

Medway Parks & Recreation

A photograph of two young children painting on easels outdoors. The child on the left, with curly hair and wearing a blue shirt and a striped apron, is holding a blank white board. The child on the right, wearing a red shirt and a red apron, is painting a green design on a white board. They are standing on a grassy area next to a pond, with a stone wall and trees in the background. The scene is bright and sunny.

2022 Spring & Summer Brochure

155 Village Street, Medway, MA 02053
www.MedwayParksRec.com 508-321-4740

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PARKS & RECREATION STAFF

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Steve Carew, Parks Superintendent	Scarew@townofmedway.org

DEPARTMENT INFORMATION

Park & Recreation Number:	508-321-4740
Website:	MedwayParksRec.com
Field Closings:	Website/Facebook will be updated with closures

OFFICE HOURS

Monday: 7:30am—5:30pm

Tuesday: 7:30am—4:30pm

Wednesday: 7:30am—4:30pm

Thursday: 7:30am—4:30pm

Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

SPRING AND SUMMER RECREATION REGISTRATION FOR MEDWAY RESIDENTS:

SPRING AND SUMMER RECREATION REGISTRATION FOR NON-RESIDENTS:

MONDAY, FEBRUARY 28 AT 9:00AM

MONDAY, MARCH 7 AT 9:00AM

PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)

Lyle Core

Richard D'Innocenzo

John Farrell

Sean Murphy

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at **MedwayParksRec.com** and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

158 Main Street Medway, MA 02053

SUMMER CONCERT Series

Thank you to our 2021 Event Sponsors:



Charles River Bank
Personal Connections. Powerful Solutions.



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

MEDWAY PARKS AND RECREATION &
MEDWAY HIGH FISHING CLUB
PRESENTS



FISHING DERBY

SATURDAY, JUNE 4TH, 2022

7-10AM

CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM

THE TOWN OF MEDWAY PRESENTS

MEDWAY CLEAN SWEEP

April 9, 2022 | 8-11 AM



FOR MORE INFORMATION, PLEASE EMAIL
CLEANSWEEP@TOWNOFMEDWAY.ORG

MEDWAY PARKS AND RECREATION PRESENTS

SPRING EGG HUNT

SATURDAY, APRIL 16th 2022

Egg Hunt & Photos!

Oakland Fields

Oakland Park / 76 Oakland Street Medway, MA / www.medwayparksrec.com / 9-11 AM

Sweetheart DANCE

SUNDAY

May 1, 2022 4-6 PM

Oakland Park

76 OAKLAND STREET MEDWAY, MA

*Pre-register at
www.MedwayParksRec.com*

**PRESENTED BY MEDWAY PARKS AND
RECREATION AND MEDWAY LIONS.**

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

No class: 5/29, Rain Date: 6/26.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:15 - 10:00am	Apr. 24 - Jun. 19	Oakland	\$220
2-3	SU	10:10 - 10:50am	Apr. 24 - Jun. 19	Oakland	\$220
4-5	SU	11:00 - 11:50am	Apr. 24 - Jun. 19	Oakland	\$220

PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Preschool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! ***Class will be held outside***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	10:00 - 10:50am	May 2 - May. 23	Choate Park	\$40

TEDDY BEAR PARTY

Instructed by Medway Parks and Recreation

We are pleased to invite you and your furry friend to a Teddy Bear Picnic. This adorable affair will include picnic style refreshments, a sing along, a story time, playground time, crafts, games, and more. This event is free and open to the public, pre-registration is required. We can BEARLY wait!

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	W	10:00 - 11:30am	May 11	Choate Park	Free

ARCHEOLOGICAL DIG!

Instructed by Medway Parks and Recreation

Who doesn't love to dig in the dirt? This program will do just that! Each session will have a theme, we will learn about different time periods and dig to find artifacts and treasures. ***Class will be held at Choate Park.**

AGE	DAY	TIME	DATES	THEME	FEE
2-5	F	10:00 - 10:50am	May 13	Dinosaurs	\$10
2-5	F	10:00 - 10:50am	Jun. 3	Buried Treasure	\$10

TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	TH	11:00 - 11:45am	Apr. 28 - Jun. 2	Choate Park	\$35

SNAG GOLF

Instructed by Viking Sports

For our Golf program, we have adopted the SNAG (Starting New At Golf) program to teach new golfers how to play this enjoyable lifelong sport. Our coaches understand the importance of fundamentals of form in teaching swinging, putting, and body positioning. The SNAG system uses modified equipment to implement the curriculum developed by PGA professionals. Viking provides all the equipment for this very popular program. ***No class: 5/29, Rain Date: 6/26***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	10:00 - 10:50am	May 1 - Jun. 19	Cassidy Field 4	\$95

LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! All classes will be held in Choate Park.

AGE	DAY	TIME	DATE	THEME	FEE
1-5	F	11:00 - 12:00pm	Apr. 1	Gardening	\$25
1-5	F	11:00 - 12:00pm	Apr. 8	Rainbow Water Tables	\$25
1-5	F	11:00 - 12:00pm	Apr. 15	Construction	\$25
1-5	F	11:00 - 12:00pm	Apr. 22	Earth Day Sensory Play	\$25
1-5	F	11:00 - 12:00pm	Apr. 29	Pond Play	\$25
1-5	F	11:00 - 12:00pm	May 6	Process Painting	\$25



GOLF FOR TODDLERS

Instructed by Maplegate Country Club

Fun based program targeted at new Golfers aged 1-4. Program will consist of two 60 min sessions covering basic rules & swing fundamentals. Plastic Clubs & balls will be used which students can keep. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 5/23**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-4	M	10:00 - 11:00am	May. 9 - May. 16	Maplegate	\$50

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***Rain Date: 6/15.***

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	9:30 - 10:20am	Apr. 27 - Jun. 8	Cassidy Field 4	\$120

PLAYGROUND PALS!

