



Medway Parks and Recreation

2022

Winter Brochure

155 Village Street Medway, MA 02053

www.medwayparksrec.com - 508-321-4740

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PARKS & RECREATION STAFF

Julie Harrington, jharrington@townofmedway.org
Director of Parks & Recreation

Peter Pelletier, DPW Director ppelletier@townofmedway.org
Steve Carew, Parks Superinten- Scarew@townofmedway.org

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740

Website: **MedwayParksRec.com**

Field Closings: Website/Facebook will be updated with closures

OFFICE HOURS

Monday: 7:30am—5:30pm

Tuesday: 7:30am—4:30pm

Wednesday: 7:30am—4:30pm

Thursday: 7:30am—4:30pm

Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)

Lyle Core

Richard D'innocenzo

John Farrell

Sean Murphy

REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at **MedwayParksRec.com** and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

158 Main Street Medway, MA 02053

WINTER RECREATION REGISTRATION FOR MEDWAY RESIDENTS:

MONDAY, DECEMBER 6 AT 9:00AM

WINTER RECREATION REGISTRATION FOR NON-RESIDENTS:

MONDAY, DECEMBER 13 AT 9:00AM

SUMMER CONCERT Series

Thank you to our 2021 Event Sponsors:



Charles River Bank
Personal Connections. Powerful Solutions.



GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.

INCLUSION



We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

MEDWAY PARKS AND RECREATION &
MEDWAY HIGH FISHING CLUB
PRESENTS



FISHING DERBY

SATURDAY, JUNE 4TH, 2022

7-10AM
CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM

MEDWAY PARKS AND RECREATION PRESENTS

SPRING EGG HUNT

SATURDAY, APRIL 16th 2022

Egg Hunt & Photos!

Oakland Fields

Oakland Park / 76 Oakland Street Medway, MA / www.medwayparksrec.com / 9-11 AM

SUMMER CAMP

OPEN HOUSE

January
23rd
3-5pm

Looking for the perfect summer camp?
Come see what options are out there.

Register at www.medwayparksrec.com / Free Entry

3rd Annual SNOW SCULPTURE Contest



LET IT SNOW!!!!

For more information visit www.MedwayParksRec.com

MICRO ATHLETES

Instructed by Knucklebones

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement and fun! Each class your child will play a variety of skill enhancing games and activities. From learning to kick to practicing throwing we make sure you child is active and having fun! Sneakers are required! The VFW located at 123 Holliston Street. ***No class: 2/23**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	9:30 - 10:20am	Jan. 19 - Mar. 2	VFW	\$130

COMBO DANCE

Instructed by Step by Step

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
4	SA	10:30 - 11:30am	Jan. 8 - Feb. 5	Step by Step	\$90

TREASURE HIKES

Instructed by Medway Parks and Recreation

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer! ***Session 1: No class 2/24, Rain date 3/10.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	11:00 - 11:45am	Jan. 20 - Mar. 3	Choate Park	\$35
3-5	TH	11:00 - 11:45am	Mar. 17 - Apr. 14	Choate Park	\$30

SENSORY PLAY

Instructed by Little Earthlings Learning

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! **Class will be held at the Choate Park Snack Shack.**

AGE	DAY	TIME	DATES	THEME	FEE
1 - 5	F	11:00 - 12:00pm	Jan. 7	Sensory Snow	\$25
1 - 5	F	11:00 - 12:00pm	Jan. 14	Process Painting	\$25
1 - 5	F	11:00 - 12:00pm	Jan. 21	Snow Dough	\$25
1 - 5	F	11:00 - 12:00pm	Jan. 28	Arctic Animals	\$25
1 - 5	F	11:00 - 12:00pm	Feb. 4	Ice Painting	\$25
1 - 5	F	11:00 - 12:00pm	Feb. 11	Winter Wonderland	\$25

PINT SIZED PICASSOS

Instructed by Medway Parks and Recreation

A fun, dynamic way for Pre School-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! The Choate Park Snack Shack is located next to the playground ***No class: 2/21**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	10:00 - 10:50am	Jan. 24 - Mar. 7	Snack Shack	\$60

ADVANCED COMBO DANCE

Instructed by Step by Step

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5	TH	4:00 - 5:00pm	Jan. 6 - Feb. 3	Step by Step	\$90
5	SA	10:30 - 11:30am	Jan. 8 - Feb. 5	Step by Step	\$90

