/10**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	10:00 - 10:50am	Sep. 26 - Nov. 7	Choate Park	\$40
3-5	M	10:00 - 10:50am	Nov. 28 - Dec. 19	Choate Park	\$30

CAN YOU DIG IT?

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme, be sure to bring your shovel, get ready to get dirty and have some fun. ***Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	Sep. 9	Under the Sea	\$10
2-5	F	10:00 - 10:50am	Oct. 21	Spooky surprises	\$10

PLAYGROUND PALS!

Instructed by Medway Parks and Recreation

Looking to meet some new friends? Join us on Tuesdays for a morning of FUN! Each week will have a theme, we will read books, do crafts, and then enjoy playground time with our new friends. ***No Class 10/4, 11/1**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	10:00 - 11:00am	Sep. 27 - Nov. 15	Oakland Park	\$20

TODDLER TIME

Facilitated by Step by Step Dance Studio

Toddler Time (Ages 18 months - 3 years) A class where smiles and giggles are a must and dance fundamentals are started. Jumping, galloping, kicking and toe pointing are some things you will see your little one achieving! **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18m - 3	SA	9:00 - 9:45am	Sep. 24 - Oct. 22	Step by Step	\$80

LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! All classes will be held in Choate Park.

AGE	DAY	TIME	DATE	THEME	FEE
1-5	F	11:00 - 12:00pm	Oct. 7	Fall Fun	\$25
1-5	F	11:00 - 12:00pm	Oct. 14	Mud Kitchen	\$25
1-5	F	11:00 - 12:00pm	Oct. 21	Process Art	\$25
1-5	F	11:00 - 12:00pm	Oct. 28	Halloween	\$25
1-5	F	11:00 - 12:00pm	Nov. 4	On the Farm	\$25
1-5	F	11:00 - 12:00pm	Nov. 11	Music & Movement	\$25

TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	11:00 - 11:45am	Sep. 15 - Oct. 27	Choate Park	\$40
2-5	TH	11:00 - 11:45am	Dec. 1 - Dec. 22	Choate Park	\$20

PIRATE PARTY

Instructed by Medway Parks and Recreation

Ahoy Matey! Climb aboard and give us your best ARGGG while we have some fun playing pirate games. It is no coincidence our Pirate Party is on National Talk like a Pirate Day! ***Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	M	10:00 - 11:30am	Sept. 19	Choate Park	Free

FOREST GNOMES & FAIRIES

Instructed by Medway Parks and Recreation

Join our forest (Choate Park) exploration group for three sessions! Session # 1 Stories, myths and art of Gnomes and Fairies Session # 2 Fairy Houses, Gnome scavenger hunt & field games Session # 3 Paint and take your own Gnome and Fairy House.

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3-5	W	10:00 - 11:30am	Sep. 7	Choate Park	\$10
II	3-5	W	10:00 - 11:30am	Sep. 14	Choate Park	\$10
III	3-5	W	10:00 - 11:30am	Sep. 21	Choate Park	\$10

AUTUMN LEAF ARTS AND CRAFTS

Instructed by Medway Parks and Recreation

Fall gives us the best tools for art. Come join us and see what we can creation.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	10:00 - 11:30am	Oct. 13	Choate Park	\$10

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***Rain Date: 10/26**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	9:30 - 10:20am	Sep. 28 - Nov. 2	Cassidy Field 4	\$125

MICRO WHEELS

Instructed by Knucklebones

Knucklebones' Micro Wheels teaches the fundamentals of learning to ride a bicycle without training wheels! Each class your Knucklebones' Coach will bring in a variety of unique wheeled, and non-wheeled products to help build gross motor skills, balance, and confidence. Class will begin with a brief stretch and activity to get participants up and moving. From there we will introduce a new activity involving wheeled vehicles such as scooter boards, three-wheel scooters, balance bicycles, and finally progressing to a bicycle. As well, we will include an array of diverse games and activities such as balance beams, balancing stones, street signs, an obstacle course, and more to help these determined drivers develop the skills needed to ride safely, successfully and have FUN! ***Rain Date: 10/26**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	10:30 - 11:20am	Sep. 28 - Nov. 2	Cassidy Field 4	\$125

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	TU	4:15 - 5:00pm	Sep. 20 - Oct. 18	Step by Step	\$80
3	SA	9:45 - 10:30am	Sep. 24 - Oct. 22	Step by Step	\$80

