August 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|---|--|---|-----------------------------------|
| | | | | 1 Meet Day! Westwood 5pm Warm Up 5:30pm Start | 2 Practice: Milford HS: 7:15-8:30am | 3 |
| 4 | 5 Practice: Milford HS: 7:15-8:30am | 6 Meet Day! Medfield 5:30pm Warm Up 6pm Start | 7 Practice: Milford HS: 7:15-8:30am | 8 Meet Day! Natick 5pm Warm Up 5:30pm Start | 9 Practice: Milford HS: 7:15-8:30am | 10 League Championships TBD |
| 11 | 12 | 13 | 14 | 15 | 16 | 17 |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 |
| 25 | 26 | 27 | 28 | 29 | 30 | 31 |