PRESCHOOL DANCE

Instructed by Step by Step

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. Dress for class is dance attire and ballet slippers. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3	SA	9:45 - 10:30am	Jan. 8 - Feb. 5	Step by Step	\$80



VISIT MEDWAYPARKSREC.COM FOR UPDATES AND TO REGISTER

PRESCHOOL SOCCER

Instructed by Viking Sports

Our preschool soccer class is fun and instructional. Classes are engaging and fast-paced, focusing on improving balance, coordination, and fundamental soccer skills. We utilize creative games to help kids develop listening skills, cooperation, and teamwork. Pre School soccer classes are designed to have children participate independently. Viking Sports participants receive a Viking T-shirt. ***No class 2/26. Snow Date: 3/19.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Jan. 22 - Mar. 12	VFW	\$95

BE MY VALENTINE!

Instructed by Medway Parks and Recreation

Do you have a special valentine this year? Join us for Valentines crafts, books and dancing for preschoolers that will make your heart skip a beat. Caretakers are encouraged to stay and join in the fun.

AGE	DAY	TIME	DATES	LOCATION	FEE
2 - 5	TU	10:00 - 11:00am	Feb. 8	Snack Shack	\$10

SNOW MUCH FUN!

Instructed by Medway Parks and Recreation

Get snowed in with Medway Parks and Recreation! The morning will be all things SNOW. We will make it, play in it, make art with it and have SNOW MUCH FUN!

AGE	DAY	TIME	DATES	LOCATION	FEE
2 - 5	TU	10:00 - 11:00am	Jan. 11	Snack Shack	\$10

FIND THAT POT OF GOLD!

Instructed by Medway Parks and Recreation

We are on a hunt for that pot of gold at the end of the rainbow. All of our arts and crafts will be St. Patrick's Day themed. We will make binoculars to find the pot of gold, hunt for leprechaun's and try and find a four leaf clover. Caretakers are encouraged to stay and join in on the hunt.

AGE	DAY	TIME	DATES	LOCATION	FEE
2 - 5	TU	10:00 - 11:00am	Mar. 15	Snack Shack/Choate Park	\$10

TINY TOT OLYMPICS

Instructed by Medway Parks and Recreation

Little Olympians ages 3-5 are invited to participate in a wide variety of fun and silly games. The cost includes mock Olympic torches, super stickers after each event and a yummy treat to conclude an amazing Olympiad. Don't forget the camera for this event. Get in the Olympic spirit and join the fun!

AGE	DAY	TIME	DATES	LOCATION	FEE
2 - 5	TU	10:00 - 11:00am	Apr. 12	Snack Shack/Choate Park	\$10

PRESCHOOL MULTISPORT

Instructed by Viking Sports

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. Viking Sports participants receive a Viking T-shirt. ***No class 2/27. Snow Date: 3/20.***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	9:00 - 9:50am	Jan. 23 - Mar. 13	VFW	\$95

TODDLER TIME

Instructed by Step by Step

Toddler Time (Ages 18 months - 3 years) A class where smiles and giggles are a must and dance fundamentals are started. Jumping, galloping, kicking and toe pointing are some things you will see your little one achieving! **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18m - 3	SA	9:00 - 9:45am	Jan. 8 - Feb. 5	Step by Step	\$80

STUFFED ANIMAL PARTY

Instructed by Medway Parks and Recreation

Grab your favorite stuffed animal and get ready for some fun! We will play games, do art, have snacks, dance and have the best time ever!

AGE	DAY	TIME	DATES	LOCATION	FEE
2 - 5	TU	10:00 - 11:00am	Jan. 25	Snack Shack	\$10





SUMMER
2022

JULY 11
-
AUGUST 26



CHOATE SUMMER

FOR GRADES K-5
CIT OPPORTUNITIES
ALSO

REGISTRATION OPENS
MONDAY, FEBRUARY 7TH AT 9AM

OUR ACTIVITIES
ARTS, CRAFTS, FISHING,
TREASURE HUNTS,
SPECIAL GUESTS, GAMES,
KAYAKING, THEME WEEKS

WWW.MEDWAYPARKSREC.COM

LEGO/STEM

Instructed by Expressions Enrichment

Students will work together to create a world of their imagination. They will work with our Lego Master on STEM projects with an emphasis on Robotics and participate in Lego building competitions and challenges. **Expressions Enrichment is located at 475-480 Franklin Village Drive, Franklin.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	M	4:00 - 6:00pm	Jan. 3 - Jan. 24	Expressions	\$150
K-5	W	4:00 - 6:00pm	Jan. 5 - Jan. 26	Expressions	\$150