COMBO DANCE

Facilitated by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4-5	TH	4:15 - 5:15pm	Sep. 22 - Oct. 20	Step by Step	\$90
4-5	SA	10:30 - 11:30am	Sep. 24 - Oct. 22	Step by Step	\$90

PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. ***No class 10/8. Rain Date: 11/5.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Sep. 10 - Oct. 29	Cassidy Field 4	\$105

PRESCHOOL MULTISPORT

Instructed by Viking Sports

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. Viking Sports campers receive a Viking T-shirt. ***No class 10/8 (SA) 10/9 (SU), Rain Date: 11/5 (SA), 11/6 (SU)***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 10:50am	Sep. 10 - Oct. 29	Cassidy Field 4	\$105
3-5	SU	9:00 - 9:50am	Sep. 11 - Oct. 30	Cassidy Field 4	\$105

BASEBALL/TBALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. ***No class 10/9. Rain Date: 11/6***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	10:00 - 10:50am	Sep. 11 - Oct. 30	Cassidy Field 4	\$105

DRIVE IN MOVIE

Facilitated by Medway Park Recreation and Library

Join us for a "drive-in" movie featuring a surprise movie and cardboard box cars created by you! Design and decorate your cardboard box car at home or come early starting at 9:00am to put the final touches on your car with us! The movie will start at 9:30am. Pre-registration is required.

AGE	DAY	TIME	DATES	LOCATION	FEE
1-6	F	9:00 - 11:30m	Dec. 9	Step by Step	Free



DIGITAL GAME DESIGN

Instructed by Tinker and Create

This course introduces students to The Unreal Engine, a game development platform that is great for creating 2D and 3D games. Among the many skills students will take away from this class, some of the most important are scene design, character design, computer programming, story crafting and writing, a little physics and math, and, most importantly, imagination. With a basic knowledge of this platform, students can begin to think about how to create worlds for different platforms, like tablets, PCs, laptops, virtual reality, and beyond. These skills can easily be applied to other disciplines, like graphic design, architecture, physics, math, computer programming, fine arts, writing, and engineering. We will be happy to equip you with the skills needed to empower your creativity! By Tinker and Create. More details at www.tinkerandcreate.com. Class will be held at Choate Park Snack Shack.

GR.	DAY	TIME	DATES	LOCATION	FEE
3-8	M	4:00 - 5:00pm	Nov. 14 - Dec. 19	Snack Shack	\$135

SEW CUTE CLUB

Instructed by Medway Parks and Recreation

Join us in our new 'sew' cute sewing club! Participants will learn to thread sewing needles & learn different hand sewing techniques while making fun projects. Class will take place at the Choate Park Snack Shack.

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TH	4:00 - 5:30pm	Sep. 29	Finger Knitting	\$20
7-13	TH	4:00 - 5:30pm	Oct. 13	Embroidery Hoop	\$20
7-13	TH	4:00 - 5:30pm	Nov. 10	Mini Rug	\$20
7-13	TH	4:00 - 5:30pm	Dec. 8	Woodland Creatures	\$20

SLIME SOLUTIONS CLUB

Instructed by Medway Parks and Recreation

Join Miss Ali for a goopy, floppy silly one day workshop! Participants will make two take home slime creations and learn the science behind the fun!

AGE	DAY	TIME	DATES	LOCATION	FEE
5-10	SA	4:00 - 5:00pm	Sep. 17	Snack Shack	\$10

SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your you or your child's wildest sweetest dreams come true in these decorating adventure workshops. Each person will have a baked dessert for that class and be led step by step instructions in how to decorate the dessert to take home to share with their family. Class will take place at the Choate Park Snack Shack.

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TH	4:00 - 5:30pm	Sep. 22	Scarecrow Cupcakes	\$20
7-13	TH	4:00 - 5:30pm	Oct. 20	Ghost Cake	\$20
7-13	TH	4:00 - 5:30pm	Nov. 17	Turkey Cake	\$20
7-13	TH	4:00 - 5:30pm	Dec. 15	Reindeer Cupcakes	\$20

ART-CHITECTS

Instructed by Little Scholars

In this class, kids will learn the basics of architecture including drawing, designing, and creating structures and buildings. Design the home of your dreams, discover the inspiration for famous buildings and bridges, or plan a new roller coaster for your favorite theme park. Unleash your inner art-chitect with us! ***No class 10/10, 10/31***

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	3:30 - 4:30pm	Sep. 12 - Nov. 14	Snack Shack	\$170

