



# Medway Parks and Recreation

# Fall Brochure

2021

155 Village Street, Medway, MA 02053

[www.MedwayParksRec.Com](http://www.MedwayParksRec.Com)

(508) 321-4740



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### PARKS & RECREATION STAFF

Julie Harrington, [jharrington@townofmedway.org](mailto:jharrington@townofmedway.org)  
 Director of Parks & Recreation

Peter Pelletier, DPW Director [ppelletier@townofmedway.org](mailto:ppelletier@townofmedway.org)  
 Steve Carew, Parks Superintendent [Scarew@townofmedway.org](mailto:Scarew@townofmedway.org)

### PARK & RECREATION COMMISSION

Debi Rossi (Chairperson)  
 Lyle Core  
 Richard D'innocenzo  
 John Farrell  
 Sean Murphy

### DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740  
 Website: [MedwayParksRec.com](http://MedwayParksRec.com)  
 Field Closings: Website/Facebook will be updated with closures

### OFFICE HOURS

**Monday:** 7:30am—5:30pm

**Tuesday:** 7:30am—4:30pm

**Wednesday:** 7:30am—4:30pm

**Thursday:** 7:30am—4:30pm

**Friday:** 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

### REGISTRATION INFORMATION

Online Registration is **STRONGLY RECOMMENDED** at [MedwayParksRec.com](http://MedwayParksRec.com) and is the **PREFERRED METHOD**. We accept **Walk-in Registration**, as long as space is available. We accept **Cash, Check, & Credit Card**. Creating an online account prior to registration is encouraged. Please make sure your email is accurate as we send out confirmation, cancellations, and updates via email. **PLEASE NOTE:** Registration for all programs ends 3 days before the program start date, unless otherwise noted.

### MAILING ADDRESS

155 Village Street Medway, MA 02053

### OFFICE LOCATION

158 Main Street Medway, MA 02053

**FALL RECREATION REGISTRATION FOR MEDWAY RESIDENTS:**

Open!

**FALL RECREATION REGISTRATION FOR NON-RESIDENTS:**

Monday, August 23 at 9:00am

# SUMMER CONCERT Series

*Thank you to our 2021 Event Sponsors:*



**Charles River Bank**  
 Personal Connections. Powerful Solutions.



## GENERAL INFORMATION

### GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

### LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Parks & Recreation Department reserves the right to reschedule, postpone, combine, or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

### TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

### DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. class rooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Parks & Recreation programs.

### MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

### PHOTO / VIDEO POLICY

The Parks & Recreation Department may make, have, use, publish, and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

### FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases the most recent tax forms, and other supporting documentation is required. Contact us for more information.

### AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

### RESIDENTS / NON RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

### CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

### INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Parks & Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.



### INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Parks & Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email [Jharrington@townofmedway.org](mailto:Jharrington@townofmedway.org). If necessary, parents or aides are welcome to attend with participants.

### FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact [Jharrington@townofmedway.org](mailto:Jharrington@townofmedway.org).