BUILDERS

Instructed by Little Scholars

Calling all inventors, creators, builders, and designers! Come build awesome creations with us! We will create our own designs and build structures using recyclable materials, Legos, and many other interesting items. No skills necessary! Skills gained: communication, problem solving, reasoning, developing creativity, and team work. **Class will be held at the Choate Park Snack Shack. *No Class 2/21**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	M	5:00 - 6:00pm	Jan. 24 - Mar. 21	Snack Shack	\$130

COMIC CREATIONS

Instructed by Little Scholars

Do you have a knack for drawing? Do you like to write? We have the class for you! Come join us as we explore the world of comics. We will learn about the different styles of cartooning, create new characters, and build a portfolio of your work. **Class will be held at the Choate Park Snack Shack. *No Class 2/23**

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	W	5:00 - 6:00pm	Jan. 26 - Mar. 23	Snack Shack	\$170

CHESS

Instructed by Chess4Life

Chess4Life offers an engaging program with a focus on learning life skills. Chess study has shown to increase math skills, concentration, memory, and self-confidence. Clubs are tailored to the level of competency exhibited among the students. All students, of any skill level, are welcome.

AGE	DAY	TIME	DATES	LOCATION	FEE
5-12	M	4:00 - 5:00pm	Jan. 17 - Mar. 28	Online	\$185

SWIMMING CLINICS

Instructed by Medway Parks and Recreation

Dive right in and get ready for summer swim team with stroke and turn clinics. Each clinic will have a stroke of the day. We will incorporate starts and turns for that particular stroke. Participants need to be able to complete 25 yards unassisted. **The clinic will be held at Milford High School Pool.**

AGE	DAY	TIME	DATE	STROKE	FEE
5-18	SA	10:00 - 12:00pm	Mar. 5	Freestyle	\$35
5-18	SA	10:00 - 12:00pm	Mar. 12	Backstroke	\$35
5-18	SA	10:00 - 12:00pm	Mar. 19	Breaststroke	\$35
5-18	SA	10:00 - 12:00pm	Mar. 26	Butterfly	\$35

DINO DISCOVERY

Instructed by Little Scholars

Take an adventure back to the Jurassic Era where we will learn about dinosaurs who roamed the Earth millions of years ago. Uncover fascinating facts, build a dinosaur replica, and have an archaeological dig as you explore your paleontological skills. In Dinosaur Discovery, you will become a paleontologist faster than Ornithomimids ran from a T-Rex! **Class will be held at the Choate Park Snack Shack. *No Class 2/21**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	M	3:45 - 4:45pm	Jan. 24 - Mar. 21	Snack Shack	\$170

ART SAFARI

Instructed by Little Scholars

We are going to take a safari around the world! Visit a new country each lesson and learn about animals native to that location with a sprinkle of literature, dabble of games, and a whole lot of art. Grab your passport and discover the thrill of the hunt without leaving school! **Class will be held at the Choate Park Snack Shack. *No Class 2/23**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-2	W	3:45 - 4:45pm	Jan. 26 - Mar. 23	Snack Shack	\$130

METROCRRAFT: DESIGN AND GOVERN A MINECRAFT CITY

Instructed by Right Brain Curriculum

Students learn economics, civics, geometry, and technology as they work together to create a city within a virtual Minecraft-type world. Students design their own house and business and learn how real cities are governed. As they serve on the city council, they study how laws are made while working together to create their own constitution of laws. Students use mathematics and geometry to construct a working urban environment as they serve on a city council that responds to natural disasters and challenging city issues. STEM learning has never been so fun! To see what Metrocraft is all about check out this short video: <https://www.youtube.com/watch?v=wGFarRLWu34>

AGE	DAY	TIME	DATES	LOCATION	FEE
8-12	TU	4:00 - 5:30pm	Feb. 1 - Mar. 15	Online	\$135



NINJA WARRIOR

Instructed by Viking Sports

Get outside and enjoy winter! Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt.