BUSINESS SHARKS

Instructed by Right Brain Curriculum

Step into the Shark Tank! Got an idea for a side-less taco, a shirt that never stains or a no-spill baby bottle? Then it's time to put on your inventor's hat and design the business of your dreams! As our Right Brain Curriculum teachers get you up to speed on business plans, competition, budgets, and presentation skills, you will bring your one-of-a-kind idea to life. You will design your flagship store, write, and perform in your own TV commercial and create a prototype of a product that will change the lives of millions. Armed with your "elevator pitch" you will present your business, persuading your audience to get behind your big idea! And what better place to place to present it other than Choate Park in Medway?! So, get those wheels turning, it's time to take care of business! ***Class will be held Veterans Memorial Building, Rm 130 in Millis. The Oct. 27th class will be held at Choate Park in Medway.**

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	4:30 - 6:00pm	Sep. 22 - Nov. 10	Veterans 130	\$150

CREEPY CHARCUTERIE

Instructed by Medway Parks and Recreation

Grab your friends and head to the park to make a creepy charcuterie board for Halloween! It is sure to be spooooooktacular! Class will be held at the Choate Park Snack Shack.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-14	W	4:00 - 5:00pm	Oct. 26	Snack Shack	\$10

KIDS TEST KITCHEN

Instructed by Kids Test Kitchen

We are redefining kid food! Each class presents students with opportunity to explore new or familiar foods in their raw, unmanipulated state. Then, working as a team, they'll slice, dice, peel, measure, and cook until they've prepared the finished dish. Class closes with opportunity to taste the result of their hard work. Students receive a printed recipe card and the focal ingredient - or a sample of the finished dish - so they can show off what they learned! Even the most reluctant eaters enjoy Kids' Test Kitchen, where participation is encouraged, and the choice to taste is **always** one's own. Lessons are planned to celebrate seasonal produce, whole grains, and legumes. This October & November, we're getting up close and personal with Brussels sprouts, sweet potato, onion, carrot, kale, lettuce, and more! ***October/November Menu:** Balsamic Brussels sprout grilled cheese, Root 'n Toot Chili, Seasonal Slaw, Boston Wrap and more!

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	W	4:00 - 5:00pm	Oct. 12 - Nov. 16	Snack Shack	\$150

LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TH	4:30 - 6:30pm	Sep. 22	Choate Park	\$5

BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play! **Class will be held on the North Street Basketball Court**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	SA	9:00 - 12:00pm	Sep. 10	North Street	\$55
7-14	SA	9:00 - 12:00pm	Oct. 22	North Street	\$55

LEGO ADVENTURES

Instructed by Right Brain Curriculum

Are you a Lego master? If so, it's time to show off your skills! Each week in Lego Adventures, there is a new challenge to build: From skyscrapers to farms, bridges to airports, space stations to main streets, and everything in between! First, our Right Brain Curriculum instructors will review the history of what we are about to build: How airports graduated from landing strips to vast travel networks, how Depression-era farms survived hordes of grasshoppers, Then, it's time to build! You will create a model of each type of structure out of an enormous assortment of provided Legos, then present your creation as we photograph and document it. Learning and Legos: A perfect match!

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	W	4:00 - 5:30pm	Nov. 2 - Dec. 14	Snack Shack	\$135

THEATRE ARTS - KIDS AND TEENS

Facilitated by Step by Step Dance Studio

Using the world of Theatre as a foundation, this class will incorporate exercises and activities geared toward the development and nurturing of essential qualities of each student: Confidence, Creative Thinking, Public Speaking, Teamwork and Leadership. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
10-18	TU	6:00 - 7:00pm	Sep. 20 - Oct. 18	Step by Step	\$90

JR. PARTY PLANNING

Instructed by Medway Parks and Recreation

Love to plan parties? Grab your friends and work together and plan a party for your fellow community preschool aged members. You plan the party, make decorations, games, food and you run the show.

AGE	DAY	TIME	DATES	LOCATION	FEE
9-12	TU	4:00 - 5:00pm	Oct. 4 - Oct. 25	Choate Park	\$20

ART CLUB

Instructed by Medway Parks and Recreation

Drawing, painting- water colors/ acrylics, clay work, sketching, mixed media. Join us and explore with various mediums. We will take inspiration from nature, seasons, and what ever else inspires us. Class will be held at Choate Park Snack Shack.