## 2021 FALL COMMUNITY EVENTS





TOWN OF MEDWAY AND CHRISTMAS PARADE COMMITTEE PRESENTS

# CHRISTMAS PARADE

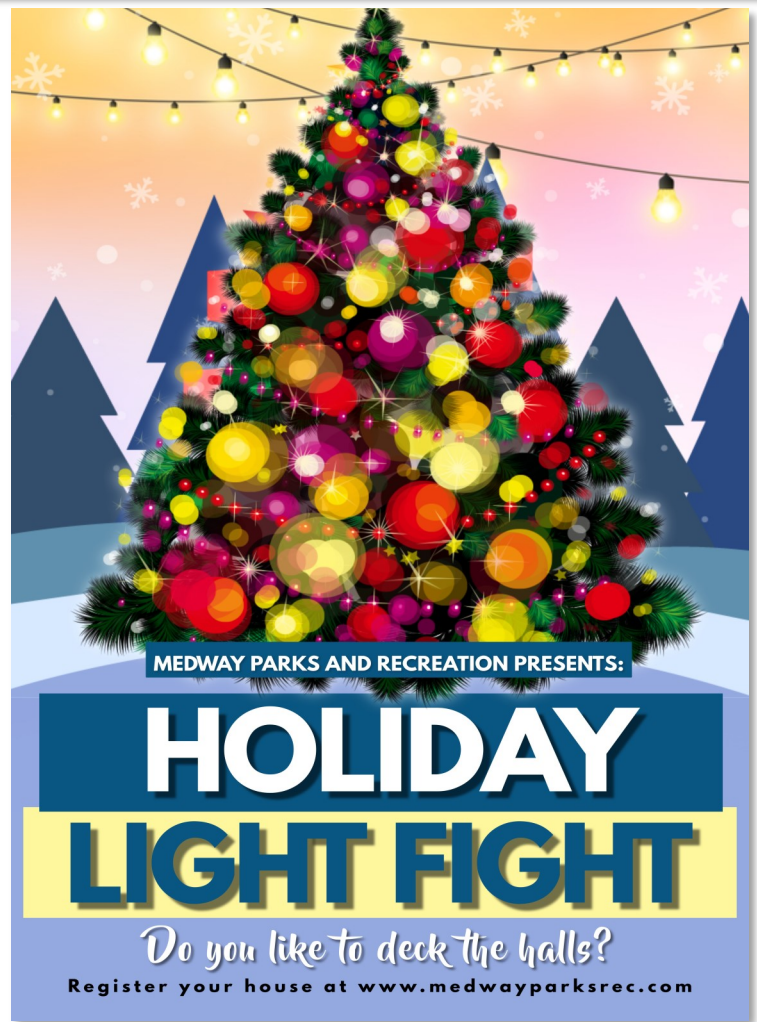
FIREWORKS



**27**  
NOVEMBER

CHOATE PARK & THAYER HOUSE

[WWW.TOWNOFMEDWAY.ORG](http://WWW.TOWNOFMEDWAY.ORG)



MEDWAY PARKS AND RECREATION PRESENTS:

# HOLIDAY LIGHT FIGHT

*Do you like to deck the halls?*

Register your house at [www.medwayparksrec.com](http://www.medwayparksrec.com)

## Medway Town Wide YARD SALE



**SATURDAY, SEPTEMBER 25TH**  
**8AM - 2PM**

Applications are available at [www.townofmedway.org](http://www.townofmedway.org) or by emailing [Christmasparade@townofmedway.org](mailto:Christmasparade@townofmedway.org).

All Donations support the annual Christmas Parade and Fireworks.

## FALL PRESCHOOL PROGRAMS

### PRESCHOOL DANCE

*Instructed by Step by Step*

Preschool dance is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. Dress for class is dance attire and ballet slippers. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGES	DAY	TIME	DATES	LOCATION	FEE
3-4	TU	4:15 - 5:00pm	Sep. 21 - Oct. 19	Step by Step	\$80

### COMBO DANCE

*Instructed by Step by Step*

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics of dance in a happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles, and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGES	DAY	TIME	DATES	LOCATION	FEE
4-5	W	4:30 - 5:30pm	Sep. 22 - Oct. 20	Step by Step	\$90

### LIL NINJA WARRIORS

*Instructed by Knucklebones*

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. **\*Rain Date: 10/27.\***

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	10:30 - 11:20am	Sep. 15 - Oct. 20	Cassidy Field 4	\$120

### DANCE WITH ME

*Instructed by Step by Step Dance Studio*

A class where little ones can dance with the help of their parent or guardian. It will focus on dancing, locomotor skills and learning to take a class with the comfort of your parent/guardian. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
16m-2.5	W	3:45 - 4:30pm	Sep. 22 - Oct. 20	Step by Step	\$80



### MICRO ATHLETES

*Instructed by Knucklebones*

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement and fun! Each class your child will play a variety of skill enhancing games and activities. From learning to kick to practicing throwing we make sure you child is active and having fun! Sneakers are required! **\*Rain Date: 10/27.\***

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	W	9:30 - 10:20am	Sep. 15 - Oct. 20	Cassidy Field 4	\$120

### PRE KINDER KICKERS LEAGUE

*Instructed by Viking Sports*

Our Pre Kinder Kickers Leagues powered by New England Revolution are fun and instructional. Kids get to play a different team each week in a game complete with coaches and officials. The first half of class is treated like a soccer practice where kids learn new skills and the rules of soccer. Once practice is over, kids play a game against one of the other teams. The season ends with an exciting tournament called the Viking League Cup. **\*No class 10/9. Rain Date: 10/26.\***

AGES	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	9:00 - 9:50am	Sep. 11 - Oct. 30	Cassidy Field 4	\$95

### MULTISPORT

*Instructed by Viking Sports*

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. Viking Sports campers receive a Viking T-shirt. **\*No class 10/10, Rain Date: 11/7.\***

AGES	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	9:00 - 9:50am	Sep. 12 - Oct. 31	Cassidy Field 4	\$95

### BASEBALL/TBALL

*Instructed by Viking Sports*

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports t-shirt. **\*No class 10/10. Rain Date: 11/7.\***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	10:00 - 10:50am	Sep. 11 - Oct. 30	Cassidy Field 4	\$95

### TREASURE HIKES

*Instructed by Medway Parks and Recreation*

Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer! **Rain Date: 11/4.\***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	11:00 - 11:45am	Sep. 23 - Oct. 28	Choate Park	\$35



## FALL PRESCHOOL PROGRAMS

### SUPER SOCCER STARS

*Instructed by Super Soccer Stars*

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood educators, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.