***Weather Date: 3/11, No class 2/22**

GR	DAY	TIME	DATES	LOCATION	FEE
K-5	TU	4:00 - 5:00pm	Jan. 25 - Mar. 8	Cassidy #4	\$90

KIDS TEST KITCHEN (IN PERSON)

Instructed by Kids Test Kitchen

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; one lesson, and one child at a time! Each class presents students with an opportunity to explore new or familiar foods in their raw, un-manipulated state. Then, working as a team, we'll slice, dice, peel, measure, and cook until we've prepared the finished dish. Lessons are planned to celebrate seasonal produce as much as possible. Spring brings longer, busier days! Let the kids help plan and prep dinner – we'll work to boost their confidence in the kitchen so you can enjoy meal prep together, or maybe – maybe – you can step aside and watch! At the end of class your aspiring chef will receive the main ingredient, or a sample of the finished dish, and the recipe so that they can show off what they've learned! ***No class 4/19**

GR	DAY	TIME	DATES	LOCATION	FEE
1-5	TU	4:30 - 5:30pm	Mar. 22 - May 3	Snack Shack	\$130

POKEMANIA

Instructed by Snapology of Hopedale

Do you have a Pokemon fan? In Snapology's Pokémania program, students will explore the Pokémon world and practice their Pokémon training skills all while using LEGO's! They will create their own training gyms, unique battles, and even their very own generation of Pokémon. Your student will also explore some real-world science as they examine the habitats, characteristics, and needs of different Pokémon. They will do more than catch 'em all, they will build and examine them all very closely and have a blast doing so! Brought to you by Snapology, Entrepreneur Magazine's #1 Children's Enrichment Program. ***No class 2/22**

GR	DAY	TIME	DATES	LOCATION	FEE
1-3	TU	4:00 - 5:00pm	Jan. 18 - Mar. 1	Snack Shack	\$140

CREATIVE ARTS

Instructed by Expressions Enrichment

In this class students will learn about different styles of art and artists. Students will work with a variety of mediums including acrylic and watercolors on canvas, pottery, arts and crafts and sewing. **Expressions Enrichment is located at 475-480 Franklin Village Drive, Franklin.**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	M	4:00 - 6:00pm	Jan. 3 - Jan. 24	Expressions	\$150
K-5	TU	4:00 - 6:00pm	Jan. 4 - Jan. 25	Expressions	\$150
K-5	W	4:00 - 6:00pm	Jan. 5 - Jan. 26	Expressions	\$150

MULTISPORT

Instructed by Viking Sports

Don't hibernate in the winter, get out and play. Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt.

***Weather Date: 3/12, No class 2/23**

GR	DAY	TIME	DATES	LOCATION	FEE
K-5	W	4:00 - 5:00pm	Jan. 26 - Mar. 9	Cassidy #4	\$85

KIDS TEST KITCHEN (VIRTUAL)

Instructed by Kids Test Kitchen

Kids' Test Kitchen is on a mission to get young eaters cooking, tasting, and thinking about healthy ingredients! Let's continue to redefine kid food; VIRTUALLY! Each class presents students with an opportunity to explore new or familiar foods in their raw, un-manipulated state. Then, with adult supervision and occasional assistance, (as needed), we'll work together virtually, to slice, dice, peel, measure, and cook until we have each prepared the finished dish. The virtual experience gives students the unique opportunity to immediately share their work with family!

AGE	DAY	TIME	DATES	LOCATION	FEE
5-18	TU	5:30 - 6:30pm	Jan. 4 - Feb. 8	Online	\$80/house
5-18	TH	5:30 - 6:30pm	Jan. 6 - Feb. 10	Online	\$80/house

THEATRE ARTS

Instructed by Step by Step Dance Studio

Using the world of Theatre as a foundation, this class will incorporate exercises and activities geared toward the development and nurturing of essential qualities of each student: Confidence, Self Esteem, Creative Thinking, Public Speaking, acting abilities, team work, and leadership. This class offers each student the opportunity to learn and grow. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
8-11	TU	5:00 - 6:00pm	Jan. 4 - Feb. 1	Step by Step	\$90

NO SCHOOL? NO PROBLEM!