Instructed by Medway Parks and Recreation

Looking to meet some new friends? Join us on Tuesdays for a morning of FUN! Each week will have a theme, we will read books, do crafts, have a picnic lunch and then enjoy playground time with our new friends.

AGE	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	10:00 - 11:30am	May 3 - Jun. 7	Oakland Park	\$20

PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. ***No class 5/28. Rain Date: 6/25.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Apr. 30 - Jun. 18	Cassidy Field 4	\$95

PRESCHOOL MULTISPORT

Instructed by Viking Sports

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. Viking Sports campers receive a Viking T-shirt. ***No class 5/29, Rain Date: 6/26.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	9:00 - 9:50am	May 1 - Jun. 19	Cassidy Field 4	\$95

BASEBALL/TBALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. ***No class 5/28. Rain Date: 6/25***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 10:50am	Apr. 30 - Jun. 18	Cassidy Field 4	\$95

INCLYOUSION SPORTS

Instructed by Fit Sports

Inclyouison Sports provides inclusive mobile sports enrichment programs to children in Massachusetts, using innovative behavioral methods to teach sports, fitness and social skills. Our curriculum is designed so that each month classes focus on one sport. For four weeks, children practice the basic skills within each sport. In addition to strengthening appropriate social skills. Sports may include: soccer, basketball, baseball, track and field, football, tennis and hockey. Our classes are fun and non-competitive, so that children can be successfully introduced to new sports and have opportunities to build friendships. Skill building can be modified for each child, so that children of all abilities can participate and be successful. **Class will be held at Medway Middle School Fields.**

AGE	DAY	TIME	DATES	SPORT	FEE
3-5	SU	9:00 - 10:00am	May 1 - May 22	Baseball	\$110
5-7	SU	10:00 - 11:00am	May 1 - May 22	Baseball	\$110
3-5	SU	9:00 - 10:00am	Jun. 5 - Jun. 25	Football	\$110
5-7	SU	10:00 - 11:00am	Jun. 5 - Jun. 25	Football	\$110
3-5	SU	9:00 - 10:00am	Jul. 10 - Jul. 31	Soccer	\$110
5-7	SU	10:00 - 11:00am	Jul. 10 - Jul. 31	Soccer	\$110
3-5	SU	9:00 - 10:00am	Aug. 7 - Aug. 31	Track & Field	\$110
5-7	SU	10:00 - 11:00am	Aug. 7 - Aug. 31	Track & Field	\$110



DIGITAL GAME DESIGN

Instructed by Tinker and Create

This course introduces students to The Unreal Engine, a game development platform that is great for creating 2D and 3D games. Among the many skills students will take away from this class, some of the most important are scene design, character design, computer programming, story crafting and writing, a little physics and math, and, most importantly, imagination. With a basic knowledge of this platform, students can begin to think about how to create worlds for different platforms, like tablets, PCs, laptops, virtual reality, and beyond. These skills can easily be applied to other disciplines, like graphic design, architecture, physics, math, computer programming, fine arts, writing, and engineering. We will be happy to equip you with the skills needed to empower your creativity! By Tinker and Create. More details at www.tinkerandcreate.com. Class will be held at Choate Park Snack Shack. ***No class 4/21**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-8	TH	4:00 - 5:00pm	Mar. 31 - May 12	Snack Shack	\$135

NINJA WARRIOR

Instructed by Viking Sports

Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt. **Rain Date: 6/15**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	W	4:00 - 5:00pm	Apr. 27 - Jun. 8	Cassidy Field 4	\$105

SEW CUTE CLUB

Instructed by Medway Parks and Recreation

Join us in our new 'sew' cute sewing club! Participants will learn to thread sewing needles & learn different hand sewing techniques while making fun projects. Class will take place at the Choate Park Snack Shack.

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TU	4:00 - 5:30pm	May 10	Felt Keychain	\$35
7-13	TU	4:00 - 5:30pm	May 24	Pillow	\$35
7-13	TU	4:00 - 5:30pm	Jun. 7	Stuffed Animal	\$35

SUGAR CLUB

Instructed by Medway Parks and Recreation

Let your you or your child's wildest sweetest dreams come true in these baking adventure workshops. Each person will learn the recipe for that class and be led step by step instructions in making a delicious homemade dessert to take home to share with their family Class will take place at the Choate Park Snack Shack.

AGE	DAY	TIME	DATE	THEME	FEE
7-13	TU	4:00 - 5:30pm	May 17	Unicorn Cake	\$20
7-13	TU	4:00 - 5:30pm	May 31	Cookie Monster	\$20
7-13	TU	4:00 - 5:30pm	Jun. 14	Animal pops	\$20

GARDEN TO SPOON

Instructed by Little Scholars

Let's get our hands dirty as we learn about gardening and food! Garden with us by making take home garden boxes with a variety of herbs and other accessories for your garden. Create some daily delicious treats with healthy foods! Toss in our special ingredient of nature-based crafts and you have from garden to spoon camp! Class will be held at Choate Park. ***No class 5/30**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	M	3:45 - 4:45pm	Apr. 25 - Jun. 20	Snack Shack	\$170

GREEN THUMB CLUB

Instructed by Little Scholars

Catch an insect, grow a terrarium, and save the earth...all while learning about nature and the world around us through exciting expeditions, science, and environmental exploration. Our Green Thumb Club will ignite your child's passion for nature, recycling, and learning about the earth through educational activities and science investigations. It's time to join the Green Thumb Club!

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	M	5:00 - 6:00pm	Apr. 25 - Jun. 20	Snack Shack	\$170

MULTISPORT

Instructed by Viking Sports

Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt. ***No class 5/30, Rain Date: 6/13**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:00 - 5:00pm	Apr. 25 - Jun. 6	Cassidy Field 4	\$85

KIDS TEST KITCHEN

Instructed by Kids Test Kitchen

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, un-manipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce as much as possible. Spring brings longer, busier days! Let the kids help plan and prep dinner - we'll work to boost their confidence in the kitchen so you can enjoy meal prep together, or maybe - maybe - you can step aside and watch! At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! ***No class 4/19.**

GR	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	4:30 - 5:30pm	Mar. 22 - May 3	Snack Shack	\$130

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. Our final class will be a mini race!

