

Medway Parks & Recreation



2020 Spring & Summer Brochure

155 Village Street, Medway, MA 02053

www.MedwayParksRec.com 508-321-4740

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PARKS & RECREATION STAFF

Director of Parks & Recreation	Julie Harrington
Recreation Assistant	Katie Ciavarra
Parks Superintendent	Steve Carew
Assistant Parks Superintendent	Daryl Blethen
Department of Public Works Director	Dave D'Amico
Department of Public Works Deputy	Pete Pelletier

OFFICE HOURS

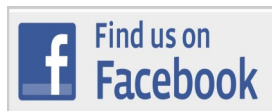
Monday: 7:30am—5:30pm

Tuesday: 7:30am—4:30pm

Wednesday: 7:30am—4:30pm

Thursday: 7:30am—4:30pm

Friday: 7:30am—12:30pm



@MedwayParksandRec



@MedwayParksandRec

SUMMER CAMPS AND CLINIC REGISTRATION FOR MEDWAY RESIDENTS:

SUMMER CAMPS AND CLINIC REGISTRATION FOR NON-RESIDENTS:

SPRING AND SUMMER REGISTRATION FOR RESIDENTS:

SPRING AND SUMMER REGISTRATION FOR NON-RESIDENTS:

TRAVEL FIELD HOCKEY REGISTRATION

PARK & RECREATION COMMISSION

Michael Tudino (Chairperson)

Debi Rossi

Sean Murphy

DEPARTMENT INFORMATION

Park & Recreation Number: 508-321-4740

Website: MedwayParksRec.com

Field Closings: Website/Facebook will be updated with closures

MAILING ADDRESS

155 Village Street Medway, MA 02053

OFFICE LOCATION

158 Main Street Medway, MA 02053

Monday, February 10 at 9:00am

Friday, February 14 at 9:00am

Monday, March 16 at 9:00am

Friday, March 20 at 9:00am

Monday, June 1 at 9:00am

2019
**SUMMER
CONCERT**
Sponsors Series



Charles River Bank
Personal Connections. Powerful Solutions.



MCM
MEDWAY COUNTRY MANOR
SKILLED NURSING & REHABILITATION



R. P. MARZILLI
LANDSCAPE CONTRACTOR

GENERAL INFORMATION

GENERAL/MEDICAL REFUNDS

Refunds are only available if a class is cancelled or if there is a medical reason. A refund will be issued if a participant is unable to attend a class due to an unexpected prolonged illness or injury. This request must be made prior to the end of the program session and may require a doctor's note. Medical refunds may be prorated for classes missed. Classes missed due to common illness or schedule conflicts cannot be refunded. Refund checks are issued by the Town of Medway and may take up to four weeks to process.

LOW ENROLLMENT

Classes that do not meet the minimum enrollment are not the best use of our limited resources, and usually are not very fun for the kids. Classes with low enrollment will be notified that the class is in danger of being cancelled one week prior to the class starting. The actual class will be cancelled within 48 hours prior to the scheduled start date and a full refund will be issued. The Recreation Department reserves the right to reschedule, postpone, combine or change classes. You will be notified via email or phone call if your class is cancelled; otherwise plan on attending.

TRIAL CLASSES

In most cases, trial classes are not permitted. It is recommended to visit and observe the current session if you are unsure if your child may be ready for the next session.

DROP-OFF PROGRAMS

Parents/Guardians of children under 12 years of age participating in our programs are required to accompany their children to and from the location of the program (i.e. classrooms, gymnasium, etc.) and must remain on the premises should they be needed. Should a parent or guardian leave the area of the program, they MUST inform the instructor where they can be found, including contact information. This procedure has been established for the protection and safety of all children within Recreation programs.

MAKE-UP CLASSES

All attempts will be made to reschedule classes that have been cancelled due to inclement weather, instructor absence, or other unforeseen circumstances. Typically a program that meets weekly will extend another week at the same day and time. Check with your instructor to confirm. Classes missed due to participant absence because of scheduling conflicts or personal reasons cannot be made up.

PHOTO / VIDEO POLICY

The Recreation Department may make, have, use, publish and reproduce photographs and/or video of participants for its record, public relations purposes, recognition, and/or other projects related to the wholesome promotion of its program unless permission is denied in writing.

FINANCIAL AID

Some programs are able to offer financial assistance or scholarships to qualifying applicants. In many cases, the most recent tax forms, and other supporting documentation is required. Contact us for more information.

AGE POLICY

Children must meet the age requirement for a program by the FIRST DAY of a class. Children must be toilet trained to attend programs unaccompanied by an adult.

RESIDENTS / NON-RESIDENTS

Our programs are supported solely by user fees and residents have priority registration periods. Registration is first-come, first served; Medway residents have priority through advance enrollment periods. Unless otherwise noted, programs are available for non-residents.

CALENDAR

Calendars found in the back of the brochure list the start date of all programs as well as holiday hours, closings, community events, and other important event date information.

INCLEMENT WEATHER POLICY

All classes (day and evening) will be cancelled when Medway Public Schools are closed. If Medway Public Schools have a delayed opening, all Recreation department programs will still start at their regularly scheduled time, unless you are informed otherwise. In the event we need to cancel evening or weekend classes, it will be listed on our website and Facebook page. We will also attempt to email participants who have registered for these classes.



INCLUSION

We welcome kids and adults of all ages and abilities to participate in any of our Recreation programs. To help visually identify programs that are specifically designed for participants with disabilities, please look for this inclusion logo throughout the brochure. For questions, adaptations, and accommodations please email Jharrington@townofmedway.org. If necessary, parents or aides are welcome to attend with participants.

FIELD/FACILITY RENTAL POLICY

Our fields and facilities are available to be rented to the public, with a certificate of liability insurance. Please check our website for more information or contact Jharrington@townofmedway.org.

MEDWAY PARKS AND RECREATION &
MEDWAY HIGH FISHING CLUB
PRESENTS



FISHING DERBY

SATURDAY, JUNE 6TH, 2020

7-10AM

CHOATE PARK

FOR MORE INFORMATION: WWW.MEDWAYPARKSREC.COM



Celebrate Medway Day

Saturday, July 25, 2020

MEDWAY CABLE ACCESS PRESENTS



Movies
start at Dusk

FREE!

MOVIES IN THE

WEDNESDAYS

PARK

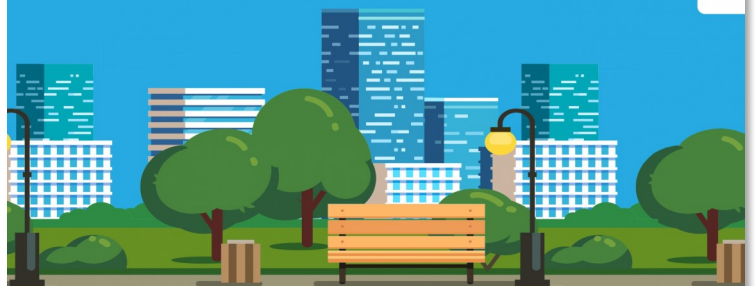
END OF JUNE-
AUGUST

THAYER HOUSE LAWN

THE TOWN OF MEDWAY PRESENTS

MEDWAY CLEAN SWEEP

April 4, 2020 | 8-11 AM



FOR MORE INFORMATION, PLEASE EMAIL
CLEANSWEEP@TOWNOFMEDWAY.ORG

FAMILY PROGRAMS

SILK SCARF MARBLING –MOTHERS DAY

Instructed by The Hot Pigeon

An incredibly inclusive and interactive experience for all ages! Join Anne Brady and Jenne Nitishin of The Hot Pigeon located here in Medway to create a one of a kind silk scarf through the magic of "floating ink" on water. The magic of marbling can be mesmerizing! Every scarf is one of a kind because it's hand made by you.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	May 7	Thayer House	\$40

TAKE A HIKE!

Instructed by Medway Park sand Recreation

Spring is HERE! Grab your boots, family, friends, and meet us at a trail. Registration is required. There will be an email sent out prior to the date on which trail to meet.

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TH	1:00 - 2:00pm	Apr. 9	Trails	Free
All ages	SU	1:00 - 2:00pm	Apr. 26	Trails	Free
All ages	TH	1:00 - 2:00pm	May 14	Trails	Free
All ages	SU	1:00 - 2:00pm	Jun. 28	Trails	Free

FAMILY TRACK MEET

Facilitated by Medway Parks and Recreation

Come join us for a night of fun family running events. Kids will be grouped by age and participate in events such as the 50-yard dash, 100, 200, 400, half-mile, mile and fun relays. It will be a great night of family fun at the track.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 7:30pm	Aug. 20	Hanlon Field	\$5/person

PAINT YOUR PET

Instructed by The Hot Pigeon

Do you take about 47 pictures of your pet a day? We do. Every position is cute, his feet are adorable, his ear flipped up.... those eyes are killer. Well, just think, if we look at our pet that much wouldn't it be fun to paint him/her?