Instructed by Medway Parks and Recreation

GR	DAY	TIME	DATE	LOCATION	FEE
K-5	TU	9:00 - 1:00pm	Dec. 28	Choate	\$30
K-5	W	9:00 - 1:00pm	Dec. 29	Choate	\$30
K-5	TH	9:00 - 1:00pm	Dec. 30	Choate	\$30
K-5	TU	9:00 - 1:00pm	Jan. 18	Choate	\$30
K-5	TU	9:00 - 1:00pm	Feb. 22	Choate	\$30
K-5	W	9:00 - 1:00pm	Feb. 23	Choate	\$30
K-5	TH	9:00 - 1:00pm	Feb. 24	Choate	\$30
K-5	TU	9:00 - 1:00pm	Apr. 19	Choate	\$30
K-5	W	9:00 - 1:00pm	Apr. 20	Choate	\$30
K-5	TH	9:00 - 1:00pm	Apr. 21	Choate	\$30

BLAST BABYSITTING

Instructed by Juanita Kingsley Allen

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business.

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TU	3:30 - 6:30pm	Feb. 1	Thayer House	\$85
5-8	M	3:30 - 6:30pm	Mar. 21	Snack Shack	\$85

CROSS COUNTRY CLUB

Instructed by Medway Parks and Recreation

Running can be fun and a great source of exercise. In this program we will learn about stretching, our emphasis will be on physical fitness and individual improvement. We also have FUN by incorporating games, scavenger hunts, and weekly mileage challenges. ***Weather date: 4/11**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	3:45 - 4:45pm	Mar. 7 - Apr. 4	Choate Park	\$25
2-4	M	4:45 - 5:45pm	Mar. 7 - Apr. 4	Choate Park	\$25

GAMES AND SUPPER CLUB

Instructed by Medway Parks and Recreation

Love to play games? Monopoly, card games, apples to apples? If so, we have the perfect program for you! Grab your friends and head to the park for dinner and games. Each week will play different games to go along with a delicious dinner. When registering please note any food allergies. Pass go collect \$200 and sign up for this program! ***No class 2/21**

GR	DAY	TIME	DATES	LOCATION	FEE
5-8	W	6:00 - 7:00pm	Jan. 26 - Mar. 2	Snack Shack	\$35

NINJA WARRIOR

Instructed by Viking Sports

Get outside and enjoy winter! Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt. ***Weather Date: 3/11, No class 2/22**

GR	DAY	TIME	DATES	LOCATION	FEE
K-5	TU	4:00 - 5:00pm	Jan. 25 - Mar. 8	Cassidy #4	\$90

MULTISPORT

Instructed by Viking Sports

Don't hibernate in the winter, get out and play. Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt. ***Weather Date: 3/12, No class 2/23**

GR	DAY	TIME	DATES	LOCATION	FEE
K-5	W	4:00 - 5:00pm	Jan. 26 - Mar. 9	Cassidy #4	\$85

CAMP AND BACKYARD SPORTS

Instructed by Medway Parks and Recreation

Loved the games you played at summer camp? Grab your friends and play them. We will participate in a variety of team and individual competitions with an emphasis on fun and cooperation. The class will "borrow" activities from a summer camp experience including relay races, foul shooting contests, dodgeball, capture the flag, and "color war" events.

GR	DAY	TIME	DATES	LOCATION	FEE
5-8	W	4:00 - 5:00pm	Mar. 15 - Apr. 13	Cassidy #4	\$30

Medway Parks and Recreation

WE WANT YOU

Stay tuned for summer employment opportunities. We will have jobs posted in January. Please reach out to jharrington@townofmedway.org with any questions.

www.medwayparksrec.com



BEGINNER ADULT TAP

Instructed by Step by Step Dance Studio

Tap fundamentals and basics including rhythm, timing and precision. This class consists of foot and ankle warm-ups, floor progressions & combinations. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	F	7:00 - 8:00pm	Jan. 7 - Feb. 4	Step by Step	\$90

YOGA

Instructed by Sheila Hassan

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. Can't commit to the whole session? There is a weekly drop in option for \$10/class.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	6:00 - 7:00pm	Jan. 11 - Feb. 22	Online	\$48
18+	TU	6:00 - 7:00pm	Mar. 8 - Apr. 19	Online	\$48

BARRE

Instructed by Rebecca Tredeau

What is "barre"? While many interpret barre workouts differently, most barre workouts are a fusion of yoga, Pilates, strength training, and ballet. Barre classes incorporate specific sequencing patterns and isometric movements that target specific muscle groups. This pattern of exercise helps to improve strength, balance, flexibility and posture. What are the health and fitness benefits of barre workouts? Barre workouts are perfect for all fitness levels. You'll see improvement in your posture, balance, strength, and flexibility. ***No Class 2/24**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	5:15 - 6:00pm	Jan. 13 - Mar. 10	Senior Center	\$80

HOLIDAY LIGHTS FUN RUN

Facilitated by Medway Parks and Recreation

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route and post-run hot cocoa! Feel free to dress up!