GRADES	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:45-4:45pm	Apr. 25 - May 23	Choate	\$25
K-4	M	4:45-5:45pm	Apr. 25 - May 23	Choate	\$25

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/28, Rain Date: 6/18***

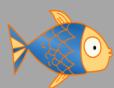
GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	9:45 - 10:45am	Apr. 30 - Jun. 11	HS Tennis Court	\$60
3-5	SA	11:00 - 12:00m	Apr. 30 - Jun. 11	HS Tennis Court	\$60

INTRO TO FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Learn the basics of field hockey! All skill levels are welcome. We will explore the basic rules of the game, proper grips & posture, ball and stick control, tackling, receiving/trapping, passing and go through fun drills.

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	SA	1:00 - 2:00pm	Apr. 30 - May 14	Lamson	\$20



LEARN TO FISH

Instructed by Massachusetts Division of Fisheries & Wildlife

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TH	5:00 - 7:00pm	May. 19	Choate Park	\$5

SNAG GOLF

Instructed by Viking Sports

For our Golf program, we have adopted the SNAG (Starting New At Golf) program to teach new golfers how to play this enjoyable lifelong sport. Our coaches understand the importance of fundamentals of form in teaching swinging, putting, and body positioning. The SNAG system uses modified equipment to implement the curriculum developed by PGA professionals. Viking provides all the equipment for this very popular program. ***Rain Date: 6/14.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	TU	4:00 - 5:00pm	Apr. 26 - Jun. 7	Cassidy Field 4	\$95
5-8	TU	5:00 - 6:00pm	Apr. 26 - Jun. 7	Cassidy Field 4	\$95

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. ***Rain Date: 6/16***

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	TH	4:00 - 5:00pm	Apr. 28 - Jun. 9	Oakland Court	\$95

YOUTH TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is back in Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 6 (for next school year starting in Sep. 2022). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. The team will finish up the season with a league jamboree. **Registration opens Wednesday, June 1 at 9am.**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-4	M, W, SA	6:00 - 7:00pm	Aug. 29 - Nov. 7	HS fields	\$125
5-6	M, W, SA	6:00 - 7:00pm	Aug. 29 - Nov. 7	HS fields	\$125

BEGINNER SKATEBOARDING

Facilitated by Knucklebones

Skateboarding is for participants with little to no skateboarding experience. Teaching fundamental skateboarding skills such as accelerating, balance, stopping, transitions and some tricks, dropping in and Ollies, we help participants develop confidence to apply these skills on their own. Proper safety equipment (knee pads, elbow pads and helmets) must be worn at all times during class. A skateboard and athletic shoes are required. If you do not have proper safety equipment or a board, please let us know at registration and they can be borrowed during the class...for the love of play!

AGE	DAY	TIME	DATES	LOCATION	FEE
7-14	TH	9:00 - 12:00pm	Jun. 23	Oakland	\$50

NINJA WARRIOR

Instructed by Viking Sports

Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt. **Rain Date: 6/15**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	5:00 - 6:00pm	Apr. 27 - Jun. 8	Cassidy Field 4	\$105

DIGITAL GAME DESIGN

Instructed by Tinker and Create

This course introduces students to The Unreal Engine, a game development platform that is great for creating 2D and 3D games. Among the many skills students will take away from this class, some of the most important are scene design, character design, computer programming, story crafting and writing, a little physics and math, and, most importantly, imagination. With a basic knowledge of this platform, students can begin to think about how to create worlds for different platforms, like tablets, PCs, laptops, virtual reality, and beyond. These skills can easily be applied to other disciplines, like graphic design, architecture, physics, math, computer programming, fine arts, writing, and engineering. We will be happy to equip you with the skills needed to empower your creativity! By Tinker and Create. More details at www.tinkerandcreate.com. Class will be held at Choate Park Snack Shack. ***No class 4/21**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-8	TH	4:00 - 5:00pm	Mar. 31 - May 12	Snack Shack	\$135

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TU	3:30 - 6:30pm	May 24	Choate Park Snack Shack	\$55

BASKETBALL LEAGUE

Instructed by Viking Sports

Viking Sports offers a fun and exciting learn and play youth Basketball League. The focus of Viking's Basketball League is fun and non-stop playing in a structured environment. Kids of all abilities are welcome to register. Each class will feature a short practice where kids will learn a skill, which will then be followed by a game. Members of the Viking staff will coach and officiate. All players receive a Viking Sports T-shirt. ***Rain Date: 6/16.***

GR	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	5:00 - 6:00pm	Apr. 28 - Jun. 9	Oakland	\$95
9-12	TH	6:00 - 7:00pm	Apr. 28 - Jun. 9	Oakland	\$95

MULTISPORT

Instructed by Viking Sports

Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt. ***No class 5/30, Rain Date: 6/13**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	5:00 - 6:00pm	Apr. 25 - Jun. 6	Cassidy Field 4	\$85

AFTER SCHOOL SPORTS

Instructed by MA Sports League

Join us for some after school fun! All players will gain the necessary skills and instruction during this time frame as well as competing weekly. Check out the games we will be playing: Dodge ball, Flag football, Kickball, Parachute, Team handball, Ultimate Frisbee, Wiffle ball, and World cup soccer. This will serve as a solid stepping stone for the kids to further their participation in their sport of choice. Please bring athletic attire including footwear. All participants will receive a MASL tee shirt.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	2:15 - 3:15pm	Apr. 27 - Jun. 8	MS Fields	\$140