**\*No class: 10/9, Rain Date: 11/13.\***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:00 - 9:45am	Sep. 12 - Nov. 7	Cassidy Field 4	\$220
2-3	SU	10:00 - 10:40am	Sep. 12 - Nov. 7	Cassidy Field 4	\$220
4-5	SU	10:55 - 11:45am	Sep. 12 - Nov. 7	Cassidy Field 4	\$220

### PINT SIZED PICASSOS

*Instructed by Medway Parks and Recreation*

A fun, dynamic way for PreSchool-Age children to develop their own creativity, sharpen fine motor skills, and build confidence while meeting new friends. We'll look for inspiration in Storybooks, Seasons, Holidays, Nature... and explore many different ways to create, getting our hands into lots of different mediums! **\*No class: 10/11\***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	10:00 - 10:50am	Sep. 20 - Oct. 25	Cassidy Field 4	\$85

### LITTLE EARTHLINGS LEARNING

*Instructed by Miss Tori*

Come and explore the wonders of life and learning through our art, music and nature inspired sensory classes! Our open ended sensory activities will inspire creativity, exploration, learning and play! We use natural, repurposed and creative materials to create engaging and educational sensory activities. You and your little earthling will have so much fun learning and growing with other little earthlings in our community! Feel free to sign up for each class separately and dress for a creative mess! Check the website for the weekly class schedule.

AGE	DAY	TIME	DATES	LOCATION	FEE
2-5	F	1:00 - 1:50pm	Sep. 3 - Nov. 5	Choate Park	\$25/class

### SNAG GOLF

*Instructed by Viking Sports*

For our Golf program, we have adopted the SNAG (Starting New At Golf) program to teach new golfers how to play this enjoyable lifelong sport. Our coaches understand the importance of fundamentals of form in teaching swinging, putting, and body positioning. The SNAG system uses modified equipment to implement the curriculum developed by PGA professionals. Viking provides all the equipment for this very popular program. **\*No class: 10/10, Rain Date: 11/7\***

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	SU	10:00 - 10:50am	Sep. 12 - Oct. 31	Cassidy Field 4	\$95

# PUMPKIN CARVING

@Choate



## 26

OCTOBER

Choate Park

## 4-6PM

REGISTER AT [WWW.MEDWAYPARKSREC.COM](http://WWW.MEDWAYPARKSREC.COM)



MEDWAY PARKS AND RECREATION PRESENTS:

# Letters to Santa

FOR DETAILS VISIT [WWW.MEDWAYPARKSREC.COM](http://WWW.MEDWAYPARKSREC.COM)

## FALL YOUTH PROGRAMS

### CROSS COUNTRY CLUB

*Instructed by Medway Parks and Recreation*

Youth will be introduced to the sport of cross country. They will train to run distances of up to 5K, depending on their age, and will finish the season with a fun run. Emphasis will be on physical fitness and individual improvement. **\*No class 10/11**

GRADES	DAY	TIME	DATES	LOCATION	FEE
2-4	M	2:45-3:30pm	Sep. 20 - Nov. 1	MS Track	\$25
K-1	M	3:40-4:15pm	Sep. 20 - Nov. 1	MS Track	\$25

### TENNIS

*Instructed by USTA*

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! **\*No Class: 10/9\* Rain Date: 10/30\***

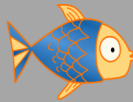
GR.	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	9:45 - 10:45am	Sep. 11 - Oct. 23	MS Tennis Court	\$60
3-5	SA	11:00 - 12:00pm	Sep. 11 - Oct. 23	MS Tennis Court	\$60

### INTRO TO LAX

*Facilitated by Medway Parks and Recreation*

Has your son or daughter been curious about lacrosse? Join the High School Lacrosse coaches for a free clinic with an introduction to the sport of lacrosse. No equipment is needed, everything will be provided. Pre-registration is required.

GR.	DAY	TIME	DATES	LOCATION	FEE
3-8	W	6:00 - 7:30pm	Sep. 15	Hanlon	Free



### LEARN TO FISH

*Instructed by Massachusetts Division of Fisheries & Wildlife*

Have you ever wanted to learn how to fish? Now's your chance, let the MassWildlife Angler Education Program be your guide. We'll have equipment on hand for use, as well as terminal tackle, and live bait. You'll learn the basics, from casting out, to baiting up, and the best part - you'll actually be able to fish. So come try your hand at this great pastime, guaranteed to catch some fun! Pre-registration is required. Please note: This family friendly program is intended for beginners.