AGE	DAY	TIME	DATES	LOCATION	FEE
9-12	TU	4:00 - 5:30pm	Sep. 20 - Oct. 25	Snack Shack	\$30

PHOTOGRAPHY FOR KIDS

Instructed by Lovely Pictures Studio

Photography for Kids is a course that inspire youth children between 8 and 16 years old to learn the basic elements of photography in an experience-based group environment from a professional photographer. During the course, students will learn how to use their camera and how to create impactful images and tell stories through their camera lens. These courses allow students to photograph in real-life situations and practice their learned skills in natural environments in order to become better photographers. ***No Class 10/10**

AGE	DAY	TIME	DATES	LOCATION	FEE
8-16	M	3:45 - 5:45pm	Sep. 12 - Nov. 14	Choate Park	\$250

INCLYOUSION SPORTS

Instructed by Fit Sports

Inclyouision Sports provides inclusive mobile sports enrichment programs to children in Massachusetts, using innovative behavioral methods to teach sports, fitness and social skills. Our curriculum is designed so that each month classes focus on one sport. For four weeks, children practice the basic skills within each sport. In addition to strengthening appropriate social skills. Our classes are fun and non-competitive, so that children can be successfully introduced to new sports and have opportunities to build friendships. Skill building can be modified for each child, so that children of all abilities can participate and be successful. There will be four weeks of Tennis and 4 weeks of Track and field. **Class will be held at Medway Middle School Fields. *No class 10/9**

AGE	DAY	TIME	DATES	SPORTS	FEE
3-6	SU	9:00 - 10:00am	Sep. 11 - Nov. 6	Tennis/Track	\$220
7-10	SU	10:00 - 11:00am	Sep. 11 - Nov. 6	Tennis/Track	\$220

NO SCHOOL? No Problem!
Visit www.medwayparksrec.com for early release and no school options.

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance of sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. ***Rain Date: 11/3***

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	TH	4:00 - 5:00pm	Sep. 15 - Oct. 27	Oakland	\$105

INTRO TO LAX

Facilitated by Medway Parks and Recreation

Has your son or daughter been curious about lacrosse? Join the High School Lacrosse coaches for a free clinic with an introduction to the sport of lacrosse. No equipment is needed, everything will be provided. Pre-registration is required.

GRADE	DAY	TIME	DATES	LOCATION	FEE
3-8	W	6:00 - 7:45pm	Sep. 14	Hanlon	Free

LITTLE YOGIS

Instructed by Little Scholars

Foster your strength and self-expression through yoga poses, visual meditations, and breathing techniques. Through theme based sessions with interactive games, our yogis will explore how to relate yoga practices to everyday life, allowing them to take their yoga practice off the mat, into their daily lives, their school classrooms, and their social interactions. Namaste!

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	F	3:30 - 4:30pm	Sep. 16 - Nov. 4	Choate Park	\$130

YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 8 (for next school year starting in Sep. 2022). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration is OPEN!**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-4	M, W, SA	6:00 - 7:00pm	Aug. 29 - Nov. 7	HS fields	\$125



CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race! ***No class 9/19, 10/10**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:30 - 4:30pm	Sep. 12 - Oct. 17	Choate Park	\$30
K-4	M	4:45 - 5:30pm	Sep. 12 - Oct. 17	Choate Park	\$30

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 10/8, Rain Date: 10/29***

GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	9:45 - 10:45am	Sep. 10 - Oct. 22	HS Tennis Court	\$60
3-5	SA	11:00 - 12:00pm	Sep. 10 - Oct. 22	HS Tennis Court	\$60

MULTISPORT

Instructed by Viking Sports

Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt. ***No class 10/10, 10/31 Rain Date: 11/7**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:00 - 5:00pm	Sep. 12 - Nov. 7	Cassidy Field 4	\$105

INTRO TO FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Learn the basics of field hockey! All skill levels are welcome. We will explore the basic rules of the game, proper grips & posture, ball and stick control, tackling, receiving/trapping, passing and go through fun drills.

GR.	DAY	TIME	DATES	LOCATION	FEE
K-3	M-W	6:00 - 7:00pm	Aug. 22 - Aug. 24	Hanlon	\$20

FIELD HOCKEY SKILLS AND DRILLS

Facilitated by Medway Parks and Recreation

Take your skills to the next level for the 2022 Field Hockey season. Each skills clinic will focus on the three different elements of the game. First clinic Offense and Defense, Second clinic Positions and Field plays, Third clinic game changer drills & scrimmage. All levels are welcome and encouraged to participate!