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	Apr. 9	Medway Senior Center	\$50

INTRO TO PICKLEBALL

Instructed by Mike Regan

Intro to Pickleball class is a six week introduction to the sport of pickleball. Students will not only learn the rules, scoring, and proper etiquette, but they will also be taught the correct techniques for the serve, return of serve, dinks, volleys, forehands, backhands, overhands, and lobs. Movement and basic doubles strategy will be also covered.

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TU	6:30 - 8:00pm	May 5 - Jun. 9	MS Courts	\$65
All ages	TU	6:30 - 8:00pm	Jul. 7 - Aug. 11	MS Courts	\$65

PAINT POURING FOR BEGINNERS

Instructed by The Hot Pigeon

Paint Pouring for beginners....What is acrylic paint pouring? It's a form of abstract painting using fluid acrylic paints. You will learn the basics of mixing a paint pouring medium for beginners, how to choose colors and 2 techniques of paint pouring (flip cup and ring pour). It's fun, easy and messy! That's why its best to sign up here and not try at home!! All supplies are included - choose your own colors, and you get 3 board panels.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	Jun. 11	Medway Senior Center	\$60

MEDWAY SENIOR CENTER TO HOST
GARY HARRIS PROFESSOR EMERITUS
WELLESLEY COLLEGE FOR A SERIES OF
TED TALKS ABOUT GENE MODIFICATION

TED TALKS
IDEAS WORTH SPREADING



February 19th 11:30am

Techniques of Gene Modification

March 18th 11:30am

Gene Modification in Medicine/Epidemiology

April 22nd 11:30am

Gene Modification in Agriculture

LEARN TO FISH

21 MAY

CHOATE PARK

For more details and to register visit www.MedwayParksRec.com

SPRING PRESCHOOL PROGRAMS

LIL NINJA WARRIORS

Instructed by Knucklebones

Ninja Warrior is the perfect class. Each week your child will participate in stretching, obstacles, and games to help gross motor skills, fitness, as well as fun. From swinging on a high bar to balance beams, tumbling on mats to leaping into a ball pit -your child is sure to have a blast! Proper sneakers and long pants are required. Parents/guardians must stay for class. ***One guaranteed rain date 6/17.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-4	W	10:00 - 10:50am	May 6 - Jun. 10	Oakland	\$100

MICRO WHEELS

Instructed by Knucklebones

Knucklebones' Micro Wheels teaches the fundamentals of learning to ride a bicycle without training wheels! Each class your Knucklebones Coach will bring in a variety of unique wheeled, and non-wheeled products to help build gross motor skills, balance, and confidence. Class will begin with a brief stretch and activity to get participants up and moving. From there we will introduce a new activity involving wheeled vehicles such as scooter boards, three-wheel scooters, balance bicycles, and finally progressing to a bicycle. As well, we will include an array of diverse games and activities such as balance beams, balancing stones, street signs, an obstacle course, and more to help these determined drivers develop the skills needed to ride safely, successfully and have FUN!

AGE	DAY	TIME	DATES	LOCATION	FEE
2-4	W	9:00 - 9:50am	May 6 - Jun. 10	Oakland	\$100

TINY TOT OLYMPICS

Instructed by Medway Parks and Recreation

Little Olympians ages 3-5 are invited to participate in a wide variety of fun and silly games. The cost includes mock Olympic torches, super stickers after each event and a yummy treat to conclude an amazing Olympiad. Don't forget the camera for this event.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TH	10:00 - 11:30am	Apr. 9	VFW	\$10

MULTISPORT

Instructed by Viking Sports

Viking Sports Pre-K Multisports classes introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! Pre-K participants take multiple water breaks throughout the class. Viking Sports campers receive a Viking T-shirt. ***No class 5/24, One guaranteed rain date 6/21.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SU	9:00 - 9:45am	May 3 - Jun. 14	MS Fields	\$90



WIGGLY WORLD OF WORMS

Instructed by Mad Science of North Boston

This workshop provides preschoolers with an opportunity to get their hands dirty while learning all about worms.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	2:00 - 2:45pm	Mar. 9	Thayer House	\$20

PRESCHOOL DANCE

Instructed by Step by Step Studio of Dance

Preschool is a class where little ones develop coordination, rhythm, flexibility, and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, and skipping across the floor. Scarves, hula hoops, batons, and many inspiring props will be incorporated in class. Dress for class is dance attire and ballet slippers. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway. *No class 4/24.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	F	3:00 - 3:45pm	Apr. 3 - May. 8	Step by Step	\$70

TREASURE HIKES

Instructed by Medway Parks and Recreation

Who says you have to hibernate in the winter? Are you and your grown-up ready for an adventure?! Meet at the playground at Choate Park for a Treasure Hike! Each week we will "hike" to a different part of the park and find some treasure! We will also see what nature has to offer!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	F	10:00 - 10:45am	Jun. 5 - Jun. 19	Choate Park	\$20

LIL NIÑOS

Instructed by Medway Parks and Recreation

Come on, vamonos! Let's learn a little Spanish together through song, dance, and fun! Learn new Spanish vocab alongside your child and have fun doing it!

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	W	1:00 - 2:00pm	May 20 - Jun. 10	Library	\$30

BASEBALL/T-BALL

Instructed by Viking Sports

Viking's t-ball and baseball clinics help familiarize kids to the basics of the game including throwing, fielding, base-running, and batting. Emphasis on fun is essential while working on hand-eye coordination, rules, motions, and the mechanics of being a baseball player. All participants receive a Viking Sports T-shirt. ***No class 5/23, One guaranteed rain date 6/20.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SA	10:00 - 10:50am	May 2 - Jun. 13	MS Fields	\$90

SNAG GOLF

Instructed by Viking Sports

For our Golf program, we have adopted the SNAG (Starting New At Golf) program to teach new golfers how to play this enjoyable lifelong sport. Our coaches understand the importance of fundamentals of form in teaching swinging, putting, and body positioning. The SNAG system uses modified equipment to implement the curriculum developed by PGA professionals. Viking provides all the equipment for this very popular program. ***No class 5/24 (Sunday) Rain Date: 6/16 (Tuesday), 6/21 (Sunday).**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	TU	3:00 - 3:45pm	May 5 - Jun. 9	Oakland	\$90
3-4	SU	10:00 - 10:45am	May 3 - Jun. 14	MS Fields	\$90

SPRING PRESCHOOL PROGRAMS CONTINUED

PRE KINDER KICKERS SOCCER

Instructed by Viking Sports

Viking's soccer clinics are powered by the New England Revolution! Working with the Revs, Viking Sports has created a soccer curriculum that blends our brand of fun and the Revolution's skill development expertise. During the season, we teach tomorrow's emerging stars age appropriate skills that develop dribbling, passing, receiving, and shooting. Your child's early exposure to the sport should give them an edge up on the competition. All players receive a Viking Sports T-shirt!
***No class 5/23, One guaranteed rain date 6/20.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-4	SA	9:00 - 9:50am	May 2 - Jun. 13	MS Fields	\$90

PRESCHOOL BASKETBALL

Instructed by Viking Sports

Viking's Preschool basketball clinics introduce players to the basic skills of dribbling, passing and shooting during the first half of the class, followed by a fun scrimmage during the second half; age adjusted rules and lower hoops are used. Emphasis is on fun and learning. Each class will try to focus on different aspects of gameplay, building players toward complete understanding of repetition and overlap with drills is expected to give all players adequate practice with basketball. All players receive a Viking Sports T-shirt. ***No class 5/25, One guaranteed rain date 6/22.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	3:00 - 3:45pm	May 4 - Jun. 15	Oakland Courts	\$90



SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood education and soccer specialists, utilizes a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills.
No class on 5/24 (Sunday Class). One guaranteed rain date of 6/23 (Tuesday), 6/28 (Sunday).