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	6:00 - 7:00pm	Dec. 22	Choate Park	Free

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, Two courts will be reserved at the HS Courts. Teams will be formed from those who are in attendance, and games will then be played. Tuesdays are for beginners and Thursday is all abilities.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TU	6:00 - 7:00pm	Mar. 15 - Apr. 12	HS Courts	\$30
All	TH	6:00 - 7:00pm	Mar. 17 - Apr. 14	HS Courts	\$30

ADULT BALLET

Instructed by Step by Step Dance Studio

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	8:00 - 9:00pm	Jan. 5 - Feb. 2	Step by Step	\$90

LABLAST FITNESS CLASS

Instructed by Jennifer Barrett

LaBlast is an energizing dance fitness program that uses easy to follow ballroom dance patterns. Students will learn the basic steps of several dance styles, while enjoying music from all genres. Classes are low impact and for all levels of fitness. Partner-free and no experience necessary. Come learn the true skill of dance! **Oui Dance is located at 42 Milford Street.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	6:30 - 7:30pm	Jan. 13 - Feb. 17	Oui Dance	\$60
18+	TH	6:30 - 7:30pm	Mar. 3 - Apr. 7	Oui Dance	\$60

CREATIVE ART CLASS

Instructed by Expressions Enrichment

Come express your creativity through the arts. We will create winter themed projects using different mediums. **Expressions Enrichment is located at 475-480 Franklin Village Drive, Franklin.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:00 - 9:00pm	Jan. 5 - Jan. 26	Expressions	\$150
18+	W	7:00 - 9:00pm	Feb. 2 - Feb. 23	Expressions	\$150

SNOWSHOE THE TRAILS

Facilitated by Medway Parks and Recreation

Get out and enjoy the winter! Participants must provide their own snowshoes. Registration is required. There will be an email sent out prior to the date indicating what trail to meet at.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	SU	1:00 - 2:00pm	Dec. 26	Medway Trails	Free
18+	SU	10:00 - 11:00am	Jan. 23	Medway Trails	Free



FIRST DAY HIKE!

Facilitated by Medway Parks and Recreation

Looking forward to a fresh start in 2022? Why not plan for something fun on New Year's Day! Celebrate the new year in the outdoors with a First Day Hike with a hike through Medway. Many of us thrive in winter and are eager for falling temperatures and consistent snowfalls. To these hardy adventurers, a few extra layers of gear combined with the snowy terrain of parklands is winning recipe for fitness, togetherness and outdoor fun. If you've never been on a First Day Hike, save the date and get out there!

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SA	10:00 - 11:00am	Jan. 1	Medway Trails	Free

LEARN TO ICE FISH

Facilitated by MassWildlife's Angler

Don't let winter keep you indoors! Ice fishing provides anglers with the unique opportunity to fish on a lake or pond without a boat during the cold winter months. If you're looking to learn how to ice fish, join MassWildlife's Angler Education Program at an upcoming event this winter. Whether you're an expert ice angler or just getting started, make sure you review the safety tips below for a fun, safe experience on the ice. ***Pre-registration is required.**

AGE	DAY	TIME	DATES	LOCATION	FEE
All	W	4:00 - 5:00pm	Feb. 16	Choate Pond	Free

TAKE A HIKE!