AGE	DAY	TIME	DATES	LOCATION	FEE
7+	W	4:30 - 6:30pm	Sep. 22	Choate Park	\$10

### SNAG GOLF

*Instructed by Viking Sports*

For our Golf program, we have adopted the SNAG (Starting New At Golf) program to teach new golfers how to play this enjoyable lifelong sport. Our coaches understand the importance of fundamentals of form in teaching swinging, putting, and body positioning. The SNAG system uses modified equipment to implement the curriculum developed by PGA professionals. Viking provides all the equipment for this very popular program. **\*No class: 10/10 (Sunday Class), Rain Date: 11/2 (Tuesday Class), 11/7 (Sunday) .\***

GR.	DAY	TIME	DATES	LOCATION	FEE
K-3	TU	4:00 - 5:00pm	Sep. 14 - Oct. 26	Cassidy Field 4	\$95
4-8	TU	5:00 - 6:00pm	Sep. 14 - Oct. 26	Cassidy Field 4	\$95

### BASKETBALL

*Instructed by Viking Sports*

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. **\*No class: 10/11, Rain Date: 11/8.\***

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	M	4:00 - 5:00pm	Sep. 13 - Nov. 1	Oakland Court	\$95

### YOUTH TRAVEL FIELD HOCKEY

*Facilitated by Medway Parks and Recreation*

Has your child been wanting to try a new and fun sport? Youth Field Hockey is coming to Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 6 (for next school year starting in Sep. 2021). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. Registration is OPEN!

GR.	DAY	TIME	DATES	LOCATION	FEE
3-4	M, W, SA	6:00 - 7:00pm	Aug. 30 - Oct. 30	HS fields	\$125





## FALL YOUTH PROGRAMS

### NINJA WARRIOR

*Instructed by Viking Sports*

Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt. **Rain Date: 11/3**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	W	4:00 - 5:00pm	Sep. 15 - Oct. 27	Cassidy Field 4	\$105
5-8	W	5:00 - 6:00pm	Sep. 15 - Oct. 27	Cassidy Field 4	\$105

### MULTISPORT

*Instructed by Viking Sports*

Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt. **Rain Date: 11/4**

GR.	DAY	TIME	DATES	LOCATION	FEE
K-4	TH	4:00 - 5:00pm	Sep. 16 - Oct. 28	Cassidy Field 4	\$95
5-8	TH	5:00 - 6:00pm	Sep. 16 - Oct. 28	Cassidy Field 4	\$95

### METROCRAFT: DESIGN AND GOVERN A MINECRAFT CITY

*Instructed by Right Brain Curriculum*

Students learn economics, civics, geometry, and technology as they work together to create a city within a virtual Minecraft-type world. Students design their own house and business and learn how real cities are governed. As they serve on the city council, they study how laws are made while working together to create their own constitution of laws. Students use mathematics and geometry to construct a working urban environment as they serve on a city council that responds to natural disasters and challenging city issues. STEM learning has never been so fun! To see what Metrocrafter is all about check out this short video: <https://www.youtube.com/watch?v=wGFarRLWu34>

GR.	DAY	TIME	DATES	LOCATION	FEE
2-5	TU	4:00 - 5:30pm	Sep. 28 - Nov. 2	Choate Park	\$120

### CAMPORDY

*Facilitated by Rob Peters Entertainment*

Campardy! encourages children to have FUN, while they learn! We use grade appropriate school questions to help reinforce what kids are learning in school, combined with fun activities to keep kids active and entertained. Teams compete at the podium with age appropriate trivia, team building skills (build a bridge with straws, etc.)....various games depending on size of group. Grab your friends and head to the park for some fun. Pizza will be served!

GR.	DAY	TIME	DATES	LOCATION	FEE
K-5	W	5:00 - 7:00pm	Sep. 29	Choate Park	\$25

### KIDS FLOWER ARRANGING

*Instructed by Flowergirl Traci*

Join local flower pro Traci for this amazing workshop! After attending a workshop your child will see first-hand how flowers bring happiness to others and feel personally satisfied with their carefully-crafted arrangements. This will ultimately give them a sense of pride in themselves but also benefits their fine motor development, concentration and self regulation. Throughout the floral workshop, attendees will learn the basic floral steps on how to create and maintain a beautiful PUMPKIN floral creation. Grab your friends and make a night of it, pizza will be served.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-18	W	6:00 - 8:00pm	Oct. 13	Choate Park	\$60



No school? No problem!

Join us for some fun when school is not in session. Sign up for one day or them all!

GR	DAY	TIME	DATE	LOCATION	FEE
K-5	TH	9:00 - 1:00pm	Sep. 16	Choate	\$30
K-5	TH	9:00 - 1:00pm	Nov. 11	Choate	\$30
K-5	TU	9:00 - 1:00pm	Dec. 28	Choate	\$30
K-5	W	9:00 - 1:00pm	Dec. 29	Choate	\$30
K-5	TH	9:00 - 1:00pm	Dec. 30	Choate	\$30
K-5	TU	9:00 - 1:00pm	Feb. 22	Choate	\$30
K-5	W	9:00 - 1:00pm	Feb. 23	Choate	\$30
K-5	TH	9:00 - 1:00pm	Feb. 24	Choate	\$30
K-5	TU	9:00 - 1:00pm	Apr. 19	Choate	\$30
K-5	W	9:00 - 1:00pm	Apr. 20	Choate	\$30
K-5	TH	9:00 - 1:00pm	Apr. 21	Choate	\$30