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/28, Rain Date: 6/18***

GR.	DAY	TIME	DATES	LOCATION	FEE
6-8	SA	12:15 - 1:15pm	Apr. 30 - Jun. 11	HS Tennis Court	\$60



BEGINNER PICKLEBALL

Instructed by Carlene Crummett

Learn to play the fast growing sport with the funny name. Have you ever played ping-pong, tennis, racquetball, badminton? Whether you played a "few" years ago, yesterday or never, pickleball is the sport for you. You will be taught to play in a non-judgmental environment. All ages/abilities welcome. Intro will cover the basic rules of play, strokes, strategies and court etiquette. The court is about half the size of a tennis court (with a net) and usually played "doubles" or mixed-gender doubles. You will use a paddle a little bigger than a ping-pong paddle and a whiffle type ball. (Equipment supplied by the Rec Dept.) This is good opportunity to get some exercise, learn a "new" sport, and meet new energetic friends. Wear court shoes and comfortable loose clothing, suitable for exercising. Bring water...smiles...and enthusiasm....It's a fun game!!

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	M	6:00 - 7:00pm	Apr. 4 - Apr. 25	HS Tennis Court	\$70
16+	M	6:00 - 7:00pm	May 2 - May 23	HS Tennis Court	\$70

AFTER WORK ADULT GROUP LESSON

Instructed by Maplegate

This program is targeted for adult women and men golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *No class 5/30, Rain Date: 6/13**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	6:00 - 7:30pm	May 2 - Jun. 6	Maplegate	\$150

WOMEN'S ONLY AFTER WORK

Instructed by Maplegate

Program is targeted for adult women golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 6/7**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	6:00 - 7:30pm	May 3 - May 31	Maplegate	\$160

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, Two courts will be set up, teams will be formed from those who are in attendance, and games will then be played. ***Tuesday is for beginners, Thursday for experienced players.***

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TU	6:00 - 7:00pm	Apr. 26 - Jun. 7	HS Courts	\$30
All ages	TH	6:00 - 7:00pm	Apr. 28 - Jun. 9	HS Courts	\$30

TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***No Class: 5/28* Rain Date: 6/18***

AGE	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	8:00 - 9:30am	Apr. 30 - Jun. 11	HS Tennis Court	\$70

GOLF FOR MOM'S

Instructed by Maplegate

Put the kids on the bus, drop them off at daycare, grab a cup of coffee and head over to Maplegate to learn the game of golf with Medway's own PGA Professional. Program covers basic rules and etiquette along with the fundamentals of the pre shot routine, full swing and short game. Program includes use of practice facilities, range balls and equipment. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 6/6**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	10:00 - 11:30am	May 2 - May 23	Maplegate	\$130

WALK THIS WAY!

Instructed by Medway Park and Recreation

Spring has sprung! Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	M	8:00 - 9:00am	May 2 - May 23	Trails of Medway	\$10
All	M	8:00 - 9:00am	Jun. 6 - Jun. 27	Trails of Medway	\$10

FIRST AID/CPR CERTIFICATION

Instructed by Juanita Allen Kingsley

The ASHI Pediatric CPR, AED, and First Aid training program provide an ideal training solution for schools, Scout Leaders, childcare providers, youth sports coaches, and others required to learn how to respond to medical emergencies involving children and infants. Topics covered include:

First Aid Basics
Medical Emergencies
Injury Emergencies
Environmental Emergencies
Adult and Pediatric CPR & AED
2-year certification upon completion



AGE	DAY	TIME	DATES	LOCATION	FEE
15+	TU	6:00 - 9:00pm	Jun. 28	Choate Park Snack Shack	\$80

WIFFLE BALL LEAGUE

Facilitated by Medway Parks and Recreation

Adult wiffle ball brings back this backyard classic for area adults to form teams and play against others in the area! Gather your friends, make your team and sign up! Each week your team will play and challenge another group for a friendly, but high stakes game of wiffle ball! ***No 5/30**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	6:00 - 8:00pm	May 2 - Jun. 20	VFW Field	\$20/team

BARRE

Instructed by Rebecca Tre

What is "barre"? While many interpret barre workouts differently, most barre workouts are a fusion of yoga, Pilates, strength training, and ballet. Barre classes incorporate specific sequencing patterns and isometric movements that target specific muscle groups. This pattern of exercise helps to improve strength, balance, flexibility and posture. What are the health and fitness benefits of barre workouts? Barre workouts are perfect for all fitness levels. You'll see improvement in your posture, balance, strength, and flexibility.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	5:15 - 6:00pm	May 17 - Jun. 21	Senior Center	\$80
18+	TH	5:15 - 6:00pm	May 19 - Jun. 23	Senior Center	\$80

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	3:00 - 5:00pm	May 15	Choate Park	\$10/team



YOGA IN THE PARK

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. ***In the case of rain, class will be held at Medway Senior Center***

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:15 - 7:15pm	May 10 - Jun. 28	Oakland Park	\$70

LABLAST

Instructed by Jenny

LaBlast is an energizing dance fitness program that uses easy to follow ballroom dance patterns. Students will learn the basic steps of several dance styles, while enjoying music from all genres. Classes are low impact and for all levels of fitness. Partner-free and no experience necessary. Come learn the true skill of dance!