AGE	DAY	TIME	DATES	LOCATION	FEE
1-2	TU	9:00 - 9:40am	Apr. 28 - Jun. 16	Oakland Park	\$235
2-3	TU	9:45 - 10:25am	Apr. 28 - Jun. 16	Oakland Park	\$235
3-4	TU	10:30 - 11:20am	Apr. 28 - Jun. 16	Oakland Park	\$235
1-2	SU	9:00 - 9:40am	Apr. 26 - Jun. 21	Medway MS	\$235
3-4	SU	9:45 - 10:30am	Apr. 26 - Jun. 21	Medway MS	\$235
2-3	SU	10:35 - 11:15am	Apr. 26 - Jun. 21	Medway MS	\$235
4-5	SU	11:20 - 12:10pm	Apr. 26 - Jun. 21	Medway MS	\$235

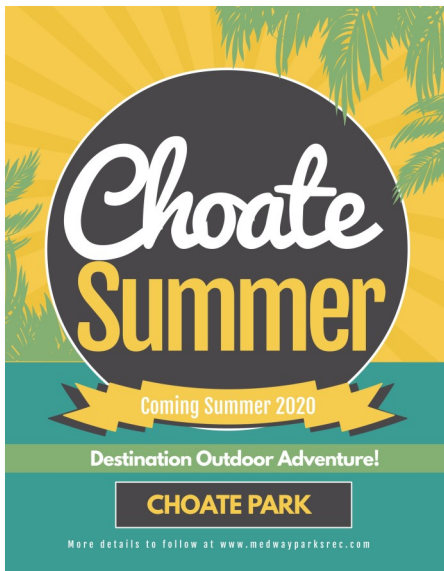
MAD MIXTURES

Instructed by Mad Science of North Boston

Kids learn about volcanoes and simple chemistry. They make their own modeling dough to take home.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	TU	11:00 - 12:00pm	May 12	Thayer House	\$20

CHOATE SUMMER



At Choate Summer your child will have an unforgettable experience and make memories that will last a lifetime. This program for kids entering grades K through 5, is jam-packed with great outdoor summertime activities such as arts & crafts, hiking, theme weeks, games, scavenger hunts, tie-dye, trivia games, shaving cream fun, special events, guest presenters, field game days and much more! More details about the Choate Summer program can be found on our website. In the event of rain, there will be an indoor plan that will be communicated to parents prior to the morning. Early drop off hours are 8-9am/Extended day 3-5pm. The fee for early drop off is \$25 for the week and Extended day \$50. Join us for the fun and make it an August to remember!

SESSION	GRADES	DAYS	TIME	DATES	LOCATION	THEME	FEE
1	K-5	M-F	9:00 - 3:00pm	Aug. 3 - Aug. 7	Choate Park	Olympics	\$150
2	K-5	M-F	9:00 - 3:00pm	Aug. 10 - Aug. 14	Choate Park	Animal Adventures	\$150
3	K-5	M-F	9:00 - 3:00pm	Aug. 17 - Aug. 21	Choate Park	?? It's a mystery	\$150
4	K-5	M-F	9:00 - 3:00pm	Aug. 24 - Aug. 28	Choate Park	Medway Pride	\$150

NO SCHOOL? NO PROBLEM!

HOP ON THE BUS!

Facilitated by Medway Parks and Recreation

Whether it's an early release day or no school, there is no excuse not to have fun! Grab your friends, a sense of adventure and hop on the bus! Early release trips will leave Medway Middle School (45 Holliston Street). and will return to the middle school. For those trips where this is no school, we will leave and return to Medway Middle School. Get ready to have some fun and make some memories!

TRIP	LOCATION	DATE	DAY	TIME	GRADES	FEE
XtremeCraze	Westborough, MA	Feb. 18	TU	10:00 - 3:00pm	2-8	\$55
Apex Entertainment	Marlboro, MA	Feb. 19	W	10:00 - 3:00pm	2-8	\$65
Nashoba Tubing	Littleton, MA	Feb. 20	TH	10:00 - 3:00pm	2-8	\$55
XtremeCraze	Westborough, MA	Mar. 13	F	11:30 - 5:00pm	5-8	\$55
Urban Air	Bellingham, MA	Apr. 22	W	10:00 - 3:00pm	K-5	\$55
Treetop Adventures	Canton, MA	May 15	F	11:30 - 5:00pm	5-8	\$55



LEGO CIVICS

Instructed by Right Brain Curriculum

As our students build a fully-planned and intricately-designed Lego city, they also learn to govern it. Students learn about elections, laws, city planning, economics, and the environment as they serve on a city council which must make key governing decisions about their city. They work on committees to design their official city flag, design their city's currency, and create a constitution of laws. Students have the opportunity to run for mayor, open their own business, debate city issues, and design city buildings. Social studies, history, and civics have never been so fun! Be sure to pack a lunch for this full day of fun.

GRADE	DAY	TIME	DATES	LOCATION	FEE
2-6	F	10:00 - 2:00pm	Feb. 21	HS 112-1	\$60



APRIL VACATION

Instructed by Medway Parks and Recreation.

Spend your April Vacation with Medway Parks and Recreation. We will travel the world and head under the sea without even leaving Medway. You can sign up for an individual day or all three. For Wednesday, April 22nd, we will head on a field trip to Urban Air. Please pack a snack and peanut free lunch.

GRADE	DAY	TIME	DATES	LOCATION	FEE
K-5	TU	9:00 - 3:00pm	Apr. 21	VFW	\$40
K-5	W	10:00 - 3:00pm	Apr. 22	Urban Air	\$55
K-5	TH	9:00 - 3:00pm	Apr. 23	VFW	\$40

ALL SPORTS APRIL VACATION

Instructed by New England Elite

Join New England Elite for three days of endless fun over April vacation. All-Sports Clinic offers multiple sports in a fun and relaxed environment. Sports offerings include soccer, flag football, capture the flag, kickball, and many new and exciting recreational games. This clinic is a great way for students in ages 7-12 to be active in a safe environment. ***Friday April, 24 is a rain date.**

AGE	DAY	TIME	DATES	LOCATION	FEE
7-12	TU-TH	9:00 - 2:00pm	Apr. 21 - Apr. 23	Choate Park	\$200



METROCRAFT

Instructed by Right Brain Curriculum

Students learn economics, civics, geometry, history, and technology as they work together to create a city within a virtual Minecraft world. Minecraft is a limitless platform for students to learn academic skills in a highly engaging virtual environment. In this problem-solving class, students design their own house and business as they learn about budgeting, profit and loss, and supply and demand. As they serve on a city council, they study how laws are made and work together to create and vote on a city constitution of laws. Students use mathematics and geometry to construct a working urban environment. STEM skills have never been so fun! Be sure to pack a lunch for this full day of fun.

GRADE	DAY	TIME	DATES	LOCATION	FEE
2-6	F	10:00 - 2:00pm	Apr. 24	HS 112-1	\$60

VACATION ART WITH CANVAS N CUP

Instructed by Canvas N Cup

Spend vacation week with art classes and workshops as we paint, craft and play in an exciting, innovative and creative environment! Each day children will work on a different project, exploring a variety of art materials and techniques and will go home with a masterpiece or two of their own! We'll be using materials such as paint, wood, canvas, mosaic, glass paints, craft tape, beads, and other exciting craft materials. Glitter, Pom Poms, Rhinestones and Glow in the Dark Paint will always be on hand to take your project to the next level! Canvas N Cup will provide each student with everything they need during their arts & crafts session. They will have aprons, paint, brushes, cups and sponges, and all is included in the price. **Canvas N Cup is located at 189 Main St, Milford, MA.**

AGES	DAY	TIME	DATES	LOCATION	FEE
8-13	M-F	1:00 - 5:30pm	Feb. 17 - Feb. 21	Canvas N Cup	\$75/day

SPRING YOUTH PROGRAMS

ARCHERY

Instructed by On the Mark Archery

Ready to try something new, exciting, and engaging? Learn the sport of recurve archery and find your inner strength and focus while developing muscle memory and confidence with each arrow shot. This course will take you on a journey through the fundamentals needed to succeed in the sport with fun skill building drills and games mixed into each lesson. Class will be held on the Practice field at the Medway Middle School.