## FALL MIDDLE/HIGH SCHOOL PROGRAMS

### TENNIS

*Instructed by USTA*

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! **\*No Class: 10/9\* Rain Date: 10/30\***

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	11:00 - 12:00pm	Sep. 11 - Oct. 23	MS Tennis Court	\$60
6-8	SA	12:15 - 1:15pm	Sep. 11 - Oct. 23	MS Tennis Court	\$60

### BLAST BABYSITTING

*Instructed by Juanita Kingsley Allen*

BLAST - Babysitter Lessons and Safety Training is an American Academy of Pediatrics course that covers how to handle some of the basics of infant and childcare, and how to react responsibly to medical emergencies and injuries. We'll learn how to call 911, how to perform first aid for common childhood injuries and illnesses, and how to build your own babysitting business. Get your friends and make a night of it, pizza will be served.

GRADE	DAY	TIME	DATES	LOCATION	FEE
6-8	TU	4:00 - 7:30pm	Oct. 19	Choate Park	\$55

### YOUTH TRAVEL FIELD HOCKEY

*Facilitated by Medway Parks and Recreation*

Has your child been wanting to try a new and fun sport? Youth Field Hockey is coming to Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 6 (for next school year starting in Sep 2021). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. Registration is OPEN!

GR.	DAY	TIME	DATES	LOCATION	FEE
5-6	M, W, SA	6:00 - 7:00pm	Aug. 30 - Oct. 30	HS Fields	\$125
7-8	M, W, SA	7:00 - 8:00pm	Aug. 30 - Oct. 30	HS Fields	\$125

### BASKETBALL LEAGUE

*Instructed by Viking Sports*

Viking Sports offers a fun and exciting learn and play youth Basketball League. The focus of Viking's Basketball League is fun and non-stop playing in a structured environment. Kids of all abilities are welcome to register. Each class will feature a short practice where kids will learn a skill, which will then be followed by a game. Members of the Viking staff will coach and officiate. All players receive a Viking Sports T-shirt. **\*No class: 10/11, Rain Date: 11/8.\***

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	M	6:00 - 7:00pm	Sep. 13 - Nov. 1	Oakland	\$95
9-12	M	7:00 - 8:00pm	Sep. 13 - Nov. 1	Oakland	\$95

### FLOWER ARRANGING

*Instructed by Flowergirl Traci*

Join local flower pro Traci for this amazing workshop! After attending a workshop your child will see first-hand how flowers bring happiness to others and feel personally satisfied with their carefully-crafted arrangements. This will ultimately give them a sense of pride in themselves but also benefits their fine motor development, concentration and self regulation. Throughout the floral workshop, attendees will learn the basic floral steps on how to create and maintain a beautiful PUMPKIN floral creation. Grab your friends and make a night of it, pizza will be served.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-18	W	6:00 - 8:00pm	Oct. 13	Choate Park	\$55

### NINJA WARRIOR

*Instructed by Viking Sports*

Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt. **Rain Date: 11/3**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	W	5:00 - 6:00pm	Sep. 15 - Oct. 28	Cassidy Field 4	\$105

### MULTISPORT

*Instructed by Viking Sports*

Viking Multisport programs include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. Everyone receives a Viking T-shirt. **Rain Date: 11/4**

GR.	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	5:00 - 6:00pm	Sep. 16 - Oct. 29	Cassidy field 4	\$95





## FALL ADULT PROGRAMS

### KICKBALL LEAGUE

*Facilitated by Medway Parks and Recreation*

Adult Kickball brings back this backyard classic for area adults to form teams and play against others in the area! Gather your friends, make your team and sign up! Each week your team will play and challenge another group for a friendly, but high stakes game of Kickball! **\*No 10/10, 10/31**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	SU	5:00 - 8:00pm	Sep. 19 - Nov. 14	VFW Field	\$100/team

### BEGINNER ADULT TAP

*Instructed by Step by Step Dance Studio*

Tap fundamentals and basics including rhythm, timing and precision. This class consists of foot and ankle warm-ups, floor progressions &

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	F	7:00 - 8:00pm	Sep. 24 - Oct. 22	Step by Step	\$90

### HIP HOP

*Instructed by Step by Step Dance Studio*

Dance inspired by today's hit songs and hip hop moves. It's style is commonly seen in music videos. Wear comfortable clothes and sneakers and get ready to move and groove. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	SA	11:30 - 12:15pm	Sep. 25 - Oct. 23	Step by Step	\$80

### YOGA IN THE PARK

*Instructed by Sheila Hassan*

Mindful Movement — This Hatha based yoga class is a slower paced class, focusing on alignment and linking breath and movement. Postures may be seated, kneeling, standing and reclined. Leave feeling stronger and refreshed. No yoga experience necessary. This class is for beginners as well as seasoned yogis. **\*Rain Dates: 10/14, 10/26\***

AGES	DAY	TIME	DATES	LOCATION	FEE
16+	TU	6:00 - 7:00pm	Sep. 7 - Oct. 26	Choate Park	\$50

### HOLIDAY LIGHTS FUN RUN

*Facilitated by Medway Parks and Recreation*

Join us for a Holiday Lights fun run this December! Gather your family, friends, and running buddies at Choate Park. We will go on a fun run of a twinkling 3-mile route and post-run hot cocoa! Feel free to dress up!