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	F	5:30 - 6:30pm	Apr. 15 - May 20	Oakland Park	\$60

TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	SU	10:00 - 11:00am	Apr. 24	Trails of Medway	Free
All	SU	10:00 - 11:00am	May 15	Trails of Medway	Free
All	SU	10:00 - 11:00am	Jun. 12	Trails of Medway	Free



VISIT MEDWAYPARKSREC.COM FOR UPDATES AND TO REGISTER



Celebrate Medway Day

Saturday, July 16, 2022

★

Choate
Park

★

1
PM

★

Wild

★

★

Wednesdays

★

★

SCAVENGER
HUNTS

★

★

FUN
GAMES

★

★

COMPETITIONS

★

★

FREE
SHOWS

★

WWW.MEDWAYPARKSREC.COM

Medway Parks and Recreation's

Wild Wednesdays

06
JUL

DAVID GARRITY, ILLUSIONIST
CHOATE PARK | 7:00 PM

13
JUL

HIGH FLYING DOG SHOW
CHOATE PARK | 7:00 PM

20
JUL

DINO MAN!
CHOATE PARK | 7:00 PM

27
JUL

CHOATE PARK OLYMPICS
CHOATE PARK | 7:00 PM

03
AUG

DIANE EDGEComb "TRAIL MIX"
CHOATE PARK | 7:00 PM

10
AUG

ELIJAH T. GRASSHOPPER CONCERT
CHOATE PARK | 7:00 PM

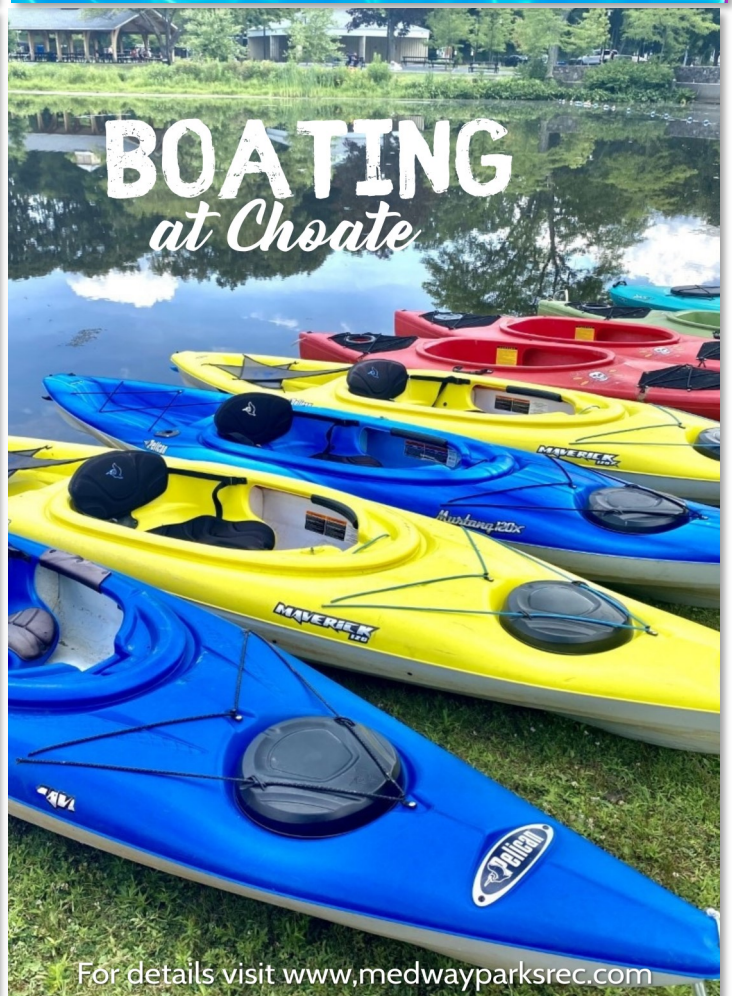
17
AUG

CHOATE PARK SCAVENGER HUNT
CHOATE PARK | 7:00 PM

24
AUG

END OF SUMMER FOAM PARTY
CHOATE PARK | 7:00 PM

VISIT WWW.MEDWAYPARKSREC.COM FOR DETAILS



For details visit www.medwayparksrec.com

GOLF FOR TODDLERS

Instructed by Maplegate Country Club

Fun based program targeted at new Golfers aged 1-4. Program will consist of two 60 min sessions covering basic rules & swing fundamentals. Plastic Clubs & balls will be used which students can keep. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham *Rain Date: 5/23**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-4	M	10:00 -11:00am	Jul. 11 - Jul. 18	Maplegate	\$50

SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. ***Rain Date: 6/26.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:15 - 10:00am	Jul. 10 - Aug. 14	Oakland	\$170
2-3	SU	10:10 - 10:50am	Jul. 10 - Aug. 14	Oakland	\$170
4-5	SU	11:00 - 11:50am	Jul. 10 - Aug. 14	Oakland	\$170

CHOATE BUDDIES

Instructed by Medway Parks and Recreation

At Choate Buddies your child will have an unforgettable experience and make memories that will last a lifetime. This program for kids ages 3-5, is jam-packed with great outdoor summertime activities such as arts & crafts, theme weeks, games, scavenger hunts, special events, guest presenters, field game days and much more! The program will not be held in the event of rain, an email will be sent out the night before or the morning of before 8am. Sign up early, space is limited. Join us for the fun and make it a summer to remember!

S	AGE	DAY	TIME	DATES	LOCATION	FEE
1	3-5	M-F	9:15 - 12:15pm	Jul. 18 - Jul. 22	Choate Park	\$90
2	3-5	M-F	9:15 - 12:15pm	Jul. 25 - Jul. 29	Choate Park	\$90
3	3-5	M-F	9:15 - 12:15pm	Aug. 1 - Aug. 5	Choate Park	\$90
4	3-5	M-F	9:15 - 12:15pm	Aug. 8 - Aug. 12	Choate Park	\$90

TINYTYKES SOCCER

Instructed by Challenger Soccer

A fun introduction to soccer influenced by the very popular year-round TinyTykes curriculum. Includes games, activities, and adventures to introduce and develop coordination, balance, running, stopping, turning, kicking, dribbling, throwing & catching.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M-F	8:00 - 8:45am	Aug. 8 - Aug. 12	Lamson	\$105

LITTLE EARTHLINGS LEARNING SENSORY CLASSES

Instructed by Miss Tori

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! All classes will be held in Choate Park.