AGES	DAY	TIME	DATES	LOCATION	FEE
10+	TU	6:30 - 7:30pm	May 5 - May 26	Medway MS	\$130

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball clinics introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. All Viking Sports participants receive a Viking T-shirt. ***No class 5/25, One guaranteed rain date 6/22.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
K-1	M	4:00 - 5:00pm	May 4 - Jun. 15	Oakland Court	\$90
2-4	M	5:00 - 6:00pm	May 4 - Jun. 15	Oakland Court	\$90

OUTDOOR DODGEBALL

Instructed by Viking Sports

In Viking's Dodgeball class, athletes will play different versions and variations of dodgeball and even learn different strategies. Dodgeball is an excellent game for developing hand/eye coordination all while being a tremendous cardio workout. Bottom line, this program is exciting and fun! All players receive a Viking Sports T-shirt. ***One guaranteed rain date 6/18.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
K-1	TH	4:00 - 5:00pm	May 7 - Jun. 11	Oakland Field	\$90
2-4	TH	5:00 - 6:00pm	May 7 - Jun. 11	Oakland Field	\$90

STREET HOCKEY

Instructed by Viking Sports

Love street hockey? Participants learn the essentials to becoming a great hockey player all while keeping them engaged in a fun learning environment. Participants will learn proper passing and shooting techniques as well as stick handling techniques and correct defensive positioning. They will also learn basic plays and will be playing multiple adrenaline pumping games and tournaments throughout the session concluding with the Viking Cup! All Viking participants receive a Viking T-shirt ***No class 5/22, One guaranteed rain date 6/19.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
2-4	F	5:00 - 6:00pm	May 1 - Jun. 12	Oakland Court	\$90

We are always looking for new ways to serve you. If you have an idea for a new program, questions or concerns about programs or want to let us know how we are doing, contact our office at 508-321-4740. We would love to hear from you!

SNAG GOLF

Instructed by Viking Sports

For our Golf program, we have adopted the SNAG (Starting New At Golf) program to teach new golfers how to play this enjoyable lifelong sport. Our coaches understand the importance of fundamentals of form in teaching swinging, putting, and body positioning. The SNAG system uses modified equipment to implement the curriculum developed by PGA professionals. Viking provides all the equipment for this very popular program. ***One guaranteed rain date 6/16.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
K-1	TU	4:00 - 5:00pm	May 5 - Jun. 9	Oakland Field	\$90
2-4	TU	5:00 - 6:00pm	May 5 - Jun. 9	Oakland Field	\$90

NINJA WARRIOR FITNESS

Instructed by Viking Sports

Viking Sports Ninja Warrior Classes have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Participants are sure to improve their strength and agility and have a lot of fun! Everyone receives a Viking T-shirt. ***One guaranteed rain date 6/17.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
K-1	W	4:00 - 5:00pm	May 6 - Jun. 10	Oakland Field	\$95
2-4	W	5:00 - 6:00pm	May 6 - Jun. 10	Oakland Field	\$95



NATURE ART

Instructed by Medway Parks and Recreation

Many people make art of the nature around them, but have you ever used nature to make art? In this class, we will experiment with making paintbrushes from leaves, stamps from pine cones, and art from nature! We start with a hike, gather our tools, and make art of the world around us using the nature at our fingertips!

GRADE	DAY	TIME	DATES	LOCATION	FEE
K-5	TH	4:00 - 5:30pm	May 7 - May 28	Choate Park	\$30

SPRING ADAPTIVE PROGRAMS



SHINE SOCCER

Instructed by Super Soccer Stars

Super Soccer Stars' SHINE Program uses soccer as a vehicle to teach life skills to players of all abilities including individuals with developmental and intellectual disabilities such as (but not limited to), Autism Spectrum Disorders, Down Syndrome, ADHD, and PDD-NOS. We work with a developmentally-appropriate curriculum designed by licensed educators and therapists that promotes the complete growth of each individual and encourages players to improve at his or her own pace. We use soccer to enhance peer interactions and provide a safe environment for players to increase social potential. ***No class on 5/24. One guaranteed rain date of 6/28.**

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	SU	12:15 - 1:15pm	Apr. 26 - Jun. 21	Medway MS	\$235

SPRING YOUTH PROGRAMS

CROSS COUNTRY RUNNING

Instructed by Medway Parks and Recreation

Youth will be introduced to the sport of cross country. The class will incorporate fun games and activities to make running fun and enjoyable. There will also be emphasis on physical fitness and individual improvement. ***No class 5/25, One guaranteed rain date 6/8.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
2-4	M	2:45 - 3:45pm	May 4 - Jun. 1	MS Track	\$20

INTRO TO FIELD HOCKEY

Instructed by Medway Parks and Recreation

Learn the basics of field hockey! All skill levels are welcome. We will explore the basic rules of the game, proper grips & posture, ball and stick control, tackling, receiving/trapping, passing and go through fun drills.

GRADE	DAY	TIME	DATES	LOCATION	FEE
3-6	SU	1:00 - 3:00pm	Jun. 14	Lamson Field	\$5

INTRO TO DISC GOLF

Instructed by Greg Dowdell

Have you ever heard of Disc Golf? Disc Golf is a flying disc sport in which players throw a disc at a target; it is played using rules similar to golf. It is often played on a course of 9 or 18 holes. Did you know Franklin has one of the best courses in New England at Dacey Field? There will be three practice sessions in the Franklin Recreation Department gymnasium and one Saturday play day at Dacey Field. Equipment provided will be provided. **Franklin Recreation is located at 275 Beaver Street, Franklin, MA.**

AGE	DAY	TIME	DATES	LOCATION	FEE
6-18	W	6:00 - 7:00pm	Mar. 18 - Apr. 1	Franklin Rec.	\$75



AMUSEMENT PARK

Instructed by Snapology Hopedale

We bet your child loves going to amusement parks to experience the variety of fast, dropping, and spinning rides, but have they ever thought about the science that goes into building those rides and the people who are responsible for designing them? In Snapology's Amusement Park Engineering class, students will become engineers of their own amusement park rides and will learn the core physics and engineering concepts used to make a ride thrilling! ***No class 5/25.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	5:00 - 6:00pm	May 4 - Jun. 15	HS TBD	\$130



GAMEBOTS

Instructed by Snapology Hopedale

Calling all gamers! Have a blast creating robotic games each week while learning about robotics. Students will learn about gear ratio, sensors, programming, and pulleys as they create fun to play games. Whether creating a robotic hockey player, pinball machine, or a ring toss, your child is sure to have fun building, learning, and playing. Utilizing a tablet, Bluetooth and controller, all of the builds are programmed for fun. ***No class 5/25.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
3-5	M	6:15 - 7:15pm	May 4 - Jun. 15	HS TBD	\$130

TENNIS IN THE PARKS

Instructed by USTA

Tennis in the Parks - The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players receive and keep a new age-appropriate racket, ball, and Net Generation tee shirt! ***No class 5/23.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
1-2	SA	9:00 - 10:00am	May 2 - Jun. 13	MS Courts	\$60
3-5	SA	10:00 - 11:00am	May 2 - Jun. 13	MS Courts	\$60
6-8	SA	11:00 - 12:00pm	May 2 - Jun. 13	MS Courts	\$60

TRAVEL FIELD HOCKEY

Facilitated by Medway Parks and Recreation

Has your child been wanting to try a new and fun sport? Youth Field Hockey is coming back to Medway this fall! No prior skills required. Fall Travel team is for grades 3 to 6 (for next school year starting in Sep. 2020). The travel team will participate in the Commonwealth Field Hockey League. Players will receive instruction during practice time and Saturdays will be games against teams in the surrounding area. Fee is \$120 prior to 7/15; on 7/15 the fee increases to \$150. **Registration opens on 6/1.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
3-4	M, W, SA	6:00 - 7:00pm	Aug. 24 - Oct. 31	HS fields	\$120
5-6	M, W, SA	6:00 - 7:00pm	Aug. 24 - Oct. 31	HS fields	\$120

SPRING TEEN PROGRAMS

ARCHERY

Instructed by On the Mark Archery

Ready to try something new, exciting, and engaging? Learn the sport of recurve archery and find your inner strength and focus while developing muscle memory and confidence with each arrow shot. This course will take you on a journey through the fundamentals needed to succeed in the sport with fun skill building drills and games mixed into each lesson. Class will be held on the Practice field at the Medway Middle School.

AGES	DAY	TIME	DATES	LOCATION	FEE
10+	TU	6:30 - 7:30pm	May 5 - May 26	Medway M.S.	\$130

ULTIMATE FRISBEE

Instructed by Viking Sports

Our Ultimate Frisbee program introduces kids to this popular, fast paced game. Ultimate Frisbee is not only fun but it fosters communication and develops teamwork. Kids are put through drills to develop throwing techniques and improve cardiovascular fitness.

***One guaranteed rain date 6/17.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	W	6:00 - 7:00pm	May 6 - Jun. 10	Oakland	\$90



FIFA ESPORTS LEAGUE

Facilitated by Viking Sports

Competitive gaming, or Esports, is one of the fastest growing entities in the youth sports world! Esports takes the games your kids know and love and puts them in a competitive environment where they can grow their skills both as a gamer and as an athlete. We will have a 6 week season where each team plays 1-3 games a week, followed by a one week playoff tournament. All games are played online. Must have an Xbox One, FIFA 20, and online access. Each player will be assigned a Fifa team at the beginning of the season and compete with that team during the season.