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	W	6:00 - 7:00pm	Dec. 22	Choate Park	Free

### OUTDOOR PICKLEBALL

*Facilitated by Medway Parks and Recreation*

Each week, Two courts will be set up, teams will be formed from those who are in attendance, and games will then be played.

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TH	6:00 - 7:00pm	Sep. 9 - Oct. 21	MS Courts	\$30

### CORNHOLE LEAGUE

*Facilitated by Medway Parks and Recreation*

Cornhole is a great activity that brings people together in the spirit of friendly competition. Join Medway Parks and Recreation for this fun, social and competitive league. The league will be held on the Medway VFW Field.

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	TH	7:00 - 8:00pm	Sep. 23 - Oct. 21	VFW	\$25

### BEGINNER ADULT BALLET

*Instructed by Step by Step Dance Studio*

In this fun and rewarding class, students will learn a technique emphasizing proper body placement, basic ballet fundamentals and vocabulary. The class will consist of barre, center work, adagio, allegro, elevation and balance. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

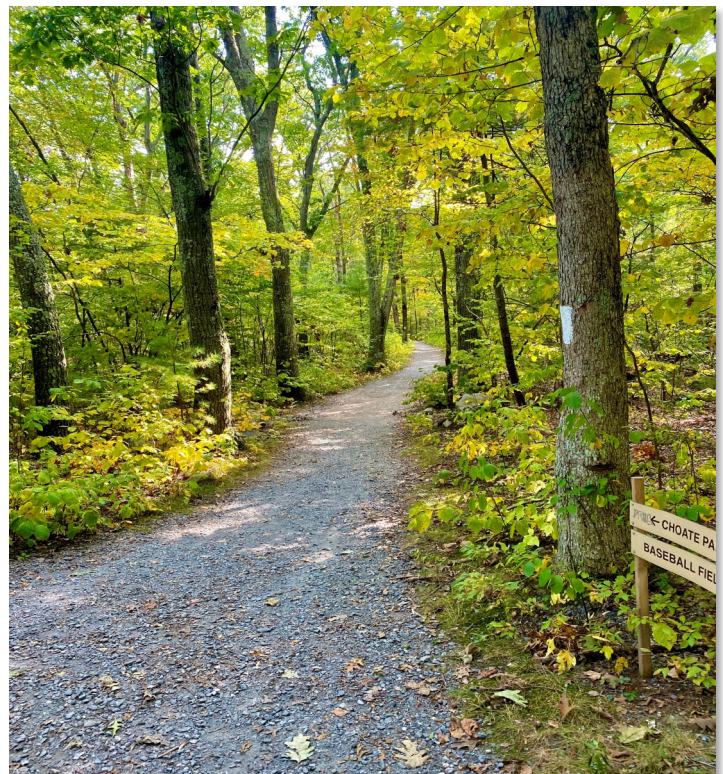
AGES	DAY	TIME	DATES	LOCATION	FEE
18+	W	8:00 - 9:00pm	Sep. 22 - Oct. 20	Step by Step	\$90

### TAKE A HIKE!

*Instructed by Medway Park and Recreation*

Fall is a great time to explore the outdoors. Grab your shoes, friends, and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	SU	1:00 - 2:00pm	Sep. 12	Trails of Medway	Free
All ages	SU	1:00 - 2:00pm	Oct. 3	Trails of Medway	Free
All ages	SU	1:00 - 2:00pm	Nov. 21	Trails of Medway	Free



## FALL ADULT PROGRAMS

### TENNIS

*Instructed by USTA*

The tennis program where kids play while they learn! Led by an approved USTA tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners and first-time players. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players in their first session receive and keep a new age-appropriate racket and a program tee shirt! **\*No Class: 10/9\* Rain Date: 10/30\***

GR.	DAY	TIME	DATES	LOCATION	FEE
3-5	SA	11:00 - 12:00pm	Sep. 11 - Oct. 23	MS Tennis Court	\$60
6-8	SA	12:15 - 1:15pm	Sep. 11 - Oct. 23	MS Tennis Court	\$60

### FLOWER ARRANGING

*Instructed by Flowergirl Traci*

Cultivate your creativity! Floral crafting will feel less stressful with a little know-how tips from your experienced instructor. Throughout the floral workshop, guests will learn the basic beginner steps. Learning more about the process might give you some new insight and turn it into a budding new hobby!