GR.	DAY	TIME	DATES	LOCATION	FEE
3-8	M-W	6:00 - 7:00pm	Aug. 29 - Aug 31	Hanlon	\$20

VISIT MEDWAYPARKSREC.COM FOR UPDATES AND TO REGISTER

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 10/8, Rain Date: 10/29***

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	SA	12:15 - 1:15pm	Sep. 10 - Oct. 22	HS Tennis Court	\$60

AFTER SCHOOL SPORTS

Instructed by MA Sports League

Join us for some after school fun! All players will gain the necessary skills and instruction during this time frame as well as competing weekly. Check out the games we will be playing: Dodge ball, Flag football, Kickball, Parachute, Team handball. Ultimate Frisbee, Wiffle ball, and World cup soccer. This will serve as a solid stepping stone for the kids to further their participation in their sport of choice. Please bring athletic attire including footwear. All participants will receive a MASL tee shirt.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	2:15 - 3:15pm	Sep. 15 - Nov. 3	MS Fields	\$160

BUCKET DRUMMING

Instructed by The Drummer's Studio

It'll be Buckets of Fun! Bucket drumming is a fun and exciting way to create music without having any prior musical experience. At the center, it's all about teamwork and fun. You'll be part of an Ensemble or "Crew" preparing performance pieces for a show in Franklin on 12/3. Jump into a fast paced, uplifting experience with many benefits. Develop rhythm, phrasing, composition, timing, visual and movement elements too. Buckets and drums provided. 2 Instructors. Class is held in Millis Memorial Building Rm 18 or gym. ***No class 11/11, 11/25**

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	F	4:00 - 5:30pm	Sep. 9 - Dec. 2	Memorial Bld.	\$360

YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 6 (for next school year starting in Sep. 2022). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration is OPEN!**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-6	M, W, SA	6:00 - 7:00pm	Aug. 29 - Nov. 7	HS fields	\$125
7-8	M, W, SA	6:00 - 7:00pm	Aug. 29 - Nov. 7	HS fields	\$125

DIGITAL GAME DESIGN

Instructed by Tinker and Create

This course introduces students to The Unreal Engine, a game development platform that is great for creating 2D and 3D games. Among the many skills students will take away from this class, some of the most important are scene design, character design, computer programming, story crafting and writing, a little physics and math, and, most importantly, imagination. With a basic knowledge of this platform, students can begin to think about how to create worlds for different platforms, like tablets, PCs, laptops, virtual reality, and beyond. These skills can easily be applied to other disciplines, like graphic design, architecture, physics, math, computer programming, fine arts, writing, and engineering. We will be happy to equip you with the skills needed to empower your creativity! By Tinker and Create. More details at www.tinkerandcreate.com. Class will be held at Choate Park Snack Shack.

GR.	DAY	TIME	DATES	LOCATION	FEE
3-8	M	4:00 - 5:00pm	Nov. 14 - Dec. 19	Snack Shack	\$135

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	3:30 - 6:30pm	Oct. 19	Snack Shack	\$90
5-8	TH	3:30 - 6:30pm	Nov. 17	Snack Shack	\$90

BASKETBALL LEAGUE

Instructed by Viking Sports

Viking Sports offers a fun and exciting learn and play youth Basketball League. The focus of Viking's Basketball League is fun and non-stop playing in a structured environment. Kids of all abilities are welcome to register. Each class will feature a short practice where kids will learn a skill, which will then be followed by a game. Members of the Viking staff will coach and officiate. All players receive a Viking Sports T-shirt. ***Rain Date: 11/3.***

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	5:00 - 6:00pm	Sep. 15 - Oct. 27	Oakland Park	\$105
9-12	TH	6:00 - 7:00pm	Sep. 15 - Oct. 27	Oakland Park	\$105

CURIOS MINDS

Instructed by Medway Parks and Recreation

Ever wonder what it takes to protect a fragile egg shell from a fall or how to make smores with out a camp fire? Join us as we explore the answers to these questions in a STEM based program. Some of the fun includes egg drop, bridge strength test, balloon car, Solar oven, magnetic slime, spaghetti challenge. Class will be held at the Choate Park Snack Shack.