AGE	DAY	TIME	DATES	LOCATION	FEE
8-15	Any	Any	Begins after April Vacation	Any	Free

BASIC KUNG FU

Instructed by Wu Xing Kung Fu

Learn 5 Animal Kung Fu! Students learn powerful kicks, punches, stances, and applications of classic Hung Gar 5 animal/5 element Kung Fu from Southern China. Build strength, confidence, and respect while getting in shape and learning to master one's self. We work hard and play hard, with exciting drills and games designed to stretch our minds and build our bodies. Learn the power of the Tiger, the speed of the Panther, the connectedness of the Snake, the perception of the Crane, and the skill of the Dragon! Come to as many classes as you like in the 4 week session. **Wu Xing Kung Fu is located at 903 Main Street in Millis.**

AGE	DAY	TIME	DATES	LOCATION	FEE
13+	TU	6:30 - 7:30pm	May 5 - May 26	Wu Xing Kung Fu	\$125
13+	W	7:30 - 8:30pm	May 6 - May 27	Wu Xing Kung Fu	\$125
13+	F	5:00 - 6:00pm	May 8 - May 29	Wu Xing Kung Fu	\$125
13+	SA	9:30 - 10:30am	May 9 - May 30	Wu Xing Kung Fu	\$125



DUNGEONS AND DRAGONS CLUB

Facilitated by Medway Parks and Recreation

What do Vin Diesel, Drew Barrymore, Judi Dench, and Dwayne "The Rock" Johnson all have in common? They are all fans of Dungeons and Dragons! This interactive storytelling adventure game started in the 1970s and continues to be popular today. In this club, you'll create your own hero, work together with other heroes, battle monsters, and complete quests! All you need is a paper and pencil, a set of dice, and a lot of imagination!

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-9	W	5:30 - 6:30pm	May 6 - Jun. 10	Library	\$30

OUTDOOR DODGEBALL

Instructed by Viking Sports

In Viking's Dodgeball class, athletes will play different versions and variations of dodgeball and even learn different strategies. Dodgeball is an excellent game for developing hand/eye coordination all while being a tremendous cardio workout. Bottom line, this program is exciting and fun! All players receive a Viking Sports T-shirt.

One guaranteed rain date 6/18.

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	TH	6:00 - 7:00pm	May 7 - Jun. 11	Oakland	\$90

BASKETBALL LEAGUE

Instructed by Viking Sports

Viking Sports offers a fun and exciting learn and play youth Basketball League. The focus of Viking's Basketball League is fun and non-stop playing in a structured environment. Kids of all abilities are welcome to register. Each class will feature a short practice where kids will learn a skill, which will then be followed by a game. Members of the Viking staff will coach and officiate. All players receive a Viking Sports T-shirt. ***No class 5/25, One guaranteed rain date 6/22.**

GRADE	DAY	TIME	DATES	LOCATION	FEE
5-8	M	6:00 - 7:00pm	May 4 - Jun. 15	Oakland Courts	\$90



SPRING ADULT PROGRAMS

FREERUNNING AND PARKOUR

Instructed by Wu Xing Kung Fu

Beginners and experienced Freerunners welcome! We teach Parkour in a graduated, fun setting that puts safety first, using mats and other equipment to help acquire skill and confidence. Build strength and gain flexibility as you learn how to interact safely with the environment. Learn break falls, cartwheels, rolls, and more to disperse energy from jumps or falls; learn how to use the principles of stride, precision, and wall running to plot your course. We stress efficiency, flow, and the ability to change levels smoothly while maintaining momentum. Parkour is a great exercise for the mind and body, it develops willpower, control, drive, humility, focus, and balance. It also promotes body awareness, strengthens the core and fosters better metabolism, and all while having a fun workout with great people! **Wu Xing Kung Fu is located at 903 Main Street in Millis.**

AGE	DAY	TIME	DATES	LOCATION	FEE
13+	TU	4:30 - 5:15pm	May 5 - May 26	Wu Xing Kung Fu	\$120
13+	F	6:00 - 6:45pm	May 8 - May 29	Wu Xing Kung Fu	\$120

INTRO TO PICKLEBALL

Instructed by Mike Regan

Intro to Pickleball class is a six week introduction to pickleball. Students will not only learn the rules, scoring, and proper etiquette, but they will also be taught the correct techniques for the serve, return of serve, dinks, volleys, forehands, backhands, overheads, and lobs. Movement and basic doubles strategy will be also covered.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TU	6:30 - 8:00pm	May 5 - Jun. 9	MS Courts	\$65

OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation

Each week, four courts will be set up, teams will be formed from those who are in attendance, and games will then be played. All ages and abilities are welcome.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:30 - 8:00pm	May 7 - Jun. 18	MS Courts	\$30
All	TH	6:30 - 8:00pm	Jul. 16 - Aug. 20	MS Courts	\$30

INTRO TO DISC GOLF

Instructed by Greg Dowdell

Have you ever heard of Disc Golf? Disc Golf is a flying disc sport in which players throw a disc at a target; it is played using rules similar to golf. It is often played on a course of 9 or 18 holes. Did you know Franklin has one of the best courses in New England at Dacey Field? There will be three practice sessions in the Franklin Recreation Department gymnasium and two Saturday play days. Equipment provided will be provided. **Franklin Recreation is located at 275 Beaver Street, Franklin, MA**

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	TH	6:00 - 7:00pm	Mar 19 - Apr. 2	Franklin Rec.	\$75

We are always adding new and fun programs to our website, be sure to check www.MedwayParksRec.com for the latest updates for programs.

ADULT FITNESS

Instructed by Step by Step Dance Studio

Zumba and Boot camp are combined for an all-around workout that is fun. Zumba focuses on hypnotic Latin rhythms and easy to follow moves create a one of a kind fitness program. Fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Boot camp includes exercises, repetition and the use of light weights to strengthen and tone the body. Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	8:00 - 9:30pm	Apr. 2 - May 7 * No 4/23	Step by Step	\$100
18+	TH	8:00 - 9:30pm	May 14 - Jun. 11	Step by Step	\$100

PET FIRST AID & CPR

Instructed by Four Footed Family

Our pets are more than just animals living in our homes, they are family members that provide us with unconditional love, laughter, and tremendous comfort. We do the best we can for them yet so many people are unaware of what to do in the event of a sudden illness or accident involving our four footed friend. Four footed Family's Pet Emergency Care Education classes provide pet families and pet professionals with the tools they need to be the first responders for an animal in need before professional care can be reached.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	M,TU	6:30 - 9:00pm	May 18 - May 19	Senior Center	\$80

SILK SCARF MARBLING—MOTHERS DAY

Instructed by The Hot Pigeon

An incredibly inclusive and interactive experience for all ages! Join Anne Brady and Jenne Nitishin of The Hot Pigeon located here in Medway to create a one of a kind silk scarf through the magic of "floating ink" on water. The magic of marbling can be mesmerizing! Every scarf is one of a kind because it's hand made by you.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	May 7	Thayer House	\$40



Finding the Joy in Retirement:

Join us on a Journey as we explore together what retirement means to you

Medway Senior Center

Wednesday, April 8, 2020 6:30-8:30pm

76 Oakland Street Medway

Cost is \$15 Call 508-533-3210 to reserve your spot!

SPRING ADULT PROGRAMS

POUND®

Instructed by Rebecca Tredeau

Instead of listening to music, you become the music in this exhilarating full-body workout that combines cardio, conditioning, and strength training with yoga and pilates-inspired movements. Using Ripstix®, lightly weighted drumsticks engineered specifically for exercising, POUND transforms drumming into an incredibly effective way of working out. Designed for all fitness levels, POUND® provides the perfect atmosphere for letting loose, getting energized, toning up, and rockin' out!

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	TU	5:00 - 6:00pm	May 5 - Jun. 23	Senior Center	\$60

BARRE ABOVE®

Instructed by Rebecca Tredeau

Barre Above® is a totally unique approach to barre workouts as you've seen them. Fusing the best of pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, Barre Above® delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into absolutely amazing shape.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	6:15 - 7:00pm	May 5 - Jun. 23	Senior Center	\$60
18+	TH	5:00 - 6:00pm	May 7 - Jun. 25	Senior Center	\$60

TAKE A HIKE!