AGE	DAY	TIME	DATES	LOCATION	FEE
ALL	W	6:30 - 8:30pm	Sep. 22	Choate Park	\$65

### FALL WREATHS

*Instructed by Flowergirl Traci*

Let's celebrate Autumn with a special fall wreath workshop!! During the evening you will learn the art of creating a beautiful fall wreath full of crisp, warm seasonal colors, while enjoying an evening out with friends. At the end of the night take home your creation.

AGE	DAY	TIME	DATES	LOCATION	FEE
ALL	W	6:30 - 8:30pm	Nov. 10	Senior Center	\$75



### BEGINNER PICKLEBALL

*Instructed by Ruane Crummett*

Learn to play the fast growing sport with the funny name. Have you ever played ping-pong, tennis, racquetball, badminton? Whether you played a "few" years ago, yesterday or never, pickleball is the sport for you. You will be taught to play in a non-judgmental environment. All ages/abilities welcome. Intro will cover the basic rules of play, strokes, strategies and court etiquette. The court is about half the size of a tennis court (with a net) and usually played "doubles" or mixed-gender doubles. You will use a paddle a little bigger than a ping-pong paddle and a whiffle type ball. (Equipment supplied by the Rec Dept.) This is good opportunity to get some exercise, learn a "new" sport, and meet new energetic friends. Wear court shoes and comfortable loose clothing, suitable for exercising. Bring water...smiles...and enthusiasm....It's a fun game!! **Rain Date: 10/11\***

AGE	DAY	TIME	DATES	LOCATION	FEE
ALL	M	5:00 - 6:30pm	Sep. 13 - Oct. 4	MS Tennis Court	\$65

### INTRO TO PICKLEBALL

*Instructed by Ruane Crummett*

The "Intro to pickleball" would be "open play" for those who are curious about the sport and would just like to pick up a paddle and try it out. Open to all ages, abilities and genders. Participants will be familiarized with the court lay-out (similar to tennis, but half the size) and shown the basics of the game. Pickleball lends itself to those who are looking for some "social exercise" and for those who are somewhat competitive....after all it is a game that you want to win! For those who have some racquet sports experience, learning pickleball will be a fun, easy transition. It's an athletic activity, so wear loose exercise clothing, preferably court shoes, but sneakers would do for a start. Bring water and give it a try!

AGE	DAY	TIME	DATES	LOCATION	FEE
ALL	SA	9:00 - 11:00am	Sep. 25	MS Tennis Court	\$15

### LABLAST FITNESS CLASS

*Instructed by Jennifer Barrett*

LaBlast is an energizing dance fitness program that uses easy to follow ballroom dance patterns. Students will learn the basic steps of several dance styles, while enjoying music from all genres. Classes are low impact and for all levels of fitness. Partner-free and no experience necessary. Come learn the true skill of dance!

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	5:30 - 6:30pm	Sep. 22 - Oct. 27	North Street	\$55

### WALK THIS WAY

*Facilitated by Medway Parks and Recreation*

Fall is here! Grab your shoes, friends and meet us at a trail. We will spend each week exploring a new trail and getting a great workout.

AGE	DAY	TIME	DATES	LOCATION	FEE
16+	W	9:00 - 10:00am	Oct. 6 - Nov. 10	Trails of Medway	\$10



## NORFOLK ICE ARENA PROGRAMS

### LEARN TO SKATE

*Facilitated by Norfolk Ice Arena*

The U.S. Figure Skating Basic Skills program was created to be the best beginning ice-skating program in the world. It is designed to serve the needs of both recreational and competitive skaters. The curriculum keeps skaters enthusiastic about learning from the time they begin lessons until the time they reach their goals. Each lesson will consist of 25 minutes of instruction as well as 25 minutes of "supervised" practice time. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	3+	TU	5:00 - 5:50pm	Sep. 7 - Oct. 26	Norfolk	\$165
I	3+	W	1:00 - 1:50pm	Sep. 8 - Oct. 27	Norfolk	\$165
I	3+	SU	10:00 - 10:50am	Sep. 11 - Oct. 31	Norfolk	\$165
II	3+	TU	5:00 - 5:50pm	Nov. 2 - Dec. 21	Norfolk	\$165
II	3+	W	1:00 - 1:50pm	Nov. 3 - Dec. 22	Norfolk	\$165
II	3+	SU	10:00 - 10:50am	Nov. 7 - Dec. 19	Norfolk	\$150

### INTRO TO THEATRE ON ICE

*Facilitated by Norfolk Ice Arena*

Our Junior Limelights program consists of 25 minutes of skills as well as 25 minutes of Theater on Ice class. The core components of Theater on Ice include choreography, skating movements, and the camaraderie shared between skaters at the introductory level. Skaters will perform their "Performance" at the end of the session for their Parents and Learn to Skate participants. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	17+	SU	11:40 - 12:50pm	Sep. 12 - Oct. 26	Norfolk	\$250
II	17+	SU	11:40 - 12:50pm	Nov. 7 - Dec. 19	Norfolk	\$225