Instructed by Medway Park and Recreation

Fall is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	10:00 - 11:00am	Jan. 23	Medway Trails	Free
All	SU	10:00 - 11:00am	Mar. 20	Medway Trails	Free

PUZZLEPALOOZA

Facilitated by Medway Parks and Recreation

Puzzlers, get your family/team together and come to the inaugural Puzzlepalooza jigsaw puzzle challenge! Teams of two to five people will compete to finish a 500-piece puzzle in the shortest amount of time! Puzzle is provided. Maximum of 12 teams, so register early. There is a prize for first- and second-place finishers.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	1:00 - 3:00pm	Feb. 27	Medway VFW	\$10/team

FAMILY SNOWSHOE

Facilitated by Medway Parks and Recreation

Get out and enjoy the winter! There are so many reasons to snowshoe! It's easy to learn, fun for any age and ability, and virtually inexpensive (compared to other sports). Additionally, snowshoeing has physical and mental health benefits and is a great way to exert energy during the cold winter months and explore your surroundings. Snowshoes are so versatile and can be fun exploring snowy in-town attractions and parks, or far-away trails and adventures! Participants must provide their own snowshoes. Grab the family and join us! Registration is required. There will be an email sent out prior to the date indicating what trail to meet.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	SU	10:00 - 11:00am	Feb. 27	Medway Trails	Free



Live Classes Online offers a variety of interactive classes for both kids and adults in just about every topic and interest, all taught by live instructors over zoom. Our personalized features include requesting One-On-One sessions with your favorite instructor, and on-going classes that will build your ability in the subjects of your interest! With online classes, you have the convenience of taking the class from anywhere you like, and we are THE Place to find all you need! And by using Live Online Classes for your online classes, a portion of your purchases goes to support your local recreation center. Visit www.medwayparksrec.com for more details.



LEARN TO SKATE

Facilitated by Norfolk Ice Arena

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time.

Program Objectives

- Provide an engaging and safe skating experience for the beginner
- Teach correct technique of the simple basic elements
- Promote health and physical fitness
- Enable all participants to achieve the skills necessary to either skate for fun the rest of their lives or to move competently into the U.S. Figure Skating advanced test and/or competitive structure

All skaters require the following equipment:

- Skates
- Helmet
- Gloves
- Snow Pants

Norfolk Ice Arena is located at 1 Dean Street Norfolk.

S	AGE	DAY	TIME	DATES - WINTER	LOCATION	FEE
W1	3+	TU	5:00 - 5:50pm	Jan. 4 - Feb. 22	Norfolk	\$155
W1	3+	W	1:00 - 1:50pm	Jan. 5 - Feb. 23	Norfolk	\$155
W1	3+	SA	11:00 - 11:50am	Jan. 8 - Feb. 26	Norfolk	\$155
W1	3+	SU	10:00 - 10:50am	Jan. 9 - Feb. 27	Norfolk	\$155
W2	3+	TU	5:00 - 5:50pm	Mar. 1 - Apr. 19	Norfolk	\$155
W2	3+	W	1:00 - 1:50pm	Mar. 2 - Apr. 20	Norfolk	\$155
W2	3+	SA	11:00 - 11:50am	Mar. 5 - Apr. 23	Norfolk	\$155
W2	3+	SU	10:00 - 10:50am	Mar. 6 - Apr. 24	Norfolk	\$140
*No 4/17						
S	3+	TU	5:00 - 5:50pm	Apr. 26 - Jun. 14	Norfolk	\$155
S	3+	W	1:00 - 1:50pm	Apr. 27 - Jun. 15	Norfolk	\$155
S	3+	SU	10:00 - 10:50am	May 1 - Jun. 19	Norfolk	\$140
*No 5/29						

INTRO TO THEATRE ON ICE

Facilitated by Norfolk Ice Arena

Our Junior Limelights program consists of 25 minutes of skills as well as 25 minutes of Theater on Ice class. The core components of Theater on Ice include choreography, skating movements, and the camaraderie shared between skaters at the introductory level. Skaters will perform their "Performance" at the end of the session for their Parents and Learn to Skate participants. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	5+	SU	11:00 - 12:10pm	Jan. 9 - Feb. 27	Norfolk	\$230
II	5+	SU	11:00 - 12:20pm	Mar. 6 - Apr. 24	Norfolk	\$205
*No 4/17						

LEARN TO PLAY HOCKEY

Facilitated by Norfolk Ice Arena

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
W1	6-12	TU	5:00 - 5:50pm	Jan. 4 - Feb. 22	Norfolk	\$155
W2	6-12	TU	5:00 - 5:50pm	Mar. 1 - Apr. 19	Norfolk	\$155
S	6-12	TU	5:00 - 5:50pm	Apr. 26 - Jun. 14	Norfolk	\$155