Instructed by Medway Park and Recreation

Spring is HERE! Grab your boots, family and friends, and meet us at a trail. Registration is required. There will be an email sent out prior to the date on which trail to meet.

AGES	DAY	TIME	DATES	LOCATION	FEE
All ages	TH	1:00 - 2:00pm	Apr. 9	Trails	Free
All ages	SU	1:00 - 2:00pm	Apr. 26	Trails	Free
All ages	TH	1:00 - 2:00pm	May 14	Trails	Free
All ages	SU	1:00 - 2:00pm	Jun. 28	Trails	Free

CORNHOLE LEAGUE

Instructed by Medway Parks and Recreation

Cornhole is a great activity that brings people together in the spirit of friendly competition. Join Medway Parks and Recreation for this fun, social and competitive league. The league will be held on the Medway VFW Field. ***The league will not be held on 5/28.**

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:30 - 7:30pm	May 14 - Jun. 18	VFW	\$20

PAINT YOUR PET

Instructed by The Hot Pigeon

Do you take about 47 pictures of your pet a day? We do. Every position is cute, his feet are adorable, his ear flipped up.... those eyes are killer. Well, just think, if we look at our pet that much wouldn't it be fun to paint him/her?

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	Apr. 9	Medway Senior Center	\$50

ARCHERY

Instructed by On the Mark Archery

Ready to try something new, exciting, and engaging? Learn the sport of recurve archery and find your inner strength and focus while developing muscle memory and confidence with each arrow shot. This course will take you on a journey through the fundamentals needed to succeed in the sport with fun skill building drills and games mixed into each lesson. Class will be held on the Practice field at the Medway Middle School.

AGES	DAY	TIME	DATES	LOCATION	FEE
10+	TU	6:30 - 7:30pm	May 5 - May 26	Medway MS	\$130

ZUMBA STEP®

Instructed by Rebecca Tredeau

ZUMBA® STEP is perfect for those who are looking to feel the burn, baby! Looking to strengthen and tone your legs and glutes? Step right up. We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor.

AGES	DAY	TIME	DATES	LOCATION	FEE
18+	TH	6:15 - 7:00pm	May 7 - Jun. 25	Senior Center	\$60

PAINT POURING FOR BEGINNERS

Instructed by The Hot Pigeon

Paint pouring for beginners....What is acrylic paint pouring? It's a form of abstract painting using fluid acrylic paints. You will learn the basics of mixing a paint pouring medium for beginners, how to choose colors and 2 techniques of paint pouring (flip cup and ring pour). It's fun, easy and messy! That's why it's best to sign up here and not try at home!! All supplies are included - choose your own colors, and you get 3 board panels.

AGES	DAY	TIME	DATES	LOCATION	FEE
All	TH	6:00 - 8:00pm	Jun. 11	Medway Senior Center	\$60

Library Lunch Program



Children and caregivers, come to the library for lunch!

Free and open to all.

Lunch will be served in the Cole Room on Tuesdays, Wednesdays and Thursdays in July and August. During February and April Vacations on Wednesdays. Thirty lunches will be provided each day on a first come, first served basis. Drop in, no registration required.

Don't forget to check out the programs being offered before and after lunch! For more information visit or call the library at 508-533-3217.

PRESCHOOL SUMMER CAMPS, CLINICS, AND PROGRAMS

PRESCHOOL MULTISPORT

Instructed by Viking Sports

Viking Sports Half-Day Pre-K Multisports Camps introduce kids to a variety of sports and activities including soccer, t-ball, tag, dodgeball, kickball, floor hockey, capture the flag, reindeer tails, and many more! PreK campers take multiple water and bathroom breaks throughout the day. Viking Sports campers receive a Viking T-shirt.

AGE	DAY	TIME	DATES	LOCATION	FEE
3-5	M-TH	9:00 - 12:00pm	Jun. 29 - Jul. 2	Oakland	\$130
3-5	M-F	9:00 - 12:00pm	Jul. 6 - Jul. 10	Choate	\$150
3-5	M-F	9:00 - 12:00pm	Jul. 13 - Jul. 17	Choate	\$150
3-5	M-F	9:00 - 12:00pm	Jul. 27 - Jul. 31	Choate	\$150
3-5	M-F	9:00 - 12:00pm	Aug. 10 - Aug. 14	Choate	\$150
3-5	M-F	9:00 - 12:00pm	Aug. 17 - Aug. 21	Oakland	\$150
3-5	M-F	9:00 - 12:00pm	Aug. 24 - Aug. 28	Choate	\$150

COMBO DANCE

Instructed by Step by Step Dance Studio

A combination class consisting of 1/2 hour of ballet and 1/2 of tap. This class teaches the basics in a dance happy way. You'll see pointed toes, straight knees, jumping, skipping and chasses, and hear flaps, hops, shuffles and more. A joy for young dancers as their excitement shines while they dance with props and music. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
5-6	TH	4:00 - 5:00pm	Jul. 16 - Aug. 13	Step by Step	\$80

FABULOUS FROZEN FUN

Instructed by Step by Step Dance Studio

A day themed with "frozen" activities. Little ones are welcomed into the dance room at 9:30am and the fun will begin. Their journey will include dancing, crafting and imagining s/he is in a winter wonderland with friends. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
3-6	W	9:30 - 12:00pm	Jul. 15	Step by Step	\$35



SUPER SOCCER STARS

Instructed by Super Soccer Stars

Set in a fun, non-competitive environment, we offer age-specific programs which introduce children to the fundamentals of soccer through creative programming and imaginative games. Our dynamic coaching staff, consisting of early childhood education, and soccer specialists, utilize a unique curriculum which is crafted to improve soccer skills, build self-confidence, and develop socialization skills. ***One guaranteed rain date of 8/23.**

AGE	DAY	TIME	DATES	LOCATION	FEE
1-2	SU	9:00 - 9:40am	Jul. 12 - Aug. 16	Oakland	\$185
3-4	SU	9:45 - 10:30am	Jul. 12 - Aug. 16	Oakland	\$185
2-3	SU	10:35 - 11:15am	Jul. 12 - Aug. 16	Oakland	\$185
4-5	SU	11:20 - 12:10pm	Jul. 12 - Aug. 16	Oakland	\$185

PRESCHOOL DANCE

Instructed by Step by Step Dance Studio

This class will develop your little one's coordination, rhythm, flexibility and ballet fundamentals in a fun-loving way. Dancers will be kicking, jumping, turning, galloping, skipping and doing chasses across the floor. They will also use exciting props such as: scarves, hula hoops, batons, just to name a few. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
2-4	TU	4:15 - 5:00pm	Jul. 14 - Aug. 11	Step by Step	\$70



YOUTH STEM SUMMER PROGRAMS

ACTION STOP MOTION

Instructed by Incrediflix

Use stop motion tricks to create fires, explosions, and even floods, as your characters can battle it out or work together to save the day in this action packed stop motion class.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-13	M-TH	9:00 - 12:00pm	Jun. 29 - Jul. 2	HS TBD	\$165

MINECRAFT VS. ROBLOX FLIX

Instructed by Incrediflix

Make a Minecraft movie, or make a Roblox movie, or make a mashup movie! Choose Minecraft or Roblox action figures to create a movie full of games or challenges for your character to overcome.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-13	M-TH	1:00 - 4:00pm	Jun. 29 - Jul. 2	HS TBD	\$165

ACTION STOP MOTION & MINECRAFT VS. ROBLOX FLIX

Instructed by Incrediflix

Join us for full day and get a \$20 discount plus free lunch supervision! A full day will participate in Action Stop Motion Flix in the mornings and Minecraft vs. Roblox Flix in the afternoons.

AGE	DAY	TIME	DATES	LOCATION	FEE
7-13	M-TH	9:00 - 4:00pm	Jun. 29 - Jul. 2	HS TBD	\$300

SUMOBOTS ROBOTICS

Instructed by Snapology of Hopedale

The ancient art of SUMO wrestling may be fun to watch, but certainly not so easy to compete in. Not anymore! In this program, your child will design their own SUMO wrestling robot that will compete against their classmates bots for the title of toughest SUMO Bot. Snapologist to help them accomplish their goals as they design and battle!

AGE	DAY	TIME	DATES	LOCATION	FEE
9-14	M-F	9:00 - 12:00pm	Aug. 3 - Aug. 7	HS TBD	\$230

SNAPOLOGY ANIMATION

Instructed by Snapology of Hopedale

Who doesn't love an action-packed animation movie that brings our favorite toys to life? In Snapology's Animation Studio program, students get to do more than just enjoy those movies, they get to create them!