AGE	DAY	TIME	DATES	LOCATION	FEE
8-14	W	5:00 - 6:30pm	Sep. 28 - Nov. 2	Snack Shack	\$30

BARRE ABOVE

Instructed by Rebecca Tredeau

What is "barre"? While many interpret barre workouts differently, most barre workouts are a fusion of yoga, Pilates, strength training, and ballet. Barre classes incorporate specific sequencing patterns and isometric movements that target specific muscle groups. This pattern of exercise helps to improve strength, balance, flexibility and posture. What are the health and fitness benefits of barre workouts? Barre workouts are perfect for all fitness levels. You'll see improvement in your posture, balance, strength, and flexibility.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	5:00 - 5:45pm	Sep. 15 - Nov. 3	Senior Center	\$80
18+	TH	5:00 - 5:45pm	Nov. 10 - Dec. 29	Senior Center	\$70

***No 11/24**

POUND

Instructed by Rebecca Tredeau

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up and rockin' out! The workout is easily modifiable and the alternative vibe and welcoming philosophy appeals to men and women of all ages and abilities. ***No class 10/10**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	5:30 - 6:15pm	Sep. 12 - Oct. 31	Senior Center	\$70
18+	M	5:30 - 6:15pm	Nov. 7 - Dec. 19	Senior Center	\$70

INVASIVE SPECIES IDENTIFICATION AND ERADICATION TECHNIQUE CLASS

Facilitated by Medway Open Space

Bridget Graziano, Conservation Agent, and Jim Wickis, Open Space Committee, will lead participants on a walk to learn about some of Medway's most serious invasive plants, and what you can do about them. In this outdoor class, you will learn how to identify the invasive plants nearby and make an identification kit to take home with you. The goals when you leave this class is to take what you have learned and apply it at home or as a volunteer. After just a few weeks of using the ID kit, you will be surprised at how many invasives there are around us.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	F	10:00 - 11:00am	Sep. 9	Adams Meadow/Trails	Free

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	4:00 - 5:30pm	Nov. 13	Senior Center	\$10/team

YOGA IN THE PARK

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***In the case of rain, class will be held at Medway Senior Center***

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:00pm	Sep. 6 - Oct. 11	Oakland Park	\$48
16+	TU	6:00 - 7:00pm	Oct. 18 - Nov. 29	Senior Center	\$56

FOAM ROLLING AND FLEXIBILITY

Instructed by Rebecca Tredeau

What are the benefits of foam rolling? Reduces injury and speeds up recovery. Improve flexibility without impairing strength. Faster fitness results simple self-massage. Improves posture. ...Why is stretching so important? There are tons of benefits of stretching. For one, stretching boosts flexibility, which can improve both your short-term and your long-term range of motion. (That's important, since a better range of motion can mean better muscle recruitment during your workouts. For example, greater range of motion in your hips and knees will allow you to sink deeper into a squat. Ultimately, having a greater ROM will make it so you're able to do more exercises—and do them properly.)

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	5:00 - 5:45pm	Sep. 13 - Nov. 1	Senior Center	\$80
18+	TU	5:00 - 5:45pm	Nov. 8 - Dec. 27	Senior Center	\$80

HOPFIT

Instructed by Rebecca Tredeau

SIT & GET FIT! The only exercise that blasts calories while you sit, bounce & have fun! BURN MORE CALORIES! Burn up to 900 cal/hr* - plus HOPFit engages your quads, inner thighs, glutes, calves, back & abs! For all over body toning! LOW IMPACT! HOPFit is designed to burn calories even while just bouncing! A perfect solution to those with knee/joint issues. GET STRONG, LEAN ARMS! Use the bonus weighted gloves while bouncing to tone your arms, shoulders, chest & more!

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	5:00 - 5:45pm	Sep. 14 - Nov. 2	Senior Center	\$80
18+	W	5:00 - 5:45pm	Nov. 9 - Dec. 28	Senior Center	\$80



TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 10/8* Rain Date: 10/29***

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:00 - 9:30am	Sep.10 - Oct. 22	HS Tennis Court	\$70

BEGINNER ADULT TAP

Facilitated by Step by Step Dance Studio

Tap Fundamentals and basics including rhythm, timing, and precision. The class consists of foot and ankle warm-ups, floor progressions, and combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	8:15- 9:15pm	Sep. 22 - Oct. 20	Step by Step	\$90

PET FIRST AID AND CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W-TH	6:00 - 9:00pm	Sep. 14 - Sep. 15	Senior Center	\$85
18+	T-W	6:00 - 9:00pm	Oct. 4 - Oct. 5	Senior Center	\$85

PICKLEBALL SKILLS AND DRILLS

Instructed by Eric Kevorkian

For Advanced Beginners and Intermediate players. Players will partake in drills focused on specific aspects of the game (i.e. Dinks, Volleys, Drop Shots, Serve/Return technique), followed by doubles play where skills can be applied.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	4:30 - 6:00pm	Oct. 25 - Nov. 22	HS Courts	\$35

HOLIDAY LIGHTS FUN RUN!