### BRIDGE CLASS

*Facilitated by Norfolk Ice Arena*

The Bridge Class at Norfolk Arena will focus on basic skating skills. We will be focusing on stroking, forward crossovers, backward crossovers, turns, posture, and speed. We will be using full ice! Participants must be Basic 4 and higher. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	7+	TU	4:00 - 5:00pm	Sep. 12 - Oct. 26	Norfolk	\$250
II	7+	TU	4:00 - 5:00pm	Nov. 2 - Dec. 21	Norfolk	\$250



### LEARN TO PLAY HOCKEY

*Facilitated by Norfolk Ice Arena*

"Learn to play hockey" offers children ages 6 through 12 the fundamental skills to gain a competitive edge while making the game fun. Players gain confidence, develop fundamental skills and gain knowledge to compete and enjoy the game at every age and skill level. Join a program that emphasizes sportsmanship, fun and fundamentals. Players enhance their skills through various group games and activities incorporated into each session. Each lesson will consist of 35 minutes of instruction followed by 15 minutes of "supervised" practice time. Full Hockey equipment is required. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	6-12	TU	5:00 - 5:50pm	Sep. 7 - Oct. 26	Norfolk	\$165
II	6-12	TU	5:00 - 5:50pm	Nov. 2 - Dec. 21	Norfolk	\$165

### SYNCHRONIZED SKATING

*Facilitated by Norfolk Ice Arena*

This program is a fantastic way to introduce the team sport of synchronized skating to anyone participating in group lessons or at the beginner levels. Block, circle, line, wheel and intersection are the five elements, and each are performed with prescribed handholds. As skaters advance through the various levels, they will learn how to transition properly between elements using multiple holds. **Norfolk Ice Arena is located at 1 Dean Street Norfolk.**

S	AGE	DAY	TIME	DATES	LOCATION	FEE
I	17+	SU	11:00 - 12:20pm	Sep. 12 - Oct. 31	Norfolk	\$250
II	17+	SU	11:00 - 12:20pm	Nov. 7 - Dec. 19	Norfolk	\$225

# SEPTEMBER/OCTOBER





SUN	MON	TUE	WED	THU	FRI	SAT
29	30 Field Hockey begins	31	1	2	3 Little Earthlings Learning	4
5	6 Labor Day 	7 Yoga in the Park Learn to Skate I Learn to Play Hockey I	8 Learn to Skate I	9 Outdoor Pickleball	10	11 Pre Kinder Kickers Tball Tennis in the Parks Learn to Skate I USA LUGE
12 Multisport SNAG Golf (pre) Super Soccer Stars Take a hike! USA Luge	13 Basketball Basketball league Beginner Pickleball	14 SNAG Golf	15 Lil Ninja Warriors Micro Athletes Intro to Lax Ninja Warrior Fitness	16 No school fun! Multisport	17	18
19	20 Pint Sized Picassos Cross Country	21 Preschool Dance	22 Combo Dance Ballet Flower arranging at Choate LaBlast Learn to Fish	23 Treasure Hikes Cornhole League	24 Adult Tap	25 Hip Hop Intro to Pickleball Town Wide Yard Sale Police Chase Bridges Festival
26 Bridges Festival	27	28	29	30		

SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3 Take a Hike Family Bingo	4	5	6 Walk this way	7	8	9 Trunk or Treat 
10	11 	12	13 Kids Flower arranging	14	15	16
17	18	19 Blast Babysitting	20	21	22	23
24	25	26 Pumpkin Carving 	27	28	29 Pumpkin Walk 	30



# NOVEMBER/DECEMBER

<b>31</b> Halloween 	<b>1</b>	<b>2</b> Learn to Skate II Bridge Skating	<b>3</b> Learn to Skate II	<b>4</b>	<b>5</b>	<b>6</b>
<b>7</b> Learn to Skate II Synchronized Skating Theater Ice	<b>8</b>	<b>9</b>	<b>10</b> Fall wreath	<b>11</b> No School fun!  Veterans Day	<b>12</b>	<b>13</b>
<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>
<b>21</b> Take a Hike	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b> Thanksgiving 	<b>26</b>	<b>27</b> Christmas Parade 
<b>28</b> 	<b>29</b>	<b>30</b>				

SUN	MON	TUE	WED	THU	FRI	SAT
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
<b>12</b>	<b>13</b> Letters to Santa deadline 	<b>14</b> Light fight Judging 	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b> Holiday Lights fun run 	<b>23</b>	<b>24</b>	<b>25</b> 
<b>26</b>	<b>27</b>	<b>28</b> No School Fun!	<b>29</b> No School Fun!	<b>30</b> No School Fun!	<b>31</b> <b>NEW YEAR'S EVE</b>	<b>Happy 2022!</b> <b>HAPPY NEW YEAR!!</b>

Town of Medway

Parks & Recreation  
155 Village Street  
Medway, MA 02053

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