AGE	DAY	TIME	DATES	LOCATION	FEE
8-14	M-F	1:00 - 4:00pm	Aug. 3 - Aug. 7	HS TBD	\$230

SUMOBOTS ROBOTICS AND ANIMATION

Instructed by Snapology of Hopedale

Join us for full day and get a \$30 discount. A full day will participate in SumoBots in the mornings and Animation in the afternoons.

AGE	DAY	TIME	DATES	LOCATION	FEE
8-14	M-F	9:00 - 4:00pm	Aug. 3 - Aug. 7	HS TBD	\$430

SUMMER YOUTH SPORTS CAMPS AND CLINICS

MULTISPORT

Instructed by Viking Sports

Viking Multi-Sports Camps include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. All Viking Sports campers receive a Viking T-shirt. **There is availability for early drop off (8-9am) and extended day (3-6pm) each day of camp.** Please see website for pricing options.

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	M-F	9:00 - 3:00pm	Jul. 13 - Jul. 17	Choate Park	\$200
6-12	M-F	9:00 - 3:00pm	Jul. 27 - Jul. 31	Choate Park	\$200
6-12	M-F	9:00 - 3:00pm	Aug. 24 - Aug. 28	Choate Park	\$200

LACROSSE

Instructed by Viking Sports

Learn how to play the fastest growing sport with Viking Sports! This camp introduce participants to the dynamics of lacrosse. Campers will practice throwing and catching with lacrosse sticks as well as play games and activities to help improve their knowledge and skills of the game. Viking Sports campers receive a Viking T-shirt. **There is availability for early drop off (8-9am) and extended day (3-6pm) each day of camp.** Please see website for pricing options.

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	M-F	9:00 - 3:00pm	Jul. 20 - Jul. 24	Choate Park	\$200

SCHOOLS OUT FOR SUMMER

Instructed by Viking Sports

Viking Schools out for summer include a fun variety of sports including soccer, basketball, baseball, flag football, dodgeball, kickball, capture the flag, floor hockey, team handball, watermelon, reindeer tails, and many other sports, gym games, and camp activities. All Viking Sports campers receive a Viking T-shirt. ****More dates could be added depending on snow days****

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	F	9:00 - 3:00pm	Jun. 26	Choate Park	\$35

BASKETBALL

Instructed by Viking Sports

Viking Sports Basketball Camps introduce players/campers to a wide variety of drills and games to help teach and improve their skills on the court. Participants will work on all aspects of the game of basketball including, but not limited to, ball-handling, shooting technique, defensive principles and the importance sportsmanship and teamwork. **All Viking Sports campers receive a Viking T-shirt. There is availability for early drop off (8-9am) and extended day (3-6pm) each day of camp.** Please see website for pricing options.

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	M-TH	9:00 - 3:00pm	Jun. 29 - Jul. 2	Oakland Park	\$170
6-12	M-F	9:00 - 3:00pm	Aug. 17 - Aug. 21	Oakland Park	\$200

SUMMER YOUTH SPORTS CAMPS AND CLINICS CONTINUED

TRACK AND FIELD

Instructed by Viking Sports

Go for the glory at Viking Sports Track & Field Camp! This program provides campers with the experience of participating in track and field events such as sprints, relay races, field events like long jump, and much more. Every participant will have the opportunity to test their speed on the track with timed results throughout the week to show improvement. Viking Sports campers receive a Viking T-shirt. **There is availability for early drop off (8-9am) and extended day (3-6pm) each day of camp.** Please see website for pricing options.

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	M-F	9:00 - 3:00pm	Aug. 3 - Aug. 7	Hanlon Field	\$200

BEST SOCCER CAMP

Instructed by BEST Soccer

The BEST Soccer Camp focuses on a different technical topic each day. Players will be challenged to develop their skills through conditioned games and coached scrimmages. Most importantly they will do this in a fun environment that will have them wanting to come back for more each day.

AGES	DAY	TIME	DATES	LOCATION	FEE
7-14	M-F	9:00 - 12:00pm	Jul. 13 - Jul. 17	North Field	\$160
7-14	M-F	9:00 - 3:00pm	Jul. 13 - Jul. 17	North Field	\$260

FLAG FOOTBALL

Instructed by New England Elite Sports Clinics Inc.

Join New England Elite for one of the fastest growing sports in the country! Veteran coaches will be coaching the players on all parts of the game of football. Players will be divided by age and ability level and drills and games will be paced by the development of the children. Many games will be played over the week and will conclude with the playing of the Super Bowl for the last game. ***Friday is a rain date.**

AGES	DAY	TIME	DATES	LOCATION	FEE
7-14	TU-TH	9:00 - 3:00pm	Jul. 21 - Jul. 23	North Field	\$195
7-14	TU-TH	9:00 - 3:00pm	Aug. 4 - Aug. 6	North Field	\$195

BOATING

Instructed by Boating in Boston

These week-long sessions are filled with lots of time on the water learning paddling strokes, sailing terms and independence on the water. Choose sailing or kayaking (full days can include either or both!) and watch your little skipper transform into a commander of the seas. There are half day, full day and summer long options. Check out prices and dates on www.medwayparksrec.com. **Boating in Boston is held at Hopkinton State Park which is located at 286 Cedar St, Hopkinton, MA 01748.**

AGE	DAYS	TIME	DATES	LOCATION	FEE
8-15	M-F	9:00 - 4:00pm	Jun. 22 - Aug. 21	Hopkinton S.P	varies



We are always adding new and fun programs to our website, be sure to check www.MedwayParksRec.com for the latest updates for programs.

NINJA WARRIOR

Instructed by Viking Sports

Viking Sports Ninja Warrior Camps have become our hottest new attraction, where fitness is made fun for kids as they engage in exercise through unique obstacle courses and activities. Campers are sure to improve their strength and agility and have a lot of fun! Viking Sports campers receive a Viking T-shirt. **There is availability for early drop off (8-9am) and extended day (3-6pm) each day of camp.** Please see website for pricing options.

AGES	DAY	TIME	DATES	LOCATION	FEE
6-12	M-F	9:00 - 3:00pm	Jul. 6 - Jul. 10	Choate Park	\$240
6-12	M-F	9:00 - 3:00pm	Aug. 10 - Aug. 14	Choate Park	\$240

YOUTH FOOTBALL SUMMER CLINIC

Instructed by Medway/Millis Youth Football

This football camp is a no equipment, no helmet clinic—sneakers/cleats & water bottle are all that's needed! Days are filled with football skills, training and fun led by Medway High School coaches, athletes and MYFC Coaches. Each day includes conditioning skills, overall & position specific football skills/drills/chalk talk and lunch. Each day ends with a flag football game and championships on the last day of camp. No experience is needed and the clinic is open to all boy's and girls entering Grades K-8. ***Dates could change depending snow days.**

GR.	DAYS	TIME	DATES	LOCATION	FEE
K-8	M-TH	9:00 - 3:00pm	Jun. 22 - Jun. 25	Hanlon Field	\$225

YOUTH CHEER SUMMER CLINIC

Instructed by Medway/Millis Youth Cheer

Come see what the excitement is all about following two of our teams placing 1st at the American Youth Cheer Championships! No cheer experience is necessary. Days are filled with stretching and cheer stations learning cheers, skills, training and fun led by Medway High School coaches, athletes and MYFC coaches. Lunch is included. The clinic is open to all boy's and girls entering Grades K-8. ***Dates could change depending snow days.**

GR.	DAYS	TIME	DATES	LOCATION	FEE
K-8	TH, F	9:00 - 3:00pm	Jun. 25 - Jun. 26	Hanlon Field	\$125

DANCE WORKSHOP - SUMMER BEACH PARTY

Instructed by Step by Step Dance Studio

Join us for a week of dance, fun and friendships. Dancers will be dancing, acting and doing arts & crafts with different movie themes. They will explore most dance subjects and you'll be amazed at what your dancer can accomplish in a week. Each dancer will have the opportunity to create and perform their own skits. It will be tons of fun! This week is for all levels of dancers. The week will end with a performance of the week's performances on Friday. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAYS	TIME	DATES	LOCATION	FEE
7-12	M-F	9:30 - 3:30pm	Jul. 20 - Jul. 24	Step by Step	\$325

SUMMER YOUTH PROGRAMS

TENNIS IN THE PARKS

Instructed by USTA

Tennis in the Parks - The tennis program where kids play while they learn! Led by an approved USTA Net Generation tennis coach, the program will focus on developing the skills to serve, rally and play - so it's perfect for beginners. Once the skills are there, participants will play fun matches with other players in the program. This program uses modified tennis balls, age-appropriate rackets, court sizes, and the latest fun and engaging activities that help players successfully learn and play the game quicker! All players receive and keep a new age-appropriate racket, ball, and Net Generation tee shirt!

GRADE	DAY	TIME	DATES	LOCATION	FEE
1-2	W	4:30 - 5:30pm	Jul. 8 - Aug. 12	MS Courts	\$60
3-5	W	5:30 - 6:30pm	Jul. 8 - Aug. 12	MS Courts	\$60
6-8	W	6:30 - 7:30pm	Jul. 8 - Aug. 12	MS Courts	\$60

MEDWAY/MILLIS SUMMER SWIM TEAM

Facilitated by Medway Parks and Recreation

In a relaxed yet productive atmosphere, both the novice and experienced swimmers ages 5-18 will learn stroke development and refinement with emphasis on speed and endurance work. There will be two swim meets per week with a total of eleven meets in the season. At the conclusion of the season there will be A and B Regional Championship Meets. Practices will be held on Monday and Wednesday mornings with Friday morning being optional. Practice time and locations are being finalized. Registration will begin Friday, March 20th.

Visit www.MedwayParksRec.com for more details and registration.

MUSTANG BASKETBALL CLINIC

Instructed by Medway High School Basketball Team

Calling all future mustangs! This summer players of the Medway High School Girls Varsity Basketball team are excited to offer the Mustang Basketball Clinic in June. This clinic, designed by players, offers a great way for kids to brush up on individual skills and develop new skills as well. In this clinic, we will focus on the basic skills of passing, shooting, rebounding, dribbling, defense, and agility. Our goal is to give, those who attend, the foundations from which to build their basketball skills as well as a chance to meet and practice with the members of the girls basketball program. We are offering this 2 - day clinic to Medway youth basketball players and hope that you will consider having your daughter attend. The clinic will be for players in grades 5-7 and will be held at Oakland Park. ***Dates could change depending on snow days.**

GR.	DAYS	TIME	DATES	LOCATION	FEE
5-7	TH, F	9:00 - 12:00pm	Jun. 25 - Jun. 26	Oakland Court	\$20

STREET HOCKEY LEAGUE

Facilitated by Medway High School Hockey Coaches

Join Medway High School Hockey coaches and players to keep your hockey skills going in the summer. We will hold a skills clinic during the first two sessions to evaluate the players. Then, we will break them up into equal teams so that games will be fair and fun for all.

AGE	DAY	TIME	DATES	LOCATION	FEE
6-12	W	5:00 - 6:00pm	Jun. 24 - Aug. 12	Oakland Court	\$30

SUMMER ADULT PROGRAMS

ADULT FITNESS

Instructed by Step by Step Dance Studio

Zumba and boot camp are combined for an all-around workout that is fun. Zumba focuses on hypnotic Latin rhythms and easy to follow moves create a one of a kind fitness program. Fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Boot camp includes exercises, repetition and the use of light weights to strengthen and tone the body. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	W	7:30 - 9:00pm	Jul. 15 - Aug. 12	Step by Step	\$100

ADULT HIP HOP

Instructed by Step by Step Dance Studio

Dance inspired by today's hit songs and hip hop music. It's style is commonly seen in music videos. Wear comfortable clothes and sneakers and get ready to move and groove. Stretching, isolations, floor progressions and combinations will get you ready to show off your stuff. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	7:00 - 8:00pm	Jul. 16 - Aug. 13	Step by Step	\$80

ADULT BALLET

Instructed by Step by Step Dance Studio

A technique emphasizing proper body placement, basic ballet fundamentals and vocabulary. The classes consists of Barre, Center Work, Adagio, Allegro, Elevation and Balance. A fun and rewarding class. **Step by Step Studio of Dance is located at 9 Lincoln Street in Medway.**

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TH	8:00 - 9:00pm	Jul. 16 - Aug. 13	Step by Step	\$80

INTRO TO PICKLEBALL

Instructed by Mike Regan

Students will not only learn the rules, scoring, and proper etiquette, but they will also be taught the correct techniques for the serve, return of serve, dinks, volleys, forehands, backhands, overheads, and lobs.

AGE	DAY	TIME	DATES	LOCATION	FEE
18+	TU	6:30 - 8:00pm	Jul. 7 - Aug. 11	MS Courts	\$65












OUTDOOR PICKLEBALL

Facilitated by Medway Parks and Recreation













Each week, four courts will be set up, teams will be formed from those who are in attendance, and games will then be played.

AGE	DAY	TIME	DATES	LOCATION	FEE
All	TH	7:00 - 8:00pm	Jul. 16 - Aug. 20	MS Courts	\$30

MAY/JUNE

SUN	MON	TUE	WED	THU	FRI	SAT
					1 Street Hockey	2 MFE Kentucky Derby Baseball/Tball PreK Soccer Tennis in the Parks Art week begins
3 Medway Art Week	4 Medway Art Week Basketball Xcountry Amusement Park Gamebots	5 Medway Art Week Archery SNAG Golf Pound Barre Above Intro to Pickleball	6 Medway Art Week Lil Ninja Warriors Microwheels Ninja Warrior Ultimate Frisbee Dungeons and Dragons	7 Medway Art Week Outdoor Dodgeball Barre Above Zumba Step Silk Scarf making Pickleball	8 Medway Art Week Street Hockey Game Truck Night 	9 Library Book Sale 
10 	11	12 Messy Mixtures	13	14 Adult fitness Cornhole League Take a Hike	15  Treetop Adventures	16  Medway Pride Day
17	18 Pet CPR	19 Pet CPR	20 Lil Ninos	21  Learn to fish	22	23
24	25  memorial DAY	26	27	28	29	30
SUN	MON	TUE	WED	THU	FRI	SAT
31	1  Field Hockey Registration	2	3	4	5 Treasure Hikes	6 Fishing Derby 
7 Graduation 	8	9	10	11 Paint Pouring	12	13
14  Intro to Field Hockey	15	16	17	18	19	20
21 	22 Football Clinic Boating	23	24 Street Hockey League	25 Youth Cheer Clinic Mustang Basketball	26 Schools out for summer	27
28 Take a Hike	29 Preschool Multisport Basketball Stop motion Boating Monday Funday	30				

JULY/AUGUST

SUN	MON	TUE	WED	THU	FRI	SAT
			1  Movies at Choate	2	3	4 Fourth of July 
5	6 Summer Concert Ninja Warrior Preschool Multisport Gamebots Robotics Boating Monday Funday	7 Intro to Pickleball	8  Tennis in the Parks Movies at Choate	9	10	11
12 Super Soccer Stars	13 Summer Concert Multisport Preschool Multisport BEST Soccer Boating Monday Funday	14 Preschool Dance	15  Frozen Fun Adult Fitness Movies at Choate	16 Combo Dance Adult Ballet Adult Hip Hop Pickleball	17	18
19	20 Summer Concert Lacrosse Dance Workshop Boating Monday Funday	21 Flag Football	22  Movies at Choate	23	24	25  Celebrate Medway Day
26	27 Summer Concert Multisport Preschool MultiSport Boating Monday Funday	28	29  Movies at Choate	30	31	1
SUN	MON	TUE	WED	THU	FRI	SAT
2	3 Summer Concert Choate Summer Track and Field Sumo Robotics Animation Studios Boating	4 Flag Football	5  Movies at Choate	6	7	8
9	10 Choate Summer Ninja Warrior Preschool Multisport Boating	11	12  Movies at Choate	13	14	15
16	17 Choate Summer Basketball Preschool Multisport Awesome Robotics Scientists Boating	18	19  Movies at Choate	20  Family Track Meet	21	22
23	24 Choate Summer Multisport Preschool Multisport	25	26  Movies at Choate	27	28	29
30	31					

Town of Medway

Parks & Recreation
155 Village Street
Medway, MA 02053

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Medway Parks and Recreation Presents



Summer **CONCERT** *Series*

July 6 The Pub Kings

July 13 August First

July 20 Pieces of Eight

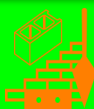
July 27 Family Fun Night
Debbie and Friends 6-7pm
Awesome Robb 7-8pm

August 3 Annie Brobst

Mondays
AT CHOATE PARK

6-8PM

Thank you 2020 Sponsors:



Medway Block
Co., Inc.

MASONRY & HARDSCAPE MATERIALS

Sponsorship opportunities are still available. Please contact Julie Harrington at jharrington@townofmedway.org