AGE	DAY	TIME	DATE	THEME	FEE
1-5	F	11:00 - 12:00pm	Jul. 1	Under the Sea	\$25
1-5	F	11:00 - 12:00pm	Jul. 8	Rainbow Water Tables	\$25
1-5	F	11:00 - 12:00pm	Jul. 15	Bubbles	\$25
1-5	F	11:00 - 12:00pm	Jul. 22	Dinosaurs	\$25
1-5	F	11:00 - 12:00pm	Jul. 29	Process Art	\$25
1-5	F	11:00 - 12:00pm	Aug. 5	Sensory Science	\$25

FABULOUS FROZEN FUN

Instructed by Step by Step Dance Studio

A day themed with "frozen" activities. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in a winter wonderland with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	W	9:30 - 12:00pm	Jul. 27	Step by Step	\$35



STREET HOCKEY

facilitated by Medway Parks and Recreation

Love street Hockey? Grab some friends and head to Oakland Park for weekly pick up games. Fee includes a t-shirt.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	W	5:30 - 6:30pm	Jun. 29 - Aug. 3	Oakland	\$10

FROZEN ROPES BASEBALL CAMP

Facilitated by Frozen Ropes

Frozen Ropes is excited to be back in Medway with our award winning Summer programs. Frozen Ropes has been operating Summer Camps in Metrowest for over 30 years! Experience top-notch instruction this summer with the only nationally recognized full-time baseball and softball training centers. The Frozen Ropes summer programs feature full-time professional instructors, structured curriculums and drills, controlled scrimmages to improve game skills, and low player to instructor ratio. All players received a Frozen Ropes T-shirt. Equipment Recommended: Glove, bat, helmet, catchers gear (catchers), water bottle, sunscreen and snack. ***We offer a 15% early bird discount on this full day camp when registering before April 1st.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-7	M-F	8:30 - 12:30pm	Aug. 1- Aug. 5	HS Baseball	\$252
5-12	M-F	8:30 - 2:30pm	Aug. 1 - Aug. 5	HS Baseball	\$375

WACKY GAMES

Instructed by Kuncklebones

Using an array of high-quality, unique equipment, participants play outside the box games for all to enjoy. Capture the Flag using giant, six-foot inflatable tubes - welcome to Powerball! Gaga, Poison, and more, participants learn new skills and have a blast...for the love of play! ***Friday is a rain date***

GR.	DAY	TIME	DATES	LOCATION	FEE
1-5	M-TH	9:00 - 12:00pm	Aug. 15 - Aug. 18	VFW	\$170



JUNE 20TH - AUGUST 8TH

FOR DETAILS ON THE SWIM TEAM PLEASE VISIT WWW.MEDWAYPARKSREC.COM

TENNIS

Instructed by USTA

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***Rain Date: 7/26 & 7/28**

GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	TU, TH	1:00 - 2:00pm	Jul. 5 - Jul. 21	HS Tennis Courts	\$60
3-5	TU, TH	2:15 - 3:15pm	Jul. 5 - Jul. 21	HS Tennis Court	\$60
6-8	TU, TH	3:45 - 4:45pm	Jul. 5 - Jul. 21	HS Tennis Court	\$60

FROZEN ROPES SOFTBALL CAMP

Facilitated by Frozen Ropes

Experience top-notch instruction this summer with the only nationally recognized full-time baseball and softball training centers. The Frozen Ropes summer programs feature full-time professional instructors, structured curriculums and drills, controlled scrimmages to improve game skills, and low player to instructor ratio. All players received a Frozen Ropes T-shirt. Equipment Recommended: Glove, bat, helmet, catchers gear (catchers), water bottle, sunscreen and snack. ***We offer a 15% early bird discount on this full day camp when registering before April 1st.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-12	M-F	8:30 - 2:30pm	Aug. 1 - Aug. 5	Lamson	\$375

FOR ALL OF OUR SUMMER CAMP OPTIONS CHECK OUT THE 2022 SUMMER CAMPS AND CLINICS BROCHURE





CHALLENGER SOCCER CAMP

Facilitated by Challenger Soccer

Our most popular camp program weaving personal skill development, character development, and cultural education, within our International format. Emphasis is placed upon improving individual dribbling, passing, control & shooting, and expanding tactical knowledge through small-sided games, and having fun! All players will receive a camp t-shirt & soccer ball as part of their package.

AGES	DAY	TIME	DATES	LOCATION	FEE
6-14	M-F	9:00 - 12:00pm	Aug. 8 - Aug. 12	Lamson Field	\$175
7-14	M-F	9:00 - 3:00pm	Aug. 8 - Aug. 12	Lamson Field	\$240

FROZEN ROPES BASEBALL CAMP

Facilitated by Frozen Ropes

Frozen Ropes is excited to be back in Medway with our award winning Summer programs. Frozen Ropes has been operating Summer Camps in Metrowest for over 30 years! Experience top-notch instruction this summer with the only nationally recognized full-time baseball and softball training centers. The Frozen Ropes summer programs feature full-time professional instructors, structured curriculums and drills, controlled scrimmages to improve game skills, and low player to instructor ratio. All players received a Frozen Ropes T-shirt. Equipment Recommended: Glove, bat, helmet, catchers gear (catchers), water bottle, sunscreen and snack.

AGE	DAY	TIME	DATES	LOCATION	FEE
13+	TU-TH	10:00 - 1:00pm	Aug. 2 - Aug. 4	HS Baseball	\$150

BOATING IS FUN!