SYNCHRONIZED SKATING

Facilitated by Norfolk Ice Arena

This program is a fantastic way to introduce the team sport of synchronized skating to anyone participating in group lessons or at the beginner levels. Block, circle, line, wheel and intersection are the five elements, and each are performed with prescribed handholds. As skaters advance through the various levels, they will learn how to transition properly between elements using multiple holds. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
W1	5+	SU	11:00 - 12:10pm	Jan. 9 - Feb. 27	Norfolk	\$230
W2	5+	SU	11:00 - 12:20pm	Mar. 6 - Apr. 24	Norfolk	\$205
*No 4/17						

BRIDGE CLASS







Facilitated by Norfolk Ice Arena

The Bridge Class at Norfolk Arena will focus on basic skating skills. We will be focusing on stroking, forward crossovers, backward crossovers, turns, posture, and speed. We will be using full ice! Participants must be Basic 4 and higher. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
W1	7+	TU	4:00 - 5:00pm	Jan. 4 - Feb. 22	Norfolk	\$230
W2	7+	TU	4:00 - 5:00pm	Mar. 1 - Apr. 19	Norfolk	\$230
S	7+	TU	4:00 - 5:00pm	Apr. 26 - Jun. 14	Norfolk	\$230



JANUARY/FEBRUARY

SUN	MON	TUE	WED	THU	FRI	SAT
26 Snowshoe the Trails	27	28 No School Fun!	29 No School Fun!	30 No School Fun!	31	1 New years hike 
2	3 Lego/Stem Creative Arts	4 Kids Test Kitchen Theatre Arts Creative Arts Learn to Skate Bridge Class Learn to play Hockey	5 Lego/Stem Creative Arts Adult Ballet Learn to Skate	6 Advanced Combo Kids Test Kitchen	7 Sensory Snow Adult Tap	8 Combo Dance Advanced Combo Preschool Dance Toddler Time Learn to Skate
9 Learn to Skate Theatre on Ice Synchronized Skating	10	11 Snow Much Fun! Yoga—Virtual	12	13 LA Blast Barre	14 Process Painting	15
16	17 MLK Day CHess 	18 No School Fun! Pokeheros	19 Micro Athletes	20 Treasure Hikes	21 Snow Dough	22 Preschool Soccer
23 Preschool Soccer Snowshoe Summer Camp Open House 	24 Pint Sized Picassos Builders Dino Discovery Metrocraft	25 Stuffed Animal Party Ninja Warrior	26 Art Safari Comic Creations Multisport Games and Supper Club	27	28 Artic Animals	29
SUN	MON	TUE	WED	THU	FRI	SAT
30 Family Bingo	31	1 BLAST Babysitting	2	3	4 Ice Painting	5
6 Synchronized Skating	7 Summer registration opens! 	8 Be My Valentine!	9	10	11 Winter Wonderland	12
13	14 	15	16 Learn to Ice Fish	17	18	19
20	21 	22 No School Fun!	23 No School Fun!	24 No School Fun!	25	26
27 Puzzlepalooza Family Snowshoe	28					

MARCH/APRIL

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Learn to play Hockey Bridge Class Learn to Skate	2 Learn to Skate	3 LA Blast	4	5 Swim Clinic Learn to Skate
6 Intro to Theatre Ice Learn to Skate	7 Cross Country Club	8 Yoga—Virtual	9	10	11	12 Swim Clinic
13	14 snow sculpture contest ends 	15 Find That Pot of Gold! Outdoor Pickleball	16 Camp and Backyard Sports	17 Treasure Hikes Outdoor Pickleball 	18	19 Swim Clinic
20	21 BLAST Babysitting	22 Kids Test Kitchen	23	24	25	26 Swim Clinic
27	28	29	30	31		
SUN	MON	TUE	WED	THU	FRI	SAT
					1 April fool! 	2
3	4	5	6	7	8 Flashlight Egg Hunt 	9 Egg Hunt 
10 Easter 	11	12 Tiny Tot Olympics	13	14	15	16
17	18 	19 No School Fun!	20 No School Fun!	21 No School Fun!	22	23
24	25 Spring Programs begin 	26 Learn to Skate Learn to play Hockey Bridge Class	27 Learn to Skate	28	29	30

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053

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