Facilitated by Medway Parks and Recreation

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route and post-run hot cocoa! Feel free to dress up!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	5:30 - 6:30pm	Dec. 20	Choate Park	Free

BEGINNER PICKLEBALL

Instructed by Carlene Crummett

Learn to play the fast growing sport with the funny name. Have you ever played ping-pong, tennis, racquetball, badminton? Whether you played a "few" years ago, yesterday or never, pickleball is the sport for you. You will be taught to play in a non-judgmental environment. All ages/abilities welcome. Intro will cover the basic rules of play, strokes, strategies and court etiquette. The court is about half the size of a tennis court (with a net) and usually played "doubles" or mixed-gender doubles. You will use a paddle a little bigger than a ping-pong paddle and a whiffle type ball. (Equipment supplied by the Rec Dept.) This is a good opportunity to get some exercise, learn a "new" sport, and meet new energetic friends. Wear court shoes and comfortable loose clothing, suitable for exercising. Bring water...smiles...and enthusiasm....It's a fun game!!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	11:00 - 12:00pm	Sep. 24 - Oct. 15	HS Courts	\$50

ADULT BALLET

Facilitated by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	8:00 - 9:00pm	Sep. 21 - Oct. 19	Step by Step	\$90

PICKLEBALL 101

Instructed by Eric Kevorkian

90 minute sessions to learn the basics of the game.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	4:00 - 5:30pm	Sep. 20	HS Pickleball Courts	\$35
16+	TU	4:00 - 5:30pm	Sep. 27	HS Pickleball Courts	\$35
16+	TU	4:00 - 5:30pm	Oct. 4	HS Pickleball Courts	\$35
16+	TU	4:00 - 5:30pm	Oct. 11	HS Pickleball Courts	\$35

COACHED DOUBLES PLAY

Instructed by Eric Kevorkian

90 minute session for players who already know how to play the game of Pickleball, but need help with strategy and skills. **Players must know basic rules and how to score in order to participate in this class!**

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	4:00 - 5:30pm	Sep. 20 - Oct. 11	HS Courts	\$35

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, two courts will be reserved, teams will be formed from those who are in attendance, and games will then be played.

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TU	6:00 - 7:00pm	Sep. 6 - Oct. 25	HS Courts	\$30
All ages	TH	6:00 - 7:00pm	Sep. 8 - Oct. 27	HS Courts	\$30

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Sep. 6 - Oct. 25	Norfolk	\$145
II	6-12	TU	5:00 - 5:50pm	Nov. 1 - Dec. 20	Norfolk	\$145

INTRO TO THEATRE ON ICE

Facilitated by Norfolk Ice Arena

Our Junior Limelights program consists of 25 minutes of skills as well as 25 minutes of Theater on Ice class. The core components of Theater on Ice include choreography, skating movements, and the camaraderie shared between skaters at the introductory level. Skaters will perform their "Performance" at the end of the session for their Parents and Learn to Skate participants. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	5+	SA	12:00 - 12:50pm	Sep. 10 - Oct. 29	Norfolk	\$250
II	5+	SA	12:00 - 12:50pm	Nov. 5 - Dec. 17	Norfolk	\$225

SYNCHRONIZED SKATING

Facilitated by Norfolk Ice Arena

This program is a fantastic way to introduce the team sport of synchronized skating to anyone participating in group lessons or at the beginner levels. Block, circle, line, wheel and intersection are the five elements, and each are performed with prescribed handholds. As skaters advance through the various levels, they will learn how to transition properly between elements using multiple holds. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	5+	SU	11:00 - 1:00pm	Sep. 11 - Oct. 30	Norfolk	\$250
II	5+	SU	11:00 - 1:00pm	Nov. 6 - Dec. 18	Norfolk	\$225



LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Sep. 6 - Oct. 25	Norfolk	\$145
I	3+	W	1:00 - 1:50pm	Sep. 7 - Oct. 26	Norfolk	\$145
I	3+	SA	11:00 - 11:50am	Sep. 10 - Oct. 29	Norfolk	\$145
I	3+	SU	10:00 - 10:50am	Sep. 11 - Oct. 30	Norfolk	\$145
II	3+	TU	5:00 - 5:50pm	Nov. 1 - Dec. 20	Norfolk	\$145
II	3+	W	1:00 - 1:50pm	Nov. 2 - Dec. 21	Norfolk	\$145
II	3+	SA	11:00 - 11:50am	Nov. 5 - Dec. 17	Norfolk	\$130
II	3+	SU	10:00 - 10:50am	Nov. 6 - Dec. 18	Norfolk	\$130

BRIDGE CLASS

Facilitated by Norfolk Ice Arena

The Bridge Class at Norfolk Arena will focus on basic skating skills. We will be focusing on stroking, forward crossovers, backward crossovers, turns, posture, and speed. We will be using full ice! Participants must be Basic 4 and higher. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	7+	SA	12:00 - 12:50pm	Sep. 10 - Oct. 29	Norfolk	\$250
II	7+	SA	12:00 - 12:50pm	Nov. 5 - Dec. 17	Norfolk	\$225

PUMPKIN CARVING

@Choate

25




OCTOBER

Choate Park

4-6PM

REGISTER AT WWW.MEDWAYPARKSREC.COM







SEPTEMBER/OCTOBER

SUN	MON	TUE	WED	THU	FRI	SAT
28	29 Field Hockey Skills and Drills	30	31 	1	2	3
4	5	6 Outdoor Pickleball Learn to Play Hockey Learn to Skate	7 Gnomes and Fairies Learn to Skate	8 Outdoor Pickleball	9 Can you dig it? Bucket Drumming Invasive Class	10 Preschool Soccer Preschool Multisport Beginner Skateboarding Tennis in the Parks Theater on Ice
11 Super soccer stars Preschool Multisport Baseball/Tball Inclouision Sports Learn to Skate	12 Art-checls Photography for Kids Cross Country Club Multisport Pound	13 Yoga Foam Rolling and Flexibility Pet First Aid and CPR Pickleball 101	14 Gnomes and Fairies Intro to Lax HOPfit	15 Treasure Hikes Basketball Basketball League After school sports Barre Above	16 Little Yogis	17 Police Chase Slime Solutions Club
18	19 Pirate Party 	20 Preschool Dance Combo Dance Theater Arts Art Club Pickleball 101 Pickleball Coached Doubles	21 Gnomes and Fairies Adult Ballet	22 Learn to Fish Business Sharks Sugar Club Tap 	23	24 Yard Sale Preschool Dance Combo Dance Toddler Time Beginner Pickleball
25	26 No School Fun Pint Sized Picassos	27 Playground Pals Pickleball 101	28 Lill Ninja Warriors Micro wheels Curious Minds	29 Sew Cute Club	30	1

SUN	MON	TUE	WED	THU	FRI	SAT
2	3	4 Jr Party Planning Pet First Aid and CPR Pickleball 101	5	6	7 Little Earthlings Sensory Class	8 Trunk or Treat Howl-o-ween Parade 
9	10	11 Pickleball 101	12 Kids Test Kitchen	13 Autumn Leaf arts and crafts Sew Cute Club	14 Little Earthlings Sensory Class	15
16	17	18 Yoga	19 BLAST Babysitting	20 Sugar Club	21 Little Earthlings Sensory Class Can you dig it?	22 Beginner Skateboarding
23	24	25 Pumpkin Carving Pickleball Skills and Drills 	26 Creepy Charcuterie	27	28 Little Earthlings Sensory Class  Pumpkin Walk	29
30	31 					

NOVEMBER/DECEMBER

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Learn to Skate Learn to Play Hockey	2 Lego Adventures Learn to Skate	3	4 Little Earthlings Sensory Class	5 Learn to Skate Bridge Class Theater on Ice
6 Learn to Skate Synchronized Skating	7 Pound	8 Foam rolling and flexibility	9 HOPfit	10 Sew Cute Club Barre Above	11 Little Earthlings Sensory Class	12
13 Puzzlepalooza	14 Digital Game Design	15	16	17 Sugar Club BLAST Babysitting	18	19
20	21	22	23	24 Thanksgiving 	25	26 Christmas Parade 
27	28 Pint Sized Picassos	29	30			

SUN	MON	TUE	WED	THU	FRI	SAT
				1 Treasure Hikes!	2	3
4	5	6	7	8 Sew Cute Club	9 Drive in Movie	10
11	12	13	14	15 Sugar club 	16	17
18 	19	20 Holiday Lights Fun Run 	21	22	23	24
25 	26 	27 No School Fun	28 No School Fun	29 No School Fun	30	31 

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053

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U.S. POSTAGE
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2022 PUMPKIN WALK



OCTOBER 28TH 7-9PM
CHOATE PARK
FOR DETAILS VISIT:
WWW.MEDWAYPARKSREC.COM