Facilitated by Boating in Boston

These week-long sessions are filled with lots of time on the water learning paddling strokes, sailing terms and independence on the water. Choose sailing or kayaking (full days can include either or both!) and watch your little skipper transform into a commander of the seas. There are half day, full day and summer long options. Check out prices and dates on www.medwayparksrec.com. **Boating in Boston is held at Hopkinton State Park which is located at 286 Cedar St, Hopkinton, MA 01748.**

AGE	DAYS	TIME	DATES (WEEKLY)	LOCATION	FEE
8-15	M-F	9:00 - 12:00pm	Jun. 20 - Aug. 19	Hopkinton	\$319
8-15	M-F	1:00 - 4:00pm	Jun. 20 - Aug. 19	Hopkinton	\$319
8-15	M-F	9:00 - 4:00pm	Jun. 20 - Aug. 19	Hopkinton	\$495

WEB DESIGN

Facilitated by Tinker and Create

Come learn about web page layouts, user interfaces, graphic design and multimedia! We will use the Glitch environment. We will give you tools like CSS3, HTML5 and JavaScript to make great web pages; you just need to bring your enthusiasm! By Tinker and Create. More details at www.tinkerandcreate.com. **Class will be held at the Choate Park Snack Shack.**

GR	DAY	TIME	DATES	LOCATION	FEE
3-8	M-W	9:00 - 11:00am	Jun. 27 - Jun. 29	Snack Shack	\$135

FLAG FOOTBALL

Facilitated by New England Elite

New England Elite Flag Football Clinics deliver expert coaching to learning athletes. Athletes will be coached in offensive and defensive skills and tactics of the game in practice situations and drills by experienced coaches. New England Elite Clinic provides a great learning environment for athletes to grow their abilities and knowledge of the game of football in a fun and safe environment. Athletes will be coached by positively reinforcing their efforts to improve their skills of the game. The skills learned will then be showcased in many flag football situational drills and games. New England Elite Clinics are a place for every athlete to improve their skills and have fun while learning cutting edge tactics of the game of football. ***In the event of rain during the week, Friday will be the makeup day***

GR.	DAYS	TIME	DATES	LOCATION	FEE
5-8	TU-TH	9:00 - 2:00pm	Jul. 12 - Jul. 14	North Field	\$195
5-8	TU-TH	9:00 - 2:00pm	Aug. 2 - Aug. 4	North Field	\$195

CHOATE SUMMER C.I.T.

Facilitated by Medway Parks and Recreation

Why Be a Counselor In Training? The Choate Summer environment provides a unique opportunity for youth to build leadership skills, particularly in assisting staff with younger campers. The goal of the training program is to develop general skills of leadership that you can use throughout life at school, home and community (not just at camp). The training received and talents of C.I.Ts. are put into action. Being a counselor-in-training is an important role at Choate Summer in which leadership skills, good character, integrity, patience, and self-control are nurtured and developed. By participating in the CIT program, you will have the opportunity to give back and help create lasting memories. The CIT program serves as a possible stepping stone to future employment with the Choate Summer. For more details visit the Parks and Recreation website.

S	AGES	DAY	TIME	DATES	LOCATION
1	13-15	M-F	9:00 - 3:00pm	Jul. 11 - Jul. 15	Choate Park
2	13-15	M-F	9:00 - 3:00pm	Jul. 18 - Jul. 22	Choate Park
3	13-15	M-F	9:00 - 3:00pm	Jul. 25 - Jul. 29	Choate Park
4	13-15	M-F	9:00 - 3:00pm	Aug. 1 - Aug. 5	Choate Park
5	13-15	M-F	9:00 - 3:00pm	Aug. 8 - Aug. 12	Choate Park
6	13-15	M-F	9:00 - 3:00pm	Aug. 15 - Aug. 19	Choate Park
7	13-15	M-F	9:00 - 3:00pm	Aug. 22 - Aug. 26	Choate Park

TENNIS

Instructed by USTA

Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! ***Rain Date: 7/26, 7/28**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU, TH	5:00 - 6:30pm	Jul. 5 - Jul. 21	HS Tennis Court	\$70

AFTER WORK ADULT GROUP LESSON

Instructed by Maplegate

This program is targeted for adult women and men golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham** **Rain Date: 8/15**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	M	6:00 - 7:30pm	Jul. 11 - Aug. 8	Maplegate	\$150

WOMEN'S ONLY AFTER WORK

Instructed by Maplegate

Program is targeted for adult women golfers of all ability levels and will consist of five 90-minute group lessons. Program covers basic rules and etiquette, the full swing, short game and fun based competitions. Program includes use of practice facilities, range balls, equipment and all Green Fees. Greg Dowdell is the Head Professional at Maplegate and has been teaching golf for over 20 years. **Maplegate Country Club is located at 160 Maple Street in Bellingham** ***Rain Date: 8/16**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	6:00 - 7:30pm	Jul. 12 - Aug. 9	Maplegate	\$160

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, Two courts will be set up, teams will be formed from those who are in attendance, and games will then be played. ***Tuesday is for beginners, Thursday for intermediat/experienced players.***

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TU	6:30 - 7:30pm	Jul. 5 - Jul. 26	HS Courts	\$20
All ages	TH	6:30 - 7:30pm	Jul. 7 - Jul. 29	HS Courts	\$20
All ages	TU	6:30 - 7:30pm	Aug. 2 - Aug. 23	HS Courts	\$30
All ages	TH	6:30 - 7:30pm	Aug. 4 - Aug. 26	HS Courts	\$30

YOGA IN THE PARK

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:15 - 7:15pm	Jul. 12 - Aug. 30	Oakland Park	\$70

BARRE

Instructed by Rebecca Tredeau

What is "barre"? While many interpret barre workouts differently, most barre workouts are a fusion of yoga, Pilates, strength training, and ballet. Barre classes incorporate specific sequencing patterns and isometric movements that target specific muscle groups. This pattern of exercise helps to improve strength, balance, flexibility and posture. What are the health and fitness benefits of barre workouts? Barre workouts are perfect for all fitness levels. You'll see improvement in your posture, balance, strength, and flexibility.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	TU	5:15 - 6:00pm	Jul. 12 - Aug. 16	Senior Center	\$80
16+	TH	5:15 - 6:00pm	Jul. 14 - Aug. 18	Senior Center	\$80

WALK THIS WAY

Facilitated by Medway Parks and Recreation

Summer is here! Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	SA	8:00 - 9:00am	Jul. 9 - Jul. 30	Trails of Medway	\$10



LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**



LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	TU	5:00 - 5:50pm	Apr. 26 - Jun. 14	Norfolk	\$155

BRIDGE CLASS

Facilitated by Norfolk Ice Arena

The Bridge Class at Norfolk Arena will focus on basic skating skills. We will be focusing on stroking, forward crossovers, backward crossovers, turns, posture, and speed. We will be using full ice! Participants must be Basic 4 and higher. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	TU	4:00 - 5:00pm	Apr. 26 - Jun. 14	Norfolk	\$230

S	AGE	DAY	TIME	DATES	LOCATION	FEE
SP	3+	TU	5:00 - 5:50pm	Apr. 26 - Jun. 14	Norfolk	\$155
SP	3+	W	1:00 - 1:50pm	Apr. 27 - Jun. 15	Norfolk	\$155
SP	3+	SU	10:00 - 10:50am	May 2 - Jun. 19 *No 5/29	Norfolk	\$140
SU I	3+	TU	5:00 - 5:50pm	Jun. 21 - Jul. 26 *No 7/5	Norfolk	\$115
SU II	3+	TU	5:00 - 5:50pm	Aug. 2 - Aug. 30	Norfolk	\$115

PRESCHOOL DANCE

Facilitated by Step by Step Dance Studio

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-4	TU	5:15 - 5:00pm	Jul. 12 - Aug. 9	Step by Step	\$70

TODDLER TIME

Facilitated by Step by Step Dance Studio

Toddler Time (Ages 18 months - 3 years) A class where smiles and giggles are a must and dance fundamentals are started. Jumping, galloping, kicking and toe pointing are some things you will see your little one achieving! **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18m - 3	TH	5:15 - 5:00pm	Jul. 14 - Aug. 11	Step by Step	\$70

ADULT BALLET

Facilitated by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:00 - 8:00pm	Jul. 13 - Aug. 10	Step by Step	\$80

HIP HOP (ADULT AND KIDS)

Facilitated by Step by Step Dance Studio

Hip Hop Dance is inspired by today's hit songs and hip hop music. Its style is commonly seen in music videos. Wear comfortable clothes and get ready to move and groove. Stretching, isolations, floor progressions, and combinations will get you ready to show your stuff on the dance floor. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5 - 8	W	5:15 - 5:00pm	Jul. 13 - Aug. 10	Step by Step	\$70
18+	W	7:00 - 8:00pm	Jul. 13 - Aug. 10	Step by Step	\$90





ADULT FITNESS FUN




Facilitated by Step by Step Dance Studio

This energizing class is a mixture of Zumba and Boot Camp combined for all-around workout that is also fun! Zumba fuses hypnotic Latin rhythms with easy to follow moves created a one of a kind fitness program. Fast and slow rhythm and resistance training are combined to tone and sculpt your body while burning fat. The boot camp side includes exercises and repetition and also uses light weights to help strengthen and tone the body. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	7:00 - 8:30pm	Jul. 14 - Aug. 11	Step by Step	\$110

MAY/JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
1 Sweetheart Dance Super Soccer Stars SNAG golf Preschool Multisport 	2 Pint Sized Picassos Beginner Pickleball Golf for Moms After work golf Wiffle Ball League	3 Playground Pals Women's Golf	4	5	6 Sensory Class	7
8 Incluyousion Sports Family Game Night – BINGO	9	10 Sew Cute Club	11 Teddy Bear Party	12	13 Archeological Dig	14
15 Take a Hike! Puzzlepoolza 	16	17 Sugar Club Barre	18	19 Barre Learn to Fish 	20	21 Medway Pride Day
22	23	24 BLAST Babysitting Sew Cute Club	25	26	27	28
29	30 	31 Sugar Club				

SUN	MON	TUE	WED	THU	FRI	SAT
			1 Field Hockey Registration opens	2	3 Archeological Dig	4 Fishing Derby 
5 Graduation 	6 Walk this Way!	7 Sew Cute Club	8	9	10	11
12 Take a Hike!	13	14 Sugar Club	15	16	17	18
19	20	21 Learn to Skate	22	23 Beginner Skateboarding	24 Medway Millis Swim Team begins	25
26	27 Web Design	28 First Aid/CPR Certification	29 Street Hockey	30 Boating Night 		

JULY/AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Sensory class	2
3	4 	5 Outdoor Pickleball	6 	7 Outdoor Pickleball	8 Sensory class	9 Walk this Way
10 Super Soccer Stars	11 Summer Concert Golf for Toddlers After Work Golf	12 Barre Yoga in the Park After Work Golf	13 	14	15 Sensory class	16 Celebrate Medway Day
17	18 Summer Concert	19	20 Boating Night 	21	22 Sensory class	23
24	25 Summer Concert	26	27 Frozen Fun 	28	29 Sensory class	30

SUN	MON	TUE	WED	THU	FRI	SAT
31	1 Summer Concert Frozen Ropes Baseball and softball camp	2 Learn to Skate Outdoor Pickleball	3 	4 Outdoor Pickleball	5	6
7	8 Summer Concert	9	10 	11	12	13
14	15 Summer Concert	16	17 	18 Boating Night 	19	20
21	21 Fall Registration opens 	22	23 	24	25	26
27	28	29	30	31		

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053

PRST STD AUTO
U.S. POSTAGE
PAID

Medway Parks and Recreation presents:

2022

Summer

Concert Series

@ Oakland Park

July 11: *The Pub Kings*

July 18: *Island
Castaway's Band*

July 25: *Lakeshore Drive
Band*

August 1: *Pieces of Eight*

August 8: *Annie Brobst*

August 15: *Backyard
Swagger*

*Monday's
6-